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11-17 OCTOBER 2025

TV & Satellite Week

TV TO GET EXCITED ABOUT!

Riot Women

EXCLUSIVE!

Meet the most unlikely punk band in an outrageous drama

NEW

THE TWITS

A Roald Dahl classic comes to Netflix

NEW

THE IRIS AFFAIR

A codebreaking genius is forced on the run

HotList This week's 28

Saturday 11

Super League Grand Final

RUGBY LEAGUE *Sky Sports Main Event & Sky Sports+, kick-off 6pm*

The championship is decided, with two top teams battling it out for the trophy, which Wigan Warriors have lifted for the last two years. *See Sport Week, page 29*

Bettany Hughes' Treasures of the World

DOCUMENTARY *C4, 7pm*

As Hughes (above) sets off on another adventure, the first episode finds her in Croatia exploring salt mines and visiting Lokrum. *See Documentaries, page 20*

The Unbearable Weight of Massive Talent

ACTION COMEDY *C4, 9pm*

Nicolas Cage (above) plays a fictionalised version of himself, who accepts a fee to appear at a billionaire's (Pedro Pascal) birthday party – after which, chaos ensues.

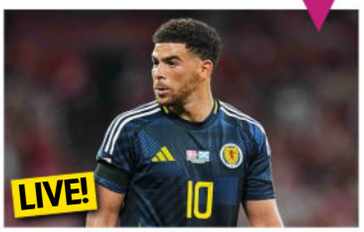
Romesh Ranganathan's Parents' Evening

ENTERTAINMENT *ITV1, 9.40pm*

The comic (above) returns for a second series of the game show that sees celebs team up with family members to bon which questions their kids will get right.

Full listings start on **p35**

Sunday 12



World Cup Qualifier: Scotland v Belarus

FOOTBALL *BBC2 & BBC Scotland*

Scotland earned four points from their September qualifiers, and will be aiming for three more points this afternoon (kick-off 5pm). *See Sport Week, page 28*

Hamza's Hidden Wild Isles

FACTUAL *BBC1, 6.15pm (box set, BBC iPlayer)*

Wildlife filmmaker Hamza Yassin (above) spent a year travelling through the British Isles to record the amazing wildlife that lives under our noses for this series.

Riot Women

DRAMA *BBC1, 9pm (box set, BBC iPlayer)*

From writer Sally Wainwright *(Happy Valley)* comes this drama about a group of menopausal women who form a punk-rock band. Stars Lorraine Ashbourne and Tamsin Greig. *See feature, page 4*

Revival

SCI-FI *Sky Max & Sky Showcase,10pm (box set, Sky Box Sets & NOW)*

Deputy Dana Cypress has an unusual case on her hands when there's a mass resurrection of deceased people in the town where she lives. *See feature, page 6*

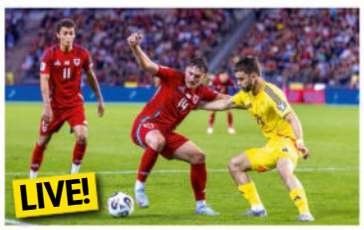
Full listings start on **p45**

Monday 13

RE/style

FACTUAL *Prime Video*

For anyone who's a fan of scouring sites such as Vinted for sustainable ways to update your wardrobe, this show sees designers put together high-fashion looks created from second-hand items.



World Cup Qualifiers: Wales v Belgium & N Ireland v Germany

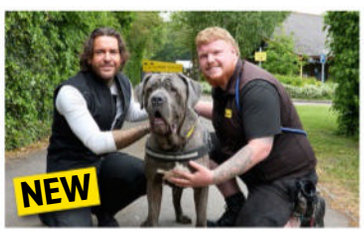
FOOTBALL *BBC3 & BBC2, k-os 7.45pm*

Wales host an on-form Belgium in Cardiff, while Northern Ireland are at home to Germany. *See Sport Week, page 28*

The Chair Company

COMEDY *Sky Comedy, 9.45pm*

Tim Robinson (above) stars as a mild-mannered office worker who finds himself embroiled a far-reaching conspiracy theory following an embarrassing incident at work.



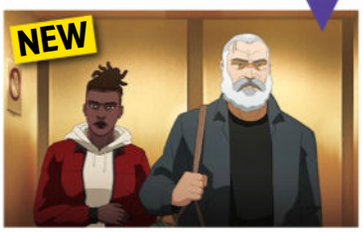
Pete Wicks: For Dogs' Sake

FACTUAL *U&W, 9pm (box set, U)*

Canine lover Wicks (above, left) is back at the Dogs Trust in Basildon, before helping teams across the country find dogs their forever homes. *See feature, page 12*

Full listings start on **p55**

Tuesday 14



Splinter Cell: Deathwatch

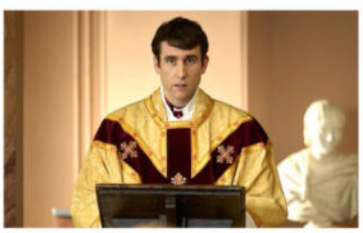
ANIMATION *Netflix*

In this adult animation series based on the video game, a former government agent is called on to unravel a global conspiracy. *See Your Watchlist, page 17*

World Cup Qualifier: Latvia v England

FOOTBALL *ITV1, k-o 7.45pm*

Having won five out of five qualifiers so far, sitting at the top of Group K, England will need to be wary of overconfidence ahead of tonight's game. *See Sport Week, p28*



Murder Before Evensong

DRAMA *5, 9pm*

Daniel (Matthew Lewis, above) tries to help the congregation of Champton to process recent events, although analysis of the murder weapon seems to point to the killer being one of his own flock.

Witches of Essex

DOCUMENTARY *Sky History, 9pm (box set, Sky Box Sets, Virgin TV, NOW & History Play)*

Rylan Clark and Professor Alice Roberts look at witchcraft in the 16th and 17th centuries. *See Documentaries, page 21*

Full listings start on **p65**

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Wednesday 15

Murdaugh: Death in the Family

***DRAMA** Disney+*

True-crime drama based on the podcast that investigated the Murdaugh murders, starring Jason Clarke and Patricia Arquette (both above). ***See feature, p11***

To Cook a Bear

***DRAMA** Disney+*

Northern Sweden, 1852. When a young girl's body is discovered, villagers believe a bear is on the rampage, and the local pastor and his son team up to investigate. Stars Gustaf Skarsgård. ***See feature, p12***

Loot

***COMEDY** Apple TV+*

When we last saw Molly (Maya Rudolph, above), she was on her private jet asking to go as far away as possible after her confession to Arthur didn't go as planned. Where will Season 3 find her?

Women's Champions League

***FOOTBALL** Disney+*

Today's matchday-two games include Chelsea v Paris FC (kick-off 8pm), and Roma taking on last season's runners-up Barcelona (kick-off 8pm).

Full listings start on **p75**

Thursday 16

The Diplomat

***THRILLER** Netflix*

As the thriller returns, Grace Penn (Allison Janney, above) is now President, with Kate (Keri Russell) in line to be Vice President. Janney's *The West Wing* co-star Bradley Whitford joins the cast. ***See Watchlist, p14***

Women's Champions League

***FOOTBALL** Disney+*

Teams in action today include Manchester United, who travel to Atlético Madrid (k-o 5.45pm), while defending champions Arsenal are away to Benfica (k-o 8pm).

The Iris Affair

***DRAMA** Sky Atlantic & Sky Showcase, 9pm*

This high-stakes thriller stars Niamh Algar as Iris Nixon, a genius who is recruited to work as a codebreaker for a mysterious tech entrepreneur (Tom Hollander)... Continues tomorrow. ***See feature, page 6***

How I Made £1Million in 90 Days

***DOCUMENTARY** C4, 10pm*

Questionable characters, huge highs and crushing lows await Oobah Butler (above) as he sets out on a journey to see if it really is possible to get rich quick.

Full listings start on **p85**

Friday 17

The Twits

***ANIMATION** Netflix*

Animated musical comedy based on Roald Dahl's book, following the story of the disgusting Mr and Mrs Twit, owners of a dangerous theme park. Features the voice of Johnny Vegas. ***See feature, p8***

Mr. Scorsese

***DOCUMENTARY** Apple TV+*

A fascinating docuseries on visionary director Martin Scorsese (above), with contributions from colleagues including Robert De Niro, Sir Daniel Day-Lewis and Leonardo DiCaprio. ***See Watchlist, p16***

The Perfect Neighbor

***DOCUMENTARY** Netflix*

There's something extra compelling and shocking about this true-crime documentary, as it uses police body-cam footage to investigate a neighbours' dispute that ended with a fatal shooting.

Black Bag

***THRILLER** Sky Premiere, 8.05am, 12.55pm & 8pm*

Michael Fassbender (above) and Cate Blanchett star in this spy thriller about an intelligence officer investigating his wife, a suspected traitor. ***See review, page 23***

Full listings start on **p95**

11-17 OCTOBER 2025

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Five middle-aged women get together to form a punk band in new BBC1 drama *Riot Women*

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Niamh Algar and Tom Hollander star in *The Iris Affair*, Disney+'s true-life drama *Murdaugh: Death in the Family* stars Jason Clarke and Patricia Arquette, plus supernatural thriller *Revival*

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: BBC/DRAMA REPUBLIC/JULIA KENNEDY; NETFLIX; SKY UK. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: DISNEY+, GETTY

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Ready to ROCK!

Five middle-aged Yorkshire women form a **life-changing punk band** in Sally Wainwright's latest drama

NEW DRAMA

Riot Women

Sunday, 9pm, BBC1 (box set, BBC iPlayer)

From no-nonsense cop Catherine Cawood in *Happy Valley* to unconventional 19th-century businesswoman Anne Lister in *Gentleman Jack*, award-winning writer Sally Wainwright is adept at exploring the lives of strong females who refuse to stay quiet.

Now, in her new BBC1 drama *Riot Women*, five uncompromising middle-aged friends roll back the years when they form a punk-rock band.

The six-part series, set in Hebden Bridge, Yorkshire, sees pub landlady Jess (*Sherwood*'s Lorraine Ashbourne) decide to put together a group for a fundraising school talent contest.

Taking on the role of drummer, she recruits her depressed friend, teacher Beth (*The Larkins*' Joanna Scanlan) to play keyboard. Soon-to-be retired cop Holly (*Friday Night Dinner*'s Tamsin Greig) and her sister, midwife Yvonne (*The Jetty*'s Amelia Bullmore), then join them as bass player and lead guitarist, while troubled shoplifter Kitty (*Moonflower Murders*' Rosalie Craig) is brought in as the group's singer.

Tamsin Greig as Holly

The band soon provides the women with the perfect outlet to express themselves about the trials of middle age and the menopause.

'Beth is divorced with a grown-up son and she's lonely and unhappy with nothing going on in her life,' says Scanlan, 63. 'She is unable to help herself – then Jess says, "Do you want to join a band?" Beth is an accomplished pianist, but she's never played the music that she enjoyed in her youth, so when she meets Kitty, who is a fabulous vocalist, suddenly the group makes sense to Beth as a punk band.'

FEELING FIERCE

The women ditch their initial plans to sing an ABBA cover and instead tap into their anger at feeling increasingly invisible and overlooked, and the challenges of negotiating demanding partners, children and elderly relatives. But as the drama progresses and the Riot Women forge a tight bond, secrets unravel which could make or break them…

'What I love is that it's a positive look at women of our age; we have so much to offer,' says Ashbourne, 64. 'It's a rallying call to not just women, but to anybody of a certain age, to remember their dreams and passions and chase that feeling of being validated again and finding a renewed purpose. It's empowering.'

CREATIVE CHAOS

'It becomes about them feeling they're entitled to just go for it and giving themselves permission to make a noise,' agrees Scanlan. 'Sally wrote this out of her own memories of that late-70s sound. And I was the perfect age for punk myself. I loved the rudeness of it and I had friends who wore bin bags and safety pins – it was amazing. Filming this has transformed my appreciation of music. It's a privilege to be able to express yourself musically.'

'I was a fan of disco – punk was never my thing – and suddenly, at my age, it's on my radar!' enthuses Greig, 59. 'Learning to play in a band was thrilling. We were able to rehearse before we started filming, to find our way musically, and grow that trust.'

For Ashbourne, an extra benefit of filming the series was learning the drums.

'I can't believe we've formed a rock band and I can play now,' she laughs. 'I remember the first time I had to play – it felt like stripping off in front of everyone. I was absolutely terrified. But everybody should be in a band – it's so good for you!'

Kitty is out of control

Yvonne Vaux
Amelia Bullmore
Holly's taciturn sister is a midwife and is extremely reluctant to join the group, but she soon finds it unleashes a different side to her.

WORDS: CAREN CLARK. PHOTOS: BBC, GETTY

Jess Burchill
Lorraine Ashbourne
The publican forms the group while juggling her complex home life, which includes her auntie Mary (Sue Johnston), daughter Chloe (Shannon Lavelle) and energetic grandkids.

Beth Thornton
Joanna Scanlan
The tetchy and morose teacher discovers a new lease of life when she becomes one of the Riot Women – but an unsettling challenge awaits.

Holly Gaskell
Tamsin Greig
About to retire from the police, the caring mum-of-two is concerned about her mother Nancy (Anne Reid) developing dementia, but the band brings her joy.

Kitty Eckersley
Rosalie Craig
The newcomer is spiralling out of control after a break-up, and secrets emerge about her past that could have a big impact on the group.

GOING PUNK

The songs performed in *Riot Women* were written especially for the series by real-life punk band ARXX.

The Brighton-based duo – drummer Clara Townsend and vocalist and multi-instrumentalist Hanni Pidduck – met the cast and worked closely with writer Sally Wainwright.

'Sally would explain what the scene was and what the character was feeling, then we could take that back to the studio and run with it,' reveals Pidduck. 'It was really collaborative. Writing from someone else's perspective felt freeing because I could just focus on the story rather than myself. There are definitely a couple of bangers there.'

Hanni Pidduck and Clara Townsend

Romy Weltman and Melanie Scrofano play sisters Em and Dana

GRAVE NEW WORLD

The dead don't stay buried in a **supernatural thriller** with a twist

NEW HORROR

Revival

Sun, 10pm, Sky Max & Sky Showcase (box set, Sky Box Sets & NOW)

Death is just the beginning in *Revival*, a fresh spin on the zombie genre that finds the recently deceased resurrected not as mindless, shuffling corpses, but as their former selves.

Adapted from the comics of the same name, the 10-part series on Sky is set in the small Wisconsin town of Wausau, where a strange phenomenon known as 'Revival Day' reanimates dead residents just as they were before... Well, almost.

With Wausau under quarantine, local police officer and single mother Dana Cypress (Melanie Scrofano) is forced to put plans to leave town with her son on hold. But when she ends up investigating a murder tied to the eerie event, both the living and the dead fall under suspicion.

'Sometimes we want to break out and do something a little differently, and this show does that in an interesting, beautiful way,' says *Wynonna Earp* star Scrofano, 43.

'It's got horror, comedy, family, paranormal and true crime. Plus, the "Revivers" are so different, so it didn't feel like we had to honour any zombie genre from that perspective. We get to write the rules and it feels really fresh.'

The action also follows Dana's father, local sheriff Wayne Cypress (*JAG*'s David James Elliott), and scientist Ibrahim Ramin (Andy McQueen), who's based in Wausau to find out why people have been brought back to life.

The 'zombies' seem oddly normal

But central to the show is Dana's relationship with her younger sister, Martha 'Em' Cypress (Romy Weltman), who's hiding her own secrets in the aftermath of Revival Day.

'There's a built-in distance between the sisters as they never got the chance to bond the way they could have,' Scrofano explains. 'Revival Day is the test of how they're going to come together as a family, or not.'

NEW DRAMA

The Iris Affair

Thursday, 9pm, & Friday, 9pm, 10pm & 11pm, Sky Atlantic & Sky Showcase

***Luther* creator Neil** Cross has devised another intelligent, briskly paced, high-stakes thriller in Sky's *The Iris Affair*, which follows a genius codebreaker as she's pursued across sumptuous Italian locations in a deadly game of hide-and-seek.

The sun-drenched eight-parter begins when maths whizz Iris Nixon (*Playing Nice*'s Niamh Algar) solves a series of complex online puzzles to win a competition set by charming tech entrepreneur Cameron Beck (*The White Lotus*' Tom Hollander).

However, the competition was actually one long interview for a far larger task, deciphering the password for 'Charlie Big Potatoes', a secret and powerful piece of artificial intelligence with unknown capabilities. Iris accepts the job, but after discovering the technology's dangerous potential, she disappears with the device's activation code, leading Beck to launch a hunt, from the sandy beaches of Sardinia to the streets of Rome, to find her at any cost.

Meréana Tomlinson as Joy

OLD-SCHOOL CHARM

'I wanted to write a fast-moving, exciting and sophisticated thriller with a European setting, a lot of blue sky, the odd sports car and some great clothes,' says Cross. 'I wanted it to be witty and glamorous in a modern/old-fashioned way, which meant drawing on a lot of things I love. There's a lot of Alfred Hitchcock in there – things like *North by Northwest* and *To Catch a Thief* – and shows like *The Saint*.'

Yet when it came to creating the lead character of Iris, Cross thought of Matt Damon's on-screen incarnations.

'Neil Cross described Iris as having a brain the size of a planet,' explains Algar, 33. 'She can hack any system and actually relaxes by solving insanely difficult puzzles. In some ways, she functions almost like a computer, copying, storing and processing only what she considers important, precise and logical. She's like Will from *Good Will Hunting*, Jason Bourne and Tom Ripley rolled into one!'

In the first episode, Beck takes Iris to his secret HQ, where he and his team have been developing their groundbreaking piece of technology, only he's been locked out of Charlie ever since its creator, Jensen Lind (*Game of Thrones*' Kristofer Hivju), had a breakdown and installed a password on the device that no one has been able to crack.

RACE AGAINST TIME

Beck borrowed vast sums of money to build the machine, so he is now in grave danger from his investors, who've threatened to kill him if he can't get access to it.

'The story is a sort of struggle for the soul of a computer,' says Hollander, 58. 'Iris believes the computer to be a force for ill, while Cameron believes it to be a force for good. He thinks it can solve climate change and cure cancer. He believes in Charlie Big Potatoes in the way people believe in gods. It literally is a higher power.'

Iris is a loner who uses multiple identities to avoid detection, one of which is 'Harriet Brook', a tutor for wayward teen Joy Baxter (Meréana Tomlinson), who's ignored and overlooked by her own family.

'Iris sees something of herself in Joy,' says Algar. 'A younger version of someone who's grown up without real care or love. Joy is essentially a token child in a wealthy household that doesn't really notice her and, like Iris, feels like she doesn't belong in any system or structure.'

It's a connection Beck realises he can use to his advantage as he tries to force Iris to cooperate, yet despite his unscrupulous methods, Hollander insists the tech entrepreneur is not the real villain of the piece.

'The show is a contemporary debate about technology turned into *Wacky Races*,' he says. 'Iris is Penelope Pitstop and I'm Dick Dastardly, except I'm not because Neil Cross was happy to let me be a bit more sympathetic. You start to feel for Cameron's point of view and then there's another villain created, so then there's someone else bearing down on Cameron and he's the proper villain.'

WORDS: REBECCA MAHONEY, SEAN MARLAND. PHOTOS: SKY

THE Italian JOB

Niamh Algar and Tom Hollander star in a cat-and-mouse thriller set under the blue skies of Italy

Johnny Vegas turns nasty in an animated adventure based on Roald Dahl's popular children's tale

Despicable behaviour

NEW ANIMATION

The Twits

From Friday 17 October, Netflix

There have been many screen versions of the works of celebrated children's author Roald Dahl, most notably *Charlie and the Chocolate Factory*, *Matilda* and *James and the Giant Peach*. But his darkly humorous story *The Twits* has never been adapted – until now.

Netflix's new animated film *The Twits* is based on Dahl's classic 1980 novel and revolves around 'the meanest, smelliest, nastiest people in the world' – Jim Twit (voiced by *Benidorm*'s Johnny Vegas) and his wife Credenza (*The Americans*' Margo Martindale)– who love playing tricks on each other and hating other people.

After their amusement park, Twitlandia, is shut down for being too disgusting and dangerous, the Twits take revenge on the town. Two brave orphans, Beesha (*Never Have I Ever*'s Maitreyi Ramakrishnan) and Bubsy (Ryan Lopez), and magical monkeys, Mary and Marty Muggle-Wump (*Lady in the Lake*'s Natalie Portman and *Veep*'s Timothy Simons), then realise they must become as tricky as the Twits in order to save the day.

Here, Vegas, 55, reveals more…

What made you sign up for this adaptation of *The Twits*? Roald Dahl's work is rather sacred, so it's a privilege being asked to be part of this film and to play a proper villain. I was introduced to Roald Dahl's work mainly through films and adaptations. *The Twits* was a book I didn't know much about but, reading the script, I knew I could have some delightful, nasty fun with it!

How would you describe Jim and Credenza Twit? Jim Twit is odious! You look at Mr and Mrs Twit and think, 'Nobody else would have them, so thank goodness they found each other!' Their intolerance of others is what makes them uniquely a couple. As horrible as they are, they celebrate each other in their own way.

Roald Dahl's stories often have a theme of vulnerable children versus villainous adults. How does that play out in *The Twits*? This film explores the very necessary theme in today's world of the sense of injustice you feel as a child of 'What can I do?' It's inspiring to tell kids, 'Don't let your situation turn you into a bad person.' Let's just say goodness prevails and the Twits get their just deserts, as their world is turned upside down… literally!

How do you think this adaptation brings Roald Dahl's original tale of *The Twits* to life? You'll always have massively committed fans of Roald Dahl's books who will be precious about [our

Busby and Beesha

The Muggle-Wumps

WORDS: ALISON SLADE. VICTORIA WILSON. PHOTOS: BBC, ITV, NETFLIX

Monstrous Mrs and Mr Twit

interpretation of] it. But if other kids love the story and the themes in this film, they may end up reading the book after they've seen it, which is no bad thing.

Have your own children – sons Michael, 22, and Tom, 10 – read Roald Dahl's books? Tom's mum is a massive Roald Dahl fan, so he's had every book read to him. We actually have a bit of history with Roald Dahl: I once contacted his long-time illustrator, Quentin Blake, about two illustrations he'd drawn for *The Witches* that didn't get used in the final book. Quentin sold them to me and they're now on display in the hallway.

'Goodness prevails and the Twits get their just deserts'
JOHNNY VEGAS

Do you have a favourite screen adaptation? It was always the original 1971 *Willy Wonka & the Chocolate Factory* movie, starring Gene Wilder, but I then became intrigued by *Fantastic Mr. Fox* [the 2009 stop-motion animation with George Clooney]. I studied stop-motion animation at art school and wanted to pursue it as a career. I watched *Fantastic Mr. Fox* knowing what it would've taken to create the animation, so now that's probably my favourite.

Do you hope this adaptation of *The Twits* will be as popular as those other films? Knowing the work that's gone into this film, it deserves to be up there with the best of them. I haven't seen the entire film yet; I want to watch it for the first time with Tom. The whole animation process of the movie is phenomenal, so I'm keen to see his reaction to that – and to me playing a villain!

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Cassie finds Tyrone on the floor in agony

CORONATION STREET

Tyrone has an accident when he's left home alone...

» **It's all hands** on deck at No 9 following Tyrone's hit and run ordeal…or at least it should be. Though Cassie helps her son with his physio exercises, she makes a beeline for the front door when Steve texts her with the offer of some 'fun'. To be fair to Cassie, she believes Fiz will be back any moment.

But Fiz is feeling the strain of being a carer, and as she's about to head home, she has a change of heart and asks Tim to drive her into town. Her decision backfires, as Tyrone, who's still on his tod, ends up falling out of his wheelchair.

Cassie later finds her son on the floor in agony, and when Fiz discovers what has happened, she sends her mother-in-law to Coventry for abandoning him. She lies that her own absence was due to an Underworld errand, but Cassie learns from Sally that her daughter-in-law has, in fact, been given the week off work.

Fiz and Cassie come to blows

As insults are hurled, can the women reach an understanding and come up with a more manageable plan for Tyrone's recovery?

» **PLUS** Costello arrests Betsy to keep Becky in line, Carla sells the Rovers, Todd orders Theo to pack his bags, Bethany has an embarrassing incident at the salon, and Abi accuses Kevin of sabotaging her job interview.

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» April (above) is in danger from a drugs 'client', Nicola and Dawn clash over Carl and Clemmie's actions, Cain self-destructs on his return from France, Victoria urges Robert to tell Aaron about Kev, and Liam gets his test results for prostate cancer.

EASTENDERS

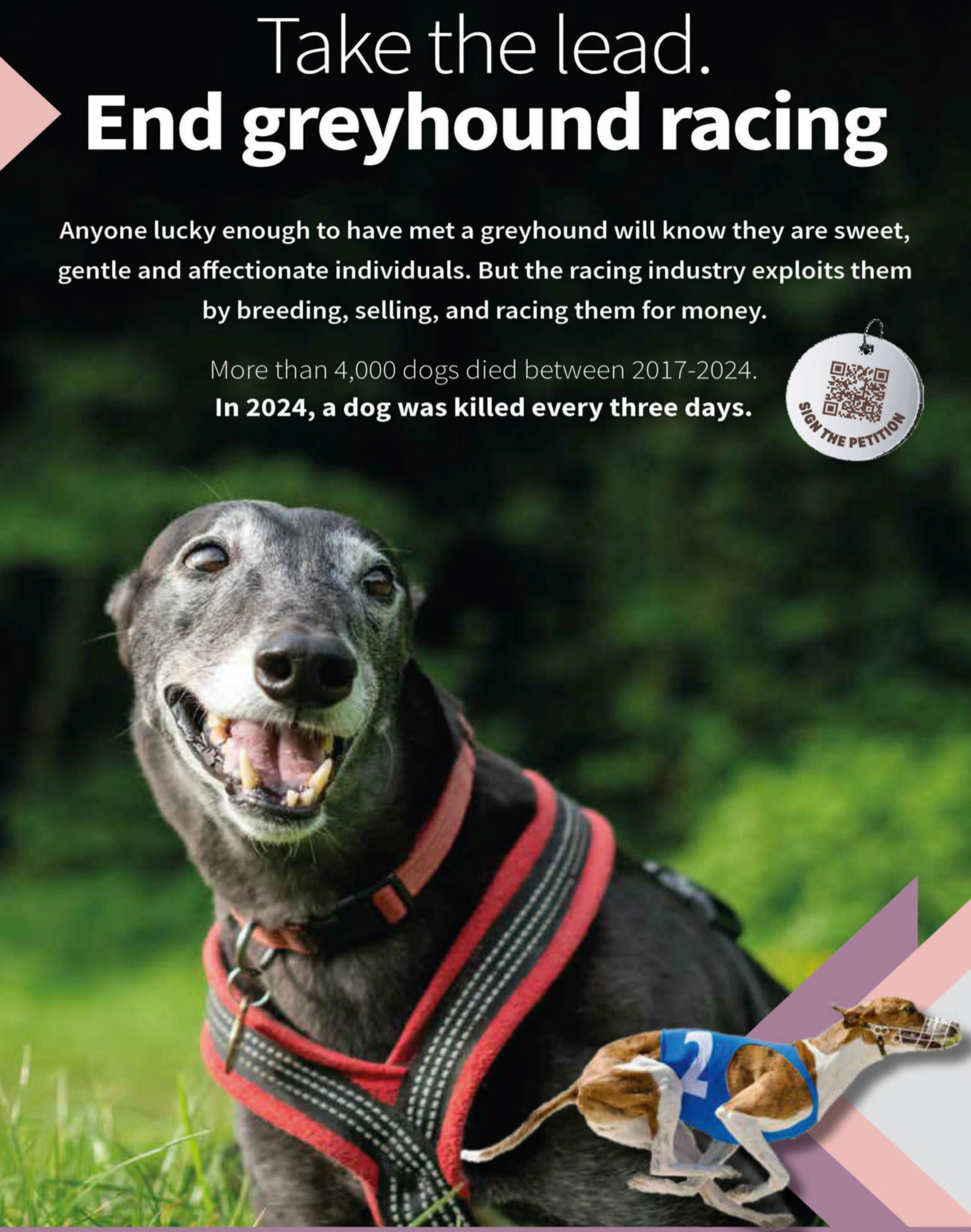
» Joel (right) hides out after his attack on Vicki, Okie and Ravi hold Harry hostage, Elaine has plans for No 5, Nigel surprises Julie with a trip to India, Jasmine agrees to a date with Oscar, and Johnny is fired.

Take the lead.
End greyhound racing

Anyone lucky enough to have met a greyhound will know they are sweet, gentle and affectionate individuals. But the racing industry exploits them by breeding, selling, and racing them for money.

More than 4,000 dogs died between 2017-2024.
In 2024, a dog was killed every three days.

SIGN THE PETITION



ANIMAL AID

animalaid.org.uk/greyhoundpetition

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NEW DRAMA

Murdaugh: Death in the Family

From Wednesday 15 October, Disney+ (three episodes from Wed 15 Oct, then weekly)

NEW FROM Disney+

Patricia Arquette and Jason Clarke star in the shocking true story of a double murder

DEADLY dynasty

Netflix's 2023 true-crime series *Murdaugh Murders: A Southern Scandal* recounted the story of a well-connected South Carolina family that was torn apart by a shocking act of violence in the wake of a fatal boating accident.

Now these events have been dramatised in Disney+'s eight-part series *Murdaugh: Death in the Family*, starring *The Last Frontier*'s Jason Clarke as patriarch Alex Murdaugh and *Severance*'s Patricia Arquette as his wife Maggie, alongside Johnny Berchtold and Will Harrison as their sons Paul and Buster.

The region where the family lived was popularly known as 'Murdaugh Country', thanks to the three generations of Murdaughs, including Alex, who had held powerful positions within the local legal system.

TRAGIC EVENTS

The apparently idyllic and affluent lifestyle of the Murdaughs was dealt a shattering blow, however, when, on 24 February 2019, teenager Paul crashed the family boat, with several friends on board, into a bridge, resulting in the death of 19-year-old Mallory Beach.

Paul, who denied being at the helm, was charged with being under the influence while piloting the boat, and causing the death of Beach, whose body was recovered several days after the accident, further down the river.

While Beach's family started filing lawsuits, the Murdaughs were rocked by another tragedy. Paul and Maggie were murdered at the family home on 7 June 2021 with Alex suggesting that the killings could be an act of revenge. But the police investigation would uncover a very different story.

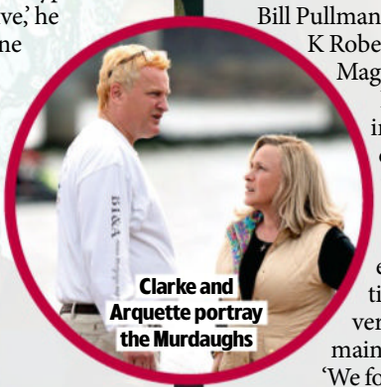
Berchtold and Harrison as sons Paul and Buster

EXCLUSIVE INSIGHTS

The progress of the whole sorry saga was followed in the hit *Murdaugh Murders Podcast*, by Mandy Matney and Liz Farrell, which was the inspiration for this new drama series, with award-winning journalist Matney acting as executive producer and portrayed in the series by Brittany Snow.

According to co-creator and showrunner Michael D Fuller, incorporating Matney into the narrative proved hugely helpful.

'We needed some type of outside perspective,' he explains. 'Someone who could voice some audience questions and concerns about, "Wait, what is this? What's going on here? What is this world, who are these people and what does all that mean?"'



Clarke and Arquette portray the Murdaughs

The Murdaugh story, which also takes in embezzlement, drug dealing and a faked shooting, alongside the boating tragedy and double murder, has already been dramatised on screen in Paramount+'s 2023 two-parter, *Murdaugh Murders: The Movie*, starring Bill Pullman and Lauren K Robek as Alex and Maggie Murdaugh.

However, the involvement of someone who actually reported on and investigated events at the time sets this version apart, maintains Fuller.

'We focused on Mandy's access and insights,' he explains. 'We had the benefit of her reporting and personal connections to the community of people who lived through and survived this.'

WORDS: IAN MACEWAN. PHOTOS: © 2025 DISNEY AND ITS RELATED ENTITIES

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Hamza Yassin

NEW Hamza's Hidden Wild Isles

Sunday, 6.15pm, BBC1 (box set, BBC iPlayer)

Born in Sudan in 1990, Hamza Yassin moved to the UK aged eight, where his passion for wildlife increased, while being given a camera at 12 sparked his interest in wildlife photography. He obtained a degree in zoology and a masters in biological photography, and in 2020 he made his first TV appearance as Ranger Hamza in *Let's Go For a Walk* on CBeebies. In 2021, he joined BBC1's *Animal Park*, and in 2022 he won *Strictly Come Dancing* with pro dancer Jowita Przystał.

HIS NEW SHOW

This week, Hamza begins travelling around the UK over four seasons to give viewers a close-up of wildlife that is usually hidden away for his new four-part series. Among the wildlife featured are badgers, mountain hares, adders and bitterns. 'I'm showing creatures that are often hiding in plain sight,' he says. 'For example, ptarmigan are birds found in mountain areas. They turn from browns and reds in the warmer months to white in winter so they are camouflaged on snowy slopes.'

Hamza seeks out British wildlife

WORDS: CAREN CLARK, JUDY EWENS, TESS LAMACRAFT, IAN MACEWAN, SEAN MARLAND. PHOTOS: ©2025 DISNEY AND ITS RELATED ENTITIES, BBC, GETTY, SKY, U&W, DOGS TRUST

A firebrand pastor investigates foul play in a remote Swedish village

Northern exposure

NEW DRAMA

To Cook a Bear

From Wed 15 October, Disney+

Lars Levi Laestadius was a real 19th-century Swedish pastor who founded his own revivalist movement in a bid to prevent his congregations from being further ravaged by alcoholism. And in Disney+'s Swedish language period drama *To Cook a Bear*, adapted from the novel by Mikael Niemi, he is the main character in a fictional murder mystery that takes place in a dangerously inward-looking community in northern Sweden.

The six-part series follows pastor Levi (*Vikings*' Gustaf Skarsgård) and his family as they settle in an isolated Swedish village in the Arctic Circle, where alcohol abuse is a serious problem.

When a young girl goes missing in the forest, there are fears that she may have been killed by a bear. However, as amateur sleuth Levi investigates, with help from his adopted son and protégé Jussi (Emil Kárlsen), and a second girl is attacked, it appears that there may be another, even more disturbing explanation.

REBEL

In the pulpit, Levi is a firebrand preacher, but away from the church, he is a mild-mannered family man with a keen interest in botany.

'I like a paradoxical character, and the pastor definitely is one,' says Skarsgård, son of *Dune* actor Stellan Skarsgård. 'He represents the church, but he's also a rebel.

Pete Wicks meets more rescue dogs needing homes

Pete Wicks with Theo

Puppy love

NEW FACTUAL

Pete Wicks: For Dogs' Sake

Monday, 9pm, U&W (box set, U)

When the first run of Pete Wicks' moving fly-on-the-kennel-wall documentary *For Dogs' Sake* aired earlier this year, it led to a surge in adoption applications and donations to Dogs Trust, whose vital work he followed.

'That reaction was overwhelming. The series really shone a light on the dogs and the heroes helping them,' the presenter, 36, tells *TV & Satellite Week*. 'I'm so proud. This is my passion.'

Now, cameras are heading back to Dogs Trust rescue centres around the country for a second five-part series on U&W, as Wicks works with staff to rehabilitate more needy mutts and

Gustaf Skarsgård as Levi and Emil Kárlsen as Jussi

He has a feverish belief, but is blind to his own shortcomings – so there is a lot of tension!'

Many great amateur sleuths have a sidekick or apprentice, and in the case of Levi, it's his adopted son Jussi, who comes from the indigenous Sami community.

'It's like a foster son relationship, but it's also a political one,' says Skarsgård, 44. 'Because the Sami were highly oppressed, it was a rebellious act to adopt this son. So the love is genuine, but Levi has a strong need to be identified with the saviour role.'

Besides the Scandi noir influence, *To Cook a Bear* also has elements of the western genre, especially when Levi, who is always referred to as 'the pastor', is out of his churchman garb, wearing a hat and trenchcoat.

'The whole universe is highly influenced by classic westerns, with those strong silhouettes,' admits Skarsgård. 'And also with the characters – the priest, the policeman, the gravedigger and the bell-ringer. So rather than hold back, we just went with it!'

find them forever homes. And in the opening episode, he assists the team in Basildon when four traumatised Maltese-crosses arrive.

'We called them the "suitcase pups" as they came in a tiny carrier. They were in a terrible state,' he reveals. 'It will break your heart, but we see the progress they make.'

And there's more emotion in store when Wicks visits the Kenilworth site and meets gentle giant Theo, an Italian mastiff with life-limiting heart conditions.

'I fell in love with him,' admits the former *TOWIE* and *Strictly* star. 'He's potentially only got a year or two to live. So trying to rehome him wasn't looking hopeful. But we did a huge press campaign and found him a family. If ever a dog deserved to have a home it's him.'

The series also continues to explore a range of issues surrounding the current increase in dogs being brought into shelters.

The 'suitcase pups'

NEW HOPE

'We cover the rehoming crisis,' explains Wicks. 'There are some sad handovers because of the cost of living.

We've also seen some dogs who have been seized at borders and all they have known is travelling in lorries and quarantine. But I'm honoured to be trying to make a difference for them.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

The Intruder

Saturday, 9pm & 9.55pm, BBC4 (box set, BBC iPlayer)

In this four-part French thriller, mother-of-three Paula (Mélanie Doutey, far left) reaches the end of her maternity leave and hires Tess (Lucie Fagedet, left) as an au pair who seems perfect. But then a series of domestic accidents makes Paula appear to be a bad mother, and no one believes her when she says that Tess is dangerous.

The Chair Company

Monday, 9.45pm, Sky Comedy

NEW

An embarrassing incident at work leads William Ronald 'Ron' Trosper to begin investigating a dark and far-reaching conspiracy in this US comedy. Created by Tim Robinson (who also plays Trosper, right) and Zach Kanin, the men behind *I Think You Should Leave with Tim Robinson*, it also stars Lake Bell and Lou Diamond Phillips.

Mercury Prize: Album of the Year

Thursday, 9.30pm, BBC4

NEW

Lauren Laverne presents the event from Newcastle, where CMAT, Pulp and Sam Fender are among the shortlisted artists. Pulp, fronted by Jarvis Cocker (right), reunited in the studio for the first time in 24 years for their album *More*. If they win, they will join PJ Harvey as the only acts to have won the prize twice.

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YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

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POWER shift

Keri Russell and Rufus Sewell return to navigate a new presidency and high-stakes secrets

Rufus Sewell as Hal

NETFLIX The Diplomat

NEW *Available: Thursday 16 October*
Genre: Thriller Season: 3 Eps: 8

The President is dead and the US ambassador to the UK, Kate Wyler, is sitting on earth-shattering information as Netflix's political thriller *The Diplomat* returns for an explosive third season.

The new eight-part run picks up in the aftermath of last season's pulse-pounding finale, as Kate Wyler (Keri Russell) accuses Vice President Grace Penn (Allison Janney) of being involved in a terrorist attack while also revealing she's after her job.

But when Kate discovers President Rayburn (Michael McKean) has died, Secret Service agents whisk Grace away while political aides on either side of the pond race to swear her in. Only Kate and her husband, seasoned diplomat Hal Wyler (Rufus Sewell), know the extent of Grace's alleged misdealings, but is now the time to shatter international relations?

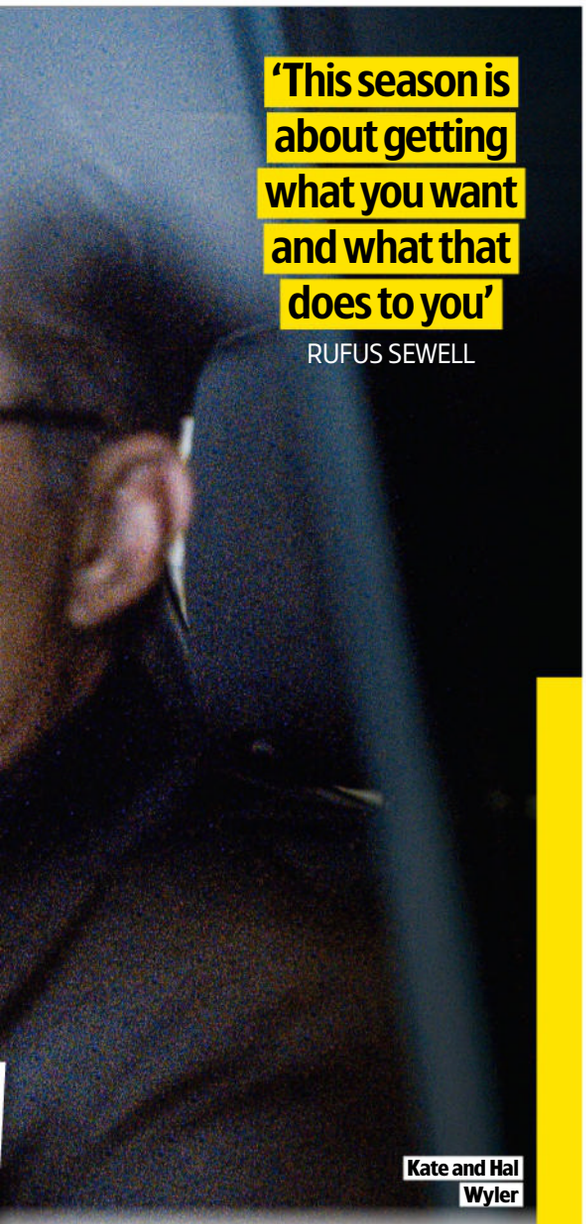
'The Season 2 cliffhanger was crazy, but you won't believe what [creator] Debora Cahn has in store,' says *The Americans*' Russell, 49. 'It's second by second what happens next, and the whole breakdown of when there is a death of a president and how important it is that they go through all the protocol is really interesting. 'You're hyperventilating at every second as this season is about getting the Vice President into the position of the presidency and keeping her safe.'

Allison Janney and Bradley Whitford

PLOTTING FOR POSITION

As political chaos unfolds, Kate also finds out that Hal is implicated in the President's death. As the last person to speak to Rayburn, has he jeopardised their carefully laid plan to land Kate the vice presidency?

'This season also deals with Hal and what he might've done and the implications of his involvement,' says



'This season is about getting what you want and what that does to you'
RUFUS SEWELL

Kate and Hal Wyler

Russell. 'But Kate and Hal have a huge choice to make as individuals and it shifts everything. I'm excited for people to see how their power dynamic gets completely turned on its head.'

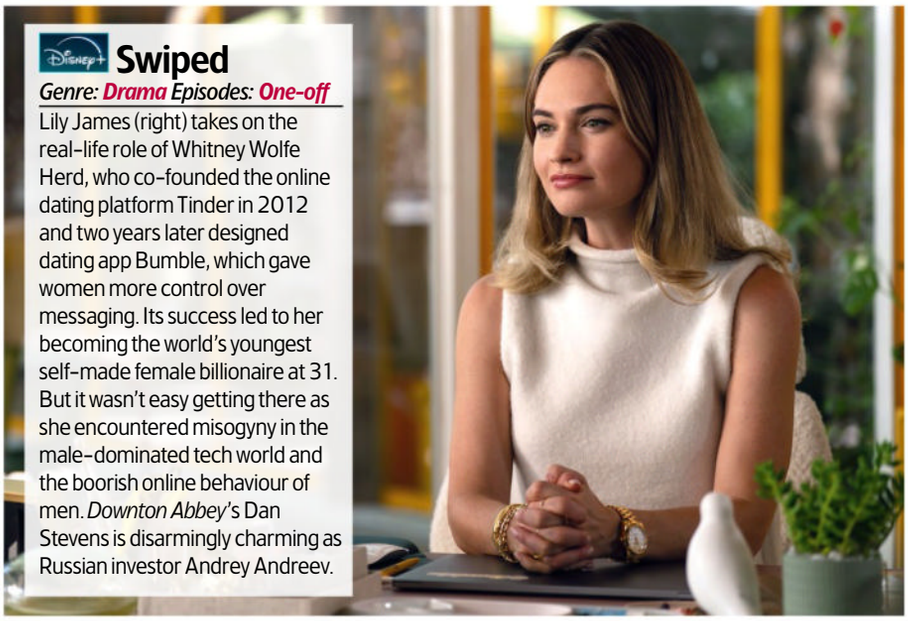
Toxic Town's Rory Kinnear is back as British Prime Minister Nicol Trowbridge while *Poldark*'s Aidan Turner guest-stars. Plus, *The Handmaid's Tale*'s Bradley Whitford joins as Grace's husband and First Gentleman, Todd Penn, reuniting him with *The West Wing* writer Debora Cahn and former co-star Allison Janney.

'Bradley and Allison together, it's fantastic,' says Sewell, 57. 'There's so much comedy, but natural and unforced comedy, and it's also extremely high stakes.

'This season is about getting what you want and what that does to you,' adds Sewell. 'For both Kate and Hal, it's about thinking you want something, like a certain level of freedom or ambition, and then suddenly being there. It's really interesting.'

What we're watching...

The shows being enjoyed by the *TVSW* team



Swiped

Genre: Drama Episodes: One-off

Lily James (right) takes on the real-life role of Whitney Wolfe Herd, who co-founded the online dating platform Tinder in 2012 and two years later designed dating app Bumble, which gave women more control over messaging. Its success led to her becoming the world's youngest self-made female billionaire at 31. But it wasn't easy getting there as she encountered misogyny in the male-dominated tech world and the boorish online behaviour of men. *Downton Abbey*'s Dan Stevens is disarmingly charming as Russian investor Andrey Andreev.

The Morning Show

Genre: Drama Season: 4 Eps: 10 (released weekly)

Oscar winners Marion Cotillard and Jeremy Irons join the cast for the new season which sees Alex (Jennifer Aniston) juggling her duties and Bradley (Reese Witherspoon, right) back at the network.

High Potential

Genre: Crime drama Season: 2 Episodes: 18 (released weekly)

Unorthodox LAPD consultant Morgan Gillory (Kaitlin Olson, right) needs her high IQ and keen observational skills more than ever as she tries to outsmart killer the Game Maker...

Now in production...

Three upcoming shows to look out for soon

The Crow Girl

A second series of Paramount+'s thriller will see cop Jeanette Kilburn (Eve Myles) face fresh twists in her search for the serial killer when new bodies are found, while psychologist Sophia Craven (Katherine Kelly, above) learns more about ex-patient Victoria.

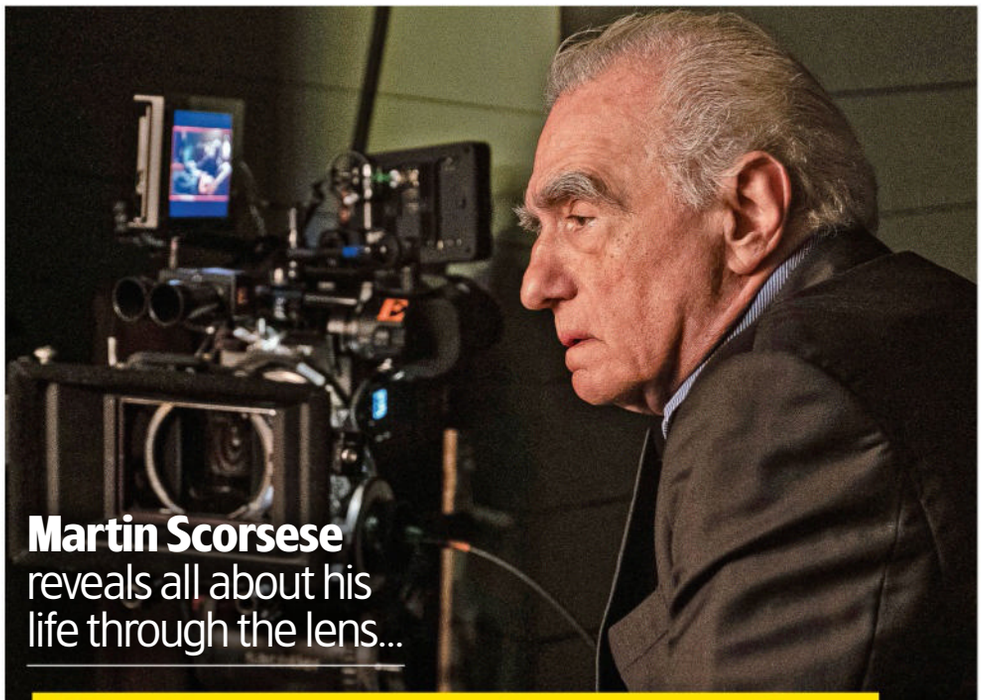
The Off Weeks

Jessica Chastain (above) and Ben Stiller will star in and executive produce Apple TV+'s eight-part drama about a divorced writing professor who, in the weeks when he doesn't have custody of his children, finds himself falling for a mystery woman, but turmoil beckons.

We Were Liars

Prime Video's drama – based on E Lockhart's novels – which followed teenager Cadence (Emily Alyn Lind, above) as she uncovered devastating revelations about her wealthy family, will return for a second run, in which more secrets emerge at their New England home.

WORDS: CAREN CLARK; JUDY EWENS, REBECCA MAHONEY PHOTOS: APPLE TV+, ©2025 DISNEY AND ITS RELATED ENTITIES, GETTY, NETFLIX, SHUTTERSTOCK



Martin Scorsese reveals all about his life through the lens...

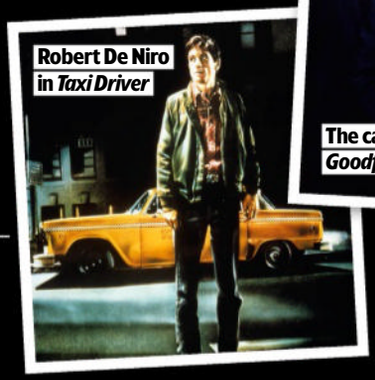
Director's CUT

tv+ Mr. Scorsese

NEW *Available: Friday 17 October Genre: Factual Season: 1 Episodes: 5*

Over the years, Oscar-winning filmmaker Martin Scorsese has told countless tales about his glittering career and now he's sharing his life story in Apple TV+'s documentary series *Mr Scorsese*.

Featuring expansive interviews with the director of such classic films as *Taxi Driver*, *Raging Bull* and *Goodfellas*, the five-parter explores how his early experiences informed his cinematic vision. In the first episode, Scorsese goes back to the 1940s when, growing up in New York's Lower East Side, he first became interested in movies.



Robert De Niro in *Taxi Driver*

The cast of *Goodfellas*

EARLY INSPIRATION

'I had contracted asthma when I was three years old and it was very serious,' he says. 'I had to stay inside, so I was always looking out of the window, which is why I like high-angle shots. There was no air conditioning anywhere, except for movie theatres, so that's where I could breathe!'

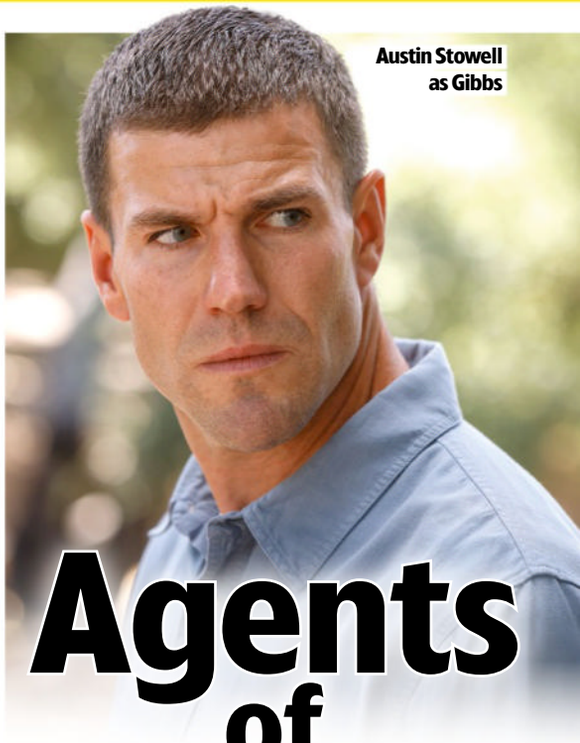
And while the cinemas of New York ignited his love of movies, his experiences living in the district known as Little Italy, which was ruled by the Mafia, proved an inspiration for his later work.

'I did see serious stuff, violence was imminent all the time,' explains Scorsese, 82. 'That was when Mulberry Street [in Little Italy] was still known as Murder Mile.'

Featuring interviews with friends and colleagues including Steven Spielberg, Robert De Niro, Sir Daniel Day-Lewis, Jodie Foster and Leonardo DiCaprio, the series traces Scorsese's filmmaking journey.

His first feature, *Who's That Knocking at My Door*, which starred up-and-coming actor Harvey Keitel, was made in 1967, yet it wasn't until the 1970s and his collaborations with De Niro that Scorsese achieved widespread fame. But he reveals that 1976's *Taxi Driver* was almost never released.

'I was furious because the studio said they wanted to cut all the blood-spurting,' he says. 'I was angry and I said I was going to get a gun, break in and take away the rough cut. In the end we saved the movie by toning down the red colour of the blood to a brown.'



Austin Stowell as Gibbs

Agents of change

Major developments lie ahead for **young Gibbs** and the team

Paramount+ NCIS: Origins

NEW *Available: Wed 15 Oct Genre: Crime drama Season: 2 Episodes: 18 (released weekly)*

The 1990s-set *NCIS* prequel returns to Paramount+ for a second season, with the action set four months after special agent Lala Dominguez (Mariel Molino) was involved in a devastating car crash.

'We can't promise Lala is alive,' teases the show's co-creator David J North. 'Mariel knew going into this that we were going to take big swings and she was on board for whatever was the best way to make the audience feel something in a truthful way.'

And although Lala and her partner, Special Agent Leroy Jethro Gibbs (Austin Stowell), shared a charged moment in last season's finale, it appears Gibbs' romantic future lies elsewhere as estate agent Diane (Kathleen Kenny), who in *NCIS* becomes his second wife, was introduced in that episode.

Gibbs isn't the only one whose life is about to be upended as his boss Mike Franks (Kyle Schmid) has to deal with the arrival of his estranged older brother Mason (Philip Winchester).

The series also sees Adam Campbell reprise his role of young Donald 'Ducky' Mallard. Played by David McCallum, who died in 2023, for 20 seasons of *NCIS*, Ducky will shadow the team as they investigate a case.

'We wanted to do this episode to honour the memory of our dear friend David McCallum,' said North and co-showrunner Gina Lucita Monreal in a joint statement. 'He was a beloved member of the *NCIS* family for so many years.'

Kyle Schmid as Mike Franks

WORDS: CAREN CLARK, NATASHA HOLT, SEAN MARLAND, VICTORIA WILSON. PHOTOS: APPLE TV+, BBC, C4, NETFLIX, PARAMOUNT+, U&DAVE

Back in ACTION

Covert agent **Sam Fisher** returns to the field in the video-game adaptation

Liev Schreiber voices Sam Fisher

Zinnia and Sam

Zinnia is being hunted

NETFLIX Splinter Cell: Deathwatch

NEW *Available: Tuesday 14 October Genre: Animation Season: 1 Episodes: 8*

When a wounded young operative needs help to unravel a global conspiracy, former US black-ops agent Sam Fisher is drawn back into his old life in Netflix's animation, based on Tom Clancy's stealth video-game franchise, *Splinter Cell: Deathwatch*.

For the first time in over a decade, Fisher dusts off his trifocal night-vision goggles in an eight-part series from the creator of the John Wick franchise, Derek Kolstad.

The show explores how warfare has changed in the 20-plus years since the original *Splinter Cell* game was released in 2002 and, to mark the dawn of this new era, *Ray Donovan* star Liev Schreiber takes over from Michael Ironside as the voice of Fisher.

HIGH-SPEED PURSUIT

'Since 2002, the world has evolved,' explains Carl Tamakloe, associate producer for Ubisoft Film & Television, which made the show for Netflix. 'Technology has turned old strategies into hybrid warfare with fake news, energy challenges and corporate involvement.'

Having left the US government division known as the Fourth Echelon, Fisher is working alone in Poland – that is until new recruit Zinnia McKenna (voiced by *Sugar*'s Kirby Howell-Baptiste) calls on the experienced agent for help, claiming she's being hunted down for possessing valuable intel. Fisher agrees to team up with McKenna for a journey across Europe to take on the trained killers.

'It's a whole new world that Fisher has to navigate,' says Tamakloe. 'We also wanted to turn this US-centred saga into a European-centric thriller, which is why we chose the road-trip format to tell this story. It felt like a good way to immerse our viewers into known settings with a brand-new adventure.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER Blue Lights

In the return of BBC1's crime drama, the cops stumble across an investigation involving Belfast's white-collar drugs trade when an accountant collapses after taking cocaine and the arrest of a drug runner has worrying consequences.

BBC iPLAYER Nine Bodies in a Mexican Morgue

BBC1's dark thriller follows the fallout after a plane crashes in the Mexican jungle. Survivor Kevin (Eric McCormack, centre) successfully operates on the injured pilot, but a killer begins to stalk the crash site...

4 Perfect Pub Walks

In the More4 travelogue's opener, Alexander Armstrong (above, right) is joined by James May on a ramble in Yorkshire, where they ride a steam train, try fly fishing and build a den, while May opens up about his dad and his time on *Top Gear*.

U Will & Ralf Should Know Better

The second run of U&Dave's wry series sees Will Mellor and Ralf Little test their talent for teamwork as they take it in turns to drive a tank blindfolded, while the other gives directions using animal noises.

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5/7cm. Flowers: Feb-Mar. Height: 20cm

25 Muscari
6/7cm. Flowers: Apr-May. Height: 20cm

90 Allium 'Moly'
4/5cm Flowers: May-Jun. Height: 50cm

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4/5cm. Flowers: July-August. Height: 90cm

90 Ipheion
4/5cm. Flowers: March-May. Height 25cm

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

WWE Crown Jewel

Saturday 11 October

The World Wrestling Entertainment event pits the champions of Raw and SmackDown against each other to determine who is the better champion. Streaming live from the RAC Arena in Perth, Western Australia, from 1pm.

Raoul Moat: Inside the Mind of a Killer

Sunday 12 October

True-crime documentary about Raoul Moat, who, after being released from prison in July 2010, went on a terrifying shooting spree in Northumberland. A seven-day manhunt then ensued.

RE/style

Monday 13 October

Fashion competition hosted by Emma Willis and co-created by Vinted, spotlighting rising designers who create 'runway-ready looks' using only second-hand clothes. The winner will make their debut at London Fashion Week and their pieces will be sold on Vinted with all profits going to Oxfam.

Splinter Cell: Deathwatch

Tuesday 14 October

Adult animated espionage series based on Tom Clancy's Splinter Cell video games. *Ray Donovan*'s Liev Schreiber voices Sam Fisher, a black-ops agent in a covert unit of the US government that specialises in counterterrorism stealth operations. See feature, page 17.

Loot

Wednesday 15 October

Maya Rudolph returns in the third season of the comedy as billionaire Molly Wells. While still planning to give away all of her divorce settlement, Molly finds it hard to abandon her lavish lifestyle. Henry Winkler guest-stars.

NCIS: Sydney

Wednesday 15 October

The third season of the *NCIS* spin-off about American NCIS agents and officers from the Australian Federal Police working together on investigations involving US military personnel. Todd Lasance and Olivia Swann star.

Murdaugh: Death in the Family

Wednesday 15 October

Drama based on a double murder case that shocked America. In 2023, Alex Murdaugh (*The Last Frontier*'s Jason Clarke), part of a prominent legal family in South Carolina, stood trial for shooting dead his wife Maggie (*Severance*'s Patricia Arquette) and one of their two sons in 2021. See feature, page 11.

NBA superstar Kevin Durant

To Cook a Bear

Wednesday 15 October

Nordic drama set in the village of Kengis in northern Sweden in 1852, where villagers are shaken by disappearances and rumours of fatal bear attacks. When the newly arrived pastor and his foster son make a horrific discovery, it creates deep rifts within the community. Stars Gustaf Skarsgård, Emil Kárlsen and Magnus Krepper. See feature, page 12.

Six Kings Slam

Wednesday 15 October

The second year of the tennis exhibition tournament featuring six of the world's best male players: Jannik Sinner, Carlos Alcaraz, Novak Djokovic, Alexander Zverev, Taylor Fritz and Stefanos Tsitsipas. Streaming live from Riyadh in Saudi Arabia. Continues Thursday 16 October and Saturday 18 October.

NCIS: Origins

Wednesday 15 October

The second season of the *NCIS* prequel centring on Special Agent Leroy Jethro Gibbs (Austin Stowell) in the early 1990s. The fate of agent Lala Dominguez (Mariel Molino) is revealed following last season's devastating car crash. See feature, page 16.

Starting 5

Thursday 16 October

The second run of the sports docuseries covers the 2024-25 season of the NBA and follows five of basketball's biggest names on and off the court: Jaylen Brown (Boston Celtics), Kevin Durant (then of the Phoenix Suns), Shai Gilgeous-Alexander (Oklahoma City Thunder), Tyrese Haliburton (Indiana Pacers) and James Harden (Los Angeles Clippers).

The Diplomat

Thursday 16 October

In the third season of the political thriller, US ambassador to the UK Kate Wyler (Keri Russell) has just accused Vice President Grace Penn (Allison Janney) of hatching a terrorist plot and admitted she's after the VP's job. But now the president is dead and Penn has taken his place... See feature, page 14.

Mr. Scorsese

Friday 17 October

Docuseries about filmmaker Martin Scorsese. It includes interviews with the director, his family, friends and creative collaborators including Robert De Niro, Sir Daniel Day-Lewis and Leonardo DiCaprio. See feature, page 16.

Incognito

Friday 17 October

Dutch crime drama from Walter Presents. Undercover cop Felix Hartman (Dragan Bakema) infiltrates the life of a bookkeeper to determine if she is a dangerous criminal.

The Twits

Friday 17 October

Animated musical comedy based on Roald Dahl's children's book. Mr and Mrs Twit (voiced by Johnny Vegas and Margo Martindale) are mean and smelly and operate a dangerous amusement park. Two orphans and a family of magical animals must become as tricky as the Twits to save the town. See feature, page 8.

The Perfect Neighbor

Friday 17 October

True-crime documentary examining how a long-running neighbourhood dispute in Florida led to the fatal shooting of mother-of-four Ajike Owens. The story is told almost entirely through police body-cam footage.

Vampirina: Teenage Vampire

Wednesday 15 October

Teenage comedy. Young vampire Vee (Kenzi Richardson) leaves Transylvania to attend a performing-arts boarding school. Living among humans for the first time, she must keep her identity a secret in order to hide from vampire hunters.

WORDS: JUDY EWENS. PHOTOS: ©2025 DISNEY AND ITS RELATED ENTITIES, GETTY, PARAMOUNT+

Documentaries

Hidden histories

Bettany Hughes unearths more remarkable stories from the past

NEW HISTORY

Bettany Hughes' Treasures of the World

Saturday, 7pm, C4

Historian Bettany Hughes sets off on another quest to uncover long-forgotten tales from past civilisations in her latest C4 series, visiting new excavation sites and discovering remarkable artefacts that offer a fresh take on the history of the countries they were found in.

'I'm on a global voyage of discovery to explore our shared heritage and how our past shapes all of our lives,' she says.

In the fourth series of *Bettany Hughes' Treasures of the World*, the classical history expert visits Croatia, Bulgaria, Uzbekistan, Switzerland, the Greek island of Rhodes, Oman and Estonia, finding

With historian Mihaela Skuric in Dubrovnik

Ed Gein: Original Psycho

Mon, 9pm & 10pm, Crime + Investigation

The inspiration for fictional film psychopaths including Buffalo Bill in *The Silence of the Lambs*, 1950s killer Ed Gein was dubbed the Butcher of Plainfield after he was found to have committed murder and mutilated corpses stolen from graveyards. His grisly story is retold here, featuring contributions from experts in homicide and psychology.

Why Planes Crash

Monday, 8pm, BBC1 (Wales, BBC2)

The past year has seen an unprecedented number of aviation disasters, including the Air India crash on 12 June, in which just one passenger survived. This special investigates that crash, plus three others that have occurred recently, to see what caused these incidents.

How I Made £1 Million in 90 Days

Thursday, 10pm, C4

Documentary filmmaker Oobah Butler (above) sets himself the challenge of following the ways of business gurus who claim to be able to give people the secrets to wealth. Immersed in a world of investment and start-ups, he tries to figure out how much of what he is being sold is legitimate and how much is hot air.

WORDS: NATASHA HOLT, IAN MACEWAN, ELAINE REILLY; PHOTOS: BBC, C4, GETTY, SKY

everything from a former playground for rich Romans to a 10,000-year-old piece of chewing gum.

Her first destination is southern Croatia, where she begins her adventure under the waves of the Adriatic Sea, and is delighted to discover an underwater Stone Age road. She also finds Stone Age knives, made from Italian stone, as well as a hairpin and evidence the Stone Age people who made and owned these items ate olives and almonds.

At Diocletian's Palace in Split

FRESH INSIGHT

'This completely alters our understanding of how Neolithic people in the region lived and what they were capable of,' says Hughes.

'Neolithic people are often thought of as nomadic hunters, but this site points to them living in sophisticated settlements and creating international trading networks. The evidence also reveals a taste for the finer things in life.'

Hughes goes to the town of Ston, whose precious salt mines were protected by defensive walls, and then it's off to see the cathedral in Dubrovnik where an earthquake in 1979 revealed hidden Roman frescos which proved the building had been built far earlier than originally thought.

'Don't you love that about history? You get these little secrets that are revealed and then the whole story of the place changes,' she says. 'This is fascinating, as it pushes back the dating of Dubrovnik itself. This city is still revealing new secrets and is full of hidden gems.'

Hughes also travels to Croatia's largest coastal city, Split, where the retired Roman emperor Diocletian built his palace, and finishes the first leg of her voyage on the island of Lokrum, 600 metres off Dubrovnik. Richard the Lionheart is thought to have been shipwrecked there on his way back from the Crusades.

'It's just incredible to think about everybody who has come here,' says Hughes. 'This stunning landscape has inspired people to do incredible things. It's a place glittering with traditions.'

Classic Movies: The Story of The 39 Steps

Thursday, 8pm, Sky Arts

The fourth series of this show for cinephiles sees film critic Ian Nathan examine Alfred Hitchcock's classic 1935 spy thriller, loosely based on the John Buchan book and starring Robert Donat as Richard Hannay, who becomes entangled in a web of intrigue, and Madeleine Carroll as the stranger who helps him.

Mr Nobody Against Putin – Storyville

Tuesday, 10pm, BBC4

Covertly filmed by schoolteacher Pavel Talankin, this powerful film sheds light on Vladimir Putin's 'patriotic education policy' in the wake of Russia's invasion of Ukraine, which introduced a blatantly nationalistic curriculum and forced oaths for his pupils, in a sobering portrait of propaganda in action.

Rylan Clark and Alice Roberts

Witch HUNT

Rylan Clark and Alice Roberts investigate Essex's infamous witch trials

NEW FACTUAL

Witches of Essex

Tuesday, 9pm, Sky History (box set, Sky Box Sets, Virgin TV, NOW & History Play)

One of Essex's most famous residents, Rylan Clark, joins forces with Professor Alice Roberts to delve into a dark chapter in the county's history in *Witches of Essex*.

Sky History's three-part series focuses on three notorious witch trials, which took place in Essex during the late 16th and early 17th centuries, with Clark and Roberts seeking to discover why the women were persecuted. Clark admits that it was new territory.

'I'm an Essex boy, but I didn't realise half the stuff happened 20 minutes from my house!' he says.

In the first episode, the pair revisit the 1566 Chelmsford Witch Trial where three members of the same family were accused of black magic in a test trial for the newly passed Witchcraft Act. Then they investigate how a petty feud between two peasant women in St Osyth in 1582 escalated with terrible consequences. The final instalment looks at self-styled Witchfinder General Matthew Hopkins and his infamous reign of terror, which began in 1645 in the midst of the English Civil War.

'It's almost like [we're] putting the trials on trial,' explains Roberts, 52. 'We combine drama reconstruction with expert interviews and a "forensic" investigation. The women accused of witchcraft were generally poor, not well educated, single and didn't have a man to speak for them. They were vulnerable, marginalised and disposable.'

TERRIFYING ORDEAL

Clark and Roberts learn how, in the Chelmsford case, a poor widow, Agnes Waterhouse, her daughter Joan and Agnes' sister Elizabeth fell victim to superstition, rumour and a terrifying law punishable by death.

'Chelmsford was the first witch court case, and anything could define you as a witch – a big nose, a disability, a birthmark. If people didn't like you and wanted you gone, you were a witch,' says Clark, 36.

'What shocks me most is how Matthew Hopkins was given the run of Essex. Women were killed because of him and his book [*The Discovery of Witches*] became the manual for persecution.'

Films Our pick of this

DOWNTON ABBEY: The Grand Finale

Michelle Dockery and **Hugh Bonneville** head the family as this iconic series takes its final filmic bow

MOVIE OF THE WEEK

PERIOD DRAMA

From Monday, buy or rent from digital stores including Prime Video and Sky Store ★★★★

The final curtain comes down on writer Julian Fellowes' long-running and much-loved TV series with this typically sedate and well-staged last film spin-off. Having followed the aristo adventures of the Crawley family, and the below-stairs staff who keep their stately home in Yorkshire running, since before World War One, this last act sees Hugh Bonneville's Lord Robert Crawley, aka The Earl of Grantham, facing big changes as the 1930s arrive.

But just as he is contemplating handing over the running of Downton to his daughter Lady Mary (Michelle Dockery), she faces social pariahdom when her divorce becomes public. Should he stay to steady the ship, or should he make way for his forward-thinking heir? That's the main – and somewhat underwhelming – dilemma in a plot which concentrates on the drawing-room dramas and lavish social events that made the series such a success.

All about celebrating a bygone era when people knew their place, *Downton* is nothing if not nostalgic and while the late Maggie Smith's acid wit is missed, it's enjoyable to see how the story plays out for the cast of regulars, while Paul Giametti, Alessandro Nivolo and Dominic West have fun making mischief in the supporting cast. All in all, it's a fitting farewell to a British TV institution. 2025, PG, 124MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY, HEIDI RICE

More premieres and Day by Day planner ›››

week's Best Movies

CHILLER

Presence

Saturday, 4.35pm & 10.10pm, Sky Premiere ★★★★

A quietly brilliant ghost story told entirely from the point-of-view of the entity itself, director Steven Soderbergh's family drama-cum-chiller is not just a technical achievement but a thoroughly engrossing one, too. A silent 'presence' watches as a family – cold, indifferent Lucy Liu, pensive Chris Sullivan and their teenage kids Callina Liang and Eddy Maday – move into their house and it seems to hone in on Liang. She seems to be the only one who can even sense this spirit – but what does it want and why? The mystery unfolds with a gradual grace as we also witness a family in crisis, although when events do come to a head they are positively nerve-shredding, with a masterful Soderbergh knowing just what buttons to push. 2024, 15, 84MIN

Fright night: Callina

Suspicious minds: Cate and Michael

SPY THRILLER

Black Bag

Friday, 12.50pm & 8pm, Sky Premiere ★★★★

Steven Soderbergh's sleek spy thriller eschews the usual action heroics to instead let charismatic stars Michael Fassbender and Cate Blanchett make the most of David Koepp's smart, gripping script. Fassbender's steely, single-minded George Woodhouse, a bespectacled spy with more than a touch of Len Deighton's Harry Palmer and John le Carré's George Smiley, is hunting for a mole in the British secret service. He has five suspects, and they include his own wife, fellow agent Kathryn (Blanchett). If it comes down to it, which would he put first: his country or his marriage? Tom Burke, Marisa Abela, Regé-Jean Page and Naomie Harris play the other characters keeping George and us puzzling and the film's tensest scenes are when they all gather at the same dinner table. 2024, 15, 94MIN

Strolling: Mark and LaKeith

CRIME THRILLER

Play Dirty

Available now, Prime Video ★★★

Shane Black returns to the director's chair with a watchable take on serial heist master Parker, the infamous star of Donald Westlake's books when he wrote under the name Richard Stark. Played here by Mark Wahlberg, he's an immoral thief always looking for the next big score and, after a bait-and-switch opener, is offered the haul of a lifetime by Rosa Salazar's Zen. In on the caper is Parker's crew, led by thespian/crook Grofield (LaKeith Stanfield) in a tale that's nowhere near Black's finest – *The Nice Guys*, *Kiss Kiss Bang Bang* etc – but still has enough verve and sass to entertain. 2025, 15, 125MIN

HORROR THRILLER

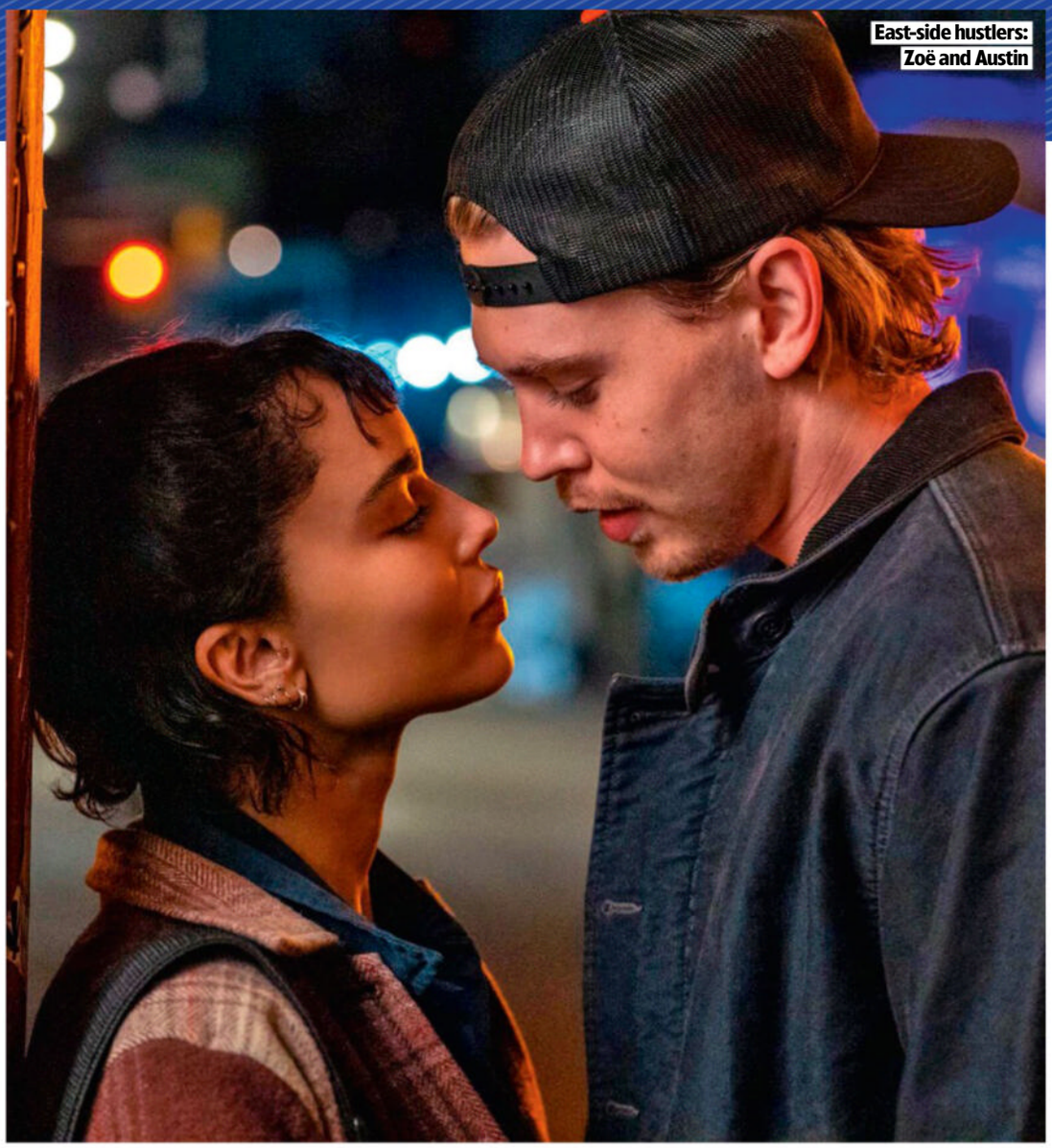
The Man in My Basement

Available now, Disney+ ★★★

Based on Walter Mosley's novel, this is a disquieting mix of psychological thriller and twisted moral fable. The film's premise is deeply puzzling, both for the viewer and for Corey Hawkins' protagonist, a man struggling to prevent the foreclosure of his ancestral home in Sag Harbor. Then Willem Dafoe's businessman turns up, offering a substantial sum to rent his basement. But why? Two powerful lead performances lift an otherwise unresolved tale. 2025, 15, 115MIN

Landlord woes: Corey

Films


East-side hustlers: Zoë and Austin

COMEDY THRILLER

Caught Stealing

From Tuesday, buy or rent from digital stores ★★★★

Director Darren Aronofsky's darkly comic and wildly entertaining New York underworld story sees a cast of expertly drawn characters plunged into a frenetic, violent and deliriously exhausting plot. At the centre of it all is Austin Butler's one-time wannabe big league baseball player who is now working in a grungy Lower East Side bar circa 1998. A request by his neighbour Matt Smith – doing an hilariously OTT turn as a mouthy Mohican-sporting British punk – to look after his cat leads to an escalating series of disasters which take in heart-stopping tragedy, laugh-out-loud comedy and some nail-shredding action.

Zoë Kravitz's smart, sassy girlfriend, Regina King's pragmatic detective, Griffin Dunne's shotgun-wielding bar owner, and Vincent D'Onofrio and Liev Schrieber as a couple of Orthodox Jewish hitmen add lots of colour, but it's Butler's deeply-flawed Hank Thompson who holds it all together.

Reckless, impulsive and at times just plain dumb, he is still impossible not to empathise with as he struggles to find a way to redemption after all the bad decisions he's made. Perfectly adapted by Charlie Huston from his novel, the result is a low-brow, high-octane treat. 2025, 15, 107MIN

Hidden gems Great movies you might have missed...

SCI-FI DRAMA

Ex Machina

Prime Video ★★★★

Computer programmer Domhnall Gleeson travels to the retreat of his reclusive billionaire boss (Oscar Isaac) and quickly becomes smitten with android Alicia Vikander. He's meant to test her for signs of consciousness – yet how does she feel about him? As the plot gathers pace, you may find yourself ahead of the film's human characters, but that won't stop you from being gripped and disconcerted by the claustrophobic mood and perplexing ideas. 2014, 15, 108MIN

THRILLER

Magpie

Paramount+ ★★★★

Daisy Ridley is captivating as a woman on the edge in this riveting – if slow-burn – psychological drama. Having been moved to the country by selfish, self-serving hubby Shazad Latif, she struggles with a crying baby son while he chaperones their young daughter Hiba Ahmed, who is starring in a period romp alongside the glamorous Matilda Lutz. Tensions mount as the twisty tale comes to a head in a gobsmacking finale. 2024, 15, 90MIN

COMEDY

Timestalker

BFI Player ★★★★

A fixated Alice Lowe (who also wrote and directed) searches out her one true love (Aneurin Barnard) throughout several reincarnations – even though he barely registers her – in this smart, sharp comedy about obsession. Lowe goes from 17th-century Scotland to the Georgian era and beyond, each time coming a cropper, but always believing her fulfilment comes from another. An ingenious, often hilarious romance like no other. 2024, 15, 89MIN

Saturday 11 October

COMEDY

The Unbearable Weight of Massive Talent

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

The idea of Nicolas Cage being synonymous with no-half-measures excess is taken up and firebombed by writer-director Tom Gormican's mischievous comedy. Cage plays actor Nic Cage, losing his bankability and daughter's respect but desperate to work. Ruthlessly berated by his alter-ego Nicky, he's thinking of retiring. Then he's offered $1million to attend the birthday party of Mallorca billionaire Javi Gutierrez (Pedro Pascal), a fan with a script written for Cage. As the pair bond, CIA agents inform Cage of Javi's criminal ties and ask Cage to play spy for them… Balancing ridicule with reverence, this is a blast. 2022, 15, 107MIN

You're Nic'd: Tiffany Haddish, Nic and Pedro

ANIMATION

Minions

7.45am, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

The zany Minions, scene-stealing sidekicks in the *Despicable Me* movies, get their first animated adventure and prove just as kookily cute and funny as on their previous outings. It turns out that Gru's devoted lackeys have always been in the henchmen game, attaching themselves to the most despicable villain of any given era, from Tyrannosaurus Rex to Napoleon. Here, their boss is haughty Scarlet Overkill (voiced by Sandra Bullock), who takes a trio of plucky Minions to Swinging Sixties London and plots to steal the Queen's crown. 2015, U, 91MIN

PERIOD DRAMA

The Guernsey Literary and Potato Peel Pie Society

6.45pm, BBC2 (7.05pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer Lily James travels to post-war Guernsey and learns the story of the eponymous book club (the pie was cooked up in the midst of the war by a handful of ration-starved islanders), and uncovers secrets about the recent German occupation while striking romantic sparks with Michiel Huisman's book-loving pig farmer. Director Mike Newell stirs together slices of comedy, drama and mystery, with a sprinkling of cosy nostalgia and English eccentricity on top, to make a tasty movie that slips down a treat. 2018, 12, 124MIN

ACTION COMEDY

Ghostbusters: Afterlife

10.35pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Warm, witty and full of wonder, this is an excellent reboot co-written and directed by Jason Reitman, son of original 1984 *Ghostbusters* director, Ivan. Following the death of Harold Ramis' legendary ghostbuster Egon, his estranged daughter (Carrie Coon) and her kids (Finn Wolfhard and Mckenna Grace) move to his house where weird stuff is happening... Paul Rudd, plus some familiar equipment and a number of welcome old faces, also appear in a film that will entertain adults as much as kids, fans as much as newbies. 2021, 12, 124MIN

SPORTS DRAMA

Le Mans '66

11.10pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on a true story, this supercharged motor-racing drama stars Matt Damon as American car designer Carroll Shelby and Christian Bale as hot-headed British driver Ken Miles. Together, the pair aim to steer Ford to victory in the 24-hour marathon at Le Mans in 1966 ahead of Italian rivals Ferrari, while also trying to manoeuvre around Ford's obstructive executives. The action on the racetrack is furiously exciting, so we can almost feel every bump and judder and smell the fumes. 2019, 12, 152MIN

■ Full listings start on **p35**

Sunday 12 October

SUPERHERO

The Dark Knight

10.20pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

This sequel to *Batman Begins* is a blockbuster of astonishing proficiency that barely pauses for a quiet moment with its explosive action sequences building relentlessly to a scarily intense climax. Christian Bale gives a more rounded performance as millionaire Bruce Wayne/Batman, but the film belongs to Heath Ledger as the chillingly psychotic Joker, a performance that won him a posthumous Oscar (he died shortly after filming was completed). There's also lots to do for Aaron Eckhart as Gotham's new DA Harvey Dent, Gary Oldman as police lieutenant James Gordon and Maggie Gyllenhaal as love interest Rachel Dawes. Also on Tue. 2008, 12, 152MIN

Playing his cards right: Heath

ANIMATION

Wallace & Gromit: The Curse of the Were-Rabbit

2.15pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Nutty inventor Wallace (voiced by Peter Sallis) and his dog Gromit are in the pest control business. But, during a full moon, Wallace has the bright idea of using his new 'Mind-o-matic' machine to brainwash rabbits to stop them eating everyone's vegetables. Instead, he creates a massive were-rabbit monster! This magnificent stop-motion animation has in-jokes, clever puns and laugh-out-loud sight gags by the score and, when Gromit takes to the skies in a toy plane, things hit a peak of hare-brained hilarity. 2005, U, 85MIN

FANTASY ADVENTURE

Harry Potter and the Goblet of Fire

3.45pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

In this fourth adventure, Harry (Daniel Radcliffe) and Ron (Rupert Grint) fall out, Hermione (Emma Watson) is the belle of the Yule Ball and Harry's name turns up in the Goblet of Fire that decides the competitors for the Triwizard contest. There is more of an adult tone to this fab-looking movie with all manner of perils, including fantastic dragons. It starts brilliantly as Death Eaters turn a Quidditch festival into a battlefield and ends stylishly with Ralph Fiennes' appearance as Lord Voldemort. 2005, 12, 157MIN

HORROR

Witchfinder General

11.40pm, Legend Xtra ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1645 in the east of England, people are being tortured and burned for witchcraft on the sadistic whim of one man – Witchfinder General Vincent Price. Ian Ogilvy is the Civil War soldier who vows to put an end to his reign of terror. Cult director Michael Reeves' third and last film (he died in 1969 at the age of 25) has a mesmerising, doomladen air and Price's chilling performance is one of his best. Patrick Wymark has a cameo as Cromwell, Hilary Dwyer is Ogilvy's distressed sweetheart and Wilfrid Brambell turns up as a horse trader. 1967, 15, 87MIN

HORROR COMEDY

Housebound

12.50am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

The housebound person of the title is Morgana O'Reilly's scowling ne'er do well, who's been sentenced to eight months of confinement in mum Ram Te Wiata's home after trying to rob an ATM. Her mum thinks her house is haunted and she could be right... This winning New Zealand film is funny and scary in equal measure, as writer-director Gerard Johnstone ramps up the suspense and proves unafraid of going over the top in search of a laugh or a fright. 2014, 18, 107MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 13 October

BIOPIC

Amadeus

10.25pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Adapted from the stage production (and popularised by Falco's hit song *Rock Me Amadeus*), this film focuses on the rivalry in 18th-century Vienna between composers Wolfgang Amadeus Mozart (Tom Hulce), a vulgar genius, and court composer Antonio Salieri (F Murray Abraham), whose work Mozart mocks and through whose envious eyes we see events unfold. Director Miloš Forman's incredibly lavish, dazzling film won eight Oscars, including Best Picture and Best Actor for Abraham. 1984, PG, 158MIN

Centre of attention: Tom

THRILLER

The Collector

1.20pm, Sky Halloween ★★★

Sex ●●● Violence ●●● Language ●●●

Terence Stamp plays a bank clerk who falls for art student Samantha Eggar. But she's not interested in him, so he kidnaps her and keeps her locked in the basement of his farmhouse home. Director William Wyler's handling of John Fowles' novel is a bit slow, but Stamp and Eggar are good and this works both as a gripping account of the nature of obsession and an intriguing character study. 1965, 15, 119MIN

SCI-FI

Arcadian

6.20pm, Sky Science Fiction ★★★★

Sex ●●● Violence ●●● Language ●●●

An excellent, if unexpectedly stoic, Nicolas Cage stars in this effective creature feature. He's the father of teen twins (Jaeden Martell and Maxwell Jenkins), living off the land after a global apocalypse, but ensuring their farmhouse is barricaded every night because nasty beasties come out after dark... It's a straightforward tale, but the deft script and a committed cast keep it gritty and gripping. 2024, 15, 102MIN

DISASTER MOVIE

Skyscraper

8pm, ITV4 ★★★

Sex ●●● Violence ●●● Language ●●●

Dwayne Johnson is the perfect star to save the day when bad guys set fire to the world's tallest building – and frame him. An ex-FBI and US military veteran, he thinks nothing of leaping from a crane into the blazing tower, while also trying to clear his name, nab the bad guys and save his wife (Neve Campbell) and kids who are trapped inside. It's nonsense, of course, but Johnson's towering charm and the non-stop thrills keep us glued. 2018, 12, 102MIN

BIOPIC

Harriet

11pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

Oscar-nominated Cynthia Erivo delivers a stirring performance as iconic American abolitionist Harriet Tubman in this heartfelt historical drama. The film has us gripped by Tubman's daring escape from slavery in the pre-Civil War South, and her role in helping other slaves gain their freedom, but things fall apart when she's implausibly turned into a gun-toting superhero. 2019, 12, 126MIN

■ Full listings start on p55

Tuesday 14 October

COMEDY

Saturday Night

2.25pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

In almost real time, this comedy is about the chaotic 90 minutes before the first *Saturday Night* (later *Saturday Night Live*) was aired on US TV in 1975, with producer Lorne Michaels (Gabriel LaBelle) preparing his first-of-its-kind live show starring a bunch of rambunctious, then-unknowns, including Chevy Chase (Cory Michael Smith), Dan Aykroyd (Dylan O'Brien) and an especially difficult John Belushi (Matt Wood). It's a smart, highly entertaining, incredibly funny, carnage-filled blast. 2024, 15, 109MIN

Show time: Gabriel, Kaia Gerber and Cory

MONSTER MOVIE

Godzilla x Kong: The New Empire

2.05pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Despite a sluggish set-up and the likes of Rebecca Hall, Brian Tyree Henry and Dan Stevens being saddled with exposition-heavy dialogue, this is fun and the global monster action, when it arrives, is impressive. Take your pick from some *Planet of the Apes*-esque monkey business, a literal dust-up at the Egyptian pyramids and a neon battle of the monsters that's like being inside a 1980s pinball machine. 2023, 12, 115MIN

BIOPIC

Jackie

6.15pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Natalie Portman conveys a compelling mix of traumatised frailty and steely resolve in this close-up portrait of one of the 20th-century's most iconic women, Jackie Kennedy. The film ricochets back and forth between events in the hours and days following the assassination of her husband John F Kennedy in Dallas in November 1963, and Portman's portrayal of shell-shocked sorrow is searing in its raw intensity. 2016, 15, 99MIN

DRAMA

A Man Called Otto

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Curmudgeonly retired widower Otto (Tom Hanks) is suicidal after the death of his wife. But his attempts to end his life keep being interrupted and, gradually, he finds crumbs to live for, including looking after a stray cat. The glib treatment of mental health jars in this remake of the Swedish bestseller *A Man Called Ove*, but director Marc Forster knows how to pluck at the heartstrings and Hanks is always good. 2022, 15, 126MIN

ROMANCE

Romeo + Juliet

11.40pm, BBC1 (12.10am NI, 12.40am Scot) ★★★★

Sex ●●● Violence ●●● Language ●●●

Two young hearts run free to a pounding disco beat in director Baz Luhrmann's update of Shakespeare's play, relocated to the fictional, tough Florida town of Verona Beach. The dialogue is virtually unchanged, and it trips off the tongues of ideally cast stars Leonardo DiCaprio and Claire Danes who give wonderful, touching performances. 1996, 12, 120MIN

■ Full listings start on p65

Wednesday

HORROR

The Boogeyman

11.45pm, BBC1 (not N Ireland, Scotland) ★★★

Sex ●●● Violence ●●● Language ●●●

A widowed psychologist (Chris Messina) with two daughters (Sophie Thatcher and Vivien Lyra Blair) is visited by a twitchy David Dastmalchian, who insists he didn't kill his kids. But when he departs, a beady-

Dark night: Vivien

HORROR

Ma

8.10am & 7.05pm, Sky Halloween ★★★

Sex ●●● Violence ●●● Language ●●●

This surprisingly nasty teen horror thriller stars Octavia Spencer as a needy loner who lets a bunch of small-town Ohio teens hang out for drinking sessions in her basement. Inevitably, the favour takes a darker turn. Indeed, things get more and more unhinged as events unfold – with more than a touch of Stephen King's *Misery* along the way – but Spencer's performance holds it all together. 2019, 15, 95MIN

HORROR

Us

11.40am & 10.55pm, Sky Halloween ★★★★

Sex ●●● Violence ●●● Language ●●●

Years after a scary childhood encounter in a fairground hall of mirrors, Lupita Nyong'o is in the area on holiday with her husband (Winston Duke) and kids (Shahadi Wright Joseph and Evan Alex). But things take a terrifying turn when a strange family armed with scissors calls... Writer-director Jordan Peele's film piles on the chills and drops in the odd note of humour, while the cast pulls out all the stops. 2019, 15, 116MIN

15 October

eyed presence stays in the family's closets, ready for when the lights dim. Which is most of the time (you fancy much of the trouble could be remedied by better bulbs). Based on a Stephen King short story, this lacks logic but is a satisfying mix of mourning allegory and monster movie with creepy suspense and efficient jump scares. 2023, 15, 98MIN

Thursday 16 October

ANIMATION

Buffalo Kids

11.15pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

A cute, surprisingly emotional cartoon from Spain, in which two Irish orphans hook up with a quadriplegic boy and travel from New York to California in search of their uncle. Along the way they encounter bandits, Native Americans, coyotes and wild bison, all animated in a pleasant, if conventional fashion. The English-language version has some big hitters in the voice cast, including Gemma Arterton, Sean Bean and Stephen Graham in this thoroughly engaging, enjoyable frolic. 2024, U, 83MIN

All aboard for a Wild West adventure

Friday 17 October

HORROR

The Substance

Starts today, Paramount+ ★★★★

Sex ●●● Violence ●●● Language ●●●

Incredible prosthetics and a fierce, career-best turn from Demi Moore are the stand-outs in this horror. Moore's a TV fitness guru about to be ousted when she gets the chance to become a 'younger, better version' of herself (Margaret Qualley) by injecting herself with a mysterious liquid. Her youthful character is soon making a bid for fame, but fails to heed the rules of 'The Substance' that demands every seven days she switch back, reviving her host. A smart, savage look at ageing, beauty, and the male gaze. 2024, 18, 141MIN

Age concern: Demi

BIOPIC

Bob Marley: One Love

10pm, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

Kingsley Ben-Adir's mesmeric take on reggae legend Bob Marley makes sure this good-looking, if routine, telling of his life is engrossing. Bookended between two concerts – the unity one in 1976 and his return home for a peace concert in 1978 – this utilises flashbacks to fill in his story. The acting (including Lashana Lynch as his wife Rita) propels this, cushioned by music that still shines bright. 2023, 12, 107MIN

PERIOD DRAMA

The Last King of Scotland

12.45am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Forest Whitaker deservedly won an Oscar for his scary performance as Ugandan dictator Idi Amin. This 1970s-set film brilliantly captures the horror of Amin's regime through the eyes of a young Scottish doctor (an excellent James McAvoy) who becomes Amin's personal physician. Vibrant, realistic and very chilling. 2006, 15, 123MIN

■ Full listings start on p75

COMEDY MUSICAL

Mean Girls

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

Returning to her canny 2004 film (via Broadway), writer Tina Fey offers tweaks more than a complete rethink. Angourie Rice's brainy newcomer at school struggles to position herself between outsiders Auli'i Cravalho and Jaquel Spivey and Reneé Rapp's Plastics. The routine songs make for a saggy second half, but Rice and Rapp contrast nicely and the adults (including Jon Hamm and Fey herself) have fun. 2023, 12, 112MIN

SCI-FI

Voyagers

1.40pm, Sky Science Fiction ★★★

Sex ●●● Violence ●●● Language ●●●

Overseen by kindly Colin Farrell, 30 teens (including Lily-Rose Depp, Tye Sheridan and Fionn Whitehead) are bunged aboard a vessel bound for a new home planet to repopulate. The film takes in everything from the responsibility to leave a better world in the face of climate change, to the dangers of power-hungry leaders. So it's a shame these intriguing themes are jettisoned for predictable thrills. 2020, 15, 108MIN

DRAMA

Ordinary Love

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson and Lesley Manville deliver masterful and moving performances in this intimate and tender drama directed by Lisa Barros D'Sa and Glenn Leyburn. They're Tom and Joan, a retired, long-married couple who enjoy a cosy, companionable life in a Belfast suburb, despite a past tragedy. They enjoy brisk walks and even brisker banter. But their relationship is tested when Joan is diagnosed with breast cancer. 2019, 12, 92MIN

CLASSIC THRILLER

Mean Streets

11.50pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In his first film with director Martin Scorsese, Robert De Niro is outstanding as a wastrel who leaves trouble and bad debts in his wake. Harvey Keitel is also superb as his hellfire-obsessed buddy. Set in New York's Little Italy, this is an incredibly raw slice-of-Mafia-life drama. Don't miss the opening sequence and look out for the director's memorable cameo. 1973, 15, 110MIN

■ Full listings start on p85

CLASSIC WESTERN

Shane

8.15am, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

George Stevens' film announces its classic status from its opening, in which Alan Ladd's ride to Van Heflin's homestead includes the mesmerising shot of him framed between the antlers of a deer. Ladd has the role of his career, but the film's master stroke is to focus his character through the eyes of Van Heflin's son Brandon De Wilde. The majestic scenery, lilting music and Jack Palance's villain are also superb. 1953, PG, 118MIN

DISASTER MOVIE

2012

8pm, Sky Science Fiction ★★★

Sex ●●● Violence ●●● Language ●●●

The end of the world is nigh, according to director Roland Emmerich's breezy blockbuster. Separated couple John Cusack and Amanda Peet are brought back together when Earth's core heats up, causing volcano-tsunami-earthquake hell. Luckily, there's a car and plane to get them, their kids and her tetchy boyfriend to safety, along with a handy escape map left by loopy DJ Woody Harrelson. Utter tosh, but huge fun. 2009, 12, 158MIN

HORROR

The Blair Witch Project

12.35am, BBC1 (1.20am Scotland, not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

This no-budget horror film launched the found-footage genre. Taking the form of a supposed documentary left behind by three missing film-makers who were investigating stories of a real-life witch in the Maryland woods, it is a genuinely unsettling supernatural mystery and a triumphant return to what screen horror should be all about. 1999, 15, 76MIN

THRILLER

Fatal Attraction

1.45am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A spurned Glenn Close sets out to ruin the home life of her married lover (Michael Douglas). This is a stylish, superbly acted thriller with some brilliantly staged shocks, especially the scene that introduced the term 'bunny boiler'. However, the ending, changed after it was given the thumbs-down by preview audiences, is a bit of a cop-out. 1987, 15, 120MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

World Cup qualifiers

Can **England** seal a place in next summer's finals?

WORDS: RICHARD MCCLURE. PHOTOS: GETTY/NETFLIX

LIVE FOOTBALL

Sun, Mon & Tue, BBC1, BBC2, BBC3, BBC Scotland, ITV1 & S4C

The home nations all face crucial fixtures in their World Cup qualifying campaigns this week. Here, we look at the current group standings...

ENGLAND

Following some dour performances, Thomas Tuchel has not been without his critics since taking the helm of the national team. But his Group K record of five wins in five matches speaks for itself, and his England players seemed to find their groove in the 5-0 victory in Serbia last time out. On Tuesday, they travel to Riga to face Latvia (kick-off 7.45pm, ITV1), a side they defeated 3-0 at Wembley in March with goals from Harry Kane, Reece James and Eberechi Eze. The Three Lions need just five points from their remaining three games to ensure qualification for next year's finals – but will qualify this week if they beat Latvia and Serbia fail to defeat Albania on Saturday.

WALES

Craig Bellamy's side have been outstanding in their Group J campaign, but Belgium and North Macedonia are also pushing hard for a place. The Dragons take on Rudi Garcia's Belgium on Monday (7.45pm, BBC3, BBC1 in Wales, & S4C) in a must-win match. The nations' first meeting, in Brussels, saw Wales storm back to level from three goals down, only for a late winner from Kevin De Bruyne to break fans' hearts. 'We all know what we have to do in Cardiff,' says Kieffer Moore, who won his 50th cap against Kazakhstan last month. 'We know the outcome we need.'

Wales striker Kieffer Moore

Scotland's Angus Gunn

SCOTLAND

Steve Clarke's side made a positive start in Group C, with four points from their opening two away games and, after welcoming Greece to Hampden Park (on Thu 9 Oct), Scotland play Belarus in Glasgow on Sunday (kick-off 5pm, BBC2 & BBC Scotland) – having already taken three points off their opponents, thanks to Angus Gunn keeping a clean sheet in the 2-0 win last month. 'Clean sheets are what we have to build on,' says Clarke as he bids to end Scotland's 28-year World Cup absence. 'If we can keep the ball out of the net, we've always got enough to score one or two goals.'

NORTHERN IRELAND

Germany's defeat to Slovakia last month has turned Group A on its head, and Northern Ireland will have an eye on the play-offs when they host Julian Nagelsmann's Germany on Monday (7.45pm, BBC2 except in Wales) – following Slovakia's visit to Windsor Park (on Friday 10 October). Despite losing to the four-time World Cup winners in Cologne, Michael O'Neill's youthful side performed well, with West Brom's Isaac Price getting on the scoresheet. 'We have to be ready to play back-to-back at home and we know two good results will put us in a good position,' says O'Neill.

Northern Ireland's Isaac Price

THE MAIN EVENT

England's Harry Kane

Columbia's James Rodríguez

WORLD CUP UPDATE

Last month saw five more nations book a seat on the plane when Uruguay, Colombia, Paraguay, Morocco and Tunisia became the latest nations to secure a place in the finals.

Already through are co-hosts USA, Mexico and Canada, plus Japan, New Zealand, Iran, Argentina, Uzbekistan, South Korea, Jordan, Australia, Brazil and Ecuador.

Wigan Warriors' Abbas Miski is challenged by Hull KR's Peta Hiku

LIVE RUGBY LEAGUE

Super League Grand Final

Saturday, kick-off 6pm, Sky Sports+ & Sky Sports Main Event

Old Trafford stages the showpiece once again as this season's champions are decided on Saturday. The semi-finals had yet to take place as we went to press, but holders Wigan Warriors and last year's runners-up, Hull KR, had staked a place in the last four, alongside Leigh Leopards and St Helens. The Robins claimed a historic first League Leaders' Shield last month after a superb season, which also saw Willie Peters' side clinch the Challenge Cup in June, with Mikey Lewis excelling for Rovers alongside fellow 2025 Dream Team picks Peta Hiku, Jez Litten and Dean Hadley.

England captain Nat Sciver-Brunt

LIVE CRICKET

Women's World Cup

Saturday-Friday, Sky Sports Cricket & Sky Sports Main Event

Captain Nat Sciver-Brunt leads England into two more pool matches in the 50-overs tournament this week, against co-hosts Sri Lanka in Colombo on Saturday and Pakistan at the same venue on Wednesday. Sri Lanka kicked off the tournament with a defeat in a rain-affected match that saw a game-winning partnership of 103 from India's Amanjot Kaur and Deepti Sharma.

(From left) Taylor Fritz, Alexander Zverev, Jannik Sinner, Novak Djokovic, Carlos Alcaraz and Stefanos Tsitsipas

LIVE TENNIS

Six Kings Slam

Wednesday & Thursday, Netflix

British No. 1 Jack Draper has missed out on a massive payday after his ongoing arm injury forced him to withdraw from the Saudi Arabia live-streaming tournament, which returns for a second year with an eye-watering prize of $6 million for the winner – the biggest in tennis history. The event features six of the world's best male players, with Carlos Alcaraz and Novak Djokovic receiving byes, allowing them to advance directly to the semi-finals, where they will be joined by the winners of quarter-final ties between defending champion Jannik Sinner and Stefanos Tsitsipas, and Taylor Fritz versus Alexander Zverev. The final takes place on Saturday 18 October.

Denver Broncos quarterback Bo Nix

LIVE AMERICAN FOOTBALL

New York Jets v Denver Broncos

Sunday, kick-off 2.30pm, 5, Sky Sports NFL & Sky Sports Main Event

In the second game of the NFL's London trip, the Jets make their third appearance at the Tottenham Hotspur Stadium when they take on Denver. The Jets have made a poor start to the season, while the Broncos have also been struggling, with a shaky defence and quarterback Bo Nix facing criticism for some costly mistakes in recent games.

Sport A-Z and football planner »»

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DENEE HOLMES, FROM FRISBEE TO THE BLACK FERNS
JOHN MITCHELL ON HIS RED ROSES BATTLE PLAN
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Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Notre Dame Fighting Irish v NC State Wolfpack
Sat 8.30pm Sky Sports NFL

LIVE New York Jets v Denver Broncos
Sun 2pm 5, Sky Sports Main Event & Sky Sports NFL
The NFL match from Tottenham Hotspur Stadium. See p29.

LIVE Baltimore Ravens v Los Angeles Rams
Sun 5.30pm 5
NFL game at M&T Bank Stadium.

LIVE NFL
Sun 5.30pm & 9.15pm Sky Sports NFL, 6pm & 9pm Sky Sports+, 10pm Sky Sports Main Event

LIVE Kansas City Chiefs v Detroit Lions
Sun 1.10am Sky Sports Main Event & Sky Sports NFL
NFL match at Arrowhead Stadium.

LIVE Atlanta Falcons v Buffalo Bills
Mon 12m't Sky Sports Main Event & Sky Sports NFL
The NFL week six match.

LIVE Washington Commanders v Chicago Bears
Mon 1am Sky Sports+, 3.30am Sky Sports Main Event & Sky Sports NFL
NFL match at Northwest Stadium.

LIVE Cincinnati Bengals v Pittsburgh Steelers
Thu 12m't Sky Sports Main Event & Sky Sports NFL
The NFL game at Paycor Stadium.

ATHLETICS

LIVE Golden Trail World Series
Sun 11am TNT Sports 4

AUSTRALIAN RULES

LIVE Brisbane Lions Women v Port Adelaide Power Women
Sat 7am TNT Sports 2

LIVE Sydney Swans Women v Carlton Blues Women
Sat 3am TNT Sports 4

LIVE St Kilda Saints Women v Collingwood Magpies Women
Sat 5am TNT Sports 4

LIVE Fremantle Dockers Women v Melbourne Demons Women
Sun 7am TNT Sports 4

LIVE Port Adelaide Power Women v Hawthorn Hawks Women
Fri 9am TNT Sports 4

Rugby union
Bristol Bears star Louis Rees-Zammit should be in action against Gloucester on Friday evening

LIVE West Coast Eagles Women v Geelong Cats Women
Fri 11.15am TNT Sports 4

LIVE Melbourne Demons Women v Sydney Swans Women
Fri 3am TNT Sports 4

BASEBALL

LIVE MLB Postseason
Sat 6pm, Thu 1am & Fri 10pm TNT Sports 3; Sat 1am & Mon 9pm TNT Sports 2; Sun, Wed & Fri 1am, Mon & Tue 12.30am, Thu 10pm TNT Sports 1

BASKETBALL

LIVE WNBA
Sun 8pm & Wed 1am TNT Sports 2; Fri 1.15am TNT Sports 3
Games five to seven of the finals.

LIVE Milwaukee Bucks v Oklahoma City Thunder
Tue 1am Sky Sports+
The NBA pre-season match.

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 10pm TNT Sports 1

LIVE Charles Oliveira v Mateusz Gamrot
Sat 12m't TNT Sports 1
The lightweight bout from Farmasi Arena in Brazil.

CRICKET

LIVE England v Sri Lanka
Sat 10am Sky Sports Main Event & Sky Sports Cricket
The Women's World Cup group match from R.Premadasa Stadium in Colombo. See p29.

LIVE India v West Indies
Sat 6am & 4.45am, Sun & Mon 4.45am TNT Sports 1
The second to fifth days of the second and final Test staged at Arun Jaitley Stadium in Delhi.

LIVE India v Australia
Sun 10am Sky Sports Cricket
Women's World Cup group match.

LIVE South Africa v Bangladesh
Mon 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group game.

LIVE New Zealand v Sri Lanka
Tue 10am Sky Sports Main Event & Sky Sports Cricket
The Women's World Cup group game from R.Premadasa Stadium.

LIVE England v Pakistan
Wed 10am Sky Sports Main Event & Sky Sports Cricket
The Women's World Cup group fixture from R.Premadasa Stadium.

LIVE Australia v Bangladesh
Thu 10am Sky Sports Cricket & 12.30pm Sky Sports Main Event
Women's World Cup group match.

LIVE South Africa v Sri Lanka
Fri 10am Sky Sports Cricket & 12.30pm Sky Sports Main Event
The Women's World Cup group fixture from R.Premadasa Stadium.

CYCLING

LIVE Tour of Lombardy
Sat 9.30am TNT Sports 4
The men's one-day race in Italy.

LIVE UCI Mountain Bike World Series
Sat 5.30pm TNT Sports 2; Sun 6pm TNT Sports 1
From Mont Sainte Anne, Canada.

LIVE UCI Gravel World Championships
Sun 1.15pm TNT Sports 4

LIVE Paris-Tours
Sun 3.15pm TNT Sports 4
The men's one-day race in France.

LIVE Tour of Holland
Tue 6pm, Wed 2pm, Thu & Fri 1pm TNT Sports 1

DARTS

LIVE World Grand Prix
Sat 8pm Sky Sports+; Sat 8.30pm & Sun 8pm Sky Sports Main Event
Days six and seven from Leicester, featuring the semi-finals and final.

GOLF

LIVE Baycurrent Classic
Sat 6am & 4am Sky Sports Main Event & Sky Sports Golf
The third and fourth days from Yokohama Country Club in Japan.

LIVE Buick LPGA Shanghai
Sat 6am & 4am Sky Sports Mix; Sat & Sun 8am Sky Sports Main Event & Sky Sports Golf
Days three and four at Qizhong Garden Golf Club in Shanghai.

LIVE Acciona Open De España
Sat 12.30pm & Sun 11.30am Sky Sports Golf
The third and fourth days staged at Club de Campo Villa de Madrid.

LIVE St Andrews Collegiate Championship
Mon-Wed 2pm Sky Sports Golf
Days one to three at St Andrews.

LIVE BMW Ladies Championship
Wed & Fri 5am, Thu 5.30am Sky Sports Main Event; Wed-Fri 5am Sky Sports Golf; Wed & Thu 5am Sky Sports Mix
Days one to three at Pine Beach Golf Links in Haenam-gun.

LIVE DP World India Championship
Thu 6.30am & Fri 7.30am Sky Sports Main Event & Sky Sports Golf
The first and second days staged at Delhi Golf Club.

HORSE RACING

LIVE Newmarket
Sat 1pm ITV

ICE HOCKEY

LIVE Tampa Bay Lightning v New Jersey Devils
Sat 12m't Premier Sports 2

LIVE Edmonton Oilers v Vancouver Canucks
Sat 3.15am Premier Sports 1

LIVE New York Rangers v Washington Capitals
Sun 12m't Premier Sports 2

LIVE Boston Bruins v Tampa Bay Lightning
Mon 6pm Premier Sports 2

LIVE Toronto Maple Leafs v Detroit Red Wings
Mon 9pm Premier Sports 2

LIVE Minnesota Wild v Los Angeles Kings
Mon 1am Premier Sports 1

LIVE Toronto Maple Leafs v Nashville Predators
Tue 12m't Premier Sports 2

LIVE Calgary Flames v Vegas Golden Knights
Tue 2am Premier Sports 1

LIVE Glasgow Clan v Sheffield Steelers
Wed 7.15pm Premier Sports 1

LIVE Detroit Red Wings v Florida Panthers
Wed 12m't Premier Sports 2

LIVE St Louis Blues v Chicago Blackhawks
Wed 2.30am Premier Sports 1

LIVE Malmo v Rogle
Thu 5.55pm Premier Sports 1

LIVE Dallas Stars v Vancouver Canucks
Thu 1am Premier Sports 1

LIVE Utah Hockey Club v San Jose Sharks
Fri 2am Premier Sports 1

MOTORCYCLING

LIVE Superbike World Championship
Sat 9am, 10.30am & 12noon, Sun 10.30am TNT Sports 2

LIVE MotoGP
Thu 11pm TNT Sports 2
The Grand Prix of Australia MotoGP, Moto2 and Moto3 first free practices.

LIVE MotoGP
Thu 3.15am TNT Sports 2
The Grand Prix of Australia MotoGP, Moto2 and Moto3 first practices.

LIVE Superbike World Championship
Fri 9.30am & 1pm TNT Sports 2

LIVE MotoGP
Fri 10.30pm TNT Sports 2
Grand Prix of Australia Moto2 and Moto3 second practice sessions.

LIVE Grand Prix of Australia MotoGP qualifying session
Fri 12m't TNT Sports 2

LIVE Grand Prix of Australia Moto2 and Moto3 qualifying
Fri 2.45am TNT Sports 2

LIVE Grand Prix of Australia MotoGP sprint race
Fri 4.45am TNT Sports 2

MOTORSPORT

LIVE FIA Extreme H World Cup
Sat 1pm ITV4

LIVE V8 Supercars Championship
Sat 12.15am TNT Sports 3

LIVE GT World Challenge Europe
Sun 9.15am & 1.30pm Sky Sports F1

LIVE NASCAR
Sun 10pm Premier Sports 1

LIVE World Rally Championship
Thu 1pm & 5pm TNT Sports 2; Fri 7.15am 10.15am & 1.15pm TNT Sports 3; Fri 4.15pm TNT Sports 1

LIVE Women's Circuit Racing World Championship
Fri 12.30pm TNT Sports 2

LIVE Formula 1
Fri 6pm Sky Sports Main Event & Sky Sports F1
The United States Grand Prix opening practice session in Austin.

LIVE Formula 1
Fri 10pm Sky Sports F1 & 10.30pm Sky Sports Main Event
The United States Grand Prix sprint qualifying session from Austin, Texas.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 3

LIVE Reyes Cup Pool
Thu & Fri 12noon Sky Sports Mix

RUGBY LEAGUE

LIVE Super League
Sat 5pm Sky Sports Main Event & Sky Sports+ (kick-off 6pm)
Grand Final at Old Trafford. See p29.

LIVE Papua New Guinea v Cook Islands
Fri 4am Sky Sports Mix

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HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

FREE TO WATCH

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs, through channel5.com and as an app download.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also US box sets including *Mad Men*, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

SUBSCRIPTION SERVICES

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There is also a host of new and classic films such as *Grease* and *Mean Girls*, plus it's the home of all seasons of *Friends*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean* with Sir David Attenborough. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV+

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of American TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries, MTV series and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*. It's also home to sports via the TNT Sports channels, including cricket, football, French Open tennis and Premiership rugby union. The service is available via the app and smart TVs. The basic version (without sport) is also included at no extra cost on Sky.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US channel Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus all the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means you can also stream Sky Sports to enjoy Formula One and events such as the British & Irish Lions rugby series, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for steaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football, as well as the FIFA Club World Cup. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: ADOBE STOCK

Football planner

RUGBY UNION

LIVE NPC quarter-finals
Sat 7am & 1.55am Sky Sports+

LIVE Northampton Saints v Leicester Tigers
Sat 2.30pm TNT Sports 1 (kick-off 3.05pm)
Prem action at Franklin's Gardens.

LIVE Ospreys v Zebre
Sat 2.30pm Premier Sports 2 (kick-off 3pm)
The United Rugby Championship.

LIVE Leinster v Sharks
Sat 5pm Premier Sports 1 (kick-off 5.30pm)
United Rugby Championship match.

LIVE Bath v Gloucester
Sat 5.15pm TNT Sports 1 (kick-off 5.30pm)
Coverage of the Prem match.

LIVE Glasgow Warriors v Dragons
Sat 5.15pm Premier Sports 2 (kick-off 5.30pm)
United Rugby Championship action.

LIVE Cardiff v Connacht
Sat 7.15pm S4C & 7.40pm Premier Sports 2 (kick-off 7.45pm)
United Rugby Championship game.

LIVE Ulster v Bulls
Sat 7.35pm Premier Sports 1 (kick-off 7.45pm)
United Rugby Championship fixture.

LIVE Harlequins v Saracens
Sun 2.30pm TNT Sports 1 (kick-off 3pm)
Prem action at Twickenham Stoop.

LIVE Toulouse v Bordeaux Begles
Sun 8pm Premier Sports 2
The Top 14 game.

LIVE NPC first semi-final
Fri 7am Sky Sports+

LIVE Gloucester v Bristol Bears
Fri 7pm TNT Sports 1 (kick-off 7.45pm)
Prem coverage from Kingsholm.

LIVE Edinburgh v Benetton
Fri 7pm Premier Sports 2 (kick-off 7.45pm)
United Rugby Championship match.

LIVE Connacht v Bulls
Fri 7.15pm Premier Sports 1 (kick-off 7.45pm)
United Rugby Championship action.

LIVE Dragons v Cardiff
Fri 7.30pm S4C (kick-off 7.45pm)
United Rugby Championship fixture.

SNOOKER

LIVE Xi'an Grand Prix
Sat-Mon 7am & 12.30pm TNT Sports 3; Mon 1pm TNT Sports 1

TENNIS

LIVE ATP Shanghai Masters
Sat 7am, Sun 7am & 9.30am Sky Sports Tennis; Sun 7am Sky Sports+

LIVE WTA Wuhan Open final
Sun 11.30am Sky Sports Tennis

LIVE WTA Osaka Open
Sun & Tue-Thu 3.30am, Mon 4.30am Sky Sports+; Sun-Thu 3.30am & Fri 4am Sky Sports Tennis

LIVE Six Kings Slam
Wed & Thu 5.30pm Netflix
From ANB Arena, Riyadh. See p29.

TRIATHLON

LIVE T100 World Tour
Fri 4am TNT Sports 3

Saturday 11

LIVE League One
2.50pm Sky Sports+

LIVE Dumbarton v Rangers B
2.55pm Premier Sports 1 (kick-off 3pm)
The KDM Trophy group match held at Marbill Coaches Stadium.

LIVE Oldham Athletic v Barrow
5pm Sky Sports Football (kick-off 5.30pm)
The League Two match staged at Boundary Park. The teams last met here in the 2021/22 campaign, when Barrow recorded a 3–0 win.

LIVE Kansas City Current v NJ/NY Gotham FC
9pm TNT Sports 4
The NWSL game at CPKC Stadium.

LIVE Banfield v Racing
10.55pm Premier Sports 1 (kick-off 11pm)
The Argentine Primera Division fixture from Estadio Florencio Sola.

LIVE Velez Sarsfield v Rosario
1.10am Premier Sports 1 (kick-off 1.15am)
The Argentine Primera Division match from Estadio José Amalfitani.

Sunday 12

LIVE Chelsea v Tottenham Hotspur
11am Sky Sports Main Event & Sky Showcase (kick-off 12noon)
The Women's Super League match from Kingsmeadow. Chelsea did the double over their visitors last season including a 5–2 hammering in this fixture last year. Three goals in the last 20 minutes saw the hosts come away with victory as the Blues dominated the game overall.

LIVE Everton v Manchester United
11am Sky Sports Premier League (kick-off 12noon)
The Women's Super League match from Goodison Park. The visitors won all three meetings between the two sides last season, scoring five goals and keeping three clean sheets. This fixture last year saw Grace Clinton score the only goal of the game in just the fourth minute.

LIVE Aston Villa v Leicester City
11am Sky Sports Football (kick-off 12noon)
The Women's Super League match match at Villa Park. Leicester got the better of the meetings between the teams last season, drawing here and winning 3–0 at home, but the Villans finished four places above them in the table in sixth place.

LIVE Women's Super League
11am Sky Sports+ (kick-off 12noon)

LIVE London City v West Ham United
11am Sky Sports Mix (kick-off 12noon)
The Women's Super League game at Copperjax Community Stadium.

LIVE Hibernian v Rangers
1pm BBC Alba (kick-off 1.10pm)
Scottish Women's Premier League fixture at Meadowbank Stadium.

LIVE WOMEN'S SUPER LEAGUE

Arsenal v Brighton & Hove Albion

Sun, kick-off 2.30pm, BBC2

Last season's two meetings between these sides produced 11 goals as Arsenal's Australian forward Caitlin Foord netted in both matches. The Gunners will want three points as they chase title holders Chelsea at the top of the WSL table.

LIVE WOMEN'S CHAMPIONS LEAGUE

Atlético Madrid v Manchester United

Thu, kick-off 5.45pm, Disney+

Matchday two sees Lionesses Ella Toone (above) and Maya Le Tissier travel to Spain as United face a tricky test in Madrid. Also this week, Chelsea host Paris FC on Wednesday and Arsenal visit Benfica on Thursday (both kick-offs 8pm).

LIVE CHAMPIONSHIP

Middlesbrough v Ipswich Town

Fri, kick-off 8pm, Sky Sports Main Event & Sky Sports Football

Middlesbrough are setting the pace at the top of the Championship. Slovakia striker David Strelec has made a big impact on Teesside since signing from Slovan Bratislava, scoring on his full debut against West Brom last month.

LIVE Arsenal v Brighton & Hove Albion
2pm BBC2 (kick-off 2.30pm)
The Women's Super League match held at Emirates Stadium. Arsenal won the Champions League last season and now their goal will be to end Chelsea's recent dominance of this competition. However, they face a test of their credentials against a Brighton side who finished fifth in the table last term.

LIVE Liverpool v Manchester City
4.30pm Sky Sports Premier League & 5.30pm Sky Sports Main Event (kick-off 4.45pm)
The Women's Super League match staged at Anfield. The visitors won both meetings between the two teams last season, scoring six goals across the two games. In this fixture last year, City's Khadija Shaw scored twice, including a 92nd-minute winner, as they came from behind to win the game 2–1 after Olivia Smith gave Liverpool the lead.

LIVE Scotland v Belarus
4.45pm BBC2 & BBC Scotland (kick-off 5pm)
The World Cup Group C qualifier at Hampden Park. A strike by Ché Adams and a Zakhar Volkov own goal gave Steve Clarke's men a 2–0 win in the reverse fixture in Hungary, and they will be hopeful of another three points on home territory as they look to continue to push for an appearance in their first World Cup finals since 1998. See p28.

Monday 13

LIVE Worthing v Forest Green Rovers
6.30pm TNT Sports 1 (kick-off 7.30pm)
The FA Cup fourth round qualifying match from Sussex Transport Community Stadium.

LIVE Wales v Belgium
7.20pm S4C, 7.30pm BBC1 (Wales only) & BBC3 (kick off 7.45pm)
The World Cup Group J qualifier at Cardiff City Stadium. The reverse fixture in June produced a seven-goal thriller, as Craig Bellamy's men fought back from 3–0 down after just 27 minutes to draw level with the Belgians in the second half, only for Kevin de Bruyne's winner two minutes from time. See p28.

LIVE Northern Ireland v Germany
7.30pm BBC2 (not Wales) (kick-off 7.45pm)
The World Cup Group A qualifier at Windsor Park. Isaac Price's equaliser gave Northern Ireland hope of earning a result in the reverse fixture, but Germany's quality shone through as they claimed a 3–1 win. See p28.

Tuesday 14

LIVE Bradford City v Everton U21
6.50pm Sky Sports+ (kick-off 7.30pm)
The EFL Trophy Group C match at University of Bradford Stadium. The hosts are top of the group table thanks to a 2–1 victory over Grimsby Town in early September.

LIVE Latvia v England
7pm ITV1 (kick-off 7.45pm)
The World Cup Group K qualifier at Daugava Stadium. Goals by Reece James, Harry Kane and Eberechi Eze gave England a 3–0 win in the reverse fixture at Wembley, and while Latvia have the home advantage this time, Thomas Tuchel's men will go into the match without fear after a 5–0 win in Serbia in their previous qualifier last month. See p28.

Wednesday 15

LIVE Lyon v St Polten
5.45pm Disney+ (kick-off 5.45pm)
The match in the league phase of the Women's Champions League.

LIVE Valerenga v Wolfsburg
5.45pm Disney+ (kick-off 5.45pm)
The game in the league phase of the Women's Champions League.

LIVE Mansfield Town v Newcastle United U21
7.35pm Sky Sports+ (kick-off 7.45pm)
The EFL Trophy Group F match.

LIVE Chelsea v Paris FC
8pm Disney+ (kick-off 8pm)
The match in the league phase of the Women's Champions League.

LIVE OH Leuven v FC Twente
8pm Disney+ (kick-off 8pm)
The fixture in the league phase of the Women's Champions League.

LIVE Roma v Barcelona
8pm Disney+ (kick-off 8pm)
The match in the league phase of the Women's Champions League.

Thursday 16

LIVE Atlético Madrid v Manchester United
5.45pm Disney+ (kick-off 5.45pm)
The match in the league phase of the Women's Champions League.

LIVE Huddersfield Town v Bolton Wanderers
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The League One match from Accu Stadium, as the two former Premier League sides go head to head.

LIVE Bayern Munich v Juventus
8pm Disney+ (kick-off 8pm)
The fixture in the league phase of the Women's Champions League.

LIVE Benfica v Arsenal
8pm Disney+ (kick-off 8pm)
The game in the league phase of the Women's Champions League.

LIVE PSG v Real Madrid
8pm Disney+ (kick-off 8pm)
The match in the league phase of the Women's Champions League.

Friday 17

LIVE Adelaide United v Sydney FC
9am TNT Sports 1 (kick-off 9am)
The A-League match from Coopers Stadium in Hindmarsh, Adelaide.

LIVE Brisbane Roar v Macarthur FC
11am TNT Sports 1 (kick-off 11.05am) The A-League fixture from Suncorp Stadium.

LIVE Dunfermline Athletic v Raith Rovers
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship match.

LIVE Union Berlin v Borussia Mönchengladbach
7.30pm BBC iPlayer (kick-off 7.30pm)
The Bundesliga match from Stadion An der Alten Försterei.

LIVE Middlesbrough v Ipswich Town
7.30pm Sky Sports Football & 8pm Sky Sports Main Event (kick-off 8pm)
The Championship match from Riverside Stadium. The hosts have a good record against the visitors in the last 10 years having lost just one of the previous nine meetings.

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Saturday

11 October

Evening Planner

Rugby League

Super League Grand Final

Sky Sports Main Event, kick-off 6pm

The two semi-final winning teams face off for the Super League Trophy, won by Wigan Warriors for the past two years.

Documentary

Bettany Hughes' Treasures of the World

C4, 7pm

The historian sets off on another voyage of discovery, starting tonight in Croatia.

Action Comedy

The Unbearable Weight of Massive Talent

C4, 9pm

An actor (Nicolas Cage playing 'himself'), accepts $1m to appear at a fan's party.

Entertainment

Romesh Ranganathan's Parents' Evening

ITV1, 9.40pm

Romesh returns with the game show, with some help from his mum Shanthi.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.05 Strictly Come Dancing				8.40 The Weakest Link		9.25 Nine Bodies in a Mexican...	10.15 News
	102 BBC2	‹ 6.45 Film: The Guernsey Literary and Potato Peel Pie Society				8.40 Pavarotti at the BBC		9.40 Arena: Pavarotti – The Last Tenor	
	103 ITV1	‹ 6.40 The Chase...	7.35 Win Win			8.40 The 1% Club		9.40 Romesh Ranganathan's Parents' Evening	
	104 CHANNEL 4	7.00 Bettany Hughes' Treasures of the World		8.00 Great British Train Journeys from Above		9.00 Film: The Unbearable Weight of Massive Talent			
	105 5	‹ 6.25 Clarence House: The King's...		7.50 Princess Anne: The Power Behind the...		8.55 Harry & Meghan: Royal Hypocrites?			10.25 Most Shocking TV...
	106 SKY SHOWCASE	7.00 Portrait Artist of the Year		8.00 David Attenborough's Galapagos		9.00 The Essex Murders: Who Killed...		10.00 Film: Terminator Salvation	
ENTERTAINMENT	115 BBC3	7.05 Doctor Who				8.40 Gavin & Stacey		9.35 RuPaul's Drag Race UK	10.45 Dreaming...
	116 BBC4	7.00 Flying...	7.20 All Creatures Great and Small			9.00 The Intruder			
	118 ITV2	‹ 6.15 Film: School of Rock				8.30 Film: Star Trek Into Darkness			
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones						10.00 The White Lotus	
	110 U&GOLD	7.00 Only Fools and Horses				9.00 Men Behaving Badly			
	111 U&DAVE	7.00 Red Dwarf				9.00 Parks and Recreation			10.30 Not Going Out
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 5.40 Sharpe		8.00 Film: Skyscraper				10.05 Film: The Dead Pool	
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Film: Couples Retreat			
	139 SKY SCI-FI	7.00 Star Trek: Enterprise							
	113 SKY MAX	7.00 The Walking Dead				9.00 Romesh: Can't Knock the Hustle		10.00 Brassic	
	109 U&ALIBI	7.00 The Coroner		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Death in Paradise	
	124 SKY ARTS	‹ 5.30 Pink Floyd: A Delicate Sound of...		7.55 Pink Floyd: The Endless River		9.00 Pink Floyd – Live at Pompeii			10.40 Have...
	132 U&W	7.00 The Supervet				9.00 One Born: What Happened Next?			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers				9.00 Naked And Afraid Apocalypse			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 Secrets in the Ice				9.00 Digging for Britain			
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS		7.10 Williams & Mansell: Red 5			9.00 The Essex Murders: Who Killed...		10.00 The Alabama Solution	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.05 Novocaine		8.00 Bridget Jones: Mad About the Boy					10.10 Presence
	302 HALLOWEEN		7.05 Annabelle: Creation			9.00 Halloween			
	303 SPIDER-MAN		7.15 Spider-Man 2					9.25 Spider-Man 3	
	304 GREATS	‹ 6.15 Blue Hawaii		8.00 Singin' in the Rain				9.45 Alfie	
	305 ANIMATION	‹ 5.50 Shrek the Third		7.35 The Lego Ninjago Movie				9.25 Open Season	
	306 FAMILY	‹ 6.00 Mr Bean's Holiday		7.35 The Smurfs				9.30 The Smurfs 2	
	307 ACTION	‹ 6.00 Green Lantern		8.00 The Mummy					10.10 Raiders of the Lost Ark
	308 COMEDY	‹ 6.10 Daddy's Home 2		8.00 Pitch Perfect				10.00 The Terminal	
	309 DA VINCI	‹ 5.50 Inferno		8.00 The Da Vinci Code					10.35 Angels &...
	310 DRAMA	‹ 6.00 Dear John		8.00 A Star Is Born					10.30 The Holiday
	311 SCIENCE FICTION	‹ 6.20 Men in Black II		8.00 Men in Black 3				9.50 2012	
	313 FILM4	‹ 6.45 Gemini Man				9.00 65			
SPORT	401 MAIN EVENT	‹ 5.00 Betfred Super League – Live: The Grand Final (Kick-off 6.00)			8.30 World Grand Prix Darts – Live: Coverage of day six from Mattioli Arena in Leicester				
	402 PREMIER LEAGUE	‹ 6.00 Premier League Years		8.00 Big Interview	8.30 PL Stories	9.00 Match Officials...	9.30 Transfer 360		
	403 FOOTBALL	‹ 5.00 EFL – Live: Oldham Athletic v Barrow		8.00 EFL Rivalries	8.30 EFL Cup Highlights				10.30 SPFL
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 5.15 The Gallagher PREM – Live		7.45 The Gallagher PREM			9.30 UFC Connected	10.00 UFC – Live	
	411 TNT SPORTS 2	7.00 UCI Mountain Bike World Series Men – Live: Coverage of the DHI elite final				9.15 UCI Gravel...	9.45 Grit and Glory...	10.15 Superbike World...	

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With special guest Ben Elton. (S)
11.30 **Rick Stein's Cornwall** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** From Norfolk. (S)(R)(AD)
12.30 PM **BBC News** (S)
12.45 **Bargain Hunt** (S)(R)
1.45 **Money for Nothing** (S)(R)
2.45 **Garden Rescue** (S)(R)
3.15 **DIY SOS** Helping a south Wales couple after an accident. (S)(R)(AD)
4.15 **Escape to the Country** A property search in Cumbria. (S)(R)
5.00 **BBC News** (S)
5.10 **Local News** (S)
5.20 **The Celebrity Inner Circle** New edition 2/6. Lawrence Chaney, Hannah Cockroft, Rick Edwards, Darren Harriott, Sarah Parish and Fay Ripley take part. (S)

9.25 Nine Bodies in a Mexican Morgue

6 PM

6.05 **Strictly Come Dancing** New edition Tess Daly and Claudia Winkleman present Movie Week, in which the couples take to the dance floor to perform routines inspired by, or paying tribute to, Hollywood films. There's an appearance from *Wicked* star Cynthia Erivo, while judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke offer their thoughts. (S)(AD)
■ *Strictly Come Dancing: The Results* is tomorrow at 7.15pm

7 PM

8 PM

8.40 **The Weakest Link** New edition 2/12. Romesh Ranganathan hosts a celebrity battle of the nations special, featuring two contestants each from England, Wales, Scotland and Northern Ireland competing for charity. (S)

9 PM

9.25 **Nine Bodies in a Mexican Morgue** New episode *Rapido:* 3/6. The survivors work out how to call for help but are faced with a treacherous climb. (S1) (S)(AD)
■ Entire series on BBC iPlayer

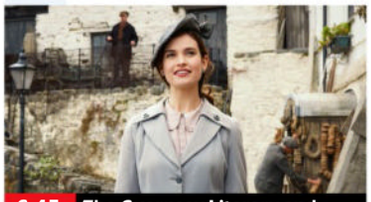
10 PM

10.15 **BBC News** (S)
10.35 FILM **Ghostbusters: Afterlife** Supernatural comedy sequel starring Carrie Coon and Paul Rudd. A single mother and her two children discover their connection to the original Ghostbusters and the legacy their grandfather left behind. (S)(AD) (2021, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Twisted Metal** New episodes 3/10. John and Quiet find themselves caught in a trap. (S)(AD) **1.00** 4/10. John strikes a dangerous deal. (S1) (S)(AD)
■ Entire series on BBC iPlayer
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Children's Programmes**
8.45 **Deadly Predators** (S)(R)
9.15 **Prayer and Reflection** (S)(R)
9.45 FILM **Summer Holiday** Musical adventure starring Cliff Richard. (S) (1962, U, 105min) ★★★
11.30 **Kelvin's Big Farming Adventure** 1/6. Kelvin Fletcher's attempts to start his own farm. (S)(R)(AD)
12.00 NOON **The Hairy Bikers' Bakeation** Si and Dave reach Austria. (S)(R)
12.30 PM FILM **Nicholas and Alexandra** Historical drama starring Michael Jayston and Janet Suzman. (S) (1971, PG, 180min) ★★★
3.30 FILM **The Mirror Crack'd** Murder mystery starring Angela Lansbury. (S) (1980, PG, 100min) ★★
5.10 **Animal Babies: First Year on Earth** 1/3. Animals facing the challenges of surviving their first year. (S)(R)


6.45 The Guernsey Literary and...

6.15 **Flog It!** Paul Martin hosts from Haddon Hall in Derbyshire. (S)(R)
6.45 FILM **The Guernsey Literary and Potato Peel Pie Society** Drama starring Lily James, Matthew Goode and Katherine Parkinson. An author of detective fiction makes some life-changing friends at a famous literary society. (S) (2018, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.40 NEW **Pavarotti at the BBC** A celebration of some of Italian tenor Luciano Pavarotti's finest performances from the BBC archives, including appearances on chat shows *Parkinson* and *Wogan*. (S)

9.40 **Arena: Pavarotti – The Last Tenor** Documentary from 2004 about opera singer Luciano Pavarotti, hailed as one of the greatest tenors of all time. The film chronicles his background and upbringing and follows him as he performs to sell-out audiences on three continents, culminating with his valedictory performances of *Tosca* at the Metropolitan Opera in New York. (S)(R)

11.05 **Pavarotti in London** A 1982 gala concert at the Royal Albert Hall in London, featuring the Royal Philharmonic Orchestra. (S)(R)
12.05 AM **Pavarotti: King of the High Cs** The celebrated tenor talks about his life and career. (S)(R)
12.55 **Sign Zone: Great British Railway Journeys** The importance of the nation's railways. (S)(R)(AD)
1.25 **Sign Zone: Blue Lights** (S)(R)(AD)
2.25 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Simply Raymond Blanc** (S)(R)
6.50 **You Bet! on Tour** (S)(R)(AD)
7.45 FILM **Minions** Animated comedy with the voice of Sandra Bullock. (S)(AD) (2015, U, 100min) ★★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Rick Astley. (S)
11.40 **Nisha Katona's Home Kitchen** New edition Featuring a chicken and apricot biryani, and beer-battered onion bhajis. (S)
12.40 PM **ITV News** (S)
1.00 LIVE **Racing** Day two of the Future Champions Weekend at Newmarket, which is headlined by the Dewhurst Stakes, plus action from York. (S)
4.10 FILM **Jumanji** Comic fantasy starring Robin Williams, Bonnie Hunt and Kirsten Dunst. (S)(AD) (1995, PG, 120min) ★★★★

8.40 The 1% Club

6.10 **ITV News** (S)
6.25 **Local News** (S)
6.40 **The Chase Celebrity Special** Sunetra Sarker, Matty Lee, David Arnold and Basil Brush answer general knowledge questions and work as a team to take on a Chaser and secure a charity prize. (S)(R)(AD)
7.35 **Win Win** Series finale 6/6. Mel Giedroyc and Sue Perkins host as the studio players and home viewers who secured a place on Millionaire's Row battle it out to win the £1,000,000 jackpot. (S)
8.40 NEW SERIES **The 1% Club** Quiz show hosted by Lee Mack in which all the questions are about logic and common sense, with 100 contestants having a chance to win up to £100,000. (S)(AD)
9.40 NEW SERIES **Romesh Ranganathan's Parents' Evening** Return of the comedy game show in which celebrities team up with family members, with the first edition featuring Gabby Logan, Pete Wicks and Krishnan Guru-Murthy. (S)
10.40 NEW SERIES **The Jonathan Ross Show: Special Guests** Memorable interviews from the talk show, featuring Lady Gaga, Spice Girls, Chris Martin and Carey Mulligan. (S)(AD)
11.10 **ITV News** (S)
11.30 **Password** Game show hosted by Stephen Mangan. (S)(R)
12.15 AM **Teleshopping**
3.00 **Frauds** 2/6. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Long Lost Family: The Mother and Baby Home Scandal** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **Cheers** 17-20/28. (S11) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 5&6/24. (S7) (S)(R)(AD)
10.00 **The Simpsons** (S)(R)(AD)
11.00 FILM **Patrick** Family comedy. (S) (2018, PG, 110min) ★★★
12.50 PM FILM **A Knight's Tale** Medieval romantic action comedy starring Heath Ledger and Paul Bettany. (S)(AD) (2001, PG, 155min) ★★★
3.25 **Location, Location, Location** Phil Spencer catches up with two sets of serial renters. (S)(R)
4.25 **Kirstie and Phil's Love It or List It** Tim and Sonia from Chippenham need some help deciding whether to move or stay put. (S)(R)(AD)
5.30 **Grand Designs Revisited** Kevin McCloud catches up with a couple who set out to build a triangular home in West Sussex. (S)(R)(AD)

8.00 Great British Train Journeys...

6.30 **News** (S)

7.00 NEW SERIES **Bettany Hughes' Treasures of the World** Bettany visits the Croatian island of Korcula, diving to uncover a Neolithic settlement. *See feature, page 20.* (S)(AD)
8.00 NEW SERIES **Great British Train Journeys from Above** Hugh Bonneville narrates the most iconic steam train journeys in Britain. The first edition tracks the Jacobite Railway in the Scottish Highlands. (S)(AD)
9.00 FILM PREMIERE **The Unbearable Weight of Massive Talent** Action comedy starring Nicolas Cage as himself, with Pedro Pascal, Tiffany Haddish and Neil Patrick Harris. Actor Nicolas Cage accepts a $1 million offer to attend an obsessed fan's birthday, only to end up recruited by the CIA. (S)(AD) (2022, 15, 130min) ★★★★
See review, page 25.
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.10 FILM **Le Mans '66** Fact-based drama starring Matt Damon. (S)(AD) (2019, 12, 165min) ★★★★
1.55 AM **Travel Man: 48 Hours in Cyprus** (S)(SL)(R)(AD)
2.20 **Ramsay's Kitchen Nightmares USA** From Manhattan. (S)(SL)(R)
3.10 **Miriam and Alan: Lost in Scotland and Beyond** (S)(R)(AD)
4.05 **Kirstie and Phil's Love It or List It** From Surrey. (S)(SL)(R)(AD)
5.00 **to 5.50** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.50 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** The El Torcal mountains. (S)(R)
9.35 FILM PREMIERE **Take a Chance at Christmas** Festive drama starring Alli Chung. (S) (2024, PG, 105min) ★★
11.20 FILM **A Maple Valley Christmas** Romantic drama with Peyton List. (S) (2022, PG, 110min) ★★
1.10 PM FILM PREMIERE **A Merry Royal Christmas** Romance. (S) (2024, PG, 120min) ★★
3.10 FILM **Miss Potter** Biopic starring Renée Zellweger. (S) (2006, PG, 110min) ★★★
5.00 NEW **Julie Andrews at 90: In Her Own Words** A profile of the singer and actor. (S)

5.00 Julie Andrews at 90

6.20 **News** (S)
6.25 **Clarence House: The King's Private Home** A look at the residence of King Charles and Queen Camilla, a stately Georgian mansion on The Mall that is tucked away from the tourist trail and surprisingly unknown by the public. (S)(R)
7.50 **Princess Anne: The Power Behind the Throne** A look at the Princess Royal's role in the Royal Family, revealing how she has blazed a trail throughout her life, while quietly redefining what it means to serve. (S)(R)
8.55 NEW **Harry & Meghan: Royal Hypocrites?** One-off documentary about the lives of the Duke and Duchess of Sussex since they left the Royal Family, and began a new life on America's west coast. (S)
10.25 **Most Shocking TV Moments: Celebs Who Were Cancelled** A look back at the very worst celebrity career catastrophes, from Roseanne's offensive tweet and angry apology, to Kendall Jenner's tone-deaf Pepsi commercial. (S)(R)
12.25 AM **The Rise & Fall of John Leslie** Documentary. (S)(R)
1.25 **PlayOJO Live Casino Show** (S)
3.25 **Friends** (S3) (S)(R)(AD)
3.50 **Churchill** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.00 **The Simpsons** (S)(R)
10.00 **Coral City** Double bill. (S)(R)
12.00 NOON **Iconic Combat Machines** The Spitfire Tiger. (S)(R)
1.00 PM **Bone Detectives: Britain's Buried Secrets** The discovery of a Roman cemetery in Amesbury, Wiltshire. (S)(R)
2.00 **Gillette Labs Soccer Saturday** The latest news from this afternoon's football matches.
5.30 **The Simpsons** *Diatribe of a Mad Housewife:* Marge writes a critically acclaimed novel. (S)(R)

9.00 The Essex Murders

6.00 **The Simpsons** *Treehouse of Horror XX:* Classic movie monsters gatecrash a party. (S)(R) **6.30** *Treehouse of Horror XXXII:* Featuring parodies of *Bambi* and *Parasite*. (S)(R)
7.00 **Portrait Artist of the Year** Stephen Mangan invites the artists to paint Si King, Elif Shafak and Joe Marler, with Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano judging their efforts. (R)
8.00 **David Attenborough's Galapagos** 1/3. The veteran broadcaster explores the Galapagos, a collection of volcanic islands in the Pacific known for its extraordinary wildlife. (S)(R)
9.00 **The Essex Murders: Who Killed Goldfinger?** New edition 2/3. Investigating the 2015 murder of John Palmer, who was nicknamed Goldfinger. (S)
10.00 FILM **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. In 2018, resistance hero John Connor leads the fight back against the killer robots. With Sam Worthington, Anton Yelchin and Moon Bloodgood. (S) (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Never Mind the Buzzcocks** With Clint Boon, Patsy Kensit and Danny Goffey. (S)(R)(AD)
1.00 AM **The Office (US)** (S4) (S)(R)
3.00 **Road Wars** Double bill. (S)(R)
5.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
6.15-6.45pm Weatherman Walking (S)(R) **8.40** Fifteen Years of Sound: The Welsh Music Prize (S)(R) **9.20** NEW Pavarotti at the BBC (S) **10.20** Arena: Pavarotti – The Last Tenor (S)(R) **11.45** Pavarotti in London (S)(R) **12.45-12.55am** Meet the Bears (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Help Llaw **10.15** Teulu'r Castell **11.20** Bwyd Epic Chris (AD) **11.50** Ffermio **12.25pm** Sgwrs Dan y Lloer **12.55** Ty Ffit **1.55** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **2.30** Mike Phillips: Croeso i Dubai (AD) **3.30** Am Dro! **4.30** Cymry ar Gynfas **5.00** Yr Anialwch **6.00** Hanner Marathon Caerdydd 2025 **7.00** Newyddion a Chwaraeon **7.15** LIVE Clwb Rygbi **9.50** Am Dro! **10.50-11.55pm** Radio Fa'ma (AD)

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Laugh Lessons**
7.05 **Doctor Who** *Flesh and Stone:* 5/14. Part two of two. The Time Lord is trapped by the Weeping Angels. **7.50** *The Vampires of Venice:* 6/14. A trip to 16th-century Venice pits the time travellers against a coven of beautiful vampires. (S5)
8.40 **Gavin & Stacey** 1/6. First episode of the comedy. Stacey travels to London to meet Gavin in person. **9.05** 2/6. The couple have their first lovers' tiff. (S1)
9.35 **RuPaul's Drag Race UK** 3/10. The queens take on a hyperpop banger for the Girl Group challenge.
10.45 **Dreaming Whilst Black** *Black Sheep:* 1/6. Film-maker Kwabena searches for his first directing job. (S2)
11.15 **Dreaming Whilst Black** 2&3/6. Double bill. (S2)
12.10 AM **Two Pints of Lager and a Packet of Crisps**
2.05 **Dreaming Whilst Black**
3.30 **to 4.00** AM **Tommy: The Good. The Bad. The Fury**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Grand Designs: Living in Suburbia**
10.00 **Ugly House to Lovely House with George Clarke**
11.00 **George Clarke's Amazing Spaces** A luxury clifftop holiday home in Cornwall.
12.00 NOON **Love It or List It New Zealand** Series finale A family living in West Auckland consider moving.
1.00 PM **Four in a Bed**
3.35 **Come Dine with Me** Five editions of the contest from the West Midlands.
6.15 **Four in a Bed** The first visit is to Daisy Bank Camp in Hebden Bridge, Yorkshire. **6.50** From The Lion and Swan in Congleton, Cheshire. **7.20** The third visit is to The Three Hills in Cambridge. **7.55** From the Hotel of Wizardry in Great Yarmouth. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A woman is transferred to St George's after crashing her car into a tree, and a four-year-old girl needs treatment after falling on an escalator.
10.00 **24 Hours in A&E** A 92-year-old man may have a bleed on the brain after hitting his head.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Flying Gardener** Chris Beardshaw helps a Loch Fyne oyster fisherman.
7.20 **All Creatures Great and Small** *The Jackpot:* 11/12. James is challenged to a race. **8.10** *Two of a Kind:* 12/12. TV arrives in the Dales. (S5)
9.00 NEW SERIES **The Intruder** 1/4. French psychological thriller starring Mélanie Doutey. A woman hires an au pair, but quickly feels uneasy with her after a series of domestic accidents. **9.55** New episode 2/4. Paula's psychiatrist suggests that she is suffering from postpartum depression and that she should take a leave of absence. Subtitled. (S1)
10.50 **Wogan** With Margaret Baird, Betty Astell, Dickie Bird and Anthony Sher.
11.35 **Dickie Bird: A Rare Species** Profile of the cricket umpire, who died last month.
12.20 AM **The Good Life**
12.50 **Yes, Prime Minister**
1.20 **to 3.00** AM **All Creatures Great and Small**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **The Goldbergs**
8.15 FILM **Wedding March: Here Comes the Bride** Drama. (2018, PG) ★★
9.55 **Lego Masters Australia**
11.30 **Made in Chelsea**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 FILM **Hotel Transylvania** Animated family comedy. (2012, U, 91min) ★★★★
3.15 FILM **The Day After Tomorrow** Disaster movie starring Dennis Quaid. (2004, 12, 124min) ★★★★
5.35 **The Simpsons** Seven episodes, including at: **8.00** *Bonfire of the Manatees:* Marge begins a new life protecting endangered aquatic creatures. **8.30** *The Girl Who Slept Too Little:* A construction project causes the local graveyard to be moved next to the family's home.
9.00 **Celebrity Gogglebox** Famous faces appraise *Love Island* and *Alan Carr's Epic Gameshow: Celebrity Special*.
10.00 **Gogglebox** Opinions on *Squid Game: The Challenge* and *Strictly Come Dancing*.
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 **Celebrity First Dates**
2.20 **Gogglebox**
4.15 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **The Big Bang Theory**

+1 hr 235/236 306 30 123 256

Saturday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Frontline Crime UK** Documentary.
7.00 **Caught Red Handed**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
11.00 **The Force: Manchester**
12.00 NOON **Caught Red Handed** A shopkeeper stands up to a knife-wielding robber. **12.40** PM How a woman betrayed a friend's trust by trying to steal from a till. **1.20** A man responsible for a crime wave in Preston.
2.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM
7.00 Nothing to Declare A man is caught red-handed by customs. **7.30** A man is caught with a bag of white powder.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Law & Order: Special Victims Unit *Combat Fatigue:* 10/13. Carisi waits for a verdict in Maddie's kidnapping case. (S25)

10 PM
10.00 Blue Bloods *Fire Drill:* 19/21. Jamie partners with the fire department to track down a dangerous arsonist. (S13)
11.00 **Blue Bloods** 20/21. (S13)
12.00 M'T **Bull** 16/16. (S5)
1.00 AM **Caught on Dashcam**
2.00 New edition
3.00 **Law & Order: SVU** (S26)
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **Game of Thrones** Nine episodes, including at: **2.30** 6/10. PM Stannis and Davos arrive for their meeting with the Iron Bank. **3.35** 7/10. rienne follows a new lead as her mission to find the Stark girls continues. **4.40** 8/10. Barristan confronts Jorah about a document delivered to him. **5.45** 9/10. Jon and the Night's Watch face their biggest challenge. (S4)

6.50 Game of Thrones

7 PM
6.50 Game of Thrones *The Children:* 10/10. Daenerys is forced to make a decision about the dragons. (S4)

8 PM
8.00 Game of Thrones *The Red Woman:* 1/10. The fate of Jon Snow is revealed and the Sand Snakes make their move.

9 PM
9.00 Game of Thrones *Homeward Bound:* 2/10. At Castle Black, the Night's Watch stands behind Alliser Thorne. (S6)

10 PM
10.00 The White Lotus *Denials:* 6/8. Saxon tries to bury what happened the night before. (S3)
11.15 The Sopranos 4/13. Johnny pursues a personal vendetta. **12.25** AM 5/13. Tony pays a visit to the track to check out Ralph's new horse. **1.25** 6-8/13. Triple bill. (S4)
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
12.00 NOON **Grimm** Four episodes of the fantasy, including at: **2.00** PM 5/22. A preacher asks for Nick's assistance when his church is robbed. **3.00** 6/22. A contract is put out for Monroe's life. (S2)
4.00 **The Walking Dead** 16/22. The communities face the final battle of the Whisperer War. **5.00** 17/22. Maggie has a story she is not ready to share. **6.00** 18/22. Daryl and Carol encounter an old cabin. (S10)

8.05 The Walking Dead

7 PM
7.00 The Walking Dead *One More:* 19/22. Gabriel and Aaron search for food and supplies to bring back to Alexandria.

8 PM
8.05 The Walking Dead *Splinter:* 20/22. Eugene, Ezekiel, Yumiko and Princess are captured by mysterious troopers. (S10)

9 PM
9.00 Romesh: Can't Knock the Hustle 3/4. Romesh Ranganathan explores self-improvement.

10 PM
10.00 Brassic *Skool Reunion:* 3/6. Ronnie encounters his old bully at a school reunion and dreams of taking revenge. (S7)
11.00 **Peacemaker** 8/8. (S2)
12.10 AM **Never Mind the Buzzcocks**
1.10 **Strike Back: Silent War** (S7)
2.00 **S.W.A.T.** New episode 13/22. Powell and Gamble stumble upon a cannabis farm. (S8)
3.00 **NEW SERIES Revival** 1/10. Supernatural horror noir with Melanie Scrofano. (S1)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Totally Bonkers Guinness World Records**
7.55 **Dress to Impress**
8.55 **The Only Way Is Essex**
11.55 **Deal or No Deal**
3.00 PM **Celebrity Catchphrase**
4.00 **FILM Grease** Smash-hit musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
6.15 **FILM School of Rock** Comedy starring Jack Black, Joan Cusack and Mike White. (2003, PG, 109min) ★★★★

8.30 Star Trek Into Darkness

7 PM
FILM School of Rock (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM
8.30 FILM Star Trek Into Darkness Sci-fi action adventure starring Chris Pine and Zachary Quinto. The USS *Enterprise* pursues a rogue Federation officer with a secret past. With Benedict Cumberbatch, Zoe Saldana, Karl Urban and Simon Pegg. (2013, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.15 Family Guy 10/18. Peter creates a younger alter-ego. **11.45** 11/18. Lois is worried about Chris's relationship. (S13)
12.15 AM **American Dad!** (S15)
1.15 **Deal or No Deal**
2.15 **Transaction** 3/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.40 **Doc Martin** 7/9. (S10)
9.45 **Wycliffe** 4/6. (S1)
10.50 **Agatha Christie's Poirot** *Five Little Pigs:* The sleuth reopens a 14-year-old murder case. **12.50** PM *Sad Cypress:* The detective investigates a double poisoning. **2.50** *Death on the Nile:* An American heiress is murdered. Guest stars James Fox. **5.00** *The Hollow:* A husband is shot during a house party.

2.50 Agatha Christie's Poirot

7 PM
7.00 Midsomer Murders *The Witches of Angel's Rise:* A body is found surrounded by ritual symbols on the eve of a psychic fayre, propelling Barnaby into the world of mediums to find the killer. Guest stars Colin Salmon and Tracy-Ann Oberman.

9 PM
9.00 Vera *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby rural home town of Brindale.
11.00 Agatha Christie's Poirot *The Mystery of the Blue Train:* The sleuth investigates a murder on board a train bound for the French Riviera. Guest stars Elliott Gould and Jaime Murray.
12.50 AM **Long Lost Family**
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Amazing Hotels: Life Beyond the Lobby** Monica Galetti and Rob Rinder visit the Datai Langkawi hotel, Malaysia.
8.15 **The Repair Shop on the Road** In Dundee, the team help save Britain's oldest wooden ship.
9.00 **Only an Excuse?** Comedy football show from 2020.
10.00 **The All Star Euros Sketch Show** Comedy with Jonathan Watson.
10.30 **Sacked in the Morning.** With Trevor Steven and Paul Lambert.
11.00 **Gary: Tank Commander** 4/6. Gary steps in to show an MP around the barracks. (S3)
11.30 PM **to 12.00** M'T **T in the Park: Best Bits** Featuring Coldplay, The Who and Rihanna.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S5)
9.00 **Sex and the City**
12.15 PM **Will & Grace**
2.45 **Curb Your Enthusiasm**
6.30 **The Office (US)** 10/19. Karen tries to lure Stanley from the Scranton branch. **7.00** 11/19. Michael treks into the woods on a survival adventure. **7.30** 12/19. Jan decides to sue Dunder Mifflin. **8.00** 13/19. Jim and Pam visit Michael's house for dinner. **8.30** 14/19. Michael becomes obsessed with a model. (S4)
9.00 **James Acaster: Hecklers Welcome** A stand-up special by the comedian.
10.30 **Saturday Night Live** American sketch show.
12.00 M'T **FILM Movie 43** Comedy compendium starring Kate Winslet. (2013, 15, 90min) ★
1.50 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Len Phillips Swing Orchestra's 100 Years of Big Bands**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Ray Charles: Live at Montreux**
2.30 **Hitsville: The Making of Motown** Documentary.
4.30 **Portrait Artist of the Year** With Si King.
5.30 **Pink Floyd: A Delicate Sound of Thunder**
7.55 **Pink Floyd: The Endless River**
9.00 **Pink Floyd: Live at Pompeii** A 1972 concert by the prog rock band.
10.40 **Have You Got It Yet? The Story of Syd Barrett and Pink Floyd**
12.30 AM **The Doors Live at the Hollywood Bowl '68**
2.00 **Classic Albums**
3.00 **Johnson & Knopfler's Music Legends**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Monkeys and Apes: Wild Files** Documentary.
8.35 **Where's Wally**
9.00 **Nothing to Declare**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nature's Fast Attacks** Documentary.
1.00 PM **Africa's Hunters**
2.00 **Animal Senses**
3.00 **Impossible Animals**
4.00 **Age of the Big Cats**
5.00 **Cub Camp**
6.00 **Evolution Earth**
7.00 **Planet Weird**
8.00 **Caught on Dashcam**
9.00 **FILM Johnny Mnemonic** Futuristic thriller. (1995, 15, 98min) ★★
11.00 **FILM Murder at Yellowstone City** Western. (2022, 15) ★★★
1.00 AM **World's Most Evil Killers** Documentary.
2.00 **Nothing to Declare**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Brian tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win money.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow** The comedian hosts an updated version of *The Price Is Right*, with eight players invited to come on down to contestants row to guess the value of a host of prizes.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Alan Carr's Epic Gameshow** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 5-12/24. (S6)
4.00 PM **FILM The First Wives Club** Comedy starring Goldie Hawn, Bette Midler and Diane Keaton. (1996, PG, 102min) ★★★
6.15 **FILM Terms of Endearment** Comedy drama starring Shirley MacLaine and Debra Winger. (1983, 15, 132min) ★★★★★
9.10 **FILM Jerry Maguire** Comedy drama starring Tom Cruise as a sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★
12.05 AM **The Avengers**
2.05 **Randall and Hopkirk (Deceased)** 2/26. (S1)
3.05 **M*A*S*H** 21&22/24. (S1)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **The Protectors**
- **6.30** **The Motorbike Show**
- **8.25** **E1 Powerboat Highlights**
- **9.30** **Racing: The Opening Show**
- **10.30** **The Big Match Revisited**
- **11.30** **River Monsters**
- **12.00** NOON **Ice Road Truckers**
- **1.00** PM **LIVE Motorsport: FIA Extreme H World Cup** Day three from Saudi Arabia.
- **3.00** **Made in Britain**
- **3.30** **Sharpe** *Sharpe's Enemy:* Hakeswill creates mischief.
- **5.40** *Sharpe's Honour:* The soldier is framed for murder.

8.00 Skyscraper

Sharpe
(started at 5.40pm)

8.00 **FILM Skyscraper** Action thriller starring Dwayne Johnson. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family is trapped inside by criminals. (2018, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **FILM The Dead Pool** Thriller starring Clint Eastwood. 'Dirty Harry' investigates a series of celebrity murders, while making sure he's not the next famous victim. (1988, 18, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- **11.55** **Wrestling: AEW Dynamite**
- **1.50** AM **BattleBots**
- **2.40** **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **FILM Ape Vs Mecha Ape** Sci-fi drama with Tom Arnold. (2023, PG, 120min) ★★
- **1.00** PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at:
  4.00 9/22. Data is requisitioned for research.
  5.00 10/22. Wesley finds himself falling in love. (S2)
- **6.00** **Star Trek: Enterprise** 24/26. Archer and Trip are lured to an alien planet. (S1)

12.00 Grimm

7.00 **Star Trek: Enterprise** *Two Days and Two Nights:* 25/26. Archer, Trip and Reed all have encounters with femmes fatales.

8.00 **Star Trek: Enterprise** *Shockwave – Part One:* 26/26. The ship is ordered to return to Earth. (S1)

9.00 **Star Trek: Enterprise** *Shockwave – Part Two:* 1/26. The Vulcans demand an end to Earth's space programme.

10.00 **Star Trek: Enterprise** *Carbon Creek:* 2/26. T'Pol relates a story of how her great-grandmother first contacted humans. (S2)

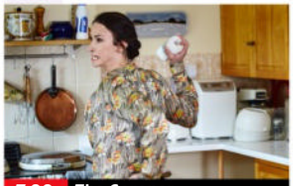
11.00 **Grimm** 8/22. A prison escapee seeks revenge.
12.00 M'T 9/22. Nick and Hank investigate a murder.
1.00 AM 10/22. Nick looks into an organ-harvesting plot.
2.00 11/22. Nick and Hank hunt for a spider creature. (S1)

- **3.00** **Room 104** 5&6/12. (S1)
- **4.10** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.10** AM **Murdoch Mysteries** (S2)
- **10.00** **The Doctor Blake Mysteries**
- **12.00** NOON **Inspector George Gently** *Gently in the Blood.*
- **2.00** PM **Father Brown** Four episodes, including at:
  4.00 *The Father, The Son:* Flambeau is stunned to find his estranged father at St Mary's.
  5.00 *The Quill of Osric:* A novelist is attacked at a crime-writing festival.
- **6.00** **The Coroner** 7/10. Lighthaven is stunned when a girl appears to return from the dead. (S1)



7.00 The Coroner

7.00 **The Coroner** *Napoleon's Violin:* 8/10. The patriarch of a local aristocratic family is found stabbed to death. (S1)

8.00 **Death in Paradise** *A Stormy Occurence:* 7/8. The team are called to investigate the death of a meteorologist. (S2)

9.00 **Shakespeare & Hathaway: Private Investigators** 3/10. Frank receives an invitation to a murder mystery party. (S5)

10.00 **Death in Paradise** *A Deadly Party:* 8/8. The host of a charity fundraiser is shot dead. Guest stars Sean Pertwee. (S2)

- **11.05** **Father Brown** Double bill.
- **1.00** AM **Murdoch Mysteries** 1/13. The legendary Buffalo Bill Cody's Western Extravaganza arrives in Toronto. (S2)
- **2.00** **Hightown** 3/8. (S1)
- **3.10** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.15** AM **Only Fools and Horses**
- **12.25** PM **Only Fools and Horses** Ten episodes, including at:
  4.20 Del Boy encounters an old flame, and Rodney experiences the joys of dating.
  5.00 The Trotters attend Grandad's funeral – and meet a long-lost seafaring uncle.
  5.40 Uncle Albert has a nasty fall into the cellar at the Nag's Head, but turns his injury into a profit-making opportunity.
  6.20 Rodney aspires to be a pop star, but Del Boy manages to ruin his chances.

9.00 Men Behaving Badly

7.00 **Only Fools and Horses** The Trotters agree to dog-sit while Boycie and Marlene go on holiday.
7.40 Del pays a stripper to attend a party at the Nag's Head with Rodney.
8.20 Del persuades Denzil to lend him his redundancy money.

9.00 **Men Behaving Badly** Gary gets trapped in a lift with Deborah.
9.35 An interesting piece of information comes to light when Tony's brother and his girlfriend visit.
10.10 Gary invents a promiscuous past to hide his sexual inexperience.
10.50 A pyjama-clad Gary goes in search of a 24-hour chemist.

- **11.25** **Neil & Martin's Bon Voyage** Neil Morrissey and Martin Clunes travel through France.
- **12.25** AM **Men Behaving Badly**
- **1.30** **to 4.00** AM **Bottom Live**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.15** AM **Pointless** Quiz show.
- **8.00** **Storage Hunters UK**
- **9.00** **Railroad Australia**
- **11.00** **Top Gear** With Jay Leno.
- **12.00** NOON **World's Most Dangerous Roads** Double bill.
- **2.00** PM **Will & Ralf Should Know Better** Will Mellor and Ralf Little push themselves to their limits on an assault course.
- **3.00** **Would I Lie to You?** Six editions, including at:
  6.20 With guests Jo Brand, Simon Day, Henning Wehn and Kiri Pritchard-McLean.

9.00 Parks and Recreation

7.00 **Red Dwarf** Kryten falls head over heels in love with a female mechanoid.
7.40 The crew members find a machine capable of transforming the shape of any living thing.
8.20 The crew land on a prison planet where crime is impossible.

9.00 **Parks and Recreation** 1/24. Leslie becomes embroiled in a controversy.
9.30 2/24. Leslie finds a suspicious plant in the pit.

10.00 **Parks and Recreation** 3/24. Leslie judges a beauty pageant. (S2)
10.30 **Not Going Out** Lucy tries to befriend posh new neighbours Toby and Anna.

- **11.10** **Not Going Out**
- **12.25** AM **Two Pints of Lager and a Packet of Crisps**
- **1.40** **Would I Lie to You?**
- **2.55** **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

- **9.00** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**
- **9.30** **Come Dine with Me**
- **12.00** NOON **Help! We Bought a Village**
- **3.00** PM **A Place in the Sun**
- **8.00** **Location, Location, Location** House-hunters hope to find homes in London and Surrey.
- **9.00** **Grand Designs** Featuring a factory-built house in West Sussex.
- **10.00** **Greg Davies: The Back of My Mum's Head** Stand-up comedy from the Lowry in Salford.
- **11.05** **Sarah Millican: Thoroughly Modern Millican** Stand-up.
- **12.05** AM **Gogglebox**
- **1.05** **Celebrity Gogglebox**
- **2.10** **FILM Crush** Romantic comedy starring Rowan Blanchard and Auli'i Cravalho. (2022, 15, 92min) ★★★★
- **4.00** **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **NCIS** 1-3/22. (S20)
- **12.00** NOON **Blue Bloods**
- **4.00** PM **Law & Order: Criminal Intent** *Malignant:* 6/23. A scandal is exposed.
  5.00 *Tomorrow:* 7/23. A wealthy businessman's children are murdered.
  6.00 *The Pilgrim:* 8/23. The hunt for a missing woman leads Goren and Eames to a political activist's apartment.
  7.00 *Shandeh:* 9/23. Goren and Eames investigate the contract killing of a woman.
  8.00 *Con-Text:* 10/23. The team investigate a double homicide. (S2)
- **9.00** **Jesse Stone: Night Passage** Crime drama.
- **10.55** **Law & Order: Special Victims Unit** (S23&22)
- **2.45** AM **NCIS** 4/22. (S20)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Entertainment News**
- **8.10** **Friends** 9&10/24. (S4)
- **9.10** **Operation Pet Rescue**
- **12.20** PM **Dogs Behaving (Very) Badly** Double bill.
- **2.15** **Shoplifters: Caught Red Handed** Double bill.
- **4.20** **FILM Shanghai Noon** Martial arts comedy with Jackie Chan. (2000, 12, 109min) ★★★
- **6.25** **FILM Shanghai Knights** Action comedy sequel starring Jackie Chan and Owen Wilson. (2003, 12, 109min) ★★★
- **9.00** **FILM Wind River** Crime drama starring Jeremy Renner. (2017, 15, 103min) ★★★★
- **11.10** **Piers Morgan Uncensored**
- **1.05** AM **Banged Up Abroad**
- **2.05** **Casualty 24/7: Every Second Counts**
- **2.55** **Police Interceptors**
- **3.50** **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Motorway Patrol**
- **9.25** **Police Interceptors**
- **12.25** PM **MacGyver** (S3)
- **4.55** **FILM Decision at Sundown** Western starring Randolph Scott. (1957, PG, 77min) ★★
- **6.35** **FILM Operation Daybreak** World War Two drama starring Timothy Bottoms. (1975, 15, 104min) ★★★
- **9.00** **FILM Red Dawn** Action adventure about a group of US teenagers and an ex-Marine who wage guerrilla war against invading Soviet forces. Stars Charlie Sheen and Patrick Swayze. (1984, 15, 113min) ★
- **11.20** **FILM Papillon** Drama with Steve McQueen and Dustin Hoffman. (1973, 15, 150min) ★★★
- **2.30** AM **World's Deadliest Weather: Caught on Camera** Documentary.
- **3.30** **to 4.00** AM **Highway Patrol**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **The Bill**
- **11.00** **Tipping Point**
- **3.00** PM **Ambulance Australia** Four editions.
- **7.00** **The Supervet** Football pundit Lee Dixon brings his beloved rescue dog to see Noel Fitzpatrick.
  8.00 Noel Fitzpatrick and his team treat a giant Newfoundland puppy with a painful knee and shoulder.
- **9.00** **One Born: What Happened Next?** Catching up with a couple whose daughter is exhibiting classic signs of sibling rivalry.
  10.00 Catching up with a couple who received four rounds of fertility treatment.
- **11.00** **Prison Girls** Double bill.
- **1.00** AM **Interior Design Masters with Alan Carr**
- **2.15** **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.25** AM **Birds of a Feather**
- **8.00** **Lovejoy**
- **10.00** **Pie in the Sky**
- **12.00** NOON **Father Brown**
- **1.00** PM **New Tricks**
- **3.00** **Mrs Sidhu Investigates**
- **4.55** **Whitstable Pearl**
- **7.00** **The Brokenwood Mysteries** *Tontine:* 3/4. A cyclist suffers a massive coronary at the top of a local mountain. (S5)
- **9.00** **Bergerac** *Alone, Alas, Alone:* 3/6. A threatening letter corroborates Bergerac's hunch that they have the wrong people in custody. (S1)
- **10.00** **Rebus** *Dead Souls:* The detective investigates a colleague's link to a convicted paedophile, but gets distracted by a plea from an old flame.
- **12.15** AM **Whitstable Pearl**
- **1.20** **The Heart Guy**
- **2.15** **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

SATURDAY Entertainment

Saturday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** A couple search for a home in Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector** Alex Polizzi heads to the Dukes in the Bedfordshire village of Heath and Reach. **7.00** Alex comes to the aid of the owner of the Grenfell Arms in Maidenhead, Berkshire.
8.00 **Cornwall Air 999** The flying paramedics tend to a gardener in trouble and a patient with a unique medical history.
9.00 **The Repair Shop** Triple bill of editions.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Tenable**
2.00 PM **Lily Savage's Blankety Blank**
3.20 **Family Fortunes**
4.00 **The Chase**
5.00 **The Chase Celebrity Special** With Ann Widdecombe, Sam Nixon and Mark Rhodes and Jimmy Carr.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Quiz show hosted by Bradley Walsh.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** With Adam Garcia, Carol Decker, Holly Walsh and Rylan.
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.40 **The High Chaparral**
10.40 **FILM Planet of the Apes** Sci-fi adventure starring Charlton Heston. (1968, PG, 112min) ★★★★★
1.00 PM **FILM The Alamo** Epic Western starring John Wayne. (1960, PG, 161 min) ★★★
4.25 **FILM The Horse Soldiers** Western starring John Wayne. (1959, U, 115min) ★★
7.00 **FILM Midway** World War Two drama starring Charlton Heston. (1976, PG, 130min) ★★
9.50 **FILM A Dangerous Man** Action thriller starring Steven Seagal, Byron Mann and Mike Dopud. (2009, 18, 94min) ★★★
11.50 **The Persuaders!**
1.50 AM **Cops Uncut**
3.50 **Wild West Chronicles**
4.40 **Coast Guard Alaska**
5.25 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.15 **FILM Garage Sale Mysteries: A Case of Murder** (2017, PG) ★★
10.20 **FILM Lost Letter Mysteries: From the Heart** (2016, PG) ★★
12.15 PM **FILM Lost Letter Mysteries: One in a Million** (2016, PG) ★★
2.10 **Ruth Rendell Mysteries: Vanity Dies Hard**
5.10 **Morning Show Mysteries – Death by Design**
7.05 **FILM Murder, She Baked – A Chocolate Chip Cookie Mystery** (2015)
9.00 **FILM PREMIERE Hailey Dean Mysteries: A Will to Kill** (2018, U) ★★
10.55 **FILM Martha's Vineyard Mysteries: Poisoned in Paradise** (2021, PG) ★★
12.50 AM **FILM Shattered Memories** (2018) ★★
2.40 **FILM Killer Contractor**
4.15 **to 5.40** AM **FILM Dying for a Baby** (2019) ★★

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas by Chance** (2020, PG) ★★
10.00 **FILM Christmas in the Highlands** (2019) ★★
12.05 PM **FILM The Christmas Chalet** (2019, PG) ★★
2.00 **FILM A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
4.00 **FILM A Bramble House Christmas** (2017) ★★
5.55 **FILM The Christmas Cottage** Comedy. (2017, U, 90min) ★★
8.00 **FILM Christmas in Evergreen** Drama. (2017, U, 84min) ★★
9.55 **FILM A Rose for Christmas** Festive drama. (2017, U, 90min) ★★
11.55 **FILM The Sweetest Christmas** Romance. (2017, PG, 90min) ★★
1.50 AM **FILM Christmas in the Air** (2017, U) ★★
3.25 **to 4.50** AM **FILM A Blue Ridge Mountain Christmas** As 2.00pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **Soap** 21/25. (S1)
9.00 **A Sharp Intake of...**
10.00 **Please Sir!** (S4)
11.00 **Haggard** 4&5/7. (S2)
12.00 NOON **The Tony Hancock Show**
12.30 PM **Jokers Wild**
1.00 **FILM Man of the Moment** (1955) ★★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **My TV Rewind**
4.00 **Bubblegum & Cheese**
5.00 **Rewind and Remember**
5.30 **A Sharp Intake of Breath** 6&7/7. (S1)
6.30 **Please Sir!** (S4)
7.30 **In Loving Memory** (S3)
9.00 **Haggard** 4&5/7. (S2)
10.00 **Police Woman** (S1)
11.00 **Stereo Underground**
12.00 M'T **Soap** (S1)
1.00 AM **Jokers Wild**
1.30 **Going Home**
2.00 **FILM Drake's Venture** Drama. (1980, PG) ★★
4.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** Featuring a woman whose house has been declared uninhabitable. **8.00** A man tries to salvage his chaotic home.
9.00 **Body Bizarre** A man undergoes surgery to remove the tumours that cover his face. **10.00** A woman with life-changing burns after a bonfire explosion. **11.00** A boy is fitted with prosthetic eyes. **12.00** M'T A baby with his dead twin's body parts attached to him. **1.00** AM A baby with a life-threatening tumour.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Nigel Slater's Simple Suppers**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Secrets of the Curry Kitchen** Double bill.
4.00 **Nadiya's Simple Spices**
7.00 **Ravneet Gill's Chop House** Double bill.
8.00 **Adam Richman Eats Football** Double bill.
9.00 **Diners, Drive-Ins and Dives** Guy Fieri visits an Italian restaurant in San Carlos, California. **9.30** Guy heads to Alameda, California.
10.00 **Cutthroat Kitchen: Knives Out** New edition The chefs have 30 minutes to create their dream last meal.
11.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Super Cyclone** Disaster movie. (2012, 12, 90min) ★
9.00 **Charlie's Angels** (S2)
2.00 PM **FILM The Spoilers** Western drama. (1942, b/w, PG, 87min) ★★
3.50 **FILM Comanche Station** Western. (1960, PG, 74min) ★★
5.20 **FILM Triple Cross** World War Two spy thriller with Christopher Plummer. (1966, PG, 126min) ★★
8.00 **The Twilight Zone**
9.00 **FILM Rambo: Last Blood** Thriller sequel with Sylvester Stallone. (2019, 18, 89min) ★★
10.50 **FILM The Wild Geese** Action adventure with Richard Burton. (1978, 15, 134min) ★★★
1.25 AM **FILM Legacy of Lies** Action thriller. (2020, 15, 101 min) ★★
3.25 **to 5.15** AM **FILM The Hunter's Prayer** Thriller. (2017, 15, 91 min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
8.00 **FILM Sea of Sand** Action drama. (1958, b/w, U, 97min) ★★★
10.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
12.00 NOON **FILM Apocalypse of Ice** Disaster drama starring Tom Sizemore. (2020, PG, 88min) ★★
2.00 PM **FILM Polar Storm** Sci-fi action thriller starring Jack Coleman. (2009, PG, 92min) ★★
4.00 **Andromeda** (S2)
9.00 **FILM Safe** Action thriller starring Jason Statham and Catherine Chan. (2012, 15, 90min) ★★★
10.55 **FILM Death Wish** Vigilante action drama starring Charles Bronson and Hope Lange. (1974, 18, 89min) ★★★
1.00 **to 3.00** AM **FILM Safe**

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.20 **Pawn Stars** Double bill.
10.10 **River Hunters**
12.05 PM **Strangest Things**
2.05 **Secret Societies: In the Shadows**
4.05 **Empire Builders**
6.00 **Alien Files Reopened**
7.00 **Ancient Aliens** Empty, enormous sarcophagi buried deep beneath the sands of Egypt.
8.00 **The Proof Is Out There** A photograph taken by a Swedish teenager said to offer some of the most convincing UFO evidence ever.
9.00 **The Sumatran Monster** A primate-like creature known as Forest Man.
10.00 **UFO Town** An incident near Ottawa, Canada.
11.00 **Weird or What? with William Shatner**
1.00 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Jeremy Vine: The Week in Review**
10.30 **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Great British Ships**
7.00 **World War I in Colour**
8.00 **World War II in Colour**
9.00 **The Great Escape: A Daring Plan** The story of the prison break.
10.00 **The Great Escape: Breakout** The X Committee's tunnel is discovered by the Nazis.
11.00 **The Great Escape: Capture** As they take their opportunity to flee, 76 of the 200 prisoners manage to escape.
12.00 M'T **World War II: Secrets from Above**
1.00 AM **Natural History Museum: World of Wonder** Documentary.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** A couple search for a rural home in Dorset.
8.00 **Derelict Rescue** Isadora and Ben tackle the restoration of a 500-year-old farmhouse. **9.00** Ben is turning his back on city life to renovate a 180-year-old barn in south Wales.
10.00 **Escape to the Country** Jules Hudson comes to the aid of a couple in the North Wessex Downs. **11.00** Sonali Shah helps a couple from Essex to find a property in the Suffolk countryside. **12.00** M'T A couple hope to relocate to rural Northamptonshire.
1.00 **to 4.00** AM **Home Town**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: UK** Four editions.
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life: Where Are They Now?**
3.00 **My 600lb Life**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** Four editions of the series, including at: **7.00** A blind customer argues with her mother. **7.30** An Olympic bobsledder clashes with her mother.
8.00 **Dr Pimple Popper**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Last Man Standing**
9.25 **Friends** 4–8/18. (S10)
12.00 NOON **FILM Definitely, Maybe** Comedy. (2007, 12, 107min) ★★★
2.10 PM **Friends** (S10)
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Peter Andre.
9.00 **FILM Couples Retreat** Relationship comedy. (2009, 15, 113min) ★★★
11.15 **FILM EDtv** Comedy. (1999, 12) ★★★★
1.35 AM **Iain Stirling's Roast the Internet**
2.35 **8 Out of 10 Cats Uncut**
3.25 **Whose Line Is It Anyway? USA**
3.50 **Mike Judge's Beavis and Butt-Head** (S3)
4.10 **Modern Horror Stories**
4.15 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** 7&8/26. (S3)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S3)
1.00 PM **Everybody Loves Raymond** (S3&4)
7.00 **Friends** 17&18/18. Last-ever episode. Monica and Chandler anxiously wait for Erica to give birth. (S10) **8.00** 1/24. The first-ever episode. Rachel arrives at the local cafe after jilting her fiancé at the altar. **8.30** 2/24. Carol tells Ross she plans to raise his child with Susan. **9.00** 3/24. Monica shows off her new boyfriend to the rest of the group. **9.30** 4/24. The girls spy on a neighbour. (S1)
10.00 **Friends** (S1&10)
2.30 AM **South Park**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Bondi Rescue**
1.00 PM **911 Crisis Centre**
3.00 **Caught on Dashcam** Five editions of the series featuring road disasters captured on video by drivers' dashboard cameras.
8.00 **SEAL Team** *Drawdown:* 17/20. Sonny is reacquainted with a childhood friend. **9.00** *Edge of Nowhere:* 18/20. The unit search for the leader of a new terrorist group. **10.00** *In the Blind:* 19/20. Bravo Team are ambushed by enemy forces during a mission. **11.00** *No Choice in Duty:* 20/20. Ray leads Bravo Team on an urgent mission. (S3)
12.00 M'T **The Force: North East** Five editions.
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **Teen Mom UK**
7.10 **Teen Mom OG**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: Models**
8.00 **Catfish: The TV Show** Reese was used to getting his own way with women – until he met Jesica.
9.00 **The Hills: New Beginnings** The show returns with new faces and old favourites. **10.00** Stephanie tries to repair her relationship with her estranged brother Spencer. **11.00** Audrina learns shocking information about Justin Bobby. **12.00** M'T Brody laments the state of relations with his estranged father.
1.00 AM **The Challenge: Vets & New Threats**
2.20 **to 4.00** AM **Catfish: The TV Show**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Expedition X**
12.00 NOON **Gold Rush: White Water** Six editions of the documentary, including at: **3.00** PM For Dustin and his crew, exhaustion and lack of gold at The Wall pushes them to the boiling point. **4.00** With time running out, Dustin makes a big call. **5.00** Dustin hits rock bottom after abandoning The Wall.
6.00 **Deadliest Catch** When the *Time Bandit* loses power, Johnathan deploys a camera probe to find the problem.

7.00 Gold Divers

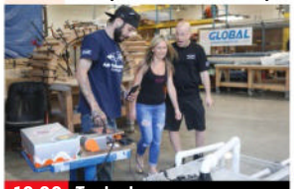
7.00 **Gold Divers** Part one of two. Shawn follows old mining evidence, while Kris suffers a catastrophic failure on the *All In*.
8.00 **Gold Divers** Part two of two. Kris's failure threatens to end both his season and mining career.
9.00 **Naked and Afraid Apocalypse** Fuelled by a win, Waz and Teal scavenge the ruins to build shelter. Amber fights an eye injury and camp chaos, and two survivalists are forced out.
11.00 **Expedition Unknown** Josh dives into the mystery of a Greek sea passage that claimed 58 ships.
12.00 M'T **Deadliest Catch** *Time Bandit* and *Northwestern* decide to join forces.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **Buying Alaska**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** Jim Tweto flies a group of rock climbers to a remote mountain range. **4.00** Jim looks for a group of missing mountain climbers.
5.00 **Treehouse Masters** Pete creates a climber's haven.
6.00 **Saved by the Barn** The team host a car wash to raise money for cows and donkeys.



10.00 Tanked

7.00 **How Do Animals Do That?** How a fish makes a weapon out of water. **7.30** The secret ways that cats communicate.
8.00 **Extinct or Alive** Forrest treks through the world's largest cave in search of the Saola, also known as the Asian Unicorn.
9.00 **The Zoo** A giraffe travels to its new home, while keepers raise endangered ducklings and release them in Central Park.
10.00 **Tanked** Alyssa Milano asks the duo to build an elegant aquarium complete with a built-in wine rack for her family.
11.00 **Alaska: The Last Frontier**
12.00 M'T **Project Grizzly** Jeff teaches the bears how to den up for the winter. **1.00** AM Jeff teaches the bears to be scared of humans.
2.00 **Alaskan Bush People**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Construction Fails**
11.00 **Air Crash Investigation**
1.00 PM **Top Guns: The Next Generation** Documentary.
2.00 **Car S.O.S** Tim and Fuzz restore a VW Wizard. **3.00** Restoring a Fiat Spider.
4.00 **Destruction Decoded** Devastating dam collapses.
5.00 **Air Crash Investigation** The cockpit window of Sichuan Airlines 8633 explodes. **6.00** A firebomber crashes while battling an epic wildfire.

8.00 Car S.O.S

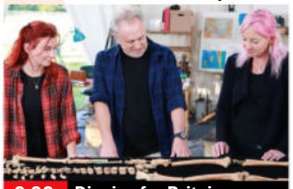
7.00 **Seconds from Disaster** An investigation into a 1988 train crash at Paris's Gare de Lyon station.
8.00 **Car S.O.S** Fuzz and Tim secretly restore a Fiat 500 for a man who was forced to abandon it by a series of family tragedies.
9.00 **Car S.O.S** Fuzz and Tim rescue the rusting wreck of a rare Talbot Sunbeam Lotus belonging to an ex-firefighter in Forfar.
10.00 **Car S.O.S** Fuzz and Tim head to Oxfordshire to work on a 1973 Porsche 911 Targa for a man with early onset dementia.
11.00 **Car S.O.S** Fuzz and Tim take on one of the most divisive British sports cars ever made – a Triumph TR7.
12.00 M'T **Airport Security: Rome** Triple bill of the documentary.
2.55 AM **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Made in a Day**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Full Custom Garage**
7.00 **Storage Wars** Four editions.
9.00 **Curse of Skinwalker Ranch**
10.00 **Beyond Skinwalker Ranch**
11.00 **Pawn Stars** Double bill.
1.00 PM **World War Weird** Four editions, including at: **4.00** A German pilot who saved the crew of an American B-17 bomber.
5.00 **Iconic Combat Machines** An appraisal of the Spitfire Tiger.
6.00 **Bone Detectives: Britain's Buried Secrets** The discovery of a Roman cemetery.



9.00 Digging for Britain

7.00 **Secrets in the Ice** Fossils found in the Canadian Arctic lead to the discovery of a new species.
8.00 **Secrets in the Ice** An expedition on Europe's tallest mountain unearths a decapitated human body.
9.00 **Digging for Britain** Alice Roberts visits a dig in southern England that reveals a previously unknown Roman town.
10.00 **Digging for Britain** Alice visits more archaeological digs, including a spectacular monument older than Stonehenge.
11.00 **History's Greatest Mysteries** A look at the Old Testament's legendary lost places, such as the Tower of Babel.
12.00 M'T **Secrets in the Dark** How the cave's eerie acoustics have been associated with supernatural phenomena.
1.00 AM **Evidence of the Unexplained** Triple bill.
4.00 **to 6.00** AM **Secrets in the Ice**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **American Pickers**
10.00 **Bangers & Cash: Restoring Classics** As shown at 8.00pm.
11.00 **One Foot in the Grave**
3.00 PM **Fred Dibnah's Building of Britain** Four editions.
5.00 **Fred Dibnah's Made in Britain** Double bill of editions.
6.00 **Bangers & Cash** A rare 1968 Honda N600 car emerges from a lock up in Co Durham, and Derek heads to Scotland to collect an RAC Bedford van.

3.00 Fred Dibnah's Building of...

7.00 **Bangers & Cash** Derek collects five beautiful veteran motorbikes from an enthusiast who is still happily riding in his 90s.
8.00 **Bangers & Cash: Restoring Classics** Derek points the team towards a 1983 Daimler Double Six.
9.00 **Bangers & Cash** A 1964 Ford Capri Consul coupe comes up for auction, and Paul takes a 1957 Leyland Comet truck for a spin.
10.00 **Bangers & Cash** Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse.
11.00 **Bangers & Cash** A series of head-turning supercharged cars arrive at the auction room in Thornton le Dale. **12.00** M'T Derek heads out to pick up a pair of beautiful Swedish models – a Saab 96L and a Volvo P1800ES.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Supertruckers**
7.00 **British Superbikes**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
6.00 **Shed and Buried: Classic Cars** Triple bill.
9.00 **Ant Anstead: Born Mechanic** Ant revamps a beach buggy with a twist, and the scale of the farmhouse renovation starts to hit home.
10.00 **Massive Engineering Mistakes** A look at the devastating effects of engineering disasters.
11.00 **Gem Hunters Down Under** Gemfield newcomers Matt and Amber hunt sapphires. **12.00** M'T Ray has another claim, but drilling a hole brings its own set of problems.
1.00 AM **Mysteries of the Deep** Double bill.
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Vegas Dress** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Disappeared**
9.00 **Murder on CCTV** New edition When Cindy Mudd goes missing, the Kanawha County Sheriff's office turns to CCTV in a bid to retrace her movements.
10.00 **A Body in the Basement** New edition Police find a missing Michigan man hanging in a basement dungeon.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** The New York State Dive Team search the icy Hudson River for Noel Alkaramla.
7.00 **New Scotland Yard Files** The case of David Morley, who was beaten to death on London's South Bank. **8.00** The murder of Nisha Patel-Nasri.
9.00 **Donal MacIntyre's Killer Evidence** Police get a frantic call from a man saying his wife has been murdered. **10.00** A bouncer at a bar is stabbed in New Cross, south London.
11.00 **See No Evil** The murder of Torrance Cheeves.
12.00 M'T **Cold Justice**
2.00 AM **New Scotland Yard Files** Double bill.
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
2.00 PM **Forensic Factor** How weapons are the hallmark of violent crime. **3.00** A look at how killers call on all the elements in an attempt to cover up their crimes.
4.00 **Written in Blood** Clare Mackintosh takes Simon Toyne to a quiet community in Northern Ireland to explore a double murder with close parallels to her novel *Let Me Lie*. **5.00** Tess Gerritsen invites Simon to Oregon in America, where an incredible real-life case of multi-generational murder influenced her book *Body Double*.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Forensic Factor**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops**
8.00 **Highway Patrol**
9.00 **The Real Manhunter**
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **Murderer & Me**
1.20 PM **The Murder of Lee Irving** Documentary.
2.15 **Catching the Killer**
3.10 **Killer in My Village**
4.05 **Killing Mum and Dad**
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **There's Something Wrong with Aunt Diane**
10.55 **Killer in My Village**
12.00 M'T **The Killer Within**
1.00 AM **Britain's Most Evil...**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** Catherine Nevin.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
12.00 NOON **Grand Tours of the Scottish Islands**
1.00 PM **Full Steam Ahead**
6.15 **WWII in Colour: Road to Victory** In the summer of 1944, war-torn France reaches a crisis point. **7.25** The US Air Force develops a new 'wonder' bomber. **8.35** Hitler's empire is in ruins, but there is still a city to take before the allies can declare victory. **9.40** The US reluctantly prepare to invade Japan. **10.50** Two years after Pearl Harbour, America's war machine now has Japan on the back foot.
12.00 M'T **Full Steam Ahead** Ruth Goodman, Alex Langlands and Peter Ginn relive the golden age of steam railways.
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Jeff Goldblum**
7.00 **Discovering: Forest Whitaker**
8.00 **The Directors**
9.00 **Red Elvis: The Cold War Cowboy** Documentary.
10.50 **My Icon: Michael Holding**
11.00 **All That Breathes**
1.00 PM **McLaren**
2.50 **My Icon: Leon Pryce**
3.00 **FILM Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★
5.00 **Everton: Howard's Way**
7.10 **Williams & Mansell: Red 5** The rise of driver Nigel Mansell and the Williams F1 racing team.
9.00 **The Essex Murders: Who Killed Goldfinger?** New edition 2/3. Investigating the unsolved 2015 murder of John Palmer.
10.00 **NEW The Alabama Solution** Documentary about the prison system in Alabama.
12.30 AM **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
2.40 **Stasi FC** Documentary.
4.30 **PL Legends: Andrew Cole**
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Loons: A Cry from the Mist**
7.00 **A Bee's Diary**
8.00 **Shark Squad**
10.00 **Coral City**
12.00 NOON **Pride Rules**
1.00 PM **Snow Leopards with Dan O'Neill** A search for the largest snow leopard ever recorded.
2.00 **Supersenses** Triple bill.
5.00 **Micro Monsters with David Attenborough** Six editions.
8.00 **Battle of the Alphas** The alphas are ready for battle. **8.30** A sandhill crane leads a deathly dance.
9.00 **Surviving the Amazon** The new skills animals need to learn to survive the dry season.
10.00 **Bugs That Ruled the World** How the praying mantis has the agility of a martial artist and an appetite for everything from flies to hummingbirds. **11.00** How beetles keep ecosystems in balance.
12.00 M'T **Battle of the Alphas**
1.00 AM **Surviving the Amazon**
2.00 **Loons: A Cry from the Mist**
3.00 **to 6.00** AM **Life's Journey**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: Origins**
8.00 **The Sound and the Fury**
10.00 **The Lost Women Spies**
11.00 **Walking Through History**
12.00 NOON **Digging for Britain**
2.00 PM **Alien Files: Unsealed**
4.00 **The Lost Women Spies**
6.00 **Walking Through History** Tony Robinson sets off on a 45-mile hike through Weald in Kent. **7.00** Tony embarks on a 45-mile walk across Wiltshire.
8.00 **The Nostradamus Effect** Isaac Newton's obsession with alchemy and biblical prophecies. **9.00** An investigation into the plausibility of apocalyptic prophecies throughout history.
10.00 **Lost Worlds** The secret underground pathways of Scotland that reveal the degree of sophistication of the culture 700 years ago.
11.00 **Ancient Aliens: Origins**
1.00 AM **Secrets Declassified with David Duchovny** Double bill.
3.00 **WWII's Most Daring Raids**
4.00 **WWII Battles in Colour**
5.00 **to 6.00** AM **WWII Lost Films**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Fugitives Caught on Tape**
1.05 PM **Witness to Murder: Digital Evidence** Double bill.
3.00 **Very Scary People**
5.00 **Accident, Suicide or Murder?**
8.00 **The First 48** A man who moved to America to fulfil his dreams is killed at a party.
9.00 **Look What You Made Me Do** True-crime documentary.
10.00 **Laura Whitmore on Britain's Killer Teens** Cases of teenagers who committed murder.
11.00 **Sleeping with Death** A teenager awakes to discover her father stabbed to death.
12.00 M'T **Murdered by Morning**
1.00 AM **Mastermind of Murder**
2.00 **Cold Case UK** New edition How DNA solved the Salisbury attacks from the 1980s.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: North Carolina** Documentary.
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Croatia's Coast**
3.00 **Ice Road Rescue**
4.00 **Ice Road Rescue: Highway Havoc** Documentary.
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Doctors investigate why a cat has become aggressive.
8.00 **Secrets of the Zoo: Tampa** Alligators, skunks and bears emerge from hibernation. **9.00** The penguin keepers are on egg watch, awaiting the arrival of new chicks.
10.00 **Wild Florida** 2/2. Conclusion of the documentary exploring the state's wildlife and predators.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** A theory of how the universe came into existence. **7.00** The evolution of galaxies, from clouds of cold gas floating in space 13 billion years ago to the vast gravitationally bound systems of today. **8.00** Examining how Earth's solar system was formed.
9.00 **Attack and Capture: The Story of U-Boat 505** The German submarine's capture by the US Navy.
10.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.
11.00 **America's Most Secret: Structures** Classified sites.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **David Attenborough's Natural Curiosities**
1.00 PM **David Attenborough's Natural Curiosities** A look into whether animals and plants have developed an awareness of mathematics. **1.30** The naturalist investigates birds' egg shells and the hard shell of the tortoise. **2.00** The evolution of aggression in the animal kingdom. **2.30** Investigating nature's evolutionary anomalies. **3.00** Highlighting the curious creatures that have led to accusations of forgery. **3.30** A look into how nature has tinkered with the ageing process to different effect. **4.00** Examining the narwhal's tusk and the spiral shells found on snails and ammonites. **4.30** An examination of the wings of a butterfly.
5.00 **The Two Ronnies** Back-to-back editions of the sketch show.
3.45 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
9.00 **Married to Evil**
10.00 **The Killer in My Family**
12.00 NOON **Murder Comes to Town**
2.00 PM **Valley of the Damned**
4.00 **American Monster**
5.00 **Evil Lives Here**
6.00 **Faking It: Tears of a Crime**
8.00 **Calls from the Inside** Fishermen find a man shot to death on a river embankment.
9.00 **American Detective with Lt Joe Kenda** Joe showcases the work of a homicide detective who put everything on the line to solve a case.
10.00 **Mean Girl Murders** Things turn deadly serious when a new girl joins an alternative high school.
11.00 **Crime Scene Confidential** CSI Alina Burroughs revisits a murder that's haunted a college campus for decades.
12.00 M'T **Kiss of Death** Double bill.
2.00 AM **The Lies That Bind**
3.00 **Deadly Secrets**
4.00 **to 6.00** AM **Grave Secrets**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Swamp Loggers**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Kindig Customs**
4.00 PM **Hell Roads**
5.00 **Kindig Customs** Triple bill of editions, including at: **7.00** The crew prove they can execute Dave's Corvette vision.
8.00 **Incredible Engineering Blunders: Fixed** Justin Cunningham and Tomo Umewaka find solutions for engineering mistakes. **9.00** Justin climbs on top of a stadium roof that is held up by air and in danger of collapse. **10.00** Justin learns the truth about a landslide.
11.00 **Auto Trader** Helping a semi-pro footballer find a car. **11.30** Buying a stylish car on a budget of £18,000. **12.00** M'T Improving a Subaru Legacy estate. **12.30** AM A customer tries to sell his Mustang.
1.00 **to 5.00** AM **Swamp Loggers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.35 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
8.45 **Grow** As shown at 2.45pm.
10.35 **Code 3** Action comedy. (2025, 15, 104min) ★★★★
12.35 PM **Bridget Jones: Mad About the Boy** As 8.00pm.
2.45 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★
4.35 **PREMIERE Presence** (2024)
6.05 **Novocaine** Action comedy. (2024, 15, 80min) ★★★

10.10 Presence

8.00 Bridget Jones: Mad About the Boy Romantic comedy starring Renée Zellweger, Chiwetel Ejiofor and Leo Woodall. Recently widowed Bridget enters the dating game again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 PREMIERE Presence Horror thriller with Callina Liang. A family become convinced they are not alone after moving into a new home in the suburbs. (2024, 15, 84min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Novocaine** As 6.05pm.
1.40 AM **It Feeds** Horror with Shawn Ashmore and Ashley Greene. (2025, 15, 102min) ★★★
3.30 **Spin the Bottle** Horror. (2024, 15, 119min) ★★
5.40 **to 7.20** AM **Die Alone** Drama. (2024, 15, 91min) ★★★★

Sky Cinema Spider-Man

303 303 403 503 517

6.20 AM **Venom: The Last Dance**
8.20 **The Amazing Spider-Man**
10.40 **The Amazing Spider-Man 2**
1.05 PM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
3.10 **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
5.10 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
7.15 **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★

9.25 Spider-Man 3

Spider-Man 2 (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 Spider-Man 3 Fantasy sequel starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality, so he must conquer his inner demons before he can defeat two adversaries. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield, Emma Stone, Denis Leary and Rhys Ifans. (2012, 12, 136min) ★★★
2.10 AM **The Amazing Spider-Man 2** Fantasy adventure sequel with Andrew Garfield and Emma Stone. (2014, 12, 142min) ★★★
4.40 **to 6.45** AM **Madame Web**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Love Actually** As 12.20pm.
8.20 **El Dorado** Classic Western. (1966, PG, 126min) ★★★★
10.30 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
12.20 PM **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★
2.40 **Aisha** Drama starring Letitia Wright and Josh O'Connor. (2022, 12, 94min) ★★★★
4.20 **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
6.00 **Dear John** Romance starring Channing Tatum and Amanda Seyfried. (2010, 12, 108min) ★★
8.00 **A Star Is Born** Music drama starring Lady Gaga and Bradley Cooper, who also directed. (2018, 15, 136min) ★★★★★
10.30 **The Holiday** Romantic comedy starring Cameron Diaz, Kate Winslet, Jude Law and Jack Black. (2006, 12, 135min) ★★★
12.50 AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
3.00 **The Bridge on the River Kwai** David Lean's classic war drama. (1957, PG, 161min) ★★★★★
5.55 **to 8.05** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.05 AM **Cinema List: Horror Villains**
7.25 **Restore Point** Sci-fi thriller. (2023, 15, 115min) ★★★★
9.20 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
11.15 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.55 PM **Kong: Skull Island** Fantasy. (2017, 12, 118min) ★★★★
2.55 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
4.40 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
6.20 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
8.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
9.50 **2012** Epic disaster movie starring John Cusack, Chiwetel Ejiofor and Amanda Peet. (2009, 12, 158min) ★★★
12.30 AM **Timestalker** Comedy. (2024, 15, 89min) ★★★★
2.05 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
4.10 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
5.50 **to 6.30** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Sky Cinema Preview**
7.05 **Twist** Drama. (2021, 12) ★★★★
8.50 **Blithe Spirit** (2020, 12) ★★★
10.40 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
12.40 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★
2.20 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
4.05 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
6.00 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

7.35 The Smurfs

7.35 **The Smurfs** Adventure starring Neil Patrick Harris, Jayma Mays, Sofia Vergara and Tim Gunn. (2011, U, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

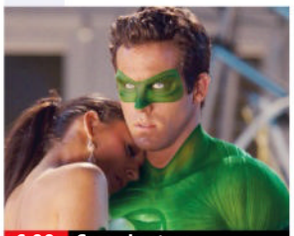
9.30 **The Smurfs 2** Family adventure sequel mixing live action and animation, starring Hank Azaria and Neil Patrick Harris. The Smurfs and their human friends dash around Paris to thwart an evil wizard. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Small Soldiers** Adventure starring Kirsten Dunst, Gregory Smith and Jay Mohr. (1998, PG, 99min) ★★★★
1.25 AM **Friend or Foe** Family drama starring John Bardon. (1981, U, 70min) ★★★
2.50 **Goosebumps 2: Haunted Halloween** Comedy sequel starring Madison Iseman. (2018, PG, 86min) ★★
4.30 **to 6.55** AM **The Wiz** Musical. (1978, U, 133min) ★★

Sky Cinema Action

307 307 407 507 521

6.50 AM **Cinema List: Antiheroes**
7.05 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
9.15 **Enter the Dragon** As 2.20am.
11.15 **The Legend of Tarzan** Adventure. (2016, 12) ★★★
1.10 PM **Superman Returns** Adventure. (2006, 12) ★★★
3.45 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
6.00 **Green Lantern** Adventure. (2011, 12, 114min) ★★



6.00 Green Lantern

8.00 **The Mummy** Action adventure starring Brendan Fraser, Rachel Weisz, John Hannah and Arnold Vosloo. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Raiders of the Lost Ark** Steven Spielberg's adventure with Harrison Ford. Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★
2.20 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
4.10 **Sky Cinema Preview**
4.55 **to 6.55** AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **The Terminal** As 10.00pm.
8.35 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
10.20 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
12.10 PM **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
2.15 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.10 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
6.10 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★

10.00 The Terminal

8.00 **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks, Catherine Zeta-Jones and Stanley Tucci. (2004, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Scott Pilgrim vs. the World** Comic-book comedy. (2010, 12, 112min) ★★★★
2.05 **Baywatch** Action comedy. (2017, 15, 121min) ★★
4.05 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
5.40 **The Cinema List: SNL**
5.55 **to 7.30** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Da Vinci

309 309 409 509 523

8.10 AM **Angels & Demons** As shown at 10.35pm.
10.35 **Inferno** As 5.50pm.
12.45 PM **The Da Vinci Code** As shown at 8.00pm.
3.25 **Angels & Demons** (2009)
5.50 **Inferno** Thriller starring Tom Hanks, Felicity Jones and Omar Sy. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. (2016, 12, 121min) ★★★

5.50 Inferno

8.00 **The Da Vinci Code** Conspiracy thriller starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Angels & Demons** Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Inferno** As 5.50pm.
3.10 **The Da Vinci Code** (2006)
5.45 **to 8.15** AM **Angels & Demons** As 10.35pm.

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dragonball Evolution** Fantasy. (2009, PG) ★★
12.40 PM **Baby's Day Out** Comedy. (1994, PG, 99min) ★★★
2.35 **The Seeker: The Dark is Rising** Fantasy adventure. (2007, 12, 98min) ★★
4.30 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
6.45 **Gemini Man** Action drama. (2019, 12, 117min) ★★

4.30 Spider-Man: Into the...

Gemini Man (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **65** Adventure starring Adam Driver. When an astronaut crashes on a mysterious planet, he fights for survival amidst the deadly wildlife. With Ariana Greenblatt. (2023, 12, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Black Phone** Horror with Mason Thames and Ethan Hawke. In North Denver, detectives try to catch a masked predator nicknamed The Grabber. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 **to 3.40** AM **The Lovely Bones** Crime drama based on Alice Sebold's bestselling book. (2009, 12, 135min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.00 AM **Zombieland: Double Tap**
7.40 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
9.20 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
11.40 **Sinister** Horror starring Ethan Hawke. (2012, 15, 105min) ★★★
1.40 PM **Zombieland: Double Tap** Comedy sequel starring Woody Harrelson and Jesse Eisenberg. (2019, 15, 99min) ★★★

3.20 **The Ring** Horror chiller remake. (2002, 15, 115min) ★★★
5.20 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
7.05 **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
9.00 **Halloween** Horror starring Jamie Lee Curtis and Judy Greer. (2018, 18, 106min) ★★★★
10.50 **The Invisible Man** Thriller starring Elisabeth Moss, Oliver Jackson-Cohen and Harriet Dyer. (2020, 15, 124min) ★★★★

12.55 AM **Pet Sematary** Supernatural thriller. (1989, 18, 103min) ★★
2.40 **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
4.35 **The Cinema List: Thriller**
5.00 **to 6.35** AM **Friday the 13th Part II** Horror sequel with Amy Steel. (1981, 18, 87min) ★★

Sky Cinema Greats

304 304 404 504 518

7.40 AM **Parenthood** As 5.10am.
9.50 **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
11.45 **The Cable Guy** As 1.30am.
1.25 PM **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
2.55 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★

4.35 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
6.15 **Blue Hawaii** Elvis Presley musical. (1961, PG, 103min) ★★
8.00 **Singin' in the Rain** Musical starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
9.45 **Alfie** Comedy drama starring Michael Caine as a womanising cockney who finally meets his match. With Shelley Winters, Julia Foster and Jane Asher. (1966, 15, 114min) ★★★★

11.45 **Blue Hawaii** As 6.15pm.
1.30 AM **The Cable Guy** Black comedy starring Jim Carrey. (1996, 12, 96min) ★★★★
3.15 **Galaxy Quest** Sci-fi comedy. (1999, PG, 102min) ★★★★
5.10 **to 7.25** AM **Parenthood** Drama. (1989, 15, 124min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Rock Dog 2: Rock Around the Park** (2021, U) ★★
7.50 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
9.40 **Migration** Animated comedy. (2023, U, 83min) ★★★
11.15 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
12.55 PM **Open Season** As 9.25pm.
2.30 **Over the Hedge** Animation. (2006, U, 83min) ★★★★

4.00 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
5.50 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
7.35 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
9.25 **Open Season** Animated comedy. (2006, PG, 86min) ★★★★
10.55 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
12.25 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★

1.45 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
3.15 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
4.45 **to 6.15** AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022) ★★★

Christmas 24

312 313 419

7.00 AM **A Tale of Two Christmases** Comedy. (2022, PG, 84min) ★★
9.00 **Santa Tell Me** Romantic drama. (2024, PG, 84min) ★★
11.00 **Holiday Heritage** Festive drama. (2023, PG, 84min) ★★
1.00 PM **The Spirit of Christmas Station** Romantic drama. (2025, PG, 90min) ★★
3.00 **To All a Good Night** Romantic drama. (2023, PG, 90min) ★★

5.00 **Mistletoe in Montana** Romantic drama. (2021, PG, 83min) ★★
7.00 **A Novel Noel** Drama starring Julie Gonzalo and Brendan Penny. (2024, PG, 90min) ★★
9.00 **Mystery on Mistletoe Lane** Festive mystery starring Erica Cerra. A woman and her children discover a Christmas mystery in the historic home they have just moved to. (2023, PG, 90min) ★★
11.00 **A Very Merry Mix Up** Romantic comedy. (2023, PG, 90min) ★★

1.00 AM **Christmas Bedtime Stories** Festive drama starring Erin Cahill. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Twas the Night Before Christmas** Festive drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **It's All in a Lifetime**
6.40 **Date with Disaster** Crime drama. (1957, b/w, U, 61min) ★★
7.55 **The Roy Rogers Show** (S2)
8.25 **Space Patrol** 31/39. (S1)
9.00 **Batman** 38/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 13/26. (S1)
10.30 **The Last Load** Family drama. (1948, b/w, PG, 57min) ★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **Zontar: The Thing from Venus** Sci-fi horror with John Agar. (1967, PG, 80min) ★★
1.40 PM **Look at Life** Documentary.
1.50 **One Step Beyond** 1/36. (S3)
2.25 **The Shop at Sly Corner** Drama. (1946, b/w, PG, 95min) ★★
4.15 **North West Frontier** Adventure. (1959, U, 129min) ★★★
6.50 **Look at Life** Documentary.
7.00 **Maigret** 4/13. (S2)
8.00 **A Family at War** 2/20. (S3)
9.00 **The Lost World** 2/2. Period adventure starring Bob Hoskins.

10.40 **Melody** Drama starring Mark Lester. (1971, PG, 103min) ★★
12.50 AM **Eurotrash** First edition.
1.30 **Auntie Lee's Meat Pies** Comedy. (1992, 15, 100min) ★★
3.35 **I Lived with You** Drama. (1933, b/w, U, 100min) ★★★
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE PGA Tour Golf** Coverage of the third day of the Baycurrent Classic staged at Yokohama Country Club in Japan.
8.00 **LIVE LPGA Tour Golf** Coverage of the third day of the Buick LPGA Shanghai at Qizhong Garden Golf Club in Shanghai.
9.00 **Sky Sports Breakfast**
10.00 **LIVE ICC Women's World Cup England v Sri Lanka.** Coverage of the group match from R.Premadasa Stadium in Colombo. England are looking to claim their fourth ODI World Cup title, with their last victory coming on home soil back in 2017.
5.00 PM **LIVE Super League** Coverage of the Grand Final from Old Trafford. Kick-off **6.00pm**.
8.30 **LIVE World Grand Prix Darts** Coverage of the sixth day staged at Mattioli Arena in Leicester, featuring the semi-finals, played over the best of nine sets.
11.30 **Sky Sports Catch Up**
4.00 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Baycurrent Classic from Yokohama Country Club.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Saturday Social**
11.00 **Match Officials Mic'd Up**
11.30 **Transfer 360** Triple bill.
1.00 PM **The Big Interview**
1.30 **Premier League Stories**
2.00 **Gillette Labs Soccer Saturday** Following the afternoon's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
5.30 **Premier League Stories** Behind the scenes of the Premier League.
6.00 **Premier League Years** A look back at the 2023/24 season, a campaign that saw Manchester City go one step further, winning an unprecedented fourth-successive top-flight title.
8.00 **The Big Interview**
8.30 **Premier League Stories**
9.00 **Match Officials Mic'd Up**
9.30 **Transfer 360** Triple bill.
11.00 **Premier League Years**
1.00 AM **PL Retro** A replay of Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **There's Only One Sauzee**
8.30 **Dundee United: Champions 83**
9.00 **Jimmy Glass: The Great Escape**
9.30 **EFL Greatest Games**
10.00 **Saturday Social**
11.00 **EFL Rivalries** East Anglian Derby.
11.30 **Scottish Football VAR Review**
12.30 PM **EFL Cup Highlights**
2.00 **Gillette Labs Soccer Saturday**
5.00 **LIVE EFL Oldham Athletic v Barrow.** Coverage of the League Two match staged at Boundary Park. The teams last met here in the 2021/22 campaign, when Barrow recorded a comfortable 3-0 win. Kick-off **5.30pm**.
8.00 **EFL Rivalries** East Anglian Derby.
8.30 **EFL Cup Highlights**
10.30 **SPFL** Action from 2009/10.
11.00 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **Best Moments from the Championship Play-Off Final**
2.30 **Best Moments from the League 1 & 2 Play-Off Final**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2015 final.
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee United: Champions 83**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup England v Sri Lanka.** Coverage of the group match from R.Premadasa Stadium in Colombo. England are looking to claim their fourth ODI World Cup title, with their last victory coming on home soil back in 2017. Sri Lanka are playing in their seventh World Cup and have only ever got as far as the quarter-finals.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** New Zealand v Bangladesh from Barsapara Cricket Stadium. **7.30** Highlights from India v South Africa in Visakhapatnam.
8.30 **ICC Women's World Cup 2017** Action from England v Australia at the County Ground in Bristol.
9.00 **ICC Women's World Cup** England v Sri Lanka from R. Premadasa Stadium in Colombo. **10.00** New Zealand v Bangladesh from Barsapara Cricket Stadium, Guwahati. **11.00** England v Sri Lanka.
12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE PGA Tour Golf** Coverage of the third day of the Baycurrent Classic staged at Yokohama Country Club in Japan.
8.00 **LIVE LPGA Tour Golf** Coverage of the third day of the Buick LPGA Shanghai at Qizhong Garden Golf Club in Shanghai.
9.00 **Golf** Recent highlights.
9.30 **Ladies European Tour Golf**
12.30 PM **LIVE DP World Tour Golf** Coverage of day three of the Acciona Open De España from Club de Campo Villa de Madrid.
5.00 **HotelPlanner Tour Golf**
5.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
6.00 **PGA Tour Golf** Highlights.
10.00 **LPGA Tour Golf** LPGA Shanghai.
11.00 **The Greatest Solheim Cup**
1.00 AM **PGA Tour Champions**
2.00 **Legends Tour Golf**
3.00 **Golf Academy** Expert tips.
4.00 **to 6.00** AM **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Baycurrent Classic.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA Tennis** Beijing Open.
7.00 **LIVE ATP Tennis** Coverage of the doubles semi-finals of the ATP Shanghai Masters staged at Qizhong Forest Sports City Arena.
9.00 **ATP Tour This Week**
9.30 **LIVE WTA & ATP Tennis** Coverage of the ATP Shanghai Masters and WTA Wuhan Open.
3.00 PM **ATP Tennis** Beijing Open.
4.00 **ATP Tour This Week**
4.30 **WTA Tennis** Beijing Open.
5.00 **WTA Tennis** Korea Open final.
6.00 **WTA & ATP Tennis** Tour events.
2.00 AM **ATP Best of Jack Draper**
2.15 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Test Cricket India v West Indies.** The second day of the second and final Test in the series from Arun Jaitley Stadium.
1.00 PM **TNT Sports Cricket Reload**
1.30 **The Gallagher PREM**
2.30 **LIVE The Gallagher PREM Northampton Saints v Leicester Tigers.** Coverage from cinch Stadium at Franklin's Gardens. Kick-off **3.05pm**.
5.15 **LIVE The Gallagher PREM Bath v Gloucester.** Coverage of the match from the Recreation Ground. Kick-off **5.30pm**.
7.45 **The Gallagher PREM**
9.30 **UFC Connected**
10.00 **LIVE UFC** The preliminary bouts at Farmasi Arena, Rio de Janeiro.
12.00 M'T **LIVE UFC Charles Oliveira v Mateusz Gamrot.** Coverage of the lightweight bout from Farmasi Arena in Rio de Janeiro, Brazil, plus the undercard.
3.30 AM **TNT Sports Cricket Reload**
3.45 **Test Cricket Highlights**
4.45 **to 6.00** AM **LIVE Test Cricket India v West Indies.** Coverage of the third day of the second and final Test in the series staged at Arun Jaitley Stadium in Delhi.

TNT Sports 2

411 414 522 409 431

7.00 AM **LIVE AFLW Brisbane Lions v Port Adelaide Power.**
9.00 **LIVE Superbike World Championship** Coverage from Circuito do Estoril in Portugal.
9.30 **Superbike World Championship**
10.30 **LIVE Superbike World Championship** From Estoril.
11.30 **British Superbikes Rewind**
11.45 **MotoGP Rewind**
12.00 NOON **LIVE Superbike World Championship** From Estoril.
4.15 PM **Superbike Rewind**
4.30 **Mountain Bike World Series**
5.30 **LIVE UCI Mountain Bike World Series** From Canada.
9.15 **Gravel World Championships**
9.45 **Grit and Glory: Enduro Mountain Bike Racing**
10.15 **Superbike World Championship**
10.45 **MotoGP Rewind**
11.00 **Cycling** Tour of Lombardy.
12.00 M'T **MLB Highlights**
1.00 AM **LIVE MLB** Coverage of the latest MLB Postseason fixture.
4.15 **MLB: Off the Bat**
4.45 **TNT Sports Reload**
5.15 **Training Day** Greenfell Athletic.
5.30 **to 6.00** AM **UEFA Champions League Magazine**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
8.00 **The Runway** New York Jets.
8.45 **NFL Bitesize Highlights** Kansas City Chiefs v Baltimore Ravens.
9.00 **NFL Highlights** Philadelphia Eagles v Denver Broncos.
10.00 **49 Hours** Behind the scenes.
10.15 **NFL Gameday** Match reviews.
11.00 **NFL Highlights** Cleveland Browns v Minnesota Vikings.
12.00 NOON **49 Hours** The 49 hours before a San Francisco 49ers game.
12.15 PM **NFL Gameday**
1.00 **NFL Highlights**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Jacksonville Jaguars v Kansas City Chiefs. **5.00** Action from Philadelphia Eagles v Denver Broncos. **6.00** Seattle Seahawks v Tampa Bay Buccaneers.
7.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
7.45 **NFL Gameday** Match reviews.
8.30 **LIVE NCAA College Football Notre Dame Fighting v NC State Wolfpack.** Coverage of the match at Notre Dame Stadium in Indiana. Kick-off **8.30pm**.
12.00 M'T **NFL Bitesize Highlights**
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.25 AM **Rugby Greatest Games**
6.30 **Sky Sports Breakfast**
7.00 **LIVE NPC Rugby** Coverage of the third quarter-final.
8.55 **Rugby Greatest Games**
9.00 **Sky Sports Breakfast**
9.30 **LIVE WTA & ATP Tennis** The ATP Shanghai Masters and the WTA Wuhan Open staged at Qizhong Forest Sports City Arena and Optics Valley International Tennis Center respectively.
2.00 PM **Gillette Soccer Saturday**
2.50 **LIVE EFL** Coverage of a League One match. Kick-off is at **3.00pm**.
5.00 **LIVE Super League** Coverage of the Grand Final from Old Trafford. Kick-off **6.00pm**.
8.00 **LIVE World Grand Prix Darts** Coverage of the sixth day staged at Mattioli Arena in Leicester, featuring the semi-finals, played over the best of nine sets.
11.30 **Sky Sports Catch Up**
1.30 AM **EFL Greatest Games**
1.45 **Rugby Greatest Games**
1.55 **LIVE NPC Rugby** Coverage of the fourth and final quarter-final.
3.50 **Rugby Greatest Games**
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **LIVE LPGA Tour Golf** Coverage of the third day of the Buick LPGA Shanghai at Qizhong Garden Golf Club in Shanghai.
9.00 **ICC Women's World Cup**
10.00 **The Rugby Championship**
2.00 PM **ICC Women's World Cup**
3.00 **NRL** Highlights of the Grand Final.
3.15 **Wheelchair Rugby** Grand Final.
3.30 **Women's Super League**
6.00 **NRLW** The Grand Final.
7.00 **NRL** Highlights of the Grand Final.
8.00 **Women's Super League**
10.30 **NRLW** The Grand Final.
10.45 **NRL** Highlights of the Grand Final.
11.00 **Super League** Grand Final.
2.30 AM **Wheelchair Rugby**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **LIVE LPGA Tour Golf** The fourth and final day of the Buick LPGA Shanghai staged at Qizhong Garden Golf Club.

TNT Sports 3

413 415 523 410 432

6.00 AM **The Gallagher PREM**
7.00 **LIVE Snooker Xi'an Grand Prix** Coverage of the first session from the quarter-finals at Qujiang Sports Complex in Xi'an, China.
10.00 **Fishing: On the Bank**
11.00 **Mountain Bike World Series**
12.00 NOON **World Rally Raid Championship** From Portugal.
12.30 PM **LIVE Snooker Xi'an Grand Prix** The second session from the quarter-finals in China.
3.30 **TNT Sports Reload**
3.45 **MLB: Off the Bat**
4.15 **MLB Highlights**
5.15 **Training Day** MLB action.
5.30 **MLB Lead Off** A look ahead.
6.00 **LIVE MLB** Coverage of the latest MLB Postseason fixture.
9.30 **MLB Closer** Match reviews.
10.00 **Snooker Xi'an Grand Prix**
12.00 M'T **Training Day**
12.15 **to 6.45** AM **LIVE V8 Supercars Championship** The Repco Bathurst 1000 in Bathurst.

TNT Sports 4

414 416 524 411 434

7.00 AM **World Rally Raid Championship** From Portugal.
7.30 **British Speedway**
8.30 **Men's Cycling Pro Series**
9.30 **LIVE Cycling: Tour of Lombardy** Men's one-day race.
4.30 PM **The WRC Magazine**
5.00 **Ultimate Pool** Highlights.
6.30 **Test Cricket Highlights**
7.30 **UEFA Champions League**
8.00 **WNBA** Game four of the finals.
9.00 **LIVE NWSL Kansas City Current v NJ/NY Gotham FC.** Coverage from CPKC Stadium.
11.15 **The Gallagher PREM**
1.15 AM **Premier League Reload**
1.30 **British Superbikes Rewind**
1.45 **MotoGP Rewind**
2.00 **Men's Cycling** Tour of Lombardy.
3.00 **LIVE AFLW Sydney Swans v Carlton Blues.** Coverage from Henson Park. Bounce-up **3.05am**.
5.00 **to 7.00** AM **LIVE AFLW St Kilda Saints v Collingwood Magpies.** Bounce-up **5.05am**.

Premier Sports 1

419 551

6.00 AM **Highlights**
10.00 **Scottish Rally Championship**
10.30 **Top 14 Rugby Union Highlights**
11.00 **Argentine Primera Highlights**
11.30 **United Rugby Championship**
1.25 PM **NHL on the Fly**
2.25 **Football's Greatest**
2.55 **LIVE KDM Trophy Dumbarton v Rangers B.** Kick-off 3.00pm.
5.00 **LIVE United Rugby Championship Leinster v Sharks.** Kick-off 5.30pm.
7.35 **LIVE United Rugby Championship Ulster v Bulls.**
10.30 **LaLiga Match Highlights**
10.55 **LIVE Argentine Primera Division Banfield v Racing.**
1.00 AM **LaLiga Match Highlights**
1.10 **LIVE Argentine Primera Division Velez Sarsfield v Rosario.** Kick-off 1.15am.
3.15 **to 6.00** AM **LIVE NHL Ice Hockey Edmonton Oilers v Vancouver Canucks.**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Top 14 Rugby Union**
9.00 **FastZone** Motorsports highlights.
9.30 **Top 14 Rugby Union**
11.30 **Temples of Sport**
12.00 NOON **GP Confidential**
12.30 PM **United Rugby Championship**
2.30 **LIVE United Rugby Championship Ospreys v Zebre.** Kick-off 3.00pm.
5.15 **LIVE United Rugby Championship Glasgow Warriors v Dragons.**
7.40 **LIVE United Rugby Championship Cardiff v Connacht.** Kick-off 7.45pm.
9.45 **LaLiga Match Highlights**
10.00 **Bike World** Magazine.
10.30 **NHL** Highlights and features.
12.00 M'T **LIVE NHL Ice Hockey Tampa Bay Lightning v New Jersey Devils.** Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **Bike World** Magazine.
4.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
9.25 **Lego F1 Cars**
9.30 **Formula 1** Singapore Grand Prix.
10.55 **F1 Explained: Pit Loss**
11.00 **The F1 Show** From Singapore.
12.00 NOON **Formula 1** Highlights.
1.15 PM **F1 Feature**
1.30 **Formula 1** Season highlights.
3.30 **Ted's Notebook**
4.00 **Formula 1** Singapore Grand Prix.
8.30 **Ted's Notebook**
9.00 **F1 Academy Highlights**
9.45 **Red Bull Fuel Lab**
9.55 **F1 Explained: 2 Pit Stop**
10.00 **F1 Academy Highlights**
10.45 **Brad Pitt Drives a McLaren**
11.00 **F1 Academy** Race review.
11.30 **Formula 1** Singapore Grand Prix.
12.30 AM **Ted's Notebook**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

12 October

Evening Planner

Football

World Cup Qualifier

BBC2 & BBC Scotland, kick-off 5pm

Scotland take on Belarus as they continue their efforts to qualify for next year's tournament in Canada, Mexico and USA.

Factual

Hamza's Hidden Wild Isles

BBC1, 6.15pm (box set, BBC iPlayer)

Wildlife cameraman Hamza Yassin captures some of the amazing hidden wildlife found across the British Isles.

Drama

Riot Women

BBC1, 9pm (box set, BBC iPlayer)

From *Happy Valley* creator Sally Wainwright comes this new drama, about a group of women who start a punk band.

Sci-Fi

Revival

Sky Max & Sky Showcase, 10pm (box set, Sky Box Sets)

People start rising from the dead in a rural town, in this supernatural drama.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Strictly Come Dancing...	8.00 Antiques Roadshow		9.00 Riot Women		10.00 News	10.30 Blackmailed...
	102 BBC2		7.15 Eva Longoria: Searching for...	8.00 Pilgrimage: The Road to the Scottish...		9.00 Rob Brydon's Honky Tonk Road Trip		10.00 Later... with Jools Holland	
	103 ITV1	‹ 6.55 M&S: Dress the Nation		8.00 Beat the Chasers		9.00 Frauds		10.00 News	10.20 Film: The Dark Knight
	104 CHANNEL 4	‹ 6.55 Hotel Chocolat Unwrapped		8.00 Educating Yorkshire		9.00 Hunted		10.00 Gogglebox	
	105 5	‹ 5.30 NFL: Big Game Night – Live: Baltimore Ravens v Los Angeles Rams (Kick-off 6.00)					9.30 Britain's Favourite 80s Hits		
	106 SKY SHOWCASE	7.00 Attenborough's Journey		8.00 Rob & Romesh vs Drag		9.00 S.W.A.T.		10.00 Revival	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 The Celebrity Traitors			10.15 The Celebrity Traitors...
	116 BBC4	7.00 Around the World in 80 Gardens		8.00 Pavarotti Masterclass			9.15 Strauss: The Waltz King		10.15 Reputations
	118 ITV2	‹ 6.10 Film: Shrek 2		8.00 Olivia and Alex: Parenthood		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 24 Hours in A&E	
	135 E4	7.00 The Big Bang...	7.30 The Simpsons			9.00 Married at First Sight UK			10.10 MAFS UK: It's Official! With...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 Task			10.15 True Detective
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Good Life			10.15 Only Fools and Horses
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Mortimer & Whitehouse: Gone Fishing			9.15 Have I Got a Bit More News for You		10.20 QI
	119 ITV3	7.00 Agatha Christie's Marple				9.00 Doc Martin		10.00 Vera	
	120 ITV4		7.10 Film: Police Academy 4: Citizens on Patrol			9.00 Film: Unstoppable			
	112 COMEDY CENTRAL	7.00 Friends		8.00 Film: St Trinian's 2: The Legend of Fritton's Gold				10.05 Lee Evans Live: The Different...	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX	7.00 Grimm		8.00 Rob & Romesh vs Drag		9.00 S.W.A.T.		10.00 Revival	
	109 U&ALIBI	7.00 Miss Scarlet and the Duke		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	‹ 6.00 Cats: The Musical		8.00 Johnny Cash – A Night to Remember...		9.00 The Yardbirds			
	132 U&W	7.00 Inside the Ambulance at Christmas				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Sin City Tow		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Car S.O.S.		8.00 Engineering Europe		9.00 Top Guns: The Next Generation		10.00 Area 51: I Was There	
	123 SKY HISTORY	7.00 Airport Security: USA				9.00 Jack the Ripper: Written in Blood			
	155 U&YESTERDAY	7.00 Ireland with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash: Restoring Classics			
	121 SKY DOCS	‹ 6.45 Film: Going Clear: Scientology and the Prison of Belief				9.00 Bobby Robson: More Than a Manager			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Grow		8.00 Bridget Jones: Mad About the Boy				10.10 Novocaine	
	302 HALLOWEEN	‹ 5.50 Zombieland	7.25 Cloverfield			9.00 Nosferatu			
	303 SPIDER-MAN	‹ 5.50 The Amazing Spider-Man 2		8.15 Spider-Man					10.20 Spider-Man 2
	304 GREATS	‹ 6.25 Happy Gilmore		8.00 Dumb and Dumber			9.50 Kingpin		
	305 ANIMATION	‹ 5.35 Paws...	7.20 Barnyard			9.00 Smurfs: The Lost Village			10.40 Lego...
	306 FAMILY	‹ 6.00 Johnny...	7.30 Finding Neverland				9.15 Small Soldiers		
	307 ACTION	‹ 5.45 The Mummy Returns		8.00 Raiders of the Lost Ark				10.00 Indiana Jones and the Temple of Doom	
	308 COMEDY	‹ 6.20 13 Going on 30		8.00 Pitch Perfect 2				10.05 The Other Guys	
	309 DA VINCI	‹ 5.30 The Da Vinci Code		8.00 Angels & Demons					10.20 Inferno
	310 DRAMA	‹ 5.45 Dreamgirls		8.00 Grease				10.05 Grease 2	
	311 SCIENCE FICTION	‹ 6.05 Men in Black 3		8.00 Dune: Part Two					
	313 FILM4	‹ 6.45 Bumblebee				9.00 Top Gun: Maverick			
SPORT	401 MAIN EVENT	7.00 Sports Sunday		8.00 World Grand Prix Darts – Live: Coverage of day seven from Mattioli Arena in Leicester				10.00 NFL – Live: A week six match	
	402 PREMIER LEAGUE	7.00 Premier League Years				9.00 Transfer 360			
	403 FOOTBALL	7.00 EFL Goals		8.00 WSL				10.00 EFL Goals	
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 6.00 UCI Mountain Bike World Series Women – Live			8.30 UCI Mountain Bike World Series Men – Live				10.15 Rocky & Wrighty: From...
	411 TNT SPORTS 2	7.00 WNBA		8.00 WNBA – Live: Coverage from game five of the WNBA finals					10.30 MLB: Off the...

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning** New edition (S)
11.30 **Prayer and Reflection** (S)
12.00 NOON **Bargain Hunt** (S)(R)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
2.00 **Points of View** New edition (S)
2.15 FILM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure. (S)(AD) (2005, U, 80min) ★★★★★
3.35 **Planet Earth: A Tale of Three Bears** 1/5. Documentary. (S)(R)
3.50 **Dynasties II** (S)(R)(AD)
4.50 **BBC News** (S)
5.05 **Local News** (S)
5.15 **Countryfile** New edition A visit to the county of Herefordshire during the apple harvest. (S)

8.00 Antiques Roadshow

6 PM

6.15 NEW SERIES **Hamza's Hidden Wild Isles** 1/4. Wildlife cameraman Hamza Yassin reveals hidden wildlife gems from across the British Isles. In the spring, he encounters badgers, adders and nightingales. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 **Strictly Come Dancing: The Results** New edition Two couples take part in the second dance-off. Plus, Lang Lang performs. (S)

8 PM

8.00 **Antiques Roadshow** New edition Fiona Bruce presents from Tarvit Mansion and Garden in Fife, where finds include a painting by Jack Vettriano and a silver statue of Prince Albert. (S)

9 PM

9.00 NEW SERIES **Riot Women** 1/6. Drama about five women who find an escape from their chaotic lives by forming a punk band. Stars Tamsin Greig. *See feature, page 4.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 NEW TO BBC1 **Blackmailed: The Sextortion Killers** Reporter Tir Dhondy investigates the rise of sextortion scams targeting teenage boys on social media. *Previously shown on BBC3.* (S)
11.30 **The Women's Football Show** Highlights of the weekend's games in the Super League, including Liverpool v Manchester City. (S)
12.20 AM **The Graham Norton Show** With Julia Roberts, Colin Farrell, Benedict Cumberbatch, Gloria Estefan and Robbie Williams. (S)(R)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Take a Hike** (S)(R)
7.00 **Glorious Gardens from Above** (R)
7.45 **Countryfile Ramble for Children in Need** (S)(R)
9.00 **Best of Weatherman Walking** New edition The Welsh coast. (S)
9.30 **Landward** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Nadiya's British Food Adventure**
12.00 NOON **This Farming Life** (S)(R)
1.00 PM **Super League** Grand Final. (S)
2.00 LIVE **Match of the Day: Women's Super League** Arsenal v Brighton & Hove Albion: From the Emirates Stadium. Kick-off is at 2.30. (S)
4.45 LIVE **Football: World Cup Qualifier** Scotland v Belarus: Coverage of the Group C qualifier from Hampden Park. Kick-off is at 5.00. *See feature, page 28.* (S)

9.00 Honky Tonk Road Trip

LIVE **Football: World Cup Qualifer** (started at 4.45pm)

7.15 **Eva Longoria: Searching for Spain** New edition 3/8. Eva explores Madrid's vibrant food scene and joins the celebrations at the city's gay pride parade. (S)(AD)
■ Entire series on BBC iPlayer

8.00 **Pilgrimage: The Road to the Scottish Isles** 2/3. Life on the pilgrimage gets tough as the celebrities are challenged both physically and spiritually. (S)(R)(AD)

9.00 **Rob Brydon's Honky Tonk Road Trip** New edition 2/3. Rob ventures deep into the Appalachian Mountains and traces country music's 'big bang' moment. (S)
■ Entire series on BBC iPlayer

10.00 **Later... with Jools Holland** New edition 2/6. Featuring The Last Dinner Party, Celeste, The Charlatans, Tyler Ballgame and Princess Nokia. (S)
10.45 FILM **The Blues Brothers** Cult comedy starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (S) (1980, 15, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM FILM **Housebound** Horror starring Morgana O'Reilly. (S) (2014, 18, 110min) ★★★★
2.40 **Sign Zone: Question Time** (S)(R)
3.40 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **M&S: Dress the Nation** (S)(R)(AD)
7.30 **James Martin's Saturday Morning** With Rick Astley. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With Michael Brandon, Rachel Shenton and Simon Lipkin. (S)
11.30 **Fern Britton: Inside the Vet's** A Labrador with a limp. (S)(R)(AD)
12.35 PM **Talking Royals** New edition (S)
1.00 **ITV News** (S)
1.15 FILM **The Living Daylights** James Bond adventure starring Timothy Dalton. (S) (1987, PG, 150min) ★★★
3.45 FILM **Harry Potter and the Goblet of Fire** Fantasy adventure sequel starring Daniel Radcliffe. (S)(AD) (2005, 12, 165min) ★★★

6.55 M&S: Dress the Nation

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 **M&S: Dress the Nation** Series finale 5/5. AJ Odudu and Vernon Kay host the Grand Final as the three remaining designers go head-to-head in their biggest challenge yet by creating their own full collections and showcasing their designs in a star-studded catwalk event. (S)(AD)

8.00 **Beat the Chasers** New edition 7/8. Bradley Walsh hosts as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Shaun Wallace, Mark Labbett, Darragh Ennis and Paul Sinha. (S)(AD)

9.00 **Frauds** New episode 3/6. The heist is thrown off track when trouble from home catches up with Bilal. Stars Suranne Jones and Jodie Whittaker. (S1) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.20 FILM **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy. (S)(AD) (2008, 12, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Nisha Katona's Home Kitchen** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.50 AM **Cheers** 21-24/28. (S11) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 7&8/24. (S7) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Mark Ronson, Adrian Dunbar, Natalie Cassidy and Professor Brian Cox. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.55 **The Dog House** (S)(R)(AD)
2.40 **Four in a Bed** From The Kings Head Inn in West Sussex. (S)(R)
3.10 A visit to The Roade House in Roade, Northamptonshire. (S)(R)
3.45 From The Halfway House Inn in Morley, West Yorkshire. (S)(R)
4.15 From Stamford Meadows Glamping in Lincolnshire. (S)(R)
4.45 Payment Day arrives. (S)(R)
5.20 **News** (S)
5.50 **The Great British Bake Off** 6/10. Pastry Week. (S)(R)(AD)

9.00 Hunted

6.55 **Hotel Chocolat Unwrapped** 2/2. Manager Aaron and his staff prepare for the opening of the company's new Thanet store, but some last-minute hitches threaten to scupper his plans. Meanwhile, new chocolatier Sammie dreams up an alcoholic chocolate recipe, and the tables are turned on the company's elite team of taste testers as they sit a make-or-break assessment of their skills. (S)(R)(AD)

8.00 **Educating Yorkshire** New edition The staff deal with the arrival of 191 new Year Seven pupils, including a girl who has lost the sight in one eye and a boy whose energy lands him in trouble. (S)(AD)

9.00 NEW SERIES **Hunted** A group of 14 civilians-turned-fugitives hit the ground running to make a daring escape from Stansted Airport and stay on the run for 21 days. (S)(AD)
■ Continues tomorrow

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **24 Hours in A&E** (S)(R)(AD)
12.00 M'T **In the Footsteps of Killers** (R)
1.00 AM **Worlds Apart** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** From Indiana. (S)(SL)(R)
2.45 **The Simpsons** (S)(R)(AD)
4.00 **Find It, Fix It, Flog It** (S)(R)
4.15 **Food Unwrapped** (S)(R)
5.00 **Kirstie and Phil's Love It or List It** From Northumberland. (S)(SL)(R)
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Cruising with Jane McDonald** Jane visits Portugal. (S)(R)
10.10 **FILM PREMIERE** **A Christmas Spectacular** Comedy drama starring Ginna Claire Mason. (S) (2022, PG, 125min) ★★
12.15 PM **FILM** **Candy Coated Christmas** Romantic comedy starring Molly McCook. (S) (2021, PG, 105min) ★★
2.00 **LIVE** **NFL: Big Game Day** New York Jets v Denver Broncos: Nat Coombs presents coverage of the week six match from Tottenham Hotspur Stadium in London. With reports from Ellie Evelyn. Kick-off is at 2.30. (S)
5.25 **News** (S)

5.30 NFL: Big Game Night

5.30 **LIVE** **NFL: Big Game Night** Baltimore Ravens v Los Angeles Rams: Dermot O'Leary, Sam Quek and Osi Umenyiora present coverage of the week six match from M&T Bank Stadium. This is the first meeting between these teams since the 2023 campaign, and on that occasion the Ravens claimed a 37-31 overtime victory in front of their own fans. Tonight's coverage will also feature the 'game within a game' quiz element, whenever the NFL game stops in the US. Kick-off is at 6.00.

9.30 **Britain's Favourite 80s Hits** A look at some of the most popular songs of the 1980s, an era when Wham!, Frankie Goes to Hollywood and Kylie made their debuts. It was also a time when Band Aid tried to *Feed the World*, and Stock Aitken Waterman-related acts dominated the charts. Culture Club, Duran Duran, and Adam and the Ants also enjoyed plenty of Top 40 success. (S)(R)
11.30 **Patrick Swayze: Dirty Dancer** The story of the actor's struggle for acceptance, by others and by himself. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Friends** (S3&4) (S)(R)(AD)
3.50 **Churchill** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S4) (S)(R)
11.00 **LIVE** **Football: WSL** Chelsea v Tottenham Hotspur: The top-flight clash at Kingsmeadow. Kick-off is at 12.00.
2.30 PM **The Simpsons** Four episodes of the comedy. (S)(R)
4.30 **David Attenborough's First Life** 1/2. David explores the origins of life on Earth. (S)(R)
5.45 2/2. How animals began to survive on dry land. (S)(R)

9.00 S.W.A.T.

David Attenborough's First Life (started at 5.45pm)

7.00 **Attenborough's Journey** Documentary following David Attenborough as he travels around the world to make his series *First Life*, which explores the origins of life on Earth. (S)(R)(AD)

8.00 **Rob & Romesh vs Drag** The comedians dive into the world of drag queens with the help of Michelle Visage, The Vivienne and Baga Chipz, before performing in front of an audience. (S)(R)(AD)

9.00 **S.W.A.T.** New episode *High Ground:* 13/22. During a hiking trip, Powell and Gamble stumble upon a cannabis farm and find themselves taking on a dangerous cartel. (S8) (S)

10.00 **NEW SERIES** **Revival** *Don't Tell Dad:* 1/10. Supernatural horror noir starring Melanie Scrofano. Everyone who had died within a two-week period in a Wisconsin town is suddenly resurrected. *See feature, page 6.* (S1) (S)(AD) ■ Entire series on Box Sets
11.00 **Saturday Night Live** Satirical American sketch show. (R)
12.30 AM **An Idiot Abroad 3** 1/3. Karl Pilkington embarks on another world tour. (S)(R)(AD)
1.30 **The Force: Manchester** (S)(R)
2.30 **Road Wars** Double bill. (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.00-10.30am Sunday Politics Northern Ireland (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
10.00am Politics Wales (S) **10.30pm** Feast of Football (S) **11.00** Blackmailed: The Sextortion Killers (S)(R) **12.00m't** The Women's Football Show (S) **12.50am** The Graham Norton Show (S)(R) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00pm Crá (S)(R) **10.45** Later... with Jools Holland New edition (S) **11.35** Sunday Politics Northern Ireland (S)(R) **12.05-12.50am** Live at the Apollo (S)(R)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **9.00** Busnes Bwyd **10.00** Cynefin **11.00** Gerddi Cymru **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Hanner Marathon Caerdydd 2025 **1.00pm** Adeiladu'r Freuddwyd: Camp Out West **1.30** Y Ci Perffaith **2.05** Ty Ffit **3.05** Mynyddoedd y Byd **4.10** Ffermio **4.45** Clwb Rygbi **6.30** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** **NEW SERIES** Iaith ar Daith (AD) **9.00** Y Golau: Dwr New episode (AD) **10.00** Cyfrinachau'r Llyfrgell **11.00-11.35pm** Bois y Pizza (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Harry's happiness proves short-lived. **7.30** George inadvertently makes a situation worse. **8.00** Harry plans to take matters into his own hands. **8.30** An incident at Walford High sparks a heated debate.
9.00 **The Celebrity Traitors** 1/9. A group of famous faces take on the ultimate game of detection, back-stabbing and trust.
10.15 **The Celebrity Traitors: Uncloaked** 1/9. Ed Gamble and guests analyse the latest developments.
10.45 **The Celebrity Traitors** 2/9. Emotions run high at the first round table as the players' suspicions are put to the test.
11.45 **The Celebrity Traitors: Uncloaked** 2/9. Ed Gamble is joined by banished and murdered celebrity players.
12.15 AM **Stranded on Honeymoon Island: Australia** Triple bill.
3.30 **to 4.00** AM **Tommy: The Good. The Bad. The Fury**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** DJ Mozz hosts the first dinner party in Manchester. **4.05** Voiceover artist and film extra Matt cooks up a Jewish Friday night supper. **4.40** Budding author Cleona creates a menu based on her Jamaican roots. **5.10** Australian radio content director James hosts the fourth dinner party. **5.40** Events boss Sharon hosts the final dinner party in and around Manchester.
6.15 **Four in a Bed** The first visit is to Sawcliffe Manor in High Risby, Lincolnshire. **6.50** The second visit to Rooms at the Inn, in Retford. **7.20** From Wolds Wine Estate in Nottinghamshire. **7.55** From Dovestone Holiday Park in Saddleworth, Greater Manchester. **8.25** Payment Day arrives.
9.00 **Surgeons: Life in Their Hands** New edition A patient fights to regain his sight after broken glass damaged his face.
10.00 **24 Hours in A&E** A 10-year-old gymnast sustains an injury to her wrist after performing a back bend.
11.05 **999: On the Front Line**
12.10 AM **Surgeons: Life in Their Hands**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Around the World in 80 Gardens** Monty Don takes a tour of America.
8.00 **Pavarotti Masterclass** A 1987 programme in which Italian tenor Luciano Pavarotti acts as coach to four young singers.
9.15 **Strauss: The Waltz King** Docu-drama exploring the life and work of Johann Strauss II and looking at how he felt overshadowed by his father. Stars Simon Williams and Joe Duttine.
10.15 **Reputations** A 1997 profile of civil rights campaigner Martin Luther King Jr, revealing a man never comfortable with the praise he received and often tormented by self-doubt.
11.15 **Face to Face: Martin Luther King Jr** From 1961.
11.45 **Bridging the Gap: How the Severn Bridge Was Built** Documentary.
12.45 AM **Munro: Mountain Man**
1.45 **Strauss: The Waltz King**
2.45 **to 3.45** AM **Around the World in 80 Gardens**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.15 **The Great British Bake Off** 6/10. Pastry Week.
8.30 **Married at First Sight UK**
2.00 PM **FILM** **Hotel Transylvania 2** Animated comedy sequel featuring the voice of Adam Sandler. (2015, U, 89min) ★★★
3.45 **The Big Bang Theory** Eight episodes, including at: **6.30** 15/24. Leonard and Penny look after Raj's dog. **7.00** 16/24. Sheldon re-evaluates his life. (S7)
7.30 **The Simpsons** Triple bill of the comedy, including at: **8.30** *Covercraft:* Homer decides to form a band.
9.00 **Married at First Sight UK** New edition One couple realise that physical intimacy doesn't always lead to a deeper connection.
10.10 **MAFS UK: It's Official! With Lucinda Light** New edition Discussion on *Married at First Sight UK*.
10.50 **Virgin Island** The group are asked to face themselves naked in the mirror.
11.50 **FILM** **Monster Hunter** Fantasy with Milla Jovovich. (2020, 12, 103min) ★★★
1.55 AM **Married at First Sight UK** As shown at 9.00pm.
2.45 **Ramsay's Kitchen Nightmares USA**
3.35 **Modern Family**
4.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
9.00 **Customs UK** Double bill.
10.00 **Border Patrol** Double bill.
11.00 **The Force: Manchester** Officers battle to keep the peace on the streets when two warring parties come to blows.
12.00 NOON **UK Border Force** Documentary series.
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

8.00 Caught on Dashcam

7 PM
7.00 **Nothing to Declare** A drug-runner tries to conceal his stash. **7.30** Officers make a disturbing discovery.

8 PM
8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Matlock** *This Is That Moment:* 12/19. Olympia and Julian represent opposing parties in a custody battle. (S1)

10 PM
10.00 **Doc** *One Small Step:* 4/10. Amy and Jake make a life-changing discovery about an Alzheimer's patient. (S1)
11.00 **The Good Doctor** 9/20. Lim is challenged by a patient with an aggressive tumour. (S4)
12.00 M'T **Bull** 1/22. (S6)
1.00 AM **Law & Order: Special Victims Unit** 10/13. (S25)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **Game of Thrones** Ten episodes, including at: **2.20** PM 8/10. Cersei answers a request. **3.25** 9/10. Davos loses something dear, and Daenerys faces a choice. **4.30** 10/10. Walder Frey and Jaime celebrate. (S6) **5.40** 1/7. Jon organises the North's defences. **6.45** 2/7. Daenerys receives an unexpected visitor. (S7)

10.15 True Detective

7.50 **Game of Thrones** *The Queen's Justice:* 3/7. Jon arrives at Dragonstone and finally meets Daenerys, Cersei gains an ally, and Sansa receives an unexpected visitor. (S7)

8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9.00 **Task** *Vagrants:* 5/7. Tom and his team inch closer to breaking the case, while Robbie puts his plan in motion. (S1)

10.15 **True Detective** *Hunters in the Dark:* 6/8. Wayne and Roland revisit discrepancies in the Purcell case that have been forgotten. (S3)
11.25 **The Wire** 11/13. (S1)
12.25 AM **In Treatment** (S2)
12.55 **The Last of Us** 3/7. (S2)
2.00 **Task** New episode 6/7. The FBI launch an investigation. (S1)
3.15 **Succession** 8/9. (S3)
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
11.00 **SEAL Team** Five episodes of the action drama, including at: **2.00** PM 1/16. Jason is put on trial with a potential career-ending outcome. **3.00** 12/16. Jason re-evaluates his role as team leader. (S4)
4.00 **Grimm** 7/22. Nick and Hank meet an unstable fugitive. **5.00** 8/22. A high-school student is killed by a monster. **6.00** 9/22. A mysterious ghostly figure is linked to cases of missing children. (S2)

10.00 Revival

7.00 **Grimm** *The Hour of Death:* 10/22. Nick discovers a fellow Grimm is torturing monsters that have harmed humans. (S2)

8.00 **Rob & Romesh vs Drag** The comedians dive into the world of drag queens before performing in front of an audience.

9.00 **S.W.A.T.** New episode *High Ground:* 13/22. Powell and Gamble stumble upon an illegal cannabis farm. (S8)

10.00 **NEW SERIES Revival** *Don't Tell Dad:* 1/10. Horror starring Melanie Scrofano. *See feature, page 6.* (S1)
■ Entire series on Box Sets
11.00 **FILM Wynonna Earp: Vengeance** Sci-fi Western spin-off with Melanie Scrofano. (2024, 15, 96min) ★★★★
1.00 AM **An Idiot Abroad 3**
2.00 **Warrior** 8/10. The police shut down Chinatown in their hunt for a killer. (S2)
3.00 **Road Wars**
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Totally Bonkers Guinness World Records**
8.00 **Buying the View**
8.30 **The Only Way Is Essex**
10.30 **Deal or No Deal**
12.30 PM **FILM The SpongeBob SquarePants Movie** Animation. (2004, U, 87min) ★★★★
2.15 **FILM Spy Kids 2: Island of Lost Dreams** Comedy sequel. (2002, U, 100min) ★★★★
4.20 **FILM Shrek** Animated family comedy adventure. (2001, U, 90min) ★★★★★

8.00 Olivia & Alex: Parenthood

6.10 **FILM Shrek 2** Animated sequel featuring the voice of Mike Myers. (2004, U, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **NEW SERIES Olivia & Alex: Parenthood** Reality series following *Love Island* stars Olivia and Alex Bowen.

9.00 **Big Brother** New edition Highlights from the past 24 hours in the house as the contestants take on more challenges.

10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show in front of a studio audience.
11.05 **Family Guy** 16/18. Peter makes some female friends. **11.35** 12/18. Peter tries to make a viral video. (S13)
12.05 AM **American Dad!** (S15)
1.05 **Deal or No Deal**
2.05 **Transaction** 4/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **A Touch of Frost**
9.15 **Wycliffe** 1-3/8. (S2)
12.30 PM **Downton Abbey** 4/9. Ethel's flirting with Major Bryant lands her in trouble. **1.40** 5/9. The entire household is shaken by bad news from the front. **2.55** 6/9. Matthew gets used to life in a wheelchair. **4.10** 7/9. Thomas embarks on a new money-making scheme. **5.25** 8/9. Spanish flu reaches the house. (S2)

10.00 Vera

7.00 **Agatha Christie's Marple** *The Body in the Library:* The corpse of a mysterious blonde is found in Gossington Hall, and the long list of suspects includes the local bad boy and the owner of the house. Guest stars Ben Miller.

9.00 **Doc Martin** *Our Last Summer:* 8/9. The villagers throw the Ellinghams a farewell party and Ruth helps Mrs Tishell. (S10)

10.00 **Vera** *Blood and Bone:* The detective investigates when the charred remains of a colleague are found in an abattoir furnace.
11.50 **Coldwater** 5/6. John steels himself to face the consequences for his actions. **12.50** AM 6/6. John and Fiona attempt to expose the truth about Tommy. (S1)
1.50 **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
4.45 PM **LIVE Football: World Cup Qualifier** Scotland v Belarus: The Group C qualifier from Hampden Park. Kick-off at 5.00. *See feature, p28*
7.30 **Reporting Scotland**
7.45 **Designing the Hebrides** Banjo Beale designs a gin-tasting bar.
8.15 **The Repair Shop on the Road** From the Scottish Boat Building School.
9.00 **NEW SERIES Highland Cops** 1/7. Sgt Katie Duncan responds to a knife assault.
10.00 **Still Game** 3/6. Jack and Victor board a Dial-a-Bus tour. (S4)
10.30 **Breaking the News** With Felicity Ward, Chris Forbes, Kate Hammer and Stuart McPherson.
11.00 **Scot Squad** 5/6. (S5)
11.30 PM **to 12.00** M'T **The Sunday Show**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S5)
9.00 **Sex and the City** (S1)
11.50 **Will & Grace** (S4)
2.20 PM **Curb Your Enthusiasm** (S12)
6.30 **The Office (US)** 15/19. Dwight and Michael pay a surprise visit to Ryan in New York. **7.00** 16/19. Dwight buys Andy's car. **7.30** 17/19. Michael sets up a stall at a job fair. **8.00** 18/19. Phyllis puts on a huge bash for Toby's goodbye party. **8.30** 19/19. Andy publicly asks Angela to marry him. (S4)
9.00 **Saturday Night Live** New edition Satirical American sketch show.
10.30 **Rose Matafeo: On and On and On** Stand-up.
11.45 **Saturday Night Live**
1.15 AM **And Just Like That...**
3.00 **NEW SERIES The Chair Company** 1/8. (S1)
3.40 **to 5.00** AM **Curb Your Enthusiasm**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Les Misérables: The Staged Concert**
8.55 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
12.00 NOON **Portrait Artist of the Year**
1.00 PM **Garbo: Where Did You Go?** Documentary.
2.45 **André Rieu: At Schonbrunn, Vienna**
6.00 **Cats: The Musical**
8.00 **Johnny Cash: A Night to Remember Live 1973** From Los Angeles.
9.00 **The Yardbirds**
10.45 **Bryan Adams: Live at the Royal Albert Hall** Footage from three 2024 concerts by the Canadian rock star.
12.35 AM **Art's Most Horrific**
1.35 **Led Zeppelin: In the Light** Documentary.
2.55 **Classic Albums**
4.10 **The Great Songwriters**
5.10 **Discovering: Paul Simon**
5.35 **to 6.00** AM **Discovering: Eric Clapton**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Monkeys and Apes: Wild Files** Documentary.
8.35 **Where's Wally**
9.00 **Star Trek: The Next Generation** (S3)
2.00 PM **Caught on Dashcam**
3.00 **Border Security: Canada's Front Line**
5.00 **Caught on Dashcam**
6.00 **Caught Red Handed**
8.00 **The Rookie** *Going Under:* 21/22. Chen goes undercover to infiltrate an illegal firearm operation. **9.00** *Under Siege:* 22/22. The team realise their division may be a target for a group of masked assailants after one of their own is shot. (S5)
10.00 **NCIS: New Orleans** 12&13/16. (S7)
12.00 M'T **Caught on Dashcam**
1.00 AM **Night Cops**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Alan Carr's Epic Gameshow** The comedian hosts an updated version of *The Price Is Right*.
3.00 **Tenable** Double bill hosted by Sally Lindsay.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow** The comedian hosts an updated version of *Name That Tune*, with four contestants trying to identify songs played by a house band in the shortest time possible.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Alan Carr's Epic Gameshow** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
11.00 **A Fine Romance** (S2)
12.00 NOON **Man About the House** 4&5/6. (S2)
1.00 PM **Rising Damp** (S2)
2.00 **FILM Carry On Spying** Vintage comedy with Kenneth Williams. (1964, b/w, U, 84min) ★★★★
4.00 **FILM Dead Poets Society** Drama starring Robin Williams. (1989, PG, 126min) ★★★★
6.40 **FILM The Rainmaker** Period drama with Burt Lancaster and Katharine Hepburn. (1956, PG, 121min) ★★★★
9.35 **FILM Patriot Games** Thriller starring Harrison Ford and Sean Bean. (1992, 15, 116min) ★★★
12.05 AM **The New Avengers**
1.05 **Rising Damp** (S2)
2.05 **Man About the House**
2.55 **A Fine Romance** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **Motorsport Mundial**
6.40 **Auto Mundial**
7.10 **Motorsport UK**
8.10 **British Touring Car Championship Highlights**
9.40 **The Big Match Revisited**
10.40 **Made in Britain**
11.45 **Ice Road Truckers**
12.50 PM **Sharpe** Double bill.
5.25 FILM **Police Academy 3: Back in Training** Comedy sequel with Steve Guttenberg, Bubba Smith and David Graf. (1986, PG, 82min) ★

7.10 Police Academy 4

7.10 FILM **Police Academy 4: Citizens on Patrol** Comedy sequel starring Steve Guttenberg and Bubba Smith. A bumbling police chief decides to recruit civilian volunteers and mayhem ensues. (1987, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Unstoppable** Action thriller starring Denzel Washington and Chris Pine. A train conductor and an engineer set out to stop a runaway train. With Chris Pine and Rosario Dawson. (2010, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

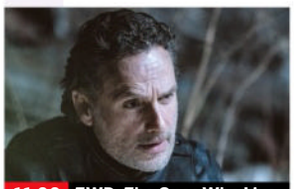
11.05 FILM **Rambo: First Blood Part II** Thriller sequel starring Sylvester Stallone, Richard Crenna and Julia Nickson. (1985, 15, 96min) ★★★
12.50 AM **BattleBots**
1.50 **The Saint**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Attack of the Meth Gator** Horror comedy with Ray Acevedo and Tristen Amason. (2023, PG, 90min) ★★
1.00 PM **Stargate Atlantis** Five episodes, including at: **5.00** 8/20. Teyla embarks on an undercover mission. (S5)
6.00 **Star Trek: Deep Space Nine** 20/26. Part one of two. Federation rebels are suspected of sabotaging a Cardassian freighter. (S2)



11.00 TWD: The Ones Who Live

7.00 **Star Trek: Deep Space Nine** *The Maquis – Part Two:* 21/26. Sisko, Kira and Bashir are captured by the Maquis.
8.00 **Star Trek: Deep Space Nine** *The Wire:* 22/26. Bashir struggles to save Garak from the addictive effects of a brain implant.
9.00 **Star Trek: Deep Space Nine** *Crossover:* 23/26. Kira and Bashir enter an alternate universe where humans are slaves.
10.00 **Star Trek: Deep Space Nine** *The Collaborator:* 24/26. Bareil and Wynn compete to be elected as Bajor's spiritual leader. (S2)
11.00 **The Walking Dead: The Ones Who Live** 1/6. Rick accepts an offer from Donald Okafor to join the CRM. **12.00** M'T 2/6. On her quest to find Rick, Michonne finds help from an unexpected source. **1.00** AM 3&4/6. (S1)
3.00 **Room 104** 7&8/12. (S1)
4.10 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **The Coroner** 7/10. Lighthaven is stunned when a teenage girl appears to return from the dead. **5.00** 8/10. The patriarch of a local aristocratic family is found stabbed to death. (S1)
6.00 **Miss Scarlet and the Duke** 5/6. The final entry in the casebook takes Eliza and Duke to an seemingly abandoned prison. (S1)

6.00 Miss Scarlet and the Duke

7.00 **Miss Scarlet and the Duke** 6/6. Eliza pieces the puzzle together to find out what really happened to her father. (S1)
8.00 **Death in Paradise** *Death of a Detective:* 1/8. Richard Poole meets a sticky end at a university reunion. (S3)
9.00 **Death in Paradise** *A Deadly Party:* 8/8. The host of a charity fundraiser is shot dead. Guest stars Sean Pertwee. (S2)
10.00 **Father Brown** *The Final Devotion:* The priest joins forces with Flambeau to search for a lost treasure in a 15th-century castle.
11.00 **Annika** 5/6. The team look into the murder of a man thrown off a party boat. (S1)
12.05 AM **Miss Scarlet and the Duke**
1.05 **Murdoch Mysteries** (S2)
2.00 **Hightown** 4/8. (S1)
3.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Ten episodes, including at: **5.00** Del Boy falls for a glamorous antiques dealer who comes to view an old cabinet but the feeling is not necessarily mutual. **5.40** Rodney unwittingly causes a family crisis by bringing home a stranger who claims to be an old friend of Del's. With Jim Broadbent. **6.20** Rodney tries to help a drunken woman on the street, but his good deed backfires.

9.00 The Good Life

7.00 **Dad's Army** A daring bid to rescue Walker and Godfrey goes wrong.
7.40 **Only Fools and Horses** Rodney joins the residents' committee of Nelson Mandela House. **8.20** Rodney tires of being Del's dogsbody and set up a rival business.
9.00 **The Good Life** First episode of the comedy starring Richard Briers. **9.40** The neighbours are not impressed when Tom and Barbara introduce livestock into the suburbs.
10.15 **Only Fools and Horses** Del Boy plans a spot of salmon-poaching.
11.00 **Only Fools and Horses**
1.00 AM **Bottom Live: The Big Number 2 Tour** Stage show of the comedy series from 1995, in which Richie and Eddie hope to invite the Queen for supper.
3.20 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **American Pickers**
10.00 **Guy Martin's Lancaster Bomber** As 5.00pm
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Guy Martin's Lancaster Bomber** Guy trains in all seven crew positions on the iconic World War Two aircraft.
6.00 **Wilderness with Simon Reeve** 3/4. Simon voyages across the Coral Triangle in the south-western Pacific.

5.00 Guy Martin's Lancaster...

7.00 NEW SERIES **Special Ops: To Catch a Criminal** Merseyside Police respond to a pair of attacks on the Wirral.
8.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob head to Devon. **8.35** Bob and Paul travel to north Wales to fish the River Dee for grayling.
9.15 **Have I Got a Bit More News for You** Miles Jupp hosts the satirical current affairs quiz, with guest panellists James May and Jess Phillips MP.
10.20 **QI** Tom Allen, Susan Calman and Zoe Lyons join regular Alan Davies and host Sandi Toksvig.
11.00 **Mock the Week** With Angela Barnes and Ed Gamble. **11.40** With Tom Allen, Maff Brown, Ria Lina and Ed Byrne.
12.20 AM **Live at the Apollo**
1.20 **Schitt's Creek**
3.25 **to 4.00** AM **Mortimer & Whitehouse: Gone Fishing**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **7.00** A couple seek a holiday home on Spain's Costa Almería.
8.00 **Britain's Most Expensive Houses** Jeremy Fine sells a £20 million mansion on north London's Billionaires' Row.
9.00 **Gogglebox** Opinions on recent TV shows.
10.00 FILM **Le Mans '66** Fact-based drama with Matt Damon and Christian Bale. (2019, 12, 152min) ★★★★
12.55 AM **24 Hours in Police Custody: Murder Is No Game** 1&2/2.
3.25 **In the Footsteps of Killers** The death of eight-year-old Vishal Mehrotra in 1981.
4.25 **to 4.55** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S3)
1.00 PM **NCIS** 9-13/22. (S20)
6.00 **NCIS** *Old Wounds:* 14/22. A conman from Parker's past turns up as a murder suspect. **7.00** *Unusual Suspects:* 15/22. The agents look into the death of a ride-share driver who was found after a car accident. **8.00** *Butterfly Effect:* 16/22. Knight's father deals with a health scare while in Japan. (S20)
9.00 **Wild Cards** New episode *Con With the Wind:* 7/10. George gets a three-day pass from jail to spend his birthday with Max. (S1)
10.00 **Law & Order: Special Victims Unit** (S23&22)
1.50 AM **Criminal Minds**
2.40 **Blue Bloods** 5/22. (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S4)
10.00 **Shoplifters: Caught Red Handed** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** A drink-driver leaves a trail of destruction in his wake. **8.00** The team have their hands full when a raid reveals a crowbar-wielding suspect.
9.00 **999: Emergency Call Out** A team speed to the rescue of a man in a diabetic coma.
10.00 **A&E After Dark** A man who is refusing to leave his wheelchair.
11.00 **Banged Up Abroad**
12.00 M'T **Do Not Disturb: The Hotel Murders**
1.00 AM **Ambulance: Code Red** Documentary.
2.00 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Highway Patrol**
9.40 **Ice Road Truckers**
11.40 **Mud Mountain Haulers**
12.40 PM **Motorway Cops: Catching Britain's Speeders** Documentary.
1.35 FILM **The Big Trail** John Wayne Western. (1930, b/w, U, 117min) ★★
4.20 FILM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
6.15 FILM **North to Alaska** Western adventure. (1960, U, 122min) ★★★
9.00 LIVE **American Football: NFL** Tampa Bay Buccaneers v San Francisco 49ers: From Raymond James Stadium. Kick-off is at 9.25.
12.30 AM **Cops** Documentary.
1.00 **World's Deadliest Weather: Caught on Camera** Double bill.
3.10 **Highway Patrol**
3.40 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **One Born Every Minute** Six editions.
5.00 PM **The Supervet**
7.00 **Inside the Ambulance at Christmas** Boxing Day arrives, and paramedics Deena and Mike race to 71-year-old Frank, who has severe chest pains. **8.00** Stu and Rob treat a man with breathing difficulties who has a detachable ear.
9.00 **Inside the Operating Theatre** Dr Fox's fiancée Sally has her wisdom teeth removed. **10.00** A patient has urgent surgery to repair a detached retina.
11.00 **One Born Every Minute** Double bill of the documentary.
1.00 AM **Interior Design Masters with Alan Carr**
2.05 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
12.20 PM **Home Fires**
3.25 **Catherine Cookson's The Round Tower** Drama with Emilia Fox.
6.40 **Last Tango in Halifax** 1/6. First episode. (S1)
8.00 **Sister Boniface Mysteries** *A Tight Squeeze:* 6/12. A murder occurs during the making of a bawdy film. (S2)
9.00 **Silent Witness** *Redhill:* Leo is compelled to investigate the notorious Redhill jail after a killer dies in his cell.
11.15 **New Tricks** *Fluke of Luck:* The detectives investigate the case of two boys kidnapped in 1979, and believe it may be linked to more recent disappearances.
12.35 AM **The Last Detective**
2.20 **2point4 Children**
2.50 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell catch up with three people navigating new relationships and complicated feelings.
8.00 Catching up with Joselyn, who had been searching for her brother James for over 20 years.
9.00 **Dr Pimple Popper** Triple bill of editions.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Play Your Cards Right**
12.00 NOON **Tenable**
2.00 PM **Lily Savage's Blankety Blank**
3.20 **Family Fortunes**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Giles Coren, Rachel Johnson, Chris Packham and Josie Long compete for charity.
6.00 With Patrick Baladi, Vicky Williamson, John Craven and Kevin Eldon.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **The High Chaparral**
11.20 **FILM The Great Escape** Vintage adventure with Steve McQueen and James Garner. (1963, PG, 166min) ★★★★★
3.00 PM **FILM Lawman** Western starring Robert Ryan and Burt Lancaster. (1970, 15, 99min) ★
5.10 **FILM The Unforgiven** Western adventure with Burt Lancaster and Audrey Hepburn. (1960, PG, 125min) ★★★
7.40 **FILM Shane** Western starring Alan Ladd and Jean Arthur. (1953, PG, 118min) ★★★★★
10.10 **FILM The Marine** Action thriller with John Cena and Robert Patrick. (2006, 15, 92min) ★★
12.10 AM **The Persuaders!**
3.10 **Cops Uncut** Double bill.
4.00 **Wild West Chronicles**
4.50 **Coast Guard Alaska**
5.35 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.10 **Diagnosis Murder**
9.10 **FILM An Aurora Teagarden Mystery: The Disappearing Game** Drama. (2018, PG) ★★
11.00 **Murder, She Wrote** Ten episodes, including at:
8.00 PM *Mourning Among the Wisteria:* A famous playwright proposes to Jessica.
9.00 **FILM The Truth About Charlie** Comedy thriller starring Mark Wahlberg. (2002, 12, 104min) ★
11.20 **FILM Fixer Upper Mysteries: Concrete Evidence** Crime drama. (2017, PG, 89min) ★★
1.15 AM **FILM Framed by My Sister** Crime thriller. (2021, 12, 85min) ★★
2.55 **FILM Fatal Getaway** Thriller. (2019, PG) ★★
4.25 **to 5.50** AM **FILM A Wicked Vendetta** Thriller. (2018, 12) ★★

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas in Palm Springs** (2014) ★★
9.55 **FILM Finding Father Christmas** (2016, U) ★★
11.55 **FILM A Family for the Holidays** (2018, U) ★★
2.00 PM **FILM Christmas Comes Home** Drama. (2020, PG, 84min) ★★
4.05 **FILM It's Beginning to Look a Lot Like Christmas** Comedy. (2019, U, 89min) ★★
5.55 **FILM Christmas on the River** (2019, PG) ★★
8.00 **FILM A Very British Christmas** Drama. (2019, PG, 90min) ★★
9.55 **FILM Christmas Song** Drama. (2012, PG) ★★
11.55 **FILM On the Twelfth Day of Christmas** Drama. (2015, PG, 90min) ★★
1.50 AM **FILM Coming Home for Christmas** Drama. (2017, PG, 90min) ★★
3.25 **to 4.50** AM **FILM Christmas Comes Home**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **A Sharp Intake of Breath** 1&2/6. (S2)
9.30 **Please Sir!** (S4)
11.00 **Haggard** 6&7/7. (S2)
12.00 NOON **Michael Horden, Going Home**
12.30 PM **Jokers Wild**
1.00 **FILM The Little Princess** Drama. (1939, U) ★★
2.50 **Mysterious Tales**
2.55 **FILM Where There's a Will** (1936, b/w, U) ★★★
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Robinson Country**
5.30 **Discovering Gardens**
6.00 **A Brush with Art**
6.30 **Please Sir!** (S4)
8.00 **In Loving Memory** (S4)
9.00 **Police Woman** (S1)
10.00 **Haggard** 6&7/7. (S2)
11.00 **A Day in the Life of Beryl Cook**
11.30 **Soap** 21–23/25. (S1)
1.00 AM **Jokers Wild**
1.30 **My TV Rewind**
2.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Texas Metal**
7.00 **Expedition Bigfoot** The team are hot on the trail of Bigfoot.
8.00 The expedition takes a turn when a team member goes missing.
9.00 **Paranormal: Caught on Camera** A ghost hunter is tormented by spirits.
10.00 Sasquatch emerges from the woods in Tennessee.
11.00 **Expedition X** Phil and Jess investigate sightings of a huge serpent.
12.00 M'T Phil and Jessica uncover new evidence as they chase Bigfoot's origin story.
1.00 AM Josh sends his team to New Mexico.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Eight editions.
12.00 NOON **Jamie's Easy Meals for Every Day**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Great British Bake Off**
9.00 **James Martin's American Adventure** The chef goes on a culinary road trip around the United States.
10.00 The chef rides his motorbike through the coastal city of Santa Cruz, California.
11.00 The chef's culinary journey takes him to San Francisco.
12.00 M'T In Sonoma County, James meets a Tibetan artist who is undertaking a five-year ceremonial painting.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM The Legend of Hercules** Adventure. (2014, 12, 97min) ★★
9.00 **The Fall Guy** (S4&5)
2.00 PM **FILM Murder by Decree** Mystery. (1978, 12, 112min) ★★★★
4.20 **FILM Frankenstein Created Woman** Horror. (1966, 15, 95min) ★★★
6.10 **FILM The Curse of the Werewolf** Horror chiller starring Oliver Reed. (1961, 12, 92min) ★★★
8.00 **The Twilight Zone**
9.00 **FILM The Arrival** Sci-fi thriller starring Charlie Sheen. (1996, 12, 115min) ★★★
11.15 **FILM They Live** Sci-fi adventure with Roddy Piper and Meg Foster. (1988, 15, 95min) ★★★
1.10 AM **FILM Ghosts of War** Horror thriller. (2020, 18, 94min) ★★
3.05 **to 5.00** AM **FILM Lust for a Vampire** Horror. (1970, 18, 95min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Land That Time Forgot** Sci-fi action thriller. (2009, 12, 90min) ★★
8.00 **FILM A Study in Terror** Thriller with John Neville. (1965, 15, 91min) ★★★
10.00 **FILM Dark Storm** Sci-fi action thriller. (2006, 15, 89min) ★★
12.00 NOON **FILM Night of the Big Heat** Chiller. (1967, 18, 94min) ★
2.00 PM **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
4.00 **Six Million Dollar Man**
9.00 **FILM Zulu** Historical action adventure starring Stanley Baker and Michael Caine. (1963, PG, 138min) ★★★★★
11.40 **FILM Witchfinder General** Horror. (1967, 15, 98min) ★★★★
1.25 **to 3.00** AM **FILM He Who Dares** Thriller. (2014, 15, 78min) ★

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters**
7.30 **Irish Pickers**
8.20 **Dickinson's Real Deal**
9.10 **Junk & Disorderly**
10.05 **Alien Disclosure Files**
11.00 **Ancient Aliens**
11.55 **Encounter: UFO**
12.55 PM **The UnXplained: Mysteries of the Universe** Documentary.
1.50 **Evidence of the...**
5.40 **Top 25 Alien Encounters**
7.00 **History's Greatest Mysteries** UFO sightings.
8.00 **The Curse of Oak Island**
9.00 **The Great British Dig**
10.00 **Greatest Prison Escapes with Billy Hayes**
11.00 **Al Murray: Why Does Everyone Hate the British Empire?**
12.00 M'T **Evidence of the Unexplained**
1.00 AM **National Park Mysteries** Double bill.
2.00 **Paranormal Survivor**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **River Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **World War I in Colour** Documentary.
10.00 **World War II in Colour**
11.00 **Columbo** Five episodes of the drama, including at:
5.30 PM *Rest in Peace, Mrs Columbo:* A woman seeks revenge on Columbo for the death of her husband in prison.
7.30 **The Blitz with Rob Rinder & Ruth Goodman** How the Blitz was experienced by those from different backgrounds.
9.00 **Jimmy Tarbuck: 60 Years of Laughs** The comedian tells the story of his career.
11.00 **Strictly Come Dancing: Secrets & Scandals**
1.00 AM **When TV Goes Horribly Wrong**
3.00 **Natural History Museum: World of Wonder** Documentary.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** A couple look for a home in Wiltshire.
2.00 A couple hope to find a property big enough to be a B&B.
3.00 Jules Hudson helps a couple with a £600,000 budget to find a home in Dorset.
4.00 A couple search for a new home in the North Wessex Downs.
5.00 A couple look for a property in Suffolk.
6.00 A couple hope to relocate to rural Northamptonshire.
7.00 **A Place in the Sun** Six editions of the property series featuring expert advice on buying a second home abroad.
1.00 **to 4.00** AM **The Saved and Remade Workshop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: UK** Four editions.
10.00 **The Bad Skin Clinic**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
8.00 **The Bad Foot Clinic**
9.00 **It's Me or the Dog UK**
10.00 **24 Hour Baby Hospital** Young couple Sophie and Daryl's choice of names are proving confusing for midwife Veronica.
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** College sweethearts face a trip to A&E.
1.00 AM **Extreme Couponing**
2.00 **24 Hour Baby Hospital**
3.00 **The Face Doctors**
4.00 **The Bad Foot Clinic**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **Friends** 1–8/24. (S1)
2.00 PM **Friends** (S1)
8.00 **FILM St Trinian's 2: The Legend of Fritton's Gold** Comedy sequel with Rupert Everett, Colin Firth and David Tennant. (2009, PG, 106min) ★★
10.05 **Lee Evans Live: The Different Planet Tour** A 1996 performance in London's West End.
11.35 **Lee Evans: Live in Scotland** A 1998 show at the Edinburgh Playhouse.
1.05 AM **Iain Stirling's Roast the Internet**
2.05 **Whose Line Is It Anyway? USA**
3.00 **Important Things with Demetri Martin**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S3)
7.00 **Teleshopping**
9.00 **Friends** 13&14/24. (S1)
10.00 **Spin City** (S1&6)
8.00 **Friends** 15/24. Monica applies for a job.
8.30 16/24. Phoebe's twin sister visits. (S1)
9.00 1/24. Monica and Chandler try for a baby.
9.30 2/24. Chandler falls asleep in a meeting.
10.00 4/24. Monica makes a discovery.
10.30 5/24. The pals gather for Phoebe's birthday dinner.
11.00 6/24. Ross disagrees with Rachel's choice of nanny.
11.30 7/24. Ross amuses Emma by singing. (S9)
12.00 M'T **Friends** (S9)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.50 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **Highway Patrol**
2.00 PM **911 Crisis Centre**
5.00 **Air Ambulance ER**
10.00 **SEAL Team** *God of War:* 1/16. The Bravo officers enter enemy territory in Afghanistan to capture a terrorist leader.
11.00 *Forever War:* 2/16. Team Bravo reunite with Jason and Cerberus.
12.00 M'T *The New Normal:* 3/16. The unit struggle to adjust to a new team dynamic.
1.00 AM *Shockwave:* 4/16. Ray Perry goes missing after an explosion in Tunisia.
2.00 *The Carrot or the Stick:* 5/16. The team continue to look for Ray.
3.00 *Horror Has a Face:* 6/16. Ensign Davis tracks Ray's location to a shipping container. (S4)
4.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

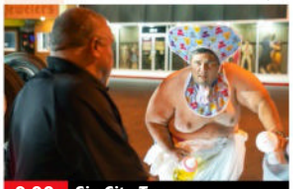
6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom OG**
1.00 PM **Catfish: Love Triangles** Reality series.
2.00 **Catfish: The TV Show**
5.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
9.00 **My Lover, My Killer** The story of a disabled man who welcomed a mother and son into his life – with fatal results.
10.00 **Ink Master Redemption** Veteran artists Christian Buckingham, Duffy Fortner and Jime Litwalk return, each with a new fuming Canvas.
10.30 An unhappy Canvas brings extra-terrestrial back-up.
11.00 **Aussie Shore**
1.00 AM **Jersey Shore Family Vacation**
2.00 **Caught in the Act: Double Life**
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys try to convert an old barn into a commercial fishing kitchen. **2.00** PM Misty and Matt find themselves alone on a rescue of Alaskan homesteaders ill from dirty water and stuck in a crumbling cabin. **4.00** The Raneys rescue some inexperienced homesteaders in Alabama.
6.00 **Scrap Kings** In Shropshire, four massive towers from an old coal station are blown up.



9.00 Sin City Tow

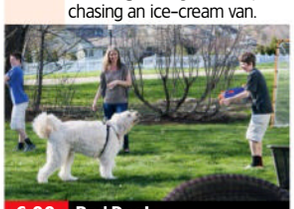
7.00 **NEW SERIES Alaska: Homestead Rescue** After Hurricane Helene obliterates a 100-year-old farmhouse in North Carolina, a once self-sufficient family are left with nothing. The Raneys arrive to help the family rebuild.
9.00 **Sin City Tow** Halloween on the strip means huge crowds and scary tows, while a drunk man refuses to let Shawn tow his car.
10.00 **Wheeler Dealers World Tour** Mike and Elvis visit sun-drenched Portugal, where the Mini Moke has earned cult status.
11.00 **Bitchin' Rides: Road to the Ridler** Dave Kindig tries to win the coveted Don Ridler Award.
12.00 M'T **Naked and Afraid** A bachelor and a divorced woman endure 14 days on an island in the Philippines.
2.00 AM **Naked and Afraid**
4.00 **to 5.00** AM **Buying Alaska**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** The *Era Alaska* is dispatched to a village devastated by flooding. **4.00** Ariel takes to the skies in a new plane.
5.00 **Treehouse Masters** Pete Nelson revisits two treehouses in need of major makeovers.
6.00 **Bad Dog!** A dog that keeps chasing an ice-cream van.



6.00 Bad Dog!

7.00 **How Do Animals Do That?** Why moths are attracted to flames. **7.30** Why spiders don't get stuck in their webs.
8.00 **Little Giants** A search for the ferocious mouse lemur of Madagascar. **8.30** Bradley and Billy hunt for the flying dragon.
9.00 **The Zoo** Cardiologists attempt to determine why the geladas are experiencing a life-threatening heart issue.
10.00 **Tanked** Film director Kevin Smith seeks a new home for two turtles and a tortoise, giving Brett and Wayde a challenging job.
11.00 **Life After: Chernobyl** A look at how wildlife has been affected after 30 years in the contamination area.
12.00 M'T **Fish or Die**
1.00 AM **Saved by the Barn**
2.00 **Alaskan Bush People**
3.00 **Little Giants** Double bill.
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
11.00 **Air Crash Investigation**
1.00 PM **Drain the Oceans: Deep Dive** Documentary.
2.00 **Killing Hitler**
3.00 **Nazi Megastructures: Battle Ready** The story of Himmler, Goebbels and Goering.
4.00 **World War II: Secrets from Above** German battleships attack key Norwegian ports. **5.00** The battle to destroy the Nazi battleship *Bismarck*.
6.00 **Car S.O.S** Tim and Fuzz work on a 1929 Rolls-Royce.

8.00 Engineering Europe

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to secretly restore a 1968 Morris Traveller.
8.00 **Engineering Europe** New edition A look at Germany's greatest feats of engineering, including a record-breaking bridge.
9.00 **Top Guns: The Next Generation** New edition Defensive dogfighting proves the toughest test yet for the students.
10.00 **Area 51: I Was There** Insiders reveal what projects they worked on at the alleged UFO storage facility in Nevada.
11.00 **Inside Melbourne Airport**
12.00 M'T **To Catch a Smuggler** New edition HSI uncover an internal conspiracy of airline employees at JFK.
1.00 AM **Air Crash Investigation**
2.55 **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Made in a Day**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars** Double bill.
8.00 **Alone** Reality series.
9.00 **Kevin Costner's The West**
10.00 **Britain's Most Historic Towns**
1.00 PM **Digging for Britain** Four editions, including at: **3.00** An 8,000-year-old underwater settlement. **4.00** A Roman mosaic found on farmland in Rutland.
5.00 **The Abyss: Rise & Fall of the Nazis** How a social protest turned into a anti-Jewish movement during the 1920s. **6.00** Events of 1933 and 1934.

7.00 Airport Security: USA

7.00 **Airport Security: USA** Passengers are searched for illegal objects when entering and leaving the United States.
8.00 **Airport Security: USA** A look at the work of the Department of Homeland Security's Customs and Border Protection officers.
9.00 **Jack the Ripper: Written in Blood** Revealing how the Whitechapel Murders fuelled the rise of tabloid journalism in Britain.
10.00 **Jack the Ripper: Written in Blood** With Whitechapel in panic, *The Star* incites violent anti-Semitic clashes.
11.00 **Jack the Ripper: Written in Blood** The so-called 'From Hell' letter, apparently sent by the killer in 1888.
12.00 M'T **History's Most Shocking** Analysis of the historic 1937 *Hindenburg* airship disaster.
1.00 AM **Ancient Aliens**
2.00 **Ancient Aliens: Origins**
4.00 **to 6.00** AM **Airport Security: USA**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Great Continental and Indian Railway Journeys**
9.00 **Trawlermen** Triple bill.
11.00 **Bangers & Cash**
1.00 PM **Bangers & Cash: Restoring Classics**
2.00 **Flipping Bangers** Will and Gus buy a Porsche 923.
3.00 **Frozen Planet** Double bill.
5.00 **Life** Extreme behaviour in the natural world. **6.00** How amphibians conquer their shortcomings.

5.00 Life

7.00 **Ireland with Simon Reeve** Simon visits Belfast for the July 12 parades, as well as exploring the Giant's Causeway.
8.00 **Flipping Bangers** Car enthusiasts Will and Gus buy a Porsche 923 with a cracked interior, ripped seats and bad paintwork.
9.00 **Bangers & Cash: Restoring Classics** Derek points the team towards a 1983 Daimler Double Six.
10.00 **Bangers & Cash: Restoring Classics** The team can finally smell profit when they find a bargain Porsche.
11.00 **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback. **12.00** M'T The team cannot believe their luck when a Volvo 144 rolls in with just 15,000 miles on the clock.
1.00 **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Triple bill.
8.00 **Salvage Hunters** At a family estate, Al snaps up vintage deed boxes.
9.00 **The Repair Shop** The experts restore a 1960s split flap clock that is stuck in time. **10.00** Cobbler Dean restores a pair of wooden roller skates. **11.00** Restoring a beloved toy cat that is over 30 years old. **12.00** M'T Restoring a beloved childhood bear.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Vegas Dress** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Evil Lives Here: Shadows of Death**
7.00 **Evil Lives Here: Shadows of Death** The brutal murders of two teenage girls at a remote lookout point. **8.00** When Erika Verdecia goes missing, her family launch their own search for her.
9.00 **A Killer's Mistake** Double bill of editions.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** George Jodoin.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** The body of a man is found buried in the snow.
7.00 **New Scotland Yard Files** The investigation into the disappearance of Alice Gross. **8.00** Examining the case of Michael Menson.
9.00 **Murder in Mind** New edition The story of how Lori Isenberg poisoned her husband – but told authorities that he drowned.
10.00 **Millionaire Murders** How Alex and Maggie Murdaugh's dynasty began to crumble.
11.00 **See No Evil** The murder of Celina Petersen.
12.00 M'T **Cold Justice**
1.00 AM **Murder in Mind**
2.00 **New Scotland Yard Files** Double bill.
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
2.00 PM **Forensic Factor** Dr John Baxter Hamilton calls 911 from an exclusive neighbourhood, saying his wife is bleeding profusely. **3.00** Caretaker Larry Mallory notices something unusual while on his way to work.
4.00 **Written in Blood** Mason Cross invites Simon Toyne to his hometown of Glasgow to uncover a case that unfolded on his doorstep. **5.00** Peter Robinson invites Simon to Yorkshire, the setting for his *DCI Banks* series, where he reveals the untold story of a stabbing.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Forensic Factor**
4.00 **Storm of Suspicion**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **Murder Next Door** True-crime.
1.00 PM **Murder in Slow Motion** Documentary.
2.00 **World's Most Evil Killers**
3.00 **Murder Uncut**
4.00 **Catching the Killer**
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Killer in My Village**
9.00 **Mommy Dead and Dearest** Documentary.
10.40 **Catching the Killer**
11.45 **How I Caught the Killer**
12.50 AM **The Real Manhunter**
1.55 **Killer in My Village**
3.00 **Ireland's Most Evil Killers** Eric Locke.
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
10.35 **China, the US and the Rise of Xi Jinping**
1.00 PM **Full Steam Ahead**
3.35 **The Civil War** The Union's failure to achieve a victory by spring 1863. **4.55** The Battle of Gettysburg, when for three days in July 1863, 150,000 men fought to the death. **6.55** The series of battles during 1864.
8.25 **China, the US and the Rise of Xi Jinping** Martin Smith traces the defining moments of Xi Jinping, how he is exercising power and the impact on China and relations with the US and the world.
10.50 **Trump's Comeback** Donald Trump's return to political prominence.
12.00 M'T **Full Steam Ahead**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Sigourney Weaver** A profile of the actor.
7.00 **Discovering: Hugh Grant**
8.00 **The Directors**
9.00 **Money Electric: The Bitcoin Mystery** Documentary
11.00 **I Am Paul Walker**
12.50 PM **My Icon: Shaun Gayle**
1.00 **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
3.00 **Yacht Rock: A Dockumentary**
5.00 **FILM When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
6.45 **FILM Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15, 120min) ★★★★
9.00 **Bobby Robson: More Than a Manager** The life and career of the former football manager.
11.00 **Be Water** Documentary.
1.00 AM **FILM Searching for Sugar Man** Music documentary. (2012, 12, 86min) ★★★★
2.45 **Great Photo, Lovely Life: Facing a Family's Secret**
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **A Bee's Diary**
7.00 **The Ocean's Greatest Feast**
8.00 **Wildlife Icons**
10.00 **Survival of the Beast**
1.00 PM **Loons: A Cry from the Mist**
2.00 **A Bee's Diary**
3.00 **Micro Monsters with David Attenborough** Battles and rivalries within the world of bugs.
3.30 **David Attenborough's First Life** 1&2/2. Exploring the origins of life on Earth.
6.00 **Pride Rules** New edition Documentary looking at lion prides, their politics and their incessant drive to survive.
7.00 **Wild Latin America** A newborn whale sets out on a migration.
8.00 Breeding season nears for the squirrel monkeys.
9.00 An orphaned bear must learn to fend for herself in Peru's mountains.
10.00 **Beasts of the Big Blue**
11.00 **The Ocean's Greatest Feast**
12.00 M'T **Pride Rules**
1.00 AM **A Bee's Diary**
2.00 **Beasts of the Big Blue**
3.00 **to 6.00** AM **Supersenses**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Sound and the Fury**
10.00 **The Lost Women Spies**
11.00 **Walking Through History**
12.00 NOON **Digging for Britain**
2.00 PM **Alien Files: Unsealed**
4.00 **The Lost Women Spies**
6.00 **Walking Through History**
7.00 **Digging for Britain**
8.00 **Bradley Walsh: Egypt's Cosmic Code** 1/3. The presenter visits Ancient Egypt's greatest monuments.
9.00 2/3. The host considers the riddle of the Sphinx.
10.00 3/3. Bradley sets out to uncover the mysteries of King Tutankhamun.
11.00 **Ancient Aliens** A look into reports of 'real' encounters with extraterrestrial visitors.
12.00 M'T A 20th-century British woman who could accurately locate structures.
1.00 AM **Secrets Declassified with David Duchovny** Double bill.
3.00 **WWII's Most Daring Raids**
4.00 **WWII Battles in Colour**
5.00 **to 6.00** AM **WWII Lost Films**

Crime+Investigation

156 142 133

6.00 AM **Murder at My Door with Kym Marsh** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Murdertown** Martin Decker.
11.00 **999: Killer on the Line**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **The Real Murders of Atlanta**
7.00 **Laura Whitmore on Britain's Killer Teens**
8.00 **City Confidential**
9.00 **Cold Case UK** New edition How DNA solved the Salisbury attacks case from the 1980s.
10.00 **Cold Case Files** How a DNA breakthrough helped solve a decade old case.
11.00 **Look What You Made Me Do**
12.00 M'T **Secrets of Celebrity Sex Tapes** Colin Farrell.
1.00 AM **The Eunuch Maker**
2.00 **NEW SERIES Ed Gein: Original Psycho** 1&2/2. Tracing the crimes of the serial killer and body snatcher.
4.00 **to 6.00** AM **Spring Break Murders**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **In The Womb: Animal Babies**
11.00 **Incredible Animal Journeys**
1.00 PM **Where Oceans Collide**
2.00 **Super Reefs** Documentary.
3.00 **Ocean's Breath**
4.00 **Secrets of the Zoo**
6.00 **Critter Fixers: Country Vets** New edition The Docs visit their ranch to check on a calf.
7.00 **Close Encounters of the Wild Kind** New edition A bear takes a dip in a hot tub.
8.00 **Katavi: Africa's Fallen Paradise** A look at the impact of extreme weather on Tanzania's Katavi National Park.
9.00 How an extreme weather event impacts the animals at Katavi National Park.
10.00 Just when everything is at breaking point, the rains finally return to Katavi National Park.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Experts reveal the secrets of the sunken town of Baiae.
7.00 Experts reveal the secrets of Thermopylae.
8.00 The secrets of the Empire State Building.
9.00 **Salvage Hunters: The Restorers** Drew Pritchard asks blacksmith Nev Morris to save a wirework plant stand.
10.00 Drew calls on two experts to restore a Victorian iron window. Plus, vintage electronic game restorer Mark Squires is asked to rescue a 1950s driving game.
11.00 Furniture restorer Steve is tasked with restoring a huge bench that once graced a famous Scottish court.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **India's New Worlds**
11.00 **Fascinating New Zealand**
1.00 PM **India's New Worlds**
3.00 **Fascinating New Zealand** Exploring New Zealand's rugged fjords, high mountain peaks, steaming volcanic landscapes and bizarre cave systems.
4.00 New Zealand faces major challenges and is responding with a radical new policy.
5.00 **TOTP: 1997** Featuring Catch, Lighthouse Family, The Seahorses, Coolio and Eternal.
5.40 Music from Clock, Mansun, Brand New Heavies, Supergrass and Eternal.
6.20 Performances by Tina Moore, Aqua, Ash, Brand New Heavies, Jimmy Ray and Clock.
7.00 Featuring 911, N-Trance and Rod Stewart, Spice Girls, Dannii Minogue and Double 99.
7.35 Music from Backstreet Boys, Natalie Imbruglia, Embrace and Toni Braxton.
8.15 **TOTP: 1997** Archive highlights.
4.45 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Evil Stepmothers**
10.00 **Web of Lies** Double bill.
12.00 NOON **American Monster**
1.00 PM **Evil Lives Here**
2.00 **Disappeared** Double bill.
4.00 **Evil Lives Here**
6.00 **American Monster**
8.00 **Twisted Sisters** How a long-simmering family feud turned deadly when life-threatening secrets are exposed.
9.00 **The Fall of Diddy** As Sean Combs rises to new heights, people come forward with allegations of mistreatment.
10.00 Witnesses reveal allegations of abuse by Combs toward Cassie Ventura.
11.00 Haunted by his time working for Diddy, a former assistant comes forward.
11.30 **Evil Lives Here: The Killer Speaks** Documentary.
12.30 AM **Road Rage** Triple bill.
2.00 **Murder Decoded**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Misfit Garage**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Fifth Gear** Five editions.
5.00 PM **Richard Hammond's Workshop** Richard faces a client who is anxious for work to start on his vintage Bentley.
6.00 Richard comes up with a plan to create a show car to generate business for the Cog.
7.00 **Wheeler Dealers** Mike Brewer finds a rare Land Rover Series 1 that may not be all it seems.
8.00 Mike finds a Citroën 2CV in the south of France.
9.00 Mike bags a bargain example of one of his dream cars – a Ford Fiesta XR2.
10.00 Mike tracks down a BMW Isetta bubble car.
11.00 Mike searches for a Bond Bug, a three-wheeled 1970s British sports car.
12.00 M'T Mike purchases a Mini Moke, which was designed as an off-road military vehicle.
1.00 **to 5.00** AM **Misfit Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.20 AM **Code 3** As 5.25am.
9.10 **Grow** As shown at 6.10pm.
11.00 **Panda Plan** Action comedy. (2024, 15, 99min) ★★★
12.50 PM **Bridget Jones: Mad About the Boy** As 8.00pm.
3.00 **Presence** Horror thriller. (2024, 15, 84min) ★★★★
4.30 **PREMIERE The Stranger in My Home** Drama with Sophia Bush. (2025, 15, 91min)
6.10 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★

4.30 The Stranger in My Home

8.00 **Bridget Jones: Mad About the Boy** Romantic comedy starring Renée Zellweger, Chiwetel Ejiofor and Leo Woodall. Recently widowed Bridget enters the dating game again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Novocaine** Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **PREMIERE The Stranger in My Home** As 4.30pm.
1.45 **Presence** As 3.00pm.
3.15 **Spin the Bottle** Horror starring Kaylee Kaneshiro. (2024, 15, 119min) ★★
5.25 **to 7.15** AM **Code 3** Comedy. (2025, 15, 104min) ★★★★

Sky Cinema Spider-Man

303 303 403 503 517

6.45 AM **Venom: The Last Dance**
8.45 **Spider-Man** As 8.15pm.
10.55 **Spider-Man 2** As 10.20pm.
1.05 PM **Spider-Man 3** As 12.30am.
3.30 **The Amazing Spider-Man** Adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★
5.50 **The Amazing Spider-Man 2** Superhero adventure sequel starring Andrew Garfield, Emma Stone and Jamie Foxx. (2014, 12, 142min) ★★★

5.50 The Amazing Spider-Man 2

8.15 **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst and Willem Dafoe. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity, Peter Parker finds his special powers are required to combat a new adversary. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Spider-Man 3** Fantasy sequel. (2007, 12) ★★★
3.00 **Madame Web** Adventure. (2024, 12, 116min) ★★★
5.00 **to 7.00** AM **Venom: The Last Dance** Adventure sequel. (2024, 15, 110min) ★★★

Sky Cinema Drama

310 310 410 510 524

8.05 AM **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★
10.05 **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
11.45 **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★
3.00 PM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.45 **Dreamgirls** Musical drama starring Jamie Foxx, Beyoncé Knowles and Jennifer Hudson. (2006, 12, 130min) ★★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
10.05 **Grease 2** Musical sequel starring Maxwell Caulfield and Michelle Pfeiffer. A new student joins a high school and falls in love with the most beautiful member of The Pink Ladies gang. (1982, PG, 109min) ★★
12.10 AM **Scent of a Woman** Coming-of-age drama starring Al Pacino. (1992, 15, 157min) ★★★★
2.55 **Flashdance** Dance drama starring Jennifer Beals. (1983, 15, 96min) ★★★
4.40 **to 6.40** AM **Dear John** Drama. (2010, 12, 108min) ★★

Sky Cinema Science Fiction

311 311 411 511 525

6.30 AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
8.35 **Dark Skies** As 1.00am.
10.20 **R.I.P.D** As shown at 2.50am.
12.00 NOON **2012** Disaster movie. (2009, 12, 158min) ★★★
2.40 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.25 **Men in Black II** Sci-fi action comedy sequel starring Will Smith. (2002, PG, 88min) ★★★
6.05 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
8.00 **Dune: Part Two** Sci-fi drama sequel starring Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.55 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★
1.00 AM **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
2.50 **R.I.P.D** Action comedy fantasy. (2013, 12, 96min) ★★★
4.35 **to 6.25** AM **Escape from the 21st Century** Chinese fantasy adventure. Subtitled. (2024, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
8.50 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
10.45 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
12.25 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.15 **The Smurfs** (2011, U) ★★
4.10 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
6.00 **Johnny English** Comedy. (2002, PG, 88min) ★★★

9.15 Small Soldiers

7.30 Finding Neverland Period drama starring Johnny Depp, Kate Winslet, Julie Christie and Dustin Hoffman. (2004, PG, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 Small Soldiers Fantasy adventure starring Kirsten Dunst and Gregory Smith. A toy company launches a new range of deadly action dolls with a life of their own. (1998, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 Snow White and the Huntsman Fantasy adventure starring Kristen Stewart. (2012, 12, 127min) ★★★
1.20 AM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
3.20 **Ella Enchanted** Adventure starring Anne Hathaway. (2004, PG, 96min) ★★★
5.05 **to 6.50** AM **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★

Sky Cinema Action

307 307 407 507 521

6.55 AM **The Cinema List: Jurassic**
7.15 **Green Lantern** Adventure. (2011, 12, 114min) ★★
9.20 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
11.45 **Vendetta** Action thriller. (2022, 15, 96min) ★★
1.35 PM **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
3.35 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
5.45 **The Mummy Returns** Adventure. (2001, 12) ★★★★

8.00 Raiders of the Lost Ark

8.00 Raiders of the Lost Ark Steven Spielberg's adventure starring Harrison Ford and Karen Allen. Archaeologist Indiana Jones attempts to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Indiana Jones and the Temple of Doom Steven Spielberg's adventure with Harrison Ford. Indiana Jones escapes a gang boss in Shanghai and encounters a cult in India. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Crank** Action thriller. (2006, 18, 88min) ★★★★
1.45 **Seeking Justice** Thriller. (2011, 15, 104min) ★★
3.35 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
5.25 **The Cinema List: Antiheroes**
5.40 **to 7.50** AM **Shooter** Thriller. (2007, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
9.05 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
10.40 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
12.55 PM **Pixels** (2015, 12) ★★
2.45 **Mean Girls** Musical comedy. (2023, 12, 112min) ★★★
4.40 **David Brent: Life on the Road** Comedy. (2016, 15) ★★
6.20 **13 Going on 30** Comedy. (2004, 12, 98min) ★★★

6.20 13 Going on 30

8.00 Pitch Perfect 2 Music comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 The Other Guys Farcical crime comedy starring Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops finally see action after they uncover a financial conspiracy. (2010, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
1.50 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
3.35 **Sky Cinema Preview**
4.10 **to 6.15** AM **Scott Pilgrim vs. the World** Quirky comedy. (2010, 12, 112min) ★★★★

Sky Cinema Da Vinci

309 309 409 509 523

8.15 AM **Inferno** As 10.20pm.
10.25 **The Da Vinci Code** (2006)
1.00 PM **Angels & Demons**
3.25 **Inferno** As 10.20pm.
5.30 **The Da Vinci Code** Thriller with Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous monk. (2006, 12, 149min) ★★★

8.00 Angels & Demons

8.00 Angels & Demons Mystery thriller based on the novel by Dan Brown, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Inferno Director Ron Howard's adaptation of the Dan Brown thriller, starring Tom Hanks, Felicity Jones and Irrfan Khan. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Da Vinci Code** (2006)
3.15 **Angels & Demons** (2009)
5.45 **to 8.00** AM **Inferno** (2016)

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Barnacle Bill** Comedy. (1957, b/w, U, 87min) ★★★
12.45 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
2.30 **Tooth Fairy** Family comedy. (2010, PG, 101min) ★★★
4.40 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
6.45 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld and John Cena. (2018, PG, 114min) ★★★★

6.45 Bumblebee

Bumblebee (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Top Gun: Maverick Action drama starring Tom Cruise. Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits for a deadly mission. With Jennifer Connelly. (2022, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 Infinite Sci-fi thriller starring Mark Wahlberg and Chiwetel Ejiofor. A man experiencing memories of his past lives is recruited for a vital mission to save the human race. (2021, 12, 106min) ★★
1.40 **to 3.40** AM **Paranormal Activity: Next of Kin** Horror thriller starring Emily Bader. (2021, 15, 98min) ★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.35 AM **Friday the 13th Part III** Stalk 'n' slash horror sequel. (1982, 18, 95min) ★
8.15 **The Ring** Horror chiller remake. (2002, 15, 115min) ★★★
10.25 **Psycho** As shown at 11.15pm.
12.10 PM **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
1.55 **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★

3.40 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
5.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
7.25 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★★
9.00 **Nosferatu** Horror starring Bill Skarsgard, Lily-Rose Depp and Aaron Taylor-Johnson. (2024, 15, 132min) ★★★★
11.15 **Psycho** Horror chiller remake starring Vince Vaughn and Anne Heche. (1998, 15, 100min) ★

1.00 AM **Bram Stoker's Dracula** Francis Ford Coppola's horror. (1992, 18, 123min) ★★★
3.10 **Die Alone** Zombie apocalypse drama starring Carrie-Anne Moss. (2024, 15, 91min) ★★★★
4.45 **to 6.45** AM **The Collector** Thriller. (1965, 15, 119min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.25 AM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
9.35 **Kingpin** As shown at 9.50pm.
11.30 **A Night at the Roxbury** (1998)
12.55 PM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★
2.50 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
4.35 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★

6.25 **Happy Gilmore** Comedy with Adam Sandler, Christopher McDonald and Julie Bowen. (1996, 12, 92min) ★★★
8.00 **Dumb and Dumber** Comedy starring Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
9.50 **Kingpin** Comedy starring Woody Harrelson as an unlucky, one-handed ten-pin bowler who discovers a reluctant protégé in the form of an Amish man. With Randy Quaid and Bill Murray. (1996, 12, 114min) ★★★

11.45 **A Night at the Roxbury** Comedy. (1998, 15, 82min) ★
1.10 AM **Twins** Action comedy. (1988, PG, 107min) ★★★
3.00 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
4.45 **to 6.30** AM **HouseSitter** Comedy. (1992, PG) ★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.50 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
9.35 **Over the Hedge** (2006) ★★★★
11.05 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
12.50 PM **Hotel Transylvania** Animation. (2012, U) ★★★★
2.25 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★

4.00 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
5.35 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
7.20 **Barnyard** Animated comedy. (2006, PG, 90min) ★
9.00 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
10.40 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
12.05 AM **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★

1.30 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
3.00 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
4.35 **to 6.20** AM **The Road to El Dorado** Animated adventure. (2000, U, 89min) ★★★

Christmas 24

312 313 419

7.00 AM **A Fabled Holiday** Romantic fantasy. (2022, PG, 90min) ★★
9.00 **Christmas Angel** Comedy. (2009, PG, 87min) ★★★
11.00 **My Christmas Hero** Drama. (2023, PG, 84min) ★★
1.00 PM **Following Yonder Star** Drama. (2024, PG, 84min) ★★
3.00 **PREMIERE** **The Christmas Bookshop** Romantic drama. (2024, PG, 90min) ★★

5.00 **Holiday Touchdown: A Chiefs Love Story** Festive drama. (2024, PG, 90min) ★★
7.00 **The Great Christmas Switch** Festive comedy starring Sarah Lind. (2021, PG, 84min) ★★
9.00 **A Christmas Cookie Catastrophe** Comedy starring Rachel Boston and Victor Webster. (2022, PG, 90min) ★★
11.00 **Season's Greetings from Cherry Lane** Festive drama sequel with Jonathan Bennett. (2024, PG, 84min) ★★

1.00 AM **A Tale of Two Christmases** Comedy starring Katherine Barrell. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Santa Tell Me** Romantic drama starring Erin Krakow. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Bullet Scars** Crime drama. (1942, b/w, PG, 50min) ★★
7.15 **Do You Know This Voice?** Mystery. (1964, b/w, PG) ★★
8.50 **The Brave Don't Cry** Drama. (1952, b/w, U, 90min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Capture** Crime drama. (1950, b/w, PG, 92min) ★★
12.55 PM **Worzel Gummidge** (S3)
1.30 **Batman** 38/60. (S2)

2.00 **Pollyanna** Period drama.
4.00 **Four Star Theatre** 14/41. (S4)
4.30 **The Vise** 15/39. (S1)
5.00 **The Footage Detectives**
6.00 **Robinson Crusoe** Adventure. (1954, U, 90min) ★★
7.50 **Look at Life** Documentary.
8.00 **Memories of Making Sergeant Cork** With William Gaunt.
8.05 **Sergeant Cork** 7/13. (S1)
9.10 **At the Wheeltappers**
9.45 **The Best of the Adventurers** Highlights from the 1970s '*Adventures of*' series.

11.25 **The Heritage Chart Show**
12.30 AM **Dick Tracy Returns** Thriller. (1938, b/w, PG, 90min) ★★
2.30 **Castle Sinister** Horror thriller. (1948, b/w, PG, 49min) ★★
3.30 **Charade** Romantic comedy. (1963, PG, 114min) ★★★★★
5.50 **to 6.00** AM **Look at Life**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **PGA Tour Golf** Coverage of the fourth and final day of the Baycurrent Classic at Yokohama Country Club in Japan.
8.00 LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Buick LPGA Shanghai.
9.30 **The Sunday Supplement**
11.00 LIVE **WSL Chelsea v Tottenham Hotspur.** The Women's Super League match at Kingsmeadow. Kick-off 12.00noon.
2.00 PM LIVE **NFL New York Jets v Denver Broncos.** The week six match held at Tottenham Hotspur Stadium. Kick-off is at 2.30pm.
5.30 LIVE **WSL Liverpool v Manchester City.** The Women's Super League match staged at Anfield. Kick-off is at 4.45pm.
7.00 **Sports Sunday**
8.00 LIVE **World Grand Prix Darts** Coverage of day seven from Mattioli Arena in Leicester.
10.00 LIVE **NFL** A week six match.
12.30 AM **NBC's FNIA**
1.10 LIVE **NFL Kansas City Chiefs v Detroit Lions.** Coverage of the week six match. Kick-off 1.20am.
4.45 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Transfer 360** Double bill.
11.00 LIVE **WSL Everton v Manchester United.** The Women's Super League match from Goodison Park. The visitors won all three meetings between the two sides last season, scoring five goals and keeping three clean sheets as well. Kick-off 12.00noon.
2.30 PM **The Big Interview**
3.00 **Premier League Stories**
3.30 **Transfer 360** Double bill.
4.30 LIVE **WSL Liverpool v Manchester City.** The Women's Super League match from Anfield. The visitors won both meetings between the two teams last season, scoring six goals across the two games. Kick-off 4.45pm.
7.00 **Premier League Years** A look back at the 2024/25 season.
9.00 **Transfer 360** Four editions.
11.00 **Premier League Years**
1.00 AM **PL Retro** Arsenal v Leeds.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.30 **EFL Cup Highlights**
8.30 **EFL Highlights** Championship.
9.00 **EFL Cup Highlights**
11.00 LIVE **WSL Aston Villa v Leicester City.** The Women's Super League match at Villa Park. Leicester got the better of the meetings between the teams last season, drawing here and winning 3-0 at home, but the Villans finished four places above them in sixth place. Kick-off 12.00noon.
2.30 PM **EFL Cup Highlights**
4.30 **EFL Highlights** Championship.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **WSL** Another chance to see Chelsea v Tottenham Hotspur.
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **WSL** Highlights from Chelsea v Tottenham Hotspur.
11.30 Highlights from Liverpool v Manchester City at Anfield.
12.00 M'T **EFL Cup Highlights**
2.00 AM **EFL Highlights**
2.30 **EFL Greatest Games**
3.00 **Championship Retro**
5.00 **to 6.00** AM **1983: When Aberdeen Ruled Europe**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 LIVE **ICC Women's World Cup India v Australia.** Coverage of the group match from Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium, as two of the favourites to win this tournament go head to head. Co-hosts India are still looking for their first ever title at this event after reaching the final twice in their history. However, Australia are chasing their eighth World Cup victory after winning their seventh in the previous competition in 2022.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** England v Sri Lanka from R. Premadasa Stadium in Colombo.
7.30 New Zealand v Bangladesh in the group match at Barsapara Cricket Stadium, Guwahati.
8.30 **ICC Women's World Cup 2017** Action from England v Australia at the County Ground in Bristol.
9.00 **ICC Women's World Cup** Highlights from India v Australia.
10.00 England v Sri Lanka.
11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM LIVE **PGA Tour Golf** The fourth and final day of the Baycurrent Classic in Japan.
8.00 LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Buick LPGA Shanghai.
9.30 **Legends Tour Golf**
10.30 **Rose Ladies Series**
11.30 LIVE **DP World Tour Golf** Coverage of day four of the Acciona Open De España from Club de Campo Villa de Madrid.
4.30 PM **PGA Tour Champions**
5.00 **PGA Tour Champions**
6.00 **PGA Tour Golf** Highlights.
10.00 **LPGA Tour Golf**
11.30 **Perfection in Paris** Ryder Cup.
1.30 AM **Tee Time Tips**
2.00 **HotelPlanner Tour Golf**
2.30 **PGA Tour Champions**
3.00 **LPGA Tour Golf** LPGA Shanghai.
4.00 **The Open – Official Films**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Tokyo Open final.
7.00 LIVE **ATP Tennis** Coverage of the Shanghai Masters doubles final.
9.00 **WTA Tennis** Beijing Open.
9.30 LIVE **ATP Tennis** Coverage of the Shanghai Masters final.
11.30 LIVE **WTA Tennis** Coverage of the Wuhan Open final from China.
1.30 PM **ATP Tour This Week**
2.00 **WTA & ATP Tennis** Beijing Open.
4.00 **ATP Tennis** Shanghai Masters.
6.00 **WTA Tennis** Wuhan Open final.
8.00 **ATP Tennis** Shanghai Masters.
10.00 **WTA Tennis** Wuhan Open final.
12.00 M'T **WTA & ATP Tennis**
1.45 AM **Frances Tiafoe Podcast**
2.00 **WTA & ATP Tennis**
3.30 **to 6.00** AM LIVE **WTA Tennis** Day one of the WTA Osaka Open.

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Test Cricket India v West Indies.** Coverage of the third day of the second and final Test from Arun Jaitley Stadium.
1.00 PM **TNT Sports Cricket Reload**
1.30 **UEFA Champions League Magazine** News and updates.
2.00 **Premier League Stories**
2.30 LIVE **The Gallagher PREM Harlequins v Saracens.** Coverage from Twickenham Stoop. Kick-off is at 3.00pm.
5.30 **UCI Mountain Bike World Series**
6.00 LIVE **UCI Mountain Bike World Series** Coverage of the women's XCO Olympic elite race at Mont Sainte Anne in Canada.
8.30 LIVE **UCI Mountain Bike World Series** The men's XCO Olympic elite race in Canada.
10.15 **Rocky & Wrighty: From Brockley to the Big Time**
11.45 **MLB Highlights**
12.45 AM **Training Day**
1.00 LIVE **MLB** Coverage of the latest MLB Postseason fixture.
4.15 **TNT Sports Cricket Reload**
4.45 **to 6.00** AM LIVE **Test Cricket India v West Indies.** The fourth day of the second and final Test.

TNT Sports 2

411 414 522 409 431

6.00 AM **The Gallagher PREM**
9.00 **FIM Speedway Grand Prix**
10.00 **Spirit of Yachting**
10.30 LIVE **Superbike World Championship** Coverage from Circuito do Estoril in Portugal.
1.30 PM LIVE **Superbike World Championship** The Superbike second race in Estoril, Portugal.
3.00 LIVE **Superbike World Championship** The Supersport 300 second race from Estoril.
4.15 PM **Toprak Razgatlioglu: El Turco** The motorcyclist's career.
5.45 **British Superbikes Rewind**
6.00 **Sign Up – Into Football**
6.45 **Training Day** MLB action.
7.00 **WNBA** Game four of the finals.
8.00 LIVE **WNBA** Coverage from game five of the WNBA finals.
10.30 **MLB: Off the Bat**
11.00 **Test Cricket Highlights**
12.00 M'T **UCI Gravel World Championships** Highlights.
1.00 AM **UCI Mountain Bike World Series** Action from Canada.
2.00 **Snooker Xi'an Grand Prix**
4.00 **UCI Gravel World Championships** Highlights.
5.00 **to 6.00** AM **Men's Cycling Pro Series**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
11.00 **49 Hours** Behind the scenes.
11.15 **NFL Gameday** Match reviews.
12.00 NOON **NFL Highlights**
2.00 PM LIVE **NFL New York Jets v Denver Broncos.** Coverage of the week six match at Tottenham Hotspur Stadium. This meeting last year saw the visitors come away with a 10-9 victory in a tight game early on in the season as the Broncos picked up their first win against the Jets since September 2021. Kick-off 2.30pm.
5.30 LIVE **NFL** Coverage of a week six match. Kick-off is at 6.00pm.
9.15 LIVE **NFL** Coverage of a week six match. Kick-off is at 9.00pm.
12.30 AM **NBC's FNIA** A preview of Kansas City Chiefs v Detroit Lions.
1.10 LIVE **NFL Kansas City Chiefs v Detroit Lions.** Coverage of the week six match from Arrowhead Stadium. The Lions came away with a thrilling 21-20 victory the last times these two sides met back in 2023 as they picked up their first win against the Chiefs since 2011. Kick-off 1.20am.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 LIVE **ATP Tennis** Coverage of the doubles final of the ATP Shanghai Masters, a hard-court tournament staged at Qizhong Forest Sports City Arena.
9.00 **The Sunday Supplement** The top sports journalists dissect the stories in the Sunday newspapers.
11.00 LIVE **WSL** Coverage of today's matches in the Women's Super League, as viewers get to choose which of today's games they want to watch. Kick-off 12.00noon.
2.30 PM **Sports Sunday** Studio guests join the team for live reports and the latest scores from all the afternoon's sporting events.
6.00 LIVE **NFL** Coverage of a week six match. Kick-off 6.00pm.
9.00 LIVE **NFL** Coverage of a week six match. Kick-off is at 9.00pm.
12.30 AM **Sky Sports Catch Up** A look at the biggest sports stories hitting the headlines.
3.30 **to 6.00** AM LIVE **WTA Tennis** Coverage of the opening day of the WTA Osaka Open, a hard-court tournament staged at Utsubo Tennis Center in Japan.

Sky Sports Mix

416 412 510 429 449

6.00 AM LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Buick LPGA Shanghai.
9.30 **NRL** Highlights of the Grand Final.
9.45 **Wheelchair Rugby**
10.00 **Super League Highlights**
11.00 LIVE **WSL London City v West Ham United.** Coverage of the match at Copperjax Community Stadium. Kick-off 12.00noon.
2.30 PM **Super League Highlights**
3.30 **Women's Super League**
4.30 **Wheelchair Rugby** Grand Final.
5.30 **NRL** Highlights of the Grand FInal.
5.45 **Wheelchair Rugby**
6.00 **NFL Redzone** Network show.
1.00 AM **ICC Women's World Cup**
2.00 **WTA Tennis** Wuhan Open final.
4.00 **The Open – Official Films**
5.00 **Super League Highlights**
5.15 **Women's Super League**
5.30 **to 6.00** AM **School of Golf**

TNT Sports 3

413 415 523 410 432

6.45 AM **TNT Sports Reload**
7.00 LIVE **Snooker Xi'an Grand Prix** Coverage of the first session from the semi-finals in China.
10.30 **TNT Sports Reload**
11.00 **Men's Cycling** Tour of Lombardy.
12.00 NOON **Grit and Glory: Enduro Mountain Bike Racing**
12.30 PM LIVE **Snooker Xi'an Grand Prix** The second session from the semi-finals in China.
4.00 **MLB Highlights**
5.00 **UCI Mountain Bike World Series**
5.30 **Ultimate Pool**
7.00 **Test Cricket Highlights**
8.00 **MLB Highlights**
9.00 **Snooker Xi'an Grand Prix**
11.00 **The Gallagher PREM**
12.00 M'T **Superbike World Championship** From Portugal.
1.00 AM **Men's Cycling Pro Series**
2.00 **British Superbikes Highlights**
3.00 **MotoGP Highlights**
4.00 **FIM Speedway of Nations**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 4

414 416 524 411 434

7.00 AM LIVE **AFLW Fremantle Dockers v Melbourne Demons.**
9.00 **UCI Mountain Bike World Series**
11.00 LIVE **Golden Trail World Series** Coverage of day two of the Golden Trail World Series final.
1.15 PM LIVE **UCI Gravel World Championships** Coverage of the men's race in Zuid-Limburg.
3.15 LIVE **Cycling: Paris Tours** The one-day race held in Paris.
4.15 **Cycling** Tour of Lombardy.
5.15 **What I Wore** Michel Salgado.
5.30 **The WRC Magazine**
6.00 **FIM Speedway Grand Prix**
7.00 **Premier League: Big Interview**
7.30 **World Rally Raid Championship**
8.00 **FIM Speedway of Nations**
9.00 **UFC** Oliveira v Gamrot.
12.00 M'T **UEFA Champions League**
1.00 AM **SailGP Highlights**
2.00 **Fishing: On the Bank**
3.00 **UCI Mountain Bike World Series**
4.00 **TNT Sports Reload**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **NHL: This is Hockey**
6.30 **Motorsport** Valentino Rossi.
7.00 **NASCAR Xfinity Series**
10.00 **Scottish Rally Championship**
10.30 **Temples of Sport**
11.00 **Top 14 Rugby Union**
1.00 PM **Sporting Greats**
1.30 **Scottish Rally Championship**
2.00 **NHL on the Fly**
3.00 **United Rugby Championship** Glasgow Warriors v Dragons.
5.00 **United Rugby Championship** A chance to see Ulster v Bulls.
7.00 **NHL Ice Hockey** Edmonton Oilers v Vancouver Canucks.
9.00 **NASCAR Highlights**
10.00 LIVE **NASCAR** Coverage of the South Point 400 race, the latest round of the season staged at Las Vegas Motor Speedway.
2.30 AM **Motorsport** Valentino Rossi.
3.00 **Scottish Rally Championship**
3.30 **United Rugby Championship** A replay of Munster v Edinburgh.
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **United Rugby Championship** Leinster v Sharks.
8.00 **NHL Ice Hockey**
12.00 NOON **NHL: This is Hockey**
12.30 PM **Top 14 Rugby Union**
4.30 **GP Confidential** F1 news.
5.00 **United Rugby Championship** A replay of Cardiff v Connacht.
7.00 **Bike World** Magazine.
7.30 **FastZone** Motorsports highlights.
8.00 LIVE **Top 14 Rugby Union Toulouse v Bordeaux Begles.** Coverage of the match at Stade Ernest-Wallon. Kick-off 8.05pm.
10.00 **Temples of Sport**
10.30 **Bike World** Magazine.
11.00 **NHL Tonight** Wing players.
12.00 M'T LIVE **NHL Ice Hockey New York Rangers v Washington Capitals.** The Eastern Conference match from Madison Square Garden. Face-off 12.00m't.
3.00 AM **NHL: This is Hockey**
3.30 **Temples of Sport**
4.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Ginetta Juniors Highlights**
7.00 **GB3 Championship Highlights**
8.00 **British GT Championship**
9.00 **BTS with Aston Martin**
9.15 LIVE **GT World Challenge Europe** Coverage of the first race at Circuit de Barcelona-Catalunya.
10.30 **Ginetta Juniors Highlights**
11.30 **GB3 Championship Highlights**
12.30 PM **British GT Championship**
1.30 LIVE **GT World Challenge Europe** The second race from Circuit de Barcelona-Catalunya.
4.30 **Ginetta Juniors Highlights**
5.30 **GB3 Championship Highlights**
6.30 **British GT Championship**
7.30 **GT World Challenge Europe**
10.30 **Formula 1** Singapore Grand Prix.
12.45 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

13 October

Evening Planner

Football

World Cup Qualifiers

BBC2 & BBC3, k-o 7.45pm

Two tricky games tonight for home nation sides, with Wales facing Belgium and Northern Ireland taking on Germany.

Comedy

The Chair Company

Sky Comedy, 9.45pm

Comedy starring former *Saturday Night Live* writer Tim Robinson as an office worker caught up in a conspiracy at work.

Factual

Pete Wicks: For Dogs' Sake

U&W, 9pm (box set, U)

Pete returns to Basildon Dogs' Trust, before setting off around the UK to help find new homes for abandoned dogs.

OnDemand

prime

RE: Style

Available today

Emma Willis fronts this series in which stylists put together outfits created exclusively from second-hand fashion items.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Why Planes Crash		9.00 Blue Lights		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Global Eye	7.30 Football: World Cup Qualifier – Live: Northern Ireland v Germany (Kick-off 7.45)					10.00 Cunk on Earth	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Frauds		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dispatches: 999 Undercover – NHS in...		9.00 Hunted		10.00 Social Media Monsters	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Traffic Cops		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Film: The Mummy					10.15 The Simpsons
ENTERTAINMENT	115 BBC3	7.00 Horrible...	7.30 Football: World Cup Qualifier – Live: Wales v Belgium (Kick-off 7.45)					10.00 Blackmailed: The Sextortion Killers	
	116 BBC4	7.00 Fred Dibnah's...	7.30 The Channel...	8.00 Barcelona: An Art Lovers' Guide		9.00 Henry VIII: Patron or Plunderer?		10.00 The Sky at...	10.30 Professor...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia	7.55 The Dog House			9.00 Ancient Autopsy		10.00 Tutankhamun: Secrets of the Tomb	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks At 30	8.00 First Dates		9.00 Married at First Sight UK		10.05 Made in Chelsea	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Blue Bloods			
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Task		10.10 Mare of Easttown	
	110 U&GOLD	‹ 6.55 Dad's Army	7.35 The Good Life					10.10 Not Going Out	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Will & Ralf Should Know Better	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders					
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 Film: Skyscraper				10.05 Film: Speed 2: Cruise Control	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate Universe		8.00 Romesh: Can't Knock the Hustle		9.00 Never Mind the Buzzcocks		10.00 Strike Back: Silent War	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise					10.20 Shakespeare &...
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: La Vie Est Belle				9.45 André Rieu: Magic of Maastricht	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 Pete Wicks: For Dogs' Sake		10.00 The Supervet	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Mystery at Blind Frog Ranch		10.00 Salvage Dawgs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 WW2 Wrecks: Draining the Ocean		9.00 Inside the SS		10.00 Ice Road Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Kevin Costner's The West		10.00 Secrets in the Dark	
	155 U&YESTERDAY	7.00 Operation Arctic		8.00 Indian Ocean with Simon Reeve		9.00 The Lakes with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Man Who Played with Fire		8.00 The Essex Murders: Who Killed...		9.00 The Sleepwalker			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Bridget Jones: Mad About the Boy		8.00 Novocaine				10.00 Presence	
	302 HALLOWEEN	‹ 5.40 Night...	7.20 Ouija			9.00 Ouija: Origin of Evil			
	303 HITS	‹ 5.45 Spider-Man 2		8.00 Spider-Man 3					10.20 The Green Hornet
	304 GREATS	‹ 6.00 Two Mules for Sister Sara		8.00 Schindler's List					
	305 ANIMATION	‹ 5.55 Happy Feet Two	7.45 Penguins of Madagascar				9.25 Migration		
	306 FAMILY	‹ 6.00 Wonka		8.10 Hook					
	307 ACTION	‹ 6.20 The Scorpion King		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	308 COMEDY	‹ 5.45 The Holdovers		8.00 Pitch Perfect 3			9.40 Billy Madison		
	309 THRILLER	‹ 5.15 There Will Be Blood		8.00 Ocean's Eleven				10.05 Law Abiding Citizen	
	310 DRAMA	‹ 5.55 Grease		8.00 Joker: Folie à Deux					10.20 Amadeus
	311 SCIENCE FICTION	‹ 6.20 Arcadian		8.00 Godzilla					10.20 Ready Player One
	313 FILM4		7.15 Land			9.00 The Great Wall			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League 100 Club		8.00 Gary Neville's Soccerbox		9.00 Champions Show: Liverpool		10.00 PL Icons	10.30 Unpacked
	403 FOOTBALL	7.00 WSL	7.30 Best Moments...	8.00 EFL Highlights	8.30 EFL Goals		9.30 WSL		10.30 Best Moments...
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 6.30 Emirates FA Cup – Live: Worthing v Forest Green Rovers (Kick-off 7.30)						10.00 Original Documentary	
	411 TNT SPORTS 2	‹ 6.45 Superbike World Championship...		8.00 MLB Highlights		9.00 MLB – Live: Action from MLB Postseason			

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition 5/16. A former police officer tracks a stolen MG. (S)
■ Entire series on BBC iPlayer
2.30 **Lost and Found in the Lakes** A search for two rings. (S)(R)(AD)
3.00 **Escape to the Country** New edition In Herefordshire. (S)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Blue Lights

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** A worrying situation begins to escalate in Albert Square, while Teddy and Gina grow concerned for Harry. (S)(AD)

8.00 **NEW Why Planes Crash** Documentary examining the reasons behind four plane crashes which occurred within a six-month period, resulting in a total of 506 deaths in a disastrous year for aviation. (S)

9.00 **Blue Lights** New episode *The Bird:* 3/6. Grace and Shane push boundaries for Lindsay's sake, while Aisling and Tommy respond to a call-out where things are not as they seem. (S3) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Steph McGovern hosts the satirical current affairs quiz, with guests Stephen Mangan and Salma Shah. (S)(R)
11.10 **NEW TO BBC1 Dreaming Whilst Black** 1/6. Return of the comedy. Film-maker Kwabena searches for his first directing job. (S)
11.40 New episode 2/6. Kwabena helps champion colour-blind casting for *Sin and Subterfuge*. (S)
12.05 AM New episode 3/6. Kwabena works with a legendary actor. *Previously on BBC3*. (S2) (S)
12.35 **The Celebrity Inner Circle** (S)(R)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Saturday Kitchen Best Bites**
7.30 **Sign Zone: Antiques Roadshow**
8.30 **See Hear** New edition (S)(SL)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu: The Finals** Wth guest Laura Kenny. (S)(R)
4.15 **Animals with Cameras** (S)(R)(AD)
5.15 **Flog It!** Paul Martin hosts from the University of Nottingham. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Una Healy, Joanna Page, Jack P Shepherd and Emmanuel Sonubi. (S)
6.30 **Strictly: It Takes Two** New edition Fleur East chats to the couple who were eliminated after the Movie Week dance-off. (S)

6.00 House of Games

7.00 **Global Eye** Investigations from global BBC correspondents. (S)
7.30 **LIVE Football: World Cup Qualifier** Northern Ireland v Germany: Stephen Watson presents all the action from the World Cup Group A qualifier from Windsor Park. Isaac Price's equaliser in Cologne gave Northern Ireland hope of earning a result in the reverse fixture, but Germany's quality eventually shone through as they claimed a 3-1 win, with Florian Wirtz sealing the visitors' fate with an excellent free-kick. Kick-off is at 7.45. *See feature, page 28.* (S)

10.00 **Cunk on Earth** *The Renaissance Will Not Be Televised:* 3/5. Philomena Cunk explores the Renaissance and revolutions. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM Harriet** Biopic of Harriet Tubman, chronicling her escape from slavery and her transformation into a leading abolitionist. Stars Cynthia Erivo and Janelle Monáe. (S) (2019, 12, 120min) ★★★
1.00 AM **Sign Zone: See Hear** (S)(SL)(R)
1.30 **Sign Zone: Waterloo Road** 5/8. Dwayne struggles to cope with accumulating pressures. (S)(R)(AD)
2.30 6/8. Schuey is lured back to his criminal past. (S16) (S)(R)(AD)
3.30 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is in Wolverhampton, where experts Karen Dalmeny, James Layte, Mark Stevens and Fay Rutter assess items brought in by members of the public. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of five family members take part in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Frauds

7.30 **Emmerdale** Nicola and Jimmy are anxious about Carl's police interview, Moira is struggling with Cain's absence, and Victoria reminds Robert he still needs to tell Aaron about Kev. (S)(AD)

8.00 **Coronation Street** Theo is green with envy when Todd opens up to Billy instead of him, Kevin is down in the dumps when Abi cancels his day with Alfie, and Tim tells Sally that he won't be seeing Trisha again. (S)(AD)

9.00 **Frauds** New episode 4/6. Just when the gang are on a high and heist preparation is at full throttle, an unforeseen disaster derails Sam and Bert's plans, meaning they have to adapt. (S1) (S)(AD)
■ Entire series on ITVX

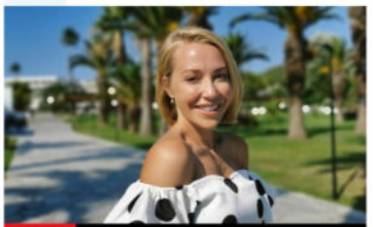
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **NEW Say! Less! – Fresh Cuts** Comedy sketch show featuring rising black British talent. (S)
12.05 AM **Teleshopping**
3.00 **Borderline** 2/6. Boyd and Regan continue their investigation into the circumstances that led to the body of a murdered woman being found on a beach. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tour de Fred: Northern Ireland** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Tracey and Budo have plans to transform a former farming hamlet in Normandy. (S)
5.00 **Four in a Bed** New edition The Lovelady Shield Hotel, Cumbria. (S)
5.30 **Come Dine with Me** Project manager Lauren hosts the first dinner party in Glasgow. (S)(R)
6.00 **A Place in the Sun** New edition A couple approaching retirement search for a Spanish bolthole. (S)


6.00 A Place in the Sun

7.00 **News** (S)

8.00 **NEW Dispatches: 999 Undercover – NHS in Crisis** An undercover report from an overstretched 999 control room. With services facing a record level of demand, the programme reveals how patients face dangerous delays. (S)(AD)

9.00 **Hunted** New edition Sibling rivalry breaks out as one pair of fugitives head north, hoping for help from their home network, but they are unaware that the hunters are tracking their every move. (S)(AD)

10.00 **Social Media Monsters** New edition The story of how a stalker sought revenge on her former boss, using LinkedIn, Instagram and X to ruin her reputation online, before moving on to other targets. (S)(AD)
11.05 **Educating Yorkshire** (S)(SL)(R)
12.05 AM **Taskmaster** (S)(SL)(R)(AD)
1.00 **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
1.55 **Mitchell and Webb Are Not Helping** (S)(SL)(R)(AD)
2.25 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
3.15 **NEW Ayena** Indian documentary following two young women who survived an acid attack. Subtitled.
4.30 **Find It, Fix It, Flog It** (S)(R)
4.45 **Hollyoaks Omnibus** (S)(SL)(R)
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **The Surrogate** Thriller starring Catherine Dyer. (S) (2023, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition In the historic Sardinian capital of Cagliari, first-time cruisers Clive and Bernie explore the ancient city by vintage car. (S)
5.00 **News** (S)
6.00 **Portugal with Michael Portillo** Michael Portillo explores Sintra, which was once the playground of Portuguese royalty. (S)(R)
6.55 **News** (S)

9.00 Traffic Cops

7.00 **Motorway Cops: Catching Britain's Speeders** PC Martain Anderson races to a hit-and-run in which a Ford Fiesta has ploughed into another car. (S)(R)(AD)
7.55 **News** (S)

8.00 **Police Interceptors** New edition An officer pursues a dangerous driver who is taking risk after risk, but he is forced to abort the chase when the reckless suspect takes off down the A4 the wrong way. (S)

9.00 **Traffic Cops** New edition Officers are on the lookout for a cloned car and four suspects make a run for it when it is spotted, with one recognised as someone who rammed a police car weeks before. (S)

10.00 **Police: Night Shift 999** An altercation in a bar leads to a foot chase for officers through Gloucester city centre, while a 999 caller reports a burglar stealing radiators from unoccupied houses. (S)(R)

11.05 **999: Emergency Call Out** A devastating car crash leads to a manhunt for the driver. (S)(R)
12.05 AM **Fare Dodgers: At War with the Law** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Churchill** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Deep Dive North America** Lizzie Daly experiences North America's wild west. (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 5/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *The Great Wife Hope:* Marge campaigns against a combat sport. (S)(R)
5.30 *The Devil Wears Nada:* Marge becomes Springfield's number-one sex symbol. (S)(R)
6.00 **The Office (US)** 1/28. A Dunder Mifflin weight-loss initiative causes staff to diet. (S)(R)
6.30 2/28. Andy plans his wedding to Angela. (S5) (S)(R)

8.00 The Mummy

7.00 **The Simpsons** *Treehouse of Horror IX:* Homer becomes possessed by an evil toupee. (S)(R)
7.30 *Treehouse of Horror XIV:* Homer takes over as the Grim Reaper, only to find Marge's name is on his list. (S)(R)

8.00 FILM **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. With John Hannah, Arnold Vosloo and Kevin J O'Connor. (S)(AD) (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.15 **The Simpsons** *Treehouse of Horror:* Bart and Lisa frighten their family with tales of terror. (S)(R)
10.45 *Treehouse of Horror XIV:* Homer takes over as the Grim Reaper, but Marge's name is on his list. (S)(R)

11.15 **Last Week Tonight with John Oliver** Satirical talk show. (R)
12.00 M'T **Curb Your Enthusiasm** 5&6/10. Double bill. (S5) (S)(R)
1.15 AM **The Force: Manchester** A traffic cop gets more than he bargained for. (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 5/22. (S1) (S)(R)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55-7.00pm Party Political Broadcast (S) **11.10** Sportscene: SWPL Highlights (S)(R) **11.40** Scotcast (S)(R) **12.10am** Dreaming Whilst Black (S)(R) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40-11.10pm Stitched Up? Surgery in the Sun Series finale (S)

WALES
Sky 965, Virgin 864, Freesat 965
6.55-7.00pm Party Political Broadcast (S) **7.30-10.00** LIVE Football: World Cup Qualifier (S) **10.40** Scrum V Highlights (S)(R) **11.10** Have I Got News for You (S)(R) **11.40** Dreaming Whilst Black (S)(R) **1.05-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm FILM The Blues Brothers (S) (1980, 15, 125min) ★★★★★ **1.05-1.30am** Weather Watchers with Barra Best (S)(R)

WALES
Sky 968, Freesat 968
7.00pm Scrum V Highlights (S) **7.30** EastEnders (S)(AD) **8.00** NEW Why Planes Crash (S)(AD) **9.00-10.00pm** Blue Lights New episode (S)(AD)

ITV1

As main ITV1 except:
WALES
6.25-6.30pm Party Political Broadcast (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ceffylau, Sheikhs a Chowbois **12.30** Heno Aur **1.00** Yr Anialwch **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iolo: Natur Bregus Cymru (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Rhys Patchell: Japan a'r Gic Olaf **6.30** Rownd a Rownd (AD) **7.00** Newyddion a'r Tywydd **7.20** LIVE Sgorio Rhyngwladol **10.00** Ffermio New edition **10.30** Mini Hana Medi New edition **11.00-11.35pm** Sgorio

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Mankind's most ingenious inventors are given the *Horrible Histories* treatment.
7.25 **The Catch Up** A round-up of the day's news.
7.30 LIVE **Football: World Cup Qualifier** Wales v Belgium: Coverage of the World Cup Group J qualifier from Cardiff City Stadium. Kick-off is at 7.45. *See feature, page 28.*
10.00 **Blackmailed: The Sextortion Killers** Reporter Tir Dhondy investigates sextortion scams targeting teen boys.
11.00 **Stranded on Honeymoon Island: Australia** New editions A way out of the experience makes waves for three couples facing major challenges. **12.05** AM A tense Couples Cove gathering occurs. **1.15** With less than a week to go, the couples consider their relationships on the outside.
2.25 **to 3.55** AM FILM **Ghost Stories** Horror anthology. (2017, 15, 98min) ★★★★

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Bond Bug three-wheeler. **4.50** Restoring the 1987 MG Metro 6R4 rally car.
5.50 **Escape to the Chateau** Dick and Angel make plans for the moat and the woods.
6.55 **The Dog House Australia** A woman recovering from a stroke is matched up with Fox the Chihuahua-cross.
7.55 **The Dog House** The Woodgreen staff hope that Eileen from Middlesbrough will prove the ideal person to help nervy terrier Austin find his confidence.
9.00 **Ancient Autopsy** Series finale 4/4. Professor Suzannah Lipscomb investigates the untimely death of Tutankhamun, using high-speed chariot tests and rare access to Howard Carter's diary.
10.00 **Tutankhamun: Secrets of the Tomb** 1/2. Paleo-anthropologist Ella Al-Shamahi unravels the truth behind the legend of the Pharaoh's Curse.
11.05 **24 Hours in A&E**
1.15 AM **999: On the Front Line** Medical series.
2.20 **Ancient Autopsy**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** 3/6. Structures from the Middle Ages.
7.30 **The Channel Tunnel: Life on the Inside** 1/4. A look behind the scenes of the Channel Tunnel.
8.00 **Barcelona: An Art Lovers' Guide** 2/3. Exploring the art and architecture of Barcelona.
9.00 **Henry VIII: Patron or Plunderer?** 2/2. The king's tastes in art and architecture.
10.00 **The Sky at Night** New edition A look at the training of European Space Agency astronauts.
10.30 NEW **Professor Angie Hobbs Remembers... The Great Philosophers** The philosopher reflects on the 1987 series.
10.45 **The Great Philosophers** Triple bill of the series.
1.00 AM **Fred Dibnah's Building of Britain**
1.30 **The Channel Tunnel: Life on the Inside**
2.00 **to 3.00** AM **Barcelona: An Art Lovers' Guide**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.55 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 7-10/24. (S9)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks**
7.30 **Hollyoaks at 30: Most Explosive Episodes** The hunt is on for Nico.
8.00 **First Dates** An 'Italian Stallion' is paired with a Tina Turner impersonator.
9.00 **Married at First Sight UK** New edition A new bride's arrival and honeymoon antics stir up emotional reactions in the group.
10.05 **Made in Chelsea** New edition Jazz is shocked by the news that Jules thinks Demi isn't right for her.
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Gogglebox**
1.10 **Married at First Sight UK**
2.15 **Made in Chelsea**
3.10 **Below Deck Sailing Yacht**
4.05 **The Simpsons**
4.30 **The Big Bang Theory**
5.20 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 | 306 | 30 | 123 | 256

Monday primetime

primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Frontline Crime UK**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 1/22. First episode of the crime drama. (S1)
1.00 PM **The Rookie** 1/20. First episode of the crime drama starring Nathan Fillion. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

8.00 Law & Order: Criminal...

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Law & Order: Criminal Intent *Undaunted Mettle:* 1/21. The team look into the death of an ambitious architect. (S3)

9 PM
9.00 Blue Bloods *Forgive Us Our Trespassers:* 21/21. Danny teams up with a former partner to find a copycat killer. (S13)

10 PM
10.00 Blue Bloods *Loyalty:* 1/18. Danny investigates a murder connected to his old partner. (S14)
11.00 Law & Order: Special Victims Unit 4/22. (S26)
12.00 M'T **The Equalizer** (S4)
2.00 AM **FBI: Most Wanted** New episode 10/22. (S6)
3.00 **Law & Order: Special Victims Unit** 2/22. (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From Berlin.
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S3)
10.15 **Homicide: Life on the Street**
12.20 PM **Game of Thrones** (S5)
1.25 **My Brilliant Friend** 2/8. (S2)
2.25 **Boardwalk Empire** (S4)
4.40 **Homicide: Life on the Street** 7/22. A child goes missing in a carjacking incident.
5.45 8/22. A computer genius is stabbed to death. (S5)
6.50 **Game of Thrones** 6/10. Gilly meets Sam's family. (S6)

9.00 Task

7 PM
7.55 Game of Thrones *The Broken Man:* 7/10. The High Sparrow eyes another target, Jaime confronts a hero, and Olenna Tyrell plans to leave King's Landing. (S6)

9 PM
9.00 Task New episode 6/7. Tom and his team inch closer to breaking the case with help from an eyewitness. (S1)

10 PM
10.10 Mare of Easttown *Sore Must Be the Storm:* 6/7. Mare re-evaluates old suspects, which leads to a shocking clue. (S1)
11.20 The Sopranos 9/13. Justin is accidentally hit and critically injured by an arrow. (S4)
12.25 AM **Banshee** 9/10. Carrie tries to round up her family and leave the town. (S1)
1.25 **Game of Thrones** (S6)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 16/20. (S8)
9.00 **Stargate Universe** (S2)
11.00 **SEAL Team** 13/16. (S4)
12.00 NOON **The Flash** 17/20. (S8)
1.00 PM **Hawaii Five-0** (S4)
3.00 **S.W.A.T.** 5/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 12/16. Jason re-evaluates his role. (S4)
6.00 **Stargate Universe** 17/20. Scott, Eli, Wray and Greer find a human settlement while harvesting lime for the ship's failing support system. (S2)

11.00 One More Shot

7 PM
7.00 Stargate Universe *Epilogue:* 18/20. The team explore an abandoned planet approaching destruction. (S2)

8 PM
8.00 Romesh: Can't Knock the Hustle 3/4. Romesh Ranganathan explores self-improvement.

9 PM
9.00 Never Mind the Buzzcocks Greg Davies hosts the music quiz, with Clint Boon, Patsy Kensit and Danny Goffey.

10 PM
10.00 Strike Back: Silent War 2/10. Mac, Wyatt and Novin continue their hunt for the Russian jet. (S7)
11.00 FILM One More Shot Action thriller starring Scott Adkins, Tom Berenger and Alexis Knapp. (2023, 15, 102min) ★★
1.00 AM **Warrior** 9/10. (S2)
2.00 **Never Mind the Buzzcocks** New edition With Sam Ryder.
3.00 **S.W.A.T.** 5/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.10 PM **Dinner Date**
1.10 **Billie and Greg**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Big Brother

7 PM
7.00 Deal or No Deal Stephen Mulhern hosts as Nikki takes on the Banker for the chance to win a life-changing cash prize.

8 PM
8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM
9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

10 PM
10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 Family Guy 17/18. Peter prepares to fight Liam Neeson.
11.35 13/18. Cleveland and Meg get new jobs. (S13)
12.05 AM **American Dad!** (S15)
1.05 **Plebs** 7/9. (S5)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.15 **Doc Martin** 3/8. (S7)
10.20 **The Royal** *Winners and Losers.*
11.25 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
3.15 **Classic Coronation Street**
3.50 **Downton Abbey** 9/9. Violet voices her concerns about Rosamund's new suitor. Guest stars Nigel Havers. (S2)
5.55 **Heartbeat** *Not So Special:* An elderly widow is the victim of a hate campaign.

8.00 Midsomer Murders

7 PM
6.55 Heartbeat *The Long Weekend:* Vernon suffers delusions of grandeur while playing bodyguard to a Russian prince.

8 PM
8.00 Midsomer Murders *Master Class:* During a music masterclass led by a renowned pianist, a prodigy suffers a panic attack and runs off to a nearby river, where she sees a woman drowning. Guest stars Janet Dibley and Ian Puleston-Davies.

10 PM
10.00 Midsomer Murders *The Electric Vendetta:* The local gossips go to town when a naked corpse is found in the middle of a crop circle.
11.55 Wire in the Blood 4/4. Carol contends with a sniper spreading terror throughout Bradfield, while Tony's behaviour grows even more eccentric than usual. (S3)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Landward**
2.30 **Sign Zone: Amazing Hotels: Life Beyond the Lobby** From Malaysia.
3.30 **Sign Zone: Martin Compston's Scottish Fling** The Lowlands
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland:**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Mart**
8.30 **Grand Tours of Scotland's Lochs**
9.00 **Amazing Hotels: Life Beyond the Lobby** Monica Galetti and Rob Rinder head to Bhutan.
10.00 **River City** New episode Gillian struggles to cope after Jonathon's death.
10.30 **Dinosaur** 1/6. (S1)
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S1&2)
10.00 **Sex and the City** (S1)
11.15 **Girls** 5&6/10. (S6)
12.35 PM **The Office (US)**
1.35 **The Conners** (S2)
2.35 **The Office (US)** (S5)
3.35 **Will & Grace** (S4)
4.35 **Sex and the City** (S1)
5.50 **Will & Grace** (S4)
6.50 **The Office (US)** (S5)
7.50 **Sex and the City** (S1)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **NEW SERIES The Chair Company** 1/8. Comedy starring Tim Robinson and Lake Bell. (S1)
10.25 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
11.25 **Last Week Tonight with John Oliver** Talk show.
12.10 AM **Entourage** (S7)
1.20 **Girls** 8&9/12. (S3)
2.30 **Veep** 6&7/10. (S4)
3.40 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **David Hockney: In Normandy**
3.00 **Portrait Artist of the Year** With Si King.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: La Vie Est Belle**
9.45 **André Rieu: Magic of Maastricht**
10.45 **The Phantom of the Opera at the Royal Albert Hall** Musical.
1.35 AM **Inside Art**
2.00 **Art's Most Satanic** Series finale
3.00 **John Malkovich: Just Call Me God**
4.25 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** 24/26. (S3)
8.00 **Star Trek: Deep Space Nine** *Nor the Battle to the Strong:* 4/26. Jake finds himself out of his depth. (S5)
9.00 **FBI** 3&4/22. (S4)
11.00 **Grimm** 22/22. (S1)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Sally Lindsay hosts as a team of five university friends take part in the quiz show.
3.00 **Alan Carr's Epic Gameshow** Alan hosts an updated version of *Name That Tune.*
4.00 **Tenable** Sally Lindsay hosts as a team of cabin crew members take on the Tenable tower.
5.00 **Deal or No Deal** Double bill of the game show.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Who Wants to Be a Millionaire?** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 15&16/24. (S6)
12.00 NOON **Highway to Heaven** 19/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S1)
4.05 **Down to Earth** (S1)
6.10 **Rising Damp** 6/6. (S4)
6.40 **The Fall and Rise of Reginald Perrin** (S1)
7.20 **Home to Roost** 7/7. Final episode. Matthew prepares for college. (S4)
8.20 **Dear John** 6/7. The singleton's friend Ken has a 14-year itch. (S1)
9.00 **M*A*S*H** 5-8/24. (S1)
11.00 **Rising Damp** 6/6. (S4)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 6/7. (S1)
1.35 **The Fall and Rise of Reginald Perrin** (S1)
2.10 **Home to Roost** 7/7. (S4)
3.10 **Born and Bred** 6/6. (S1)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Saint**
7.20 **Kojak**
9.25 **Magnum, PI**
11.30 **BattleBots**
12.35 PM **Kojak**
2.45 **Magnum, PI**
4.50 **The Saint** *The Time to Die:* Simon Templar becomes the target of a paid assassin.
5.55 **American Pickers** The experts go head to head when they search a jam-packed barn and 26 rooms for precious objects.

10.05 Speed 2: Cruise Control

6.55 **The Motorbike Show** Henry Cole goes riding in the Yorkshire Dales and tells the story of American motorcycle brand Indian.
8.00 FILM **Skyscraper** Action thriller starring Dwayne Johnson. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family is trapped inside by criminals. (2018, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 FILM **Speed 2: Cruise Control** Action thriller sequel starring Sandra Bullock and Jason Patric as a holidaying couple trying to prevent a villain blowing up a luxury liner. (1997, PG, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Motorsport UK**
1.20 **BattleBots**
2.20 **Two and a Half Men**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 11/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 25/26. (S2)
2.00 **Warehouse 13** 5&6/13. (S3)
4.00 **Star Trek: The Next Generation** 11/22. The ship's computers are paralysed. (S2)
5.00 **Stargate Atlantis** As 8.00pm.
6.00 **Star Trek: Enterprise** 3/26. The ship becomes stranded in a Romulan minefield. (S2)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *Tribunal:* 25/26. O'Brien stands trial for a crime that he has not committed. (S2)
8.00 **Stargate Atlantis** *Tracker:* 9/20. The team come to the aid of a village under Wraith attack, but Dr Keller is kidnapped. (S5)
9.00 **Grimm** *Last Grimm Standing:* 12/22. Nick and Hank investigate the mysterious murder of an elderly couple.
10.00 **Grimm** *Three Coins in a Fuchsbau:* 13/22. Three coins have an unsettling effect on whoever possesses them. (S1)
11.00 **The Walking Dead: The Ones Who Live** 5/6. (S1)
12.00 M'T **Chucky** 3/8. (S2)
1.00 AM **Warehouse 13** (S3)
3.00 FILM **The Crazies** Horror thriller remake of the 1973 George A Romero cult film, starring Timothy Olyphant. (2010, 15, 101min) ★★★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 13/24. (S3)
11.00 **Hudson & Rex** 5/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 13/24. (S3)
5.00 **Hudson & Rex** 5/16. Charlie and Rex investigate the death of a professional pet sitter. (S1)
6.00 **Father Brown** *The Winds of Change:* The priest discovers a killer is using a new model village to plan their attacks.

8.00 Death in Paradise

7.00 **Body of Proof** *Abducted – Part Two:* 2/13. Megan finds a bomb implanted in Dr Wallace's latest victim. (S3)
8.00 **Death in Paradise** *Fake or Fortune:* 6/9. Part two of two. Neville continues to probe a concert pianist's murder. (S10)
9.00 **Death in Paradise** *Your Number's Up:* 2/8. A game of bingo at a care home ends in murder. Guest stars Hayley Mills. (S13)
10.20 **Shakespeare & Hathaway: Private Investigators** 3/10. Frank receives an invitation to a murder mystery party. (S5)
11.20 **Father Brown** As 6pm.
12.20 AM **White Collar** 5/16. Neal considers assisting a thief by stealing a piece of art in exchange for information. (S4)
1.15 **Death in Paradise** As 8pm.
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **The Good Life**
9.35 **Hi-de-Hi!**
10.15 **Porridge**
10.55 **Last of the Summer Wine**
12.15 PM **Don't Wait Up**
12.55 **The Green Green Grass**
1.35 **Dad's Army**
2.15 **Porridge**
2.55 **Last of the Summer Wine**
4.15 **Don't Wait Up**
4.55 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.15 **Porridge**

10.10 Not Going Out

6.55 **Dad's Army** The older members of the platoon try to look younger.
7.35 **The Good Life** The first episode of the comedy starring Richard Briers. **8.10** The neighbours are unimpressed when Tom and Barbara buy livestock. **8.50** The Goods begin to reap their just rewards for the hard work they have put into the garden. **9.30** With the barter system starting to pay off, Tom makes plans to diversify into pig farming.
10.10 **Not Going Out** The death of Tim's grandma brings him and Kate closer.
10.50 **Porridge** Godber gets into a fight a week before his parole board hearing.
11.30 **Dad's Army**
12.10 AM **Not Going Out**
1.30 **Inside No 9**
2.15 **I Didn't Know You Cared**
2.50 **Toast of London**
3.15 **to 4.00** AM **Dad's Army**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Special Ops: Crime Squad UK** Double bill of editions.
10.00 **Extreme Salvage Squad**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** Examining the origins of southern fried chicken.
6.00 **Rick Stein's Road to Mexico** Exploring Guadalajara, the city that gave the rest of the world dishes like carne con chilli.

10.00 Will & Ralf Should Know...

7.00 **Would I Lie to You?** With guests Alex Jones, Chris McCausland, Su Pollard and Rav Wilding.
7.40 **Richard Osman's House of Games** With Shazia Mirza and Jake Wood. **8.20** With Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire.
9.00 **Have I Got a Bit More News for You** Jon Richardson hosts, with guest panellists Joan Bakewell and Phil Wang.
10.00 **Will & Ralf Should Know Better** New edition 3/6. The duo discover their inner drag divas. ■ Entire series on Box Sets
11.00 **8 Out of 10 Cats** With Alex Brooker, Katherine Ryan, Natalie Cassidy and Tom Allen.
11.50 **Mock the Week** With Laura Lexx and Glenn Moore.
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** From Bulgaria.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Food Unwrapped**
7.45 **The Great British Bake Off** 6/10. The remaining bakers take part in Pastry Week.
9.00 **Celebrity Gogglebox** Famous faces appraise *Love Island* and *Bake Off: The Professionals*.
10.00 **Gogglebox** Opinions on recent TV shows.
11.05 **Hunted** Double bill.
1.05 AM **Social Media Monsters** True-crime.
2.10 **24 Hours in A&E**
3.10 **In the Footsteps of Killers** Vishal Mehrotra.
4.05 **to 5.00** AM **Taskmaster**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *So It Goes:* 3/24. Ducky works on a case involving his childhood best friend. **7.00** *Choke Hold:* 4/24. A naval research scientist is murdered. **8.00** *The San Dominick:* 5/24. Gibbs finds himself on a ship that has been commandeered. (S12)
9.00 NEW SERIES **NCIS: Origins** *Enter Sandman:* 1&2/18. Crime drama prequel starring Austin Stowell and Kyle Schmid. Leroy Jethro Gibbs starts his career as a newly qualified special agent at the fledgling NIS Camp Pendleton office. (S1)
10.50 **Law & Order: Special Victims Unit** (S23&22)
2.45 AM **Blue Bloods** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** New edition Paramedics are called to a man who has fallen from a ladder.
10.00 **999: Critical Condition** The team treat a man with horrific facial injuries.
11.00 **Skin A&E** Documentary.
12.00 M'T **Prison Brides**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Outback Truckers**
10.20 **Trucking Hell**
11.20 **Traffic Cops**
12.20 PM **Police Interceptors**
2.20 FILM **Decision at Sundown** Western starring Randolph Scott. (1957, PG, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A driver abandons his vehicle on a railway line. **7.00** Dog handler Duncan attends a midnight stand-off. **8.00** Officers track down a 17-year-old suspected of robbery.
9.00 **Ice Road Truckers**
11.00 **World's Deadliest Weather: Caught on Camera** Documentary.
12.00 M'T **MacGyver** (S3)
1.00 AM **Cops 'n' Robbers: Caught on Camera**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The cooks receive a heartfelt letter from home.
8.00 **Inside the Ambulance**
9.00 NEW SERIES **Pete Wicks: For Dogs' Sake** 1/5. Pete returns to Basildon's Dogs Trust rehoming centre, and faces a suitcase of abandoned pups on day one. *See feature, page 12.* ■ Entire series on U
10.00 **The Supervet**
12.00 M'T **One Born Every Minute** Documentary.
1.05 AM **Interior Design Masters with Alan Carr**
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *Know Thine Enemy:* A diabetic schoolgirl goes missing.
10.00 **New Tricks** *Fluke of Luck:* The team track a possible serial killer.
11.20 **Spooks** 7/8. Ruth is drawn into a dangerous situation. (S9)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.55 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Salvage Hunters: Georgian House Restoration** Drew makes a discovery that threatens to bring his house tumbling down.
10.00 **Celebrity Yorkshire Auction House** Anthea Turner reveals a secret talent at her dad's home.
11.00 **The Yorkshire Auction House** A collection of circus memorabilia.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Famous faces compete for charity.
5.00 **The Bidding Room** Double bill of editions.
7.00 **The Celebrity Chase** Sally Phillips, Jenny Jones, Rick Wakeman and Alistair McGowan play for good causes.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **FILM Gold** Adventure. (1974, 12, 124min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Denver and Rio Grande** Western. (1952, U, 89min) ★★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S5)
8.00 **The Baron** 1/30. (S1)
9.00 **FILM Snatch** Crime comedy drama starring Jason Statham. (2000, 18, 102min) ★★★★
11.15 **FILM The Hatton Garden Job** Drama starring Stephen Moyer. (2017, 15, 93min) ★★★
1.15 AM **The Avengers**
2.15 **The Baron** As 8.00pm.
3.15 **Cops Uncut** Double bill.
4.05 **FILM Collision Earth** Drama. (2020, 12) ★
5.35 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM The Wrong Babysitter** (2017, 12) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 18/24. (S2)
12.10 PM **FILM Murder, She Baked: A Chocolate Chip Cookie Mystery**
2.05 **Hailey Dean Mysteries**
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 19/24. (S2)
8.00 **Unforgettable** (S2)
9.00 **FILM Murder, She Baked: A Plum Pudding Mystery** (2015, PG) ★★
10.55 **FILM The Gourmet Detective: A Healthy Place to Die** (2015) ★★
12.50 AM **FILM Killer Family: A Nanny Nightmare** Thriller. (2020, 12) ★★
2.25 **FILM Hidden Intentions** Thriller. (2018, PG) ★★
3.45 **FILM My Evil Stepdad**
5.20 **to 5.50** AM **Police Ten 7**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Crashing Through the Snow** Drama. (2021, PG) ★★
10.00 **FILM Hometown Holiday** (2017, PG) ★★
12.00 NOON **FILM Reunited at Christmas** Drama. (2018, PG, 84min) ★★
2.10 PM **FILM The Last Christmas Home** Drama. (2018, PG, 76min) ★★
4.00 **FILM Christmas Joy** Romance. (2018, U) ★★
5.55 **FILM Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
8.00 **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
9.55 **FILM A Merry Christmas Match** Romantic drama. (2019, U, 82min) ★
12.00 M'T **FILM Marry Me at Christmas** (2017) ★★
1.55 AM **FILM Santa's Secret** Drama. (2014, PG) ★★
3.30 **to 4.50** AM **FILM The Last Christmas Home**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie**
10.30 **Soap** 24/25. (S1)
11.00 **In Loving Memory** (S4)
11.30 **Doctor in the House**
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young Twice** 1/9. (S3)
1.00 **Mapp and Lucia** (S1)
3.00 **Bramwell** 2/8. (S2)
4.00 **The Fantastic Journey**
5.00 **A Sharp Intake of Breath** 3/6. (S2)
5.30 **In Loving Memory** (S4)
6.00 **Don't Drink the Water**
6.30 **Soap** 24/25. (S1)
7.00 **Fantasy Island** (S1)
8.00 **Bramwell** 2/8. (S2)
9.00 **Dark Skies** 9/20. (S1)
10.00 **The Fantastic Journey**
11.00 **Brass** 2/13. (S2)
11.30 **Stereo Underground**
12.30 AM **Mysterious Tales**
12.35 **FILM The Terror** Horror. (1963, 12, 81min) ★
2.05 **We Had One of Those**
2.15 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A daring entry a harbour.
8.00 Captains scramble to meet a quota.
9.00 **My Feet Are Killing Me** A woman who walked on a broken leg for 10 years.
10.00 A man with a foot shaped like a hammerhead shark.
11.00 **Marooned with Ed Stafford** Documentary.
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Goes to Hollywood**
7.00 **City Bakes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals...**
10.00 **Tom Kerridge Barbecues**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **James Martin's American Adventure**
2.00 **James Martin: Sweet**
3.00 **City Bakes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge Barbecues**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Ravneet Gill's Chop House** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/28. (S1)
9.00 **The Fall Guy** 2/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Weather Wars** Sci-fi action thriller. (2011, 15, 82min) ★★
1.00 PM **FILM Blood River** Western adventure. (1991, PG, 88min) ★★
3.00 **FILM Jory** Western. (1972, 12, 97min) ★
5.00 **Star Trek** 5/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 3/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Triple 9** Crime thriller starring Chiwetel Ejiofor and Casey Affleck. (2016, 15, 113min) ★★★
11.15 **FILM Escape from New York** Adventure. (1981, 15, 99min) ★★★★
1.15 AM **FILM Robin Hood: The Rebellion** Thriller. (2018, 12, 92min) ★
3.05 **to 4.50** AM **FILM Hannie Caulder** Western. (1971, 15, 85min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Mega Storm: Days of Destruction**
8.00 **FILM Polar Storm** Sci-fi. (2009, PG, 92min) ★★
10.00 **Andromeda** (S2)
11.00 **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
1.00 PM **FILM The People That Time Forgot** Adventure sequel. (1977, U, 96min) ★★
3.00 **Andromeda** (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Mega Storm: Days of Destruction** Thriller. (2011, PG, 89min) ★★
7.00 **Andromeda** 21/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Limitless** Thriller with Bradley Cooper. (2011, 15) ★★★★
11.05 **FILM Executive Command** Thriller. (1997, 15, 95min) ★★
1.00 **to 3.00** AM **FILM Peripheral** Sci-fi horror. (2018, 18, 90min) ★★

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** In Coalville.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Flipping Bangers**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **The Curse of Oak Island**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Flipping Bangers**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk & Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **History's Greatest Mysteries** Documentary.
11.00 **Greatest Prison Escapes with Billy Hayes**
12.00 M'T **Weird Britain**
1.00 AM **UFOs: Lost Evidence** Documentary.
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Sweden.
12.00 NOON **Sue Perkins: Lost in Alaska**
1.00 PM **Michael Portillo in Andalucia** In Granada.
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.05 **World's Most Scenic Railway Journeys**
6.00 **Atlantis: Draining the Lost City** Documentary.
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** The Rhodope Mountains in Bulgaria.
9.00 **Reuben Owen: Life in the Dales** Reuben sets about renovating a 200-year-old cottage.
10.00 **Coastal Adventures with Helen, Jules & JB**
11.00 **Prisoner: Cell Block H**
1.00 AM **The Vanishings**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Fixer Upper: Welcome Home** A professional's classic mid-century house is updated.
10.00 **The Renovator** New edition Marcus Lemonis helps a couple create more room with some clever design choices in their small and disorganised house.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Triple bill.
8.30 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints**
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **NEW SERIES 1000-lb Sisters** Tammy struggles to kick her bad habits.
10.00 **The Face Doctors**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **The Face Doctors**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **My Lottery Dream Home** Property series.
5.30 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Last Man Standing**
9.00 **Everybody Loves Raymond** (S4)
11.00 **Spin City** (S1&2)
1.00 PM **Friends** (S1&2)
8.00 **Friends** 7/24. Rachel confesses all to Ross.
8.30 8/24. A list causes trouble for Ross. (S2)
9.00 **Iain Stirling's Roast the Internet** New edition 7/8. With Maisie Adam, Kiell Smith-Bynoe and Vogue Williams.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **Important Things with Demetri Martin**
12.30 AM **Mike Judge's Beavis and Butt-Head**
1.00 **South Park** (S21)
2.00 **Lee Evans Live: The Different Planet Tour**
3.30 **Spin City** (S1&2)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** 10-13/24. (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** (S4)
7.00 **Spin City** (S1&2)
9.00 **Everybody Loves Raymond** 20/26. Ray tells Debra she takes up too much room in bed.
9.30 22/26. Debra finally gets a job. (S3)
10.00 **Friends** 17-22/24. (S1)
1.00 AM **Beavis and Butt-Head** (S3)
2.00 **Whose Line Is It Anyway? USA**
3.00 **Teachers** 1&2/20. (S2)
3.45 **Rich Hall – 3:10 to Humour** Stand-up show.
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S3)
12.00 NOON **911 Crisis Centre**
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **911 Crisis Centre**
4.00 **Caught on Dashcam**
5.00 **Air Ambulance ER**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** *From the Ashes:* 9/12. Ramona considers an offer from Thony. (S3)
8.00 **SEAL Team** (S3)
10.00 **The Rookie: Feds** (S1)
11.00 **The Force: North East**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Tom Davis.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
8.00 **Catfish: The TV Show**
9.00 **Catfish: Wannabees**
10.00 **Catfish: The TV Show**
11.00 **Catfish: Firsts**
12.00 NOON **Catfish: The TV Show** Double bill.
2.00 PM **Catfish: Dramatic**
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings**
9.00 **Skin A&E**
10.00 **NEW SERIES Black Ink Crew New York**
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters**
5.00 **Moonshiners** Tim aims to resurrect a spirit that fuelled America's drunkest president.
6.00 **Hoffman Family Gold** When muddy meltwater infiltrates Todd's wash plants, Andy must re-engineer the entire water circulation system.

9.00 Mystery at Blind Frog...

7.00 **Wheeler Dealers** Mike has a tip from an unusual source – his electrician, who is selling a classic Ford Escort XR3i.

8.00 **Combat Dealers** Bruce Compton dives into the secrets of wartime spies, and in Italy, he unearths a code-breaking machine.

9.00 **Mystery at Blind Frog Ranch** New edition The team set off to a remote meteorite impact site near the ranch.

10.00 **Salvage Dawgs** An extremely dirty house in Tennessee is salvaged. **10.30** Saving a house in Roanoke, Virginia.

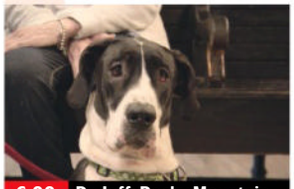
11.00 **How the Universe Works** New discoveries surrounding the power of neutron stars.
12.00 M'T **Blowing Up History**
1.00 AM **Mystery at Blind Frog Ranch** The team strike an object deep underground.
2.00 **Salvage Dawgs**
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Saved by the Barn**
10.00 **Tanked** With Wyclef Jean.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** Propane is transported to a lodge. **4.00** Erik tries to keep his plane airborne over a runway.
5.00 **Lone Star Law** A raccoon is released back into the wild.
6.00 **Dr Jeff: Rocky Mountain Vet** A life-threatening problem is discovered in a Great Dane.



6.00 Dr Jeff: Rocky Mountain...

7.00 **Treehouse Masters** A team of carpenters join Pete Nelson and the crew to help build a treehouse escape.

8.00 **Expedition Bigfoot** Mireya and Ronny have a terrifying experience when they realise they are not alone in the forest.

9.00 **Alaska: The Last Frontier** The Kilchers work to save their family legacy as a huge snowstorm approaches.

10.00 **Alaskan Bush People** The Brown family construct a fence around the ranch when it comes under fire from hunters.

11.00 **Pit Bulls & Parolees** Lizzy and Joe try to catch a stray in a nearby neighbourhood, and a family want to adopt a dog.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad** Documentary.
9.00 **Air Crash Investigation**
12.00 NOON **Construction Fails**
1.00 PM **Engineering Europe**
2.00 **Eyewitness: D-Day**
3.00 **D-Day Revealed: Drain the Oceans** Ships sunk on D-Day.
4.00 **Rise and Fall of the Mayas**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1950s Ford Zodiac.
6.00 **Secrets of the Pyramids** Technologies employed in the construction of the pyramids.

10.00 Ice Road Rescue

7.00 **Air Crash Investigation** A plane ends up at the wrong end of a runway in fog, leading to a collision that kills eight people.

8.00 **WW2 Wrecks: Draining the Ocean** Documentary examining shipwrecks from World War Two on the seabed.

9.00 **Inside the SS** Documentary about Hitler's private army, who aspired to become part of a racial elite.

10.00 **Ice Road Rescue** Thord tests his new rotator truck when a tractor crashes downhill, and Raido rescues a school bus.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Melbourne Airport** Documentary.
1.00 AM **Airport Security: Peru**
2.00 **To Catch a Smuggler**
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Full Custom Garage** New edition An off-roader.
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets Declassified with David Duchovny**
1.00 PM **Kevin Costner's The West**
2.00 **American Pickers**
3.00 **Secrets of Great British Castles** Lancaster Castle.
4.00 **Storage Hunters** Double bill.
5.00 **Canadian Pickers**
6.00 **American Pickers**

10.00 Secrets in the Dark

7.00 **Forged in Fire** Four bladesmiths are tasked to forge a blade using steel harvested from a pinball machine.

8.00 **American Pickers** New edition Robbie and Jersey scour a Vermont homestead's classic car boneyard.

9.00 **Kevin Costner's The West** New edition Mexican immigrant Joaquin Murrieta and his gang of outlaws.

10.00 **Secrets in the Dark** New edition In Iran, experts uncover the oldest-known prosthetic eye, made of gold.

11.00 **Secrets in the Ice** The discovery of frozen remains of a woolly mammoth.
12.00 M'T **Evil Encounters** A look into the legend of Bigfoot.
12.55 AM **Secrets Declassified with David Duchovny**
1.50 **Kevin Costner's The West**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **Nazi Hunters** Examining the assassination of Nazi official Reinhard Heydrich.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Arley Hall and Gardens in Cheshire.

9.00 The Lakes with Simon...

7.00 **Operation Arctic** Kate Humble meets the Inuit artists who are inspired by the changing world around them.

8.00 **Indian Ocean with Simon Reeve** Simon finds out about battles in Sri Lanka, then moves on to Bangladesh.

9.00 **The Lakes with Simon Reeve** How the high number of visitors to Scafell Pike is stretching rescue resources.

10.00 **Bangers & Cash** An MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.

11.00 **Bangers & Cash** Derek goes to pick up a 1904 Swift, and a Toyota Corona finds a home. **12.00** M'T Derek gives the once-over to a Royale Formula Ford race car.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great Continental Railway Journeys**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Drive It** An MG Midget.
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Find It, Fix It, Drive It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Ant Anstead: Born Mechanic**
9.00 **Shed and Buried: Classic Cars** New edition Iconic vehicles are restored.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Shed and Buried: Classic Cars** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Vegas Dress** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** A vessel suspected of carrying a shipment of cocaine.
8.00 **Murder on CCTV**
9.00 **A Body in the Basement**
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** A double murder.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A murder scene is staged to look like a botched drug deal.
8.00 **Murder by the Sea** The murder of Danny Dyke.
9.00 **48 Hours** A look at what happened to the businesswoman, wife and mother Andreen McDonald.
10.00 **Murder UK** New edition Young nurse Claire Morris had everything to live for when she died in a car crash.
11.00 **Snapped: Killer Couples** The wife of an Army medic is found murdered in her home.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder UK** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Storm of Suspicion**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** A mother claims that a day care centre had a cockroach infestation. **7.25** An ex-con is accused of stealing her daughter's identity. **7.50** Alleged drug abuse, prison time and arrears come into play. **8.15** A young mother laments the inequality of the parenting workload. **8.40** Days after a teenager purchases his first ATV, he claims the vehicle fell apart.
9.05 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil Killers** Jason Marshall.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Method of a Serial Killer**
10.40 **Britain's Most Evil Killers**
11.45 **Murdered at First Sight**
12.50 AM **How I Caught the Killer** Gordon Wardell.
1.55 **Killer in My Village**
3.00 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Icons of Conquest**
9.35 **Village of Death: Oradour-sur-Glane 1944**
10.50 **Conquistadors: The Rise and Fall**
11.55 **Mafia's Greatest Hits**
1.00 PM **Icons of Conquest**
2.20 **Village of Death: Oradour-sur-Glane 1944**
3.35 **Conquistadors: The Rise and Fall**
4.35 **Mafia's Greatest Hits**
5.45 **Icons of Conquest**
7.05 **Village of Death: Oradour-sur-Glane 1944** The German invasion of the French village.
8.20 **Conquistadors: The Rise and Fall**
9.20 **Once Upon a Time in Northern Ireland** The Troubles from people on all sides of the conflict.
10.40 **Village of Death: Oradour-sur-Glane 1944**
12.00 M'T **Conquistadors: The Rise and Fall**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Eyes on the Prize III**
7.00 **Discovering: Leonardo DiCaprio** A profile of the actor.
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Man Who Played with Fire**
11.00 **David Frost Vs**
12.00 NOON **Mama's Boy: A Story from Our Americas**
2.00 PM **All That Breathes**
4.00 **Discovering: Leonardo DiCaprio** A profile of the actor.
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Man Who Played with Fire**
8.00 **The Essex Murders: Who Killed Goldfinger?** 2/3. The unsolved murder of John Palmer.
9.00 **The Sleepwalker** A handyman who claimed to have committed a murder in his sleep.
10.45 **Costa Concordia: Chronicle of a Disaster** Documentary.
12.45 AM **Klitschko: More Than a Fight** A profile of Vitali Klitschko.
2.45 **QPR: The Four Year Plan**
4.30 **PL Legends: Paolo Di Canio**
5.00 **to 6.00** AM **Discovering: Leonardo DiCaprio**

Sky Nature

145 113/114 189 354 369

6.00 AM **Gangs of Baboon Falls**
7.00 **Monkey Life** Double bill.
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wildest New Zealand**
10.00 **Living Beach**
11.00 **Deep Dive North America**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Wildest New Zealand**
4.00 **Living Beach**
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **A Bee's Diary** Documentary following two honeybees over two years from birth to death.
9.00 **A Cheetah's Pride** Following a pair of warring cheetahs.
10.00 **Waterworld Africa**
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive North America**
1.00 AM **Gangs of Baboon Falls**
2.00 **A Bee's Diary** As 8.00pm.
3.00 **A Cheetah's Pride** As 9.00pm.
4.00 **Dogs with Extraordinary Jobs**
5.00 **to 6.00** AM **Wildest New Zealand**

Sky History 2

163/168 143 186

6.00 AM **Secrets Declassified with David Duchovny**
7.00 **Myths & Monsters**
8.00 **The Proof Is Out There**
9.00 **World War Weird**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Secrets Declassified with David Duchovny**
5.00 **Myths & Monsters**
6.00 **The Proof Is Out There**
7.00 **World War Weird** Bizarre events during wartime, including a Nazi anti-gravity device.
8.00 A secret society's attempts to kill Charlie Chaplin.
9.00 **Ross Kemp: Mafia and Britain**
10.00 **Secrets of the Hells Angels** Undercover informant Tony Tait infiltrates the secret biker club.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Weird Britain**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Judge Rinder** Real-life cases.
3.00 **Robbie Coltrane's Critical Evidence** Graham Backhouse.
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Somebody's Hiding Something**
9.00 **NEW SERIES Ed Gein: Original Psycho** 1&2/2.
11.00 **The Killer Interview**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Jo Frost on Britain's Killer Kids** James Fairweather.
2.00 **When Missing Turns to Murder**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **When Sharks Attack 360**
11.00 **The Hatcher Family Dairy**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Critter Fixers: Country Vets**
7.00 **Heartland Docs** New edition Dr Erin and Dr Ben check in on some farm kittens.
8.00 **Heartland Docs** Ben and Erin assist a dog with a strange itch.
9.00 **Africa's Deadly Kingdoms** The wildlife of South Africa's West Coast, a region pummelled by icy Atlantic waters.
10.00 **Lawless Island** Port Protection residents stock up on protein.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X** Investigating an abandoned gold mining town.
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** The German tactic of blitzkrieg, designed to create disorganisation among enemy forces through the use of locally concentrated firepower.
9.00 **Secrets Underground** Rob Nelson investigates whether a lake might be home to alien life.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance** A homeless man is assaulted.
2.00 Paramedics collect a man airlifted in from Wales.
3.00 The Stoke crews cope with a major heart attack and a nasty football injury.
4.00 The paramedics treat a drug user with a burst abscess.
5.00 **Secret Army** Triple bill. (S1)
8.30 **Secret Army** *Lost Sheep:* 7/16. An allied plane is shot down and the sole survivor of the crash, a British navigator, is sheltered by an expatriate Englishman – but soon discovers his host has divided loyalties.
9.40 *Guilt:* 8/16. Curtis investigates a case of betrayal, but Lifeline is suspicious.
10.50 *Too Near Home:* 9/16. Yvette is arrested in France, leaving Lifeline without a leader and verging on collapse. (S1)
12.00 M'T **Secret Army** (S1)
4.20 **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **Evil Stepmothers**
9.00 **People Magazine Investigates**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Evil Online** Double bill.
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Married to Evil** Double bill.
7.00 **Deadly Secrets** The case of widowed Marilyn Burdick, who apparently found new love with Louis Plunkett, but close relatives' fears about the charming real-estate agent soon proved founded.
8.00 A mother's death in an apparent trucking accident.
9.00 **Mean Girl Murders** A high school track star destined for Olympic glory disappears.
10.00 **On the Case with Paula Zahn** Police must analyse a long, emotional and rage-filled call.
11.00 **Two Shallow Graves**
12.00 M'T **Betrayed** Double bill.
2.00 AM **Married to Evil**
4.00 **to 6.00** AM **Deadly Secrets**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 1949 Cadillac.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Hell Roads**
4.00 **Fifth Gear** Motoring series.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Fifth Gear** Motoring series.
9.00 **Richard Hammond's Big** Elements that engineering projects have in common.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Juliet & Romeo** (2025)
9.20 **Grow** As shown at 4.00pm.
11.10 **Panda Plan** Action comedy. (2024, 15, 99min) ★★★
12.50 PM **The Stranger in My Home**
2.30 **Presence** As 10.00pm.
4.00 **Grow** Comedy starring Nick Frost and Golda Rosheuvel (2025, PG, 107min) ★★★★
5.50 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★

8.00 Novocaine

8.00 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Presence Steven Soderbergh's horror starring Lucy Liu. A family become convinced they are not alone after moving into their new home in the suburbs. (2024, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Stranger in My Home** Drama starring Sophia Bush. (2025, 15, 91min) ★★★
1.10 AM **Wolf Man** Horror. (2024, 15, 103min) ★★★
3.00 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

7.00 AM **Over the Hedge** (2006)
8.25 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
10.10 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
11.45 **Hotel Transylvania 3: Summer Vacation** (2018) ★★
1.25 PM **Aquaman and the Lost Kingdom** (2023, 12) ★★★
3.35 **Spider-Man** Adventure. (2002, 12, 121min) ★★★★
5.45 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★

10.20 The Green Hornet

8.00 Spider-Man 3 Fantasy sequel starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality, so he must conquer his inner demons before he can defeat two adversaries. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Green Hornet Fantasy action comedy starring Seth Rogen, Jay Chou and Cameron Diaz. (2011, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Madame Web** Fantasy adventure starring Dakota Johnson and Tahar Rahim. (2024, 12, 116min) ★★★
2.20 **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
4.15 **Sky Cinema Preview**
4.50 **to 6.45** AM **Ghost Rider** Comic-book adventure. (2006, 12, 106min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
9.20 **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
11.25 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
1.45 PM **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
3.35 **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
5.55 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
8.00 **Joker: Folie à Deux** Musical sequel starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
10.20 **Amadeus** Historical drama about the rivalry between 18th-century composers Antonio Salieri and Wolfgang Amadeus Mozart, starring F Murray Abraham and Tom Hulce. (1984, PG, 158min) ★★★★★
12.50 AM **Calvary** Drama with Chris O'Dowd and Brendan Gleeson. (2014, 15, 99min) ★★★★
2.40 **P.S. I Love You** Romantic comedy drama starring Hilary Swank. (2007, 12, 121min) ★★★
5.00 **to 7.05** AM **Birdy** Drama. (1984, 15, 120min) ★★★★

Sky Cinema Science Fiction

311 311 411 511 525

6.25 AM **Kill** Crime thriller. (2023, 15, 94min) ★★★
8.05 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min) ★★★
9.45 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
11.15 **Godzilla** As 8.00pm.
1.40 PM **Dune: Part Two** Drama sequel with Timothée Chalamet. (2024, 12, 166min) ★★★★★
4.30 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
6.20 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
8.00 **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick, Jean Reno and Maria Pitillo. (1998, PG, 139min) ★★★
10.20 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
12.40 AM **Event Horizon** Sci-fi horror thriller starring Sam Neill. (1997, 18, 96min) ★★★
2.20 **The Ring** Horror chiller remake. (2002, 15, 115min) ★★★
4.20 **to 6.15** AM **The Ring Two** Horror sequel starring Naomi Watts. (2004, 15, 110min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.50 AM **Finding Neverland** Drama. (2004, PG, 101min) ★★★★
8.35 **Johnny English** Comedy. (2002, PG, 88min) ★★★
10.05 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
12.00 NOON **Ella Enchanted** Fantasy. (2004, PG, 96min) ★★★
1.45 PM **Bean** (1997, PG) ★★★
3.20 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

6.00 Wonka

8.10 **Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. With Julia Roberts. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Reuniting the Rubins** Comedy drama starring Timothy Spall. A former lawyer attempts to grant his dying mother's wish to bring her grandchildren together for Passover. (2010, PG, 98min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Goosebumps** Fantasy. (2015, PG, 103min) ★★★
2.25 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
5.00 **to 7.00** AM **Small Soldiers** Fantasy starring Kirsten Dunst. (1998, PG, 99min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.50 AM **Vendetta** Action thriller. (2022, 15, 96min) ★★
9.30 **Streetfighter** As 12.10am.
11.15 **Black Hawk Down** Drama. (2001, 15, 144min) ★★★
1.45 PM **Shooter** Action thriller. (2007, 15, 125min) ★★★★
4.00 **The Mummy Returns** Fantasy adventure sequel. (2001, 12, 129min) ★★★★
6.20 **The Scorpion King** Fantasy starring Dwayne Johnson. (2002, 12, 91min) ★★★

8.00 ...the Temple of Doom

8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Harrison Ford and Kate Capshaw. Indiana Jones escapes a gang boss in Shanghai and encounters an evil cult in India. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Streetfighter** Action drama. (1994, 12, 102min) ★★
2.00 **The Dark Tower** Adventure. (2017, 12, 95min) ★★
3.45 **Sky Cinema Preview**
5.25 **to 7.15** AM **Blood for Dust** Thriller starring Scoot McNairy. (2023, 15, 98min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **You, Me and Dupree** Comedy. (2006, 12) ★★★
8.05 **Mr Deeds** (2002, 12) ★★★
9.55 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
11.45 **Nutty Professor II: The Klumps** (2000, 12) ★★★
1.45 PM **50 First Dates** Comedy. (2004, 12, 99min) ★★★
3.30 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
5.45 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★

8.00 Pitch Perfect 3

8.00 **Pitch Perfect 3** Music comedy sequel starring Anna Kendrick and Rebel Wilson. Following their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Billy Madison** Comedy starring Adam Sandler as a spoiled 27-year-old who goes back to school to prove his worth to his billionaire father. (1995, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Twins** Action comedy starring Danny DeVito and Arnold Schwarzenegger. (1988, PG, 107min) ★★★
1.10 AM **Alfie** Comedy drama remake starring Jude Law. (2004, 15, 106min) ★★★
3.00 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
4.45 **to 6.30** AM **Kangaroo Jack** Comedy. (2003, PG, 89min) ★

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
10.30 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
1.00 PM **Inferno** Thriller starring Tom Hanks and Felicity Jones. (2016, 12, 121min) ★★★
3.15 **Now You See Me** Thriller starring Jesse Eisenberg. (2013, 12, 115min) ★★★
5.15 **There Will Be Blood** Drama starring Daniel Day-Lewis. (2007, 15, 158min) ★★★★★

10.05 Law Abiding Citizen

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Lawless** Prohibition-era drama starring Shia LaBeouf. (2012, 18, 111min) ★★★★
2.10 **Serpico** Fact-based drama. (1973, 18, 130min) ★★★★
4.25 **to 6.00** AM **Unhinged** Thriller. (2020, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The 300 Spartans** War epic. (1962, PG, 113min) ★★★
1.15 PM **Henry VIII and His Six Wives** Drama. (1972, PG) ★★★
3.35 **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
5.05 **Kind Hearts and Coronets** Vintage black comedy. (1949, b/w, U, 106min) ★★★★★
7.15 **Land** Drama directed by and starring Robin Wright. (2021, 12, 89min) ★★★★

11.05 The Forever Purge

Land (film started at 7.15pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.05 **The Forever Purge** Horror sequel starring Ana de la Reguera. Members of an underground movement decide to take over the United States through a campaign of mayhem and massacre. (2021, 15, 103min) ★★★ **11 PM**
1.10 **to 3.20** AM **Piggy** Spanish horror thriller. Subtitled. (2022, 18, 99min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.45 AM **Night Swim** As 5.40pm.
8.25 **Die Alone** Zombie horror. (2024, 15, 91min) ★★★★
10.05 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
11.35 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
1.20 PM **The Collector** Thriller. (1965, 15, 119min) ★★★
3.25 **Nosferatu** Fantasy horror. (2024, 15, 132min) ★★★★

5.40 **Night Swim** Horror starring Wyatt Russell and Kerry Condon. (2024, 15, 98min) ★★
7.20 **Ouija** Horror chiller starring Olivia Cooke and Ana Coto. (2014, 15, 87min) ★★
9.00 **Ouija: Origin of Evil** Horror prequel starring Elizabeth Reaser. (2016, 15, 99min) ★★★
10.50 **Hollow Man** Sci-fi thriller with Elisabeth Shue and Kevin Bacon. An arrogant scientist tests his new invisibility serum on himself. (2000, 18, 113min) ★★★

12.45 AM **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
2.25 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
3.55 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
5.35 **to 7.20** AM **Gothika** Horror chiller. (2003, 15, 98min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.30 AM **Clear and Present Danger** Thriller. (1994, 12, 141min) ★★★
8.55 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
10.50 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
1.40 PM **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
4.00 **The Bridges at Toko-Ri** Korean War drama starring William Holden. (1954, U, 99min) ★★★

6.00 **Two Mules for Sister Sara** Comedy starring Clint Eastwood. (1969, 15, 114min) ★★★
8.00 **Schindler's List** Steven Spielberg's drama starring Liam Neeson and Ben Kingsley. An Austro-German businessman wheels and deals with the Nazis to save the lives of 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **The Godfather** Francis Ford Coppola's gangster drama with Marlon Brando and Al Pacino. (1971, 15, 167min) ★★★★★

2.10 AM **Midnight Express** Prison drama with Brad Davis and John Hurt. (1978, 18, 120min) ★★★★
4.15 **Sky Cinema Preview**
5.00 **to 7.20** AM **Last Action Hero** Action fantasy starring Arnold Schwarzenegger and Charles Dance. (1993, 15, 130min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Sinbad: Legend of the Seven Seas** As 12.40am.
7.55 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.35 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
11.15 **The Ogglies** Animated adventure. (2021, PG, 85min) ★★★
12.50 PM **Open Season 3** Animated sequel. (2010, U, 74min) ★★

2.10 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
4.00 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
5.55 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.45 **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
9.25 **Migration** Animated comedy. (2023, U, 83min) ★★★
11.00 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★

12.40 AM **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
2.15 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
3.40 **Deep Sea** (2023, PG) ★★★
5.40 **to 7.25** AM **Captain Underpants** Animation. (2017, U) ★★★★

Christmas 24

312 313 419

7.00 AM **We Wish You a Married Christmas** Festive romantic comedy. (2022, PG, 84min) ★★
9.00 **A Holiday Spectacular** Drama. (2022, PG, 90min) ★★
11.00 **Christmas with a Kiss** Drama. (2023, PG, 85min) ★★
1.00 PM **A Novel Noel** Festive drama. (2024, PG, 90min) ★★
3.00 **Mystery on Mistletoe Lane** Thriller. (2023, PG, 90min) ★★

5.00 **Three Wiser Men and a Boy** Comedy. (2024, PG, 84min) ★★
7.00 **Christmas Bedtime Stories** Festive drama starring Erin Cahill. (2022, PG, 90min) ★★
9.00 **Twas the Night Before Christmas** Festive drama starring Torrey DeVitto and Zane Holtz. An actor takes charge of a Christmas play setting out to prove who wrote a classic poem. (2022, PG, 84min) ★★
11.00 **The Christmas Classic** Festive comedy. (2023, PG, 86min) ★★

1.00 AM **The Christmas Quest** Adventure with Lacey Chabert. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas Angel** Festive romantic comedy. (2009, PG, 87min) ★★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 16/38. (S1)
6.30 **Look at Life** Documentary.
6.45 **The Bigamist** (1953, PG) ★★★
8.20 **What's On TPTV with Noel**
8.30 **Out of Town** Pigeon shooting.
9.00 **The Lost Films of the Kursaal**
10.15 **Look at Life** Documentary.
10.25 **A Taste of Money** (1960, U) ★★
11.45 **Birmingham and the Road Patrol Bikes in the 1950s**
12.00 NOON **Dixon of Dock Green**

1.05 PM **The Shop at Sly Corner** Drama. (1946, b/w, PG) ★★
2.55 **Look at Life** Documentary.
3.10 **The Painted Smile** Thriller. (1961, PG, 61min) ★★
4.25 **The Beverly Hillbillies**
4.55 **Scotland Yard** 35/39. (S1)
5.30 **Bonanza** 4/34. (S2)
6.30 **The Vise** 15/39. (S1)
7.00 **The Footage Detectives**
8.00 **Francis Durbridge's Melissa**
9.05 **Gideon's Way** 2/26. (S1)
10.05 **The Case of the Frightened Lady** Drama. (1983, PG) ★★

11.40 **Cause Célèbre** Crime drama. (1987, PG, 133min) ★★
2.00 AM **A Tale of Five Cities** Drama. (1951, b/w, PG, 86min) ★★
3.45 **Desert Mice** War comedy. (1959, b/w, U, 82min) ★★★
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 13 October

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
10.00 **LIVE ICC Women's World Cup South Africa v Bangladesh.** The group match staged at Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium in Visakhapatnam. South Africa have reached the semi-finals of this tournament on the last two occasions but have never won the competition before in their history. Bangladesh are relative newcomers to the tournament, having only made one previous appearance in 2022.
5.45 PM **The Premier League Show**
7.00 **Sports Centre**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **LIVE NFL Atlanta Falcons v Buffalo Bills.** Coverage of the week six match at Mercedes-Benz Stadium. Kick-off **12.15am**.
3.30 AM **LIVE NFL Washington Commanders v Chicago Bears.** Coverage of the week six match at Northwest Stadium in Landover, Maryland. Kick-off **1.15am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Jamie Carragher. **12.30** PM With Phil Neville.
1.00 **Premier League Years** A look back at the 2017/18 season.
3.00 **PL Retro** A replay of Arsenal v Manchester United from 1997.
5.00 **The Premier League Show**
7.00 **Premier League 100 Club** Harry Kane's top-flight goals. **7.30** Goals by Romelu Lukaku.
8.00 **Gary Neville's Soccerbox** An interview with John Barnes. **8.30** With guest Matt Le Tissier.
9.00 **Champions Show: Liverpool** A look back at Liverpool's title-winning 2024/25 campaign.
10.00 **Premier League Icons** A profile of David Beckham.
10.30 **Unpacked** Eddie Howe.
10.45 **Premier League Ranks** A profile of Bruno Guimarães.
11.00 **Premier League Years**
1.00 AM **PL Retro** Chelsea v Liverpool.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **When Aberdeen Ruled Europe**
9.00 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy** The 2023/24 final.
12.00 NOON **WSL** Match highlights.
1.00 PM **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **EFL Highlights** Championship.
5.00 **EFL Greatest Games**
5.30 **EFL League One Goals**
6.00 **EFL League Two Goals**
6.30 **WSL** Recent highlights.
7.30 **Best Moments from the Championship Play-Off Final**
8.00 **EFL Highlights** Championship.
8.30 **EFL League One Goals**
9.00 **EFL League Two Goals**
9.30 **WSL** Match highlights.
10.30 **Best Moments from the League 1 & 2 Play-Off Final**
11.00 **EFL Greatest Games**
12.00 M'T **WSL** Recent highlights.
12.30 AM **Best Moments from the Championship Play-Off Final**
1.00 **EFL Cup Retro** The 2018 final.
3.00 **When Aberdeen Ruled Europe**
4.00 **Best Moments from the Championship Play-Off Final**
4.30 **EFL Greatest Games**
5.00 **to 6.00** AM **Celtic's Invincibles**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup** Highlights of India v Australia. **7.00** New Zealand v Bangladesh. **8.00** England v Sri Lanka. **9.00** Action from India v Australia.
10.00 **LIVE ICC Women's World Cup South Africa v Bangladesh.** Coverage of the group match staged at Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium, Visakhapatnam.
5.45 PM **ICC Women's World Cup 2017** Action from the final. **6.00** England v India highlights.
6.30 **ICC Women's World Cup** Highlights of India v Australia. **7.30** Highlights from England v Sri Lanka staged at R. Premadasa Stadium in Colombo.
8.30 **ICC Women's World Cup 2017** Highlights of England v Australia.
9.00 **ICC Women's World Cup** South Africa v Bangladesh staged at Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium. **10.00** India v Australia at Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium, Visakhapatnam. **11.00** South Africa v Bangladesh.
12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
11.00 **LPGA Tour Golf** Highlights.
2.00 PM **LIVE Golf** Day one of the St Andrews Collegiate Championship staged at St Andrews in Fife.
5.00 **Rose Ladies Series** Highlights.
6.00 **Tour Golf Highlights**
6.30 **DP World Tour Golf**
7.00 **Golf** Day one of the St Andrews Collegiate Championship.
10.00 **PGA Tour Golf** Highlights.
11.00 **Legends Tour Golf**
12.00 M'T **Golf** Recent action.
12.30 AM **DP World Tour Golf**
1.00 **Golf Academy** Expert tips.
2.00 **PGA Tour Golf** Event review.
3.00 **PGA Tour Highlights**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
2.30 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open and WTA Ningbo Open.
8.30 **WTA Tennis** Beijing Open.
9.00 **ATP Tennis** Shanghai Masters.
10.00 **WTA Tennis** Wuhan Open final.
11.00 **ATP Tennis** Shanghai Masters.
12.00 M'T **WTA Tennis** Wuhan Open.
1.00 AM **ATP Tour This Week**
1.30 **WTA Tennis** Wuhan Open final.
2.00 **Billie Jean King: My Story**
2.15 **Tim Henman Podcast 2024**
2.30 **ATP Tennis** Tokyo Open final.
3.30 **to 6.00** AM **LIVE WTA Tennis** Day two of the WTA Osaka Open at Utsubo Tennis Center in Japan.

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Test Cricket India v West Indies.** The fourth day of the second and final Test staged at Arun Jaitley Stadium in Delhi.
1.00 PM **LIVE Snooker Xi'an Grand Prix** Coverage of the second session from the final at Qujiang Sports Complex in China.
3.30 **Champions League Magazine**
4.00 **Premier League Stories**
4.30 **Premier League: Big Interview**
5.00 **The Club That George Built**
6.30 **LIVE FA Cup Worthing v Forest Green Rovers.** The fourth round qualifying match at Sussex Transport Community Stadium. Kick-off **7.30pm**.
10.00 **Tom Aspinall: Road to Undisputed** A look at the story of UFC fighter Tom Aspinall.
11.00 **UEFA Champions League Road to Glory** Archive action.
12.00 M'T **MLB Lead Off**
12.30 AM **LIVE MLB** Coverage of a game from the MLB Postseason.
4.00 **MLB Closer** Baseball action.
4.30 **TNT Sports Cricket Reload**
4.45 **to 6.00** AM **LIVE Test Cricket India v West Indies.** The fifth and final day of the second Test at Arun Jaitley Stadium in Delhi.

TNT Sports 2

411 414 522 409 431

6.00 AM **The Gallagher PREM**
11.00 **Playing for Our Future**
11.15 **Brothers in Football**
1.00 PM **MLB Highlights**
2.00 **Superbike World Championship** Races from round 11 held at Circuito do Estoril in Portugal.
3.30 **NWSL** Highlights of Orlando Pride v Portland Thorns. **4.30** Highlights from Kansas City Current v NJ/NY Gotham FC.
5.30 **The Gallagher PREM**
5.45 **FIA Extreme H World Cup**
6.45 **Superbike World Championship Highlights** The 11th round of the season.
7.45 **TNT Sports Meets** Owen Hargreaves meets Ruben Amorim.
8.00 **MLB Highlights** Baseball.
9.00 **LIVE MLB** Coverage of a game from the MLB Postseason.
12.15 AM **Training Day**
12.30 **UEFA Champions League – Stories of the Finals**
1.00 **NWSL** Highlights from Orlando Pride v Portland Thorns.
2.00 **FA Cup** Action from Worthing v Forest Green Rovers.
3.00 **Snooker Xi'an Grand Prix**
5.00 **to 6.00** AM **UEFA Champions League Greatest Nights**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Recent action.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Bitesize Highlights** Matches from the sixth week.
9.00 **NFL Highlights** Action from a game from week six of the season.
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Bitesize Highlights**
12.00 M'T **LIVE NFL Atlanta Falcons v Buffalo Bills.** Coverage of the week six match staged at the Mercedes-Benz Stadium, as the two teams meet for the first time since 2022. Kick-off **12.15am**.
3.30 AM **LIVE NFL Washington Commanders v Chicago Bears.** Coverage of the week six match at Northwest Stadium in Landover, Maryland. Kick-off **1.15am**.
4.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open, and WTA Ningbo Open.
2.30 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open and WTA Ningbo Open.
8.30 **Sports Centre**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **LIVE NFL Washington Commanders v Chicago Bears.** Coverage of the week six match at Northwest Stadium. The hosts have a good recent record against the Bears having only lost two of the last 11 meetings between the two sides. However, those two victories for the visitors have come in the last four games and Chicago will be looking for another important victory after a slow start to the season. Kick-off **1.15am**.
4.30 **to 6.00** AM **LIVE WTA Tennis** Coverage of the second day of the WTA Osaka Open staged at Utsubo Tennis Center in Japan.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **GB3 Championship Highlights**
8.00 **British GT Championship**
9.00 **ICC Women's World Cup**
10.00 **Super League Highlights**
11.00 **PDC Classics** Archive action.
11.30 **Super League** A replay of Wigan Warriors v Leigh Leopards.
2.15 PM **Super League** A replay of Hull Kingston Rovers v St Helens.
5.00 **ATP Tennis** Shanghai Masters
6.00 **WTA Tennis** Wuhan Open final.
7.00 **Super League** Grand Final.
10.30 **PGA Tour Golf** Highlights.
11.30 **PDC Classics** Archive action.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League – Stories of the Finals**
7.00 **LIVE Snooker Xi'an Grand Prix** Session one of the final at Qujiang Sports Complex in China.
10.00 **UEFA Champions League – Stories of the Finals**
11.00 **Champions League Magazine**
11.30 **Sign Up – Into Football**
12.15 PM **TNT Sports Cricket Reload**
12.30 **LIVE Snooker Xi'an Grand Prix** Session two of the final.
3.30 **TNT Sports Cricket Reload**
3.45 **Training Day** MLB training.
4.00 **WNBA** Game five of the finals.
5.00 **MLB Highlights** Baseball.
6.00 **LIVE Ultimate Pool** The last-16 phase of the tournament.
9.30 **Snooker Xi'an Grand Prix**
11.30 **Cycling** Recent highlights.
1.30 AM **TNT Sports Meets**
1.45 **The Gallagher PREM**
2.00 **Test Cricket Highlights**
3.00 **to 6.00** AM **UCI Mountain Bike World Series**

TNT Sports 4

414 416 524 411 434

6.00 AM **Superbike World Championship** Round 11.
7.30 **UCI Mountain Bike World Series** From Mont Sainte Anne.
10.30 **Grit and Glory: Enduro Mountain Bike Racing**
11.00 **Cycling** Tour of Lombardy. **12.00** NOON Paris Tours.
1.00 PM **The Gallagher PREM**
5.00 **UCI Gravel World Championships** Netherlands.
6.00 **Global Champions Tour** Action from the Grand Prix of Rome.
7.00 **Test Cricket Highlights** Action from India v West Indies.
8.00 **Autumn Nations Series**
8.45 **The Gallagher PREM**
9.00 **Fishing: On the Bank**
10.00 **Marathons** Chicago Marathon.
11.00 **Grit and Glory: Enduro Mountain Bike Racing**
11.30 **UFC** Oliveira v Gamrot.
2.30 AM **UFC Fight Flashback**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **FIA World Endurance Championship** From Fiji.
8.00 **NHL Tonight** Highlights.
10.00 **World Surf League**
11.00 **LaLiga Match Highlights**
12.00 NOON **DTM Highlights**
1.00 PM **Transworld Sport** Magazine.
2.00 **NHL on the Fly** The latest news.
3.00 **NHL Specials** Post-season action.
3.30 **Argentine Primera Highlights**
4.00 **Mass Participation World**
5.00 **LaLiga Match Highlights**
6.00 **FIA World Endurance Championship** From Fiji.
7.00 **FIM Sidecarcross**
8.00 **Transworld Sport** Magazine.
9.00 **URC in 60** The third round.
10.00 **DTM Highlights**
11.00 **Eredivisie Highlights**
12.00 M'T **NHL Tonight**
1.00 AM **LIVE NHL Ice Hockey Minnesota Wild v LA Kings.**
4.00 **Sporting Greats**
5.00 **to 6.00** AM **URC in 60**

Premier Sports 2

420 552

6.00 AM **NASCAR** South Point 400.
10.00 **Bike World** Magazine.
10.30 **NHL Ice Hockey** New York Rangers v Washington Capitals.
12.30 PM **NHL: This is Hockey**
1.00 **United Rugby Championship** Glasgow Warriors v Dragons.
3.00 **United Rugby Championship**
5.00 **NHL: This is Hockey**
6.00 **LIVE NHL Ice Hockey Boston Bruins v Tampa Bay Lightning.** The Eastern Conference match at TD Garden. Face-off **6.00pm**.
9.00 **LIVE NHL Ice Hockey Toronto Maple Leafs v Detroit Red Wings.** Coverage of the Eastern Conference match at Scotiabank Arena. Face-off **9.00pm**.
12.00 M'T **NHL: This is Hockey**
12.30 AM **NHL Tonight**
1.30 **NHL Ice Hockey** Boston Bruins v Tampa Bay Lightning.
3.30 **LaLiga** Another chance to see Celta Vigo v Atlético Madrid.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights from the United States Grand Prix.
11.00 **Formula 1** A replay of the 2015 United States Grand Prix.
1.25 PM **F1 Feature**
1.30 **Formula 1** A chance to see the 2016 United States Grand Prix.
3.35 **Pierre Gasly Plays Football**
3.45 **Formula 1** A replay of the 2017 United States Grand Prix.
5.45 **Formula 1** The 2018 United States Grand Prix in Austin, Texas.
8.00 **Formula 1** Highlights of the 2014 United States Grand Prix. **9.00** Action from the 2015 United States Grand Prix. **10.00** The 2016 United States Grand Prix in Austin, Texas. **11.00** Highlights from the 2017 United States Grand Prix. **12.00** M'T The 2018 United States Grand Prix in Austin, Texas.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

14 October

Evening Planner

Football

World Cup Qualifer

ITV1, kick-off 7.45pm

Captain Harry Kane is set to lead England out in Riga for what should be a straightforward game against Latvia.

Drama

Murder Before Evensong

5, 9pm

As the murder investigation continues, Daniel (Matthew Lewis) faces trouble from both the Bishop and Vanloo.

Documentary

Witches of Essex

Sky History, 9pm (box set, Sky Box Sets)

Rylan teams up with Professor Alice Roberts to uncover the stories of Essex women who were accused of witchcraft.

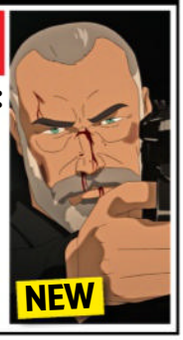
OnDemand

NETFLIX

Splinter Cell: Deathwatch

Available today

Adult animation series based on the popular video game franchise, featuring the voice of Liev Schreiber.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Stacey & Joe		9.00 Waterloo Road		10.00 News; Local News	
	102 BBC2	7.00 The Crash...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Spotlight: Dog Fighting – Exposed		10.00 Live at the...	10.30 Newsnight
	103 ITV1	7.00 Football: World Cup Qualifier – Live: Latvia v England (Kick-off 7.45)						10.05 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off		9.15 Worlds Apart		10.20 Celebrity Gogglebox	
	105 5	7.00 All Creatures Great & Small: Yorkshire...		8.00 The Yorkshire Vet		9.00 Murder Before Evensong		10.00 The Push: Death on a Cruise Ship	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Galapagos		9.00 Never Mind the Buzzcocks		9.45 Romesh: Can't Knock the Hustle	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Our Girl		10.00 Film Club	
	116 BBC4	7.00 Fred Dibnah's...	7.30 The Channel...	8.00 The Good Life	8.30 Yes, Prime...	9.00 Call My Bluff	9.30 Face the Music	10.00 Storyville: Mr Nobody Against Putin	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Home Greek Home		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks At 30	8.00 First Dates		9.00 Married at First Sight UK			10.40 Open...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Matlock		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 Gomorrah			
	110 U&GOLD	7.00 Dad's Army	7.40 dinnerladies				9.10 The Good Life		10.30 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders					
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 World Superbike Highlights		9.00 Film: Game of Death			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Couples Retreat			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate Universe		8.05 Rob Beckett's Smart TV		9.00 Never Mind the Buzzcocks		9.45 Romesh: Can't Knock the Hustle	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Art's Wildest Movement: Mannerism		9.00 Art's Most Satanic		10.00 A Sudden Glimpse to Deeper Things	
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Deadliest Catch		10.00 Gold Divers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Hitler's Last Stand		10.00 WW2: Hell Under the Sea	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bone Detectives: Britain's Buried...		9.00 Witches of Essex		10.00 The Witches of Salem	
	155 U&YESTERDAY	7.00 Operation Arctic		8.00 Flipping Bangers		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Man Who Played with Fire		8.00 David Frost Vs		9.00 The Alabama Solution			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 The Stranger in My Home		8.00 Presence			9.30 Wolf Man		
	302 HALLOWEEN	‹ 5.45 Arcadian	7.30 AfrAId			9.00 Pet Sematary			
	303 HITS	‹ 5.45 Love Actually		8.00 Crazy Rich Asians				10.05 You, Me and Dupree	
	304 GREATS	‹ 5.50 In the Line of Fire		8.00 Saving Private Ryan					
	305 ANIMATION	‹ 5.45 Cloudy...	7.25 Hotel Transylvania			9.00 Hotel Transylvania 2			10.35 Hotel...
	306 FAMILY	‹ 6.00 The NeverEnding...	7.40 Peter Pan				9.40 Oliver!		
	307 ACTION	‹ 5.55 The Mummy: Tomb of the Dragon...		8.00 Indiana Jones and the Last Crusade				10.05 Indiana Jones and the Kingdom...	
	308 COMEDY	‹ 6.20 Mean Girls		8.00 Mean Girls				10.05 Horrible Bosses	
	309 THRILLER	‹ 6.00 Ocean's Eleven		8.00 Ocean's Twelve					10.15 Jack Reacher
	310 DRAMA	‹ 6.15 Jackie		8.00 One Life			9.55 Dear John		
	311 SCIENCE FICTION	‹ 6.20 Gravity		8.00 Arrival				10.05 Godzilla	
	313 FILM4	‹ 6.40 Ad Astra				9.00 A Man Called Otto			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Icons		8.00 Gary Neville's Soccerbox		9.00 MNF Hlts	9.30 Under the Skin...	10.00 PL Icons	10.30 Lewis-Skelly...
	403 FOOTBALL	7.00 EFL Highlights			8.30 WSL		9.30 EFL Highlights	10.00 EFL Goals	
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 6.00 Men's Cycling Pro Series – Live: The 2025 Tour of Holland			8.30 World E-Bike...	9.00 Grit and Glory: Enduro...		9.45 Original Documentary	
	411 TNT SPORTS 2	7.00 PL Big Interview	7.30 UEFA Magazine	8.00 Sign Up – Into Football		9.00 The Muddy Roots of Football			

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition How a vulnerable 43-year-old was left for dead in Manchester. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition A tracker is confronted by a man claiming to be the owner of a stolen pickup. (S)
2.30 **Lost and Found in the Lakes** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Waterloo Road

7 PM

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** Elaine reveals her big plans to Yolande, Okie finds a way to manipulate a situation, and Ross is shocked by recent events. (S)

8 PM

8.00 **Stacey & Joe** Series finale 6/6. Stacey heads off to Lake Como to launch a new beauty product, leaving Joe at home to manage the kids, a poorly pooch and a long list of chores – so he invites his family over to help out. (S)(AD)

9 PM

9.00 **Waterloo Road** New episode 7/8. Emotions start to run high when Stella's daughter arrives at the school, and Mitch finds himself in hot water after stepping in to help a struggling student. (S16) (S)(AD)
■ Concludes at 10.40pm

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Waterloo Road** Series finale 8/8. The funfair arrives at Waterloo Road as Darius tries to escape the fallout from his actions, and Agnes uncovers a secret that could blow a family's whole world apart. (S16) (S)(AD)
■ Entire series on BBC iPlayer
11.40 FILM **William Shakespeare's Romeo + Juliet** Director Baz Luhrmann's romantic drama based on Shakespeare's famous play about star-crossed lovers, starring Leonardo DiCaprio and Claire Danes. (S)(AD) (1996, 12, 110min) ★★★★
1.30 AM **Weather for the Week Ahead**
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Sign Zone: The Repair Shop** (S)(R)
8.30 **Sign Zone: See Hear** New edition
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu: The Finals** With Jessica Ennis-Hill. (S)(R)
4.15 **Trawlermen: Hunting the Catch** *Ocean Pride* targets shipwrecks off Cornwall for pollack. (S)(R)(AD)
5.15 **Flog It!** From Penrhyn Castle. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Una Healy, Joanna Page, Emmanuel Sonubi and Jack P Shepherd. (S)
6.30 **Strictly: It Takes Two** New edition Fleur East presents the latest behind-the-scenes action. (S)

8.30 University Challenge

7 PM

7.00 **The Crash Detectives** New edition 2/8. Sergeant Cath Raine investigates the death of a cyclist. (S)
7.30 **Mastermind** New edition Specialist subjects include Billy Wilder's films and the Apollo space program. (S)

8 PM

8.00 **Only Connect** New edition The Whitley Baes take on Oh No They Didn't. (S)
8.30 **University Challenge** New edition The first round concludes with Robinson College, Cambridge, taking on Magdalen College, Oxford. (S)

9 PM

9.00 **Spotlight: Dog Fighting: Exposed** New edition Infiltrating a secretive online network forcing dogs to fight. Patrick Fee goes undercover to expose a dog fighting ring stretching from Antrim to Amsterdam. (S)

10 PM

10.00 **Live at the Apollo** Babatunde Aléshé introduces stand-up sets from Chloe Petts and Lindsey Santoro at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Rob Brydon's Honky Tonk Road Trip** 2/3. Rob ventures into the Appalachian Mountains. (S)(R)(AD)
12.00 M'T **Sign Zone: See Hear** (S)(R)
12.30 AM **Sign Zone: Countryfile Ramble for Children in Need** The impact of the charity. (S)(R)
1.45 **Sign Zone: The Celebrity Traitors** 1/9. The ultimate game of back-stabbing and trust. (S)(R)(AD)
3.00 **Sign Zone: The Celebrity Traitors: Uncloaked** (S)(R)(AD)
3.30 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and antiques experts Alison Chapman, Tim Hogarth, Jan Keyne and Henry Nicholls assess items brought in by members of the public in Preston. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five family members from Stoke play for a big cash prize. (S)(R)
4.00 **Tipping Point** Game show, hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Football: World Cup Qualifier

7 PM

7.00 LIVE **Football: World Cup Qualifier** Latvia v England: Mark Pougatch is joined by Roy Keane and Ian Wright to present all the action from the World Cup Group K qualifier at Daugava Stadium in Riga. Goals by Reece James, Harry Kane and Eberechi Eze gave England a comfortable 3-0 win in March's reverse fixture at Wembley Stadium, and while Latvia have the home advantage this time around, Thomas Tuchel's men will go into the match without fear after an excellent 5-0 win in Serbia in their previous qualifier last month. With commentary by Sam Matterface and Lee Dixon, and reports by Gabriel Clarke. Kick-off is at 7.45. *See feature, page 28.* (S)

10 PM

10.05 **ITV News** (S)
10.35 **Local News** (S)
10.50 FILM **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy on the streets of Gotham City. (S)(AD) (2008, 12, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.20 AM **Teleshopping**
3.00 **Frauds** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Deal or No Deal: Celebrity Special** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Louise and Paul receive bad news about the walls of their Normandy farmhouse. (S)
5.00 **Four in a Bed** New edition The second visit is to the Ryebeck Hotel in the Lake District. (S)
5.30 **Come Dine with Me** Student and Muay Thai fanatic Saoirse hosts the second night in Glasgow. (S)(R)
6.00 **A Place in the Sun** New edition A holiday home in Portugal. (S)

9.15 Worlds Apart

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great British Bake Off** New edition 7/10. Alison Hammond and Noel Fielding present the first-ever Meringue Week, in which the remaining bakers tackle mini meringue tarts, soufflés and meringue ice cream cake. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm

9 PM

9.15 **Worlds Apart** New edition 2/5. The unlikely duos begin to bond as the treasure hunt brings them to Kyoto, with Colin sharing a life-changing moment, while Katie admits she has never truly felt cared for. (S)(AD)

10 PM

10.20 **Celebrity Gogglebox** Famous faces appraise *Five Star Kitchen: Britain's Next Great Chef, 24 Hours in A&E, Mission: Impossible – Fallout, The Chase* and *Jamie's One-Pan Wonders.* (S)(R)(AD)
11.25 **Gogglebox** (S)(SL)(R)(AD)
12.20 AM **Hunted** (S)(SL)(R)(AD)
2.10 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay revisits the Mixing Bowl, the Olde Stone Mill, Peter's and Campania. (S)(SL)(R)
3.30 **Grand Designs** (S)(R)
3.55 **Jamie's One-Pan Wonders** (S)(R)
4.20 **Food Unwrapped** (S)(R)(AD)
5.00 **Kirstie and Phil's Love It or List It** From south London. (S)(R)(AD)
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Seduced by Murder** Thriller starring Katie Reese. (S) (2022, PG, 95min) ★★
3.55 **The Cruise: Fun-Loving Brits at Sea** New edition The ship arrives at the port of Syracuse on the island of Sicily, where husband and wife Clive and Bernie take a cooking class. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Pyrenees Adventure** 1/4. Michael walks stretches of the Pyrenees mountain range. (S)(R)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 **All Creatures Great & Small: Yorkshire Vet Special** Behind the scenes of 2022's *All Creatures Great and Small* festive special. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition A farmer rushes down from the moors in need of Peter Wright's help, as his ewe is struggling with an unusual labour, and Julian Norton operates on a rescue hedgehog. (S)

9.00 **Murder Before Evensong** New episode 2/6. Daniel faces trouble from the bishop when Audrey struggles to honour a promise not to speak to the marauding press gathered outside the rectory. (S1) (S)(AD)

10.00 **The Push: Death on a Cruise Ship** The case of Micki Kanesaki, who vanished while on a Mediterranean cruise in 2006, and whose body was discovered off the southern coast of Italy. (S)(R)

11.35 **999: Killer on the Line** The case of Jennifer Pan. (S)(R)
12.30 AM **Murdered at First Sight** New edition A man who was ambushed in Tucson, Arizona. (S)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Friends** 4/24. (S4) (S)(R)(AD)
3.45 **Churchill** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Deep Dive North America** (R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 6/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Thursdays with Abie:* A newspaper columnist decides to write a series of stories about Grampa. (S)(R)
5.30 *Once Upon a Time in Springfield:* Romance blossoms between Krusty and his co-star. WIth Anne Hathaway. (S)(R)
6.00 **The Office (US)** 3/28. Holly holds a seminar on ethics. (S)(R)
6.30 4/28. Dwight attempts to help Michael prepare for the birth of Jan's baby. (S5) (S)(R)

9.00 Never Mind the Buzzcocks

7.00 **The Simpsons** *Treehouse of Horror XIV:* Homer takes over as the Grim Reaper, but Marge's name is on his list. (S)(R)
7.30 *Treehouse of Horror:* Featuring a spine-tingling version of *The Raven*. (S)(R)

8.00 **David Attenborough's Galapagos** 2/3. The broadcaster reveals how life learned to adapt quickly in an ever-changing volcanic landscape, resulting in such unique species as giant whale sharks. (S)(R)

9.00 **Never Mind the Buzzcocks** New edition Greg Davies hosts, with Natasha Bedingfield, Sam Ryder and all the members of Five. (S)

9.45 **Romesh: Can't Knock the Hustle** Series finale 4/4. Romesh Ranganathan questions whether success is really the key to happiness. (S)
■ Entire series on Box Sets

10.45 **Brassic** *Skool Reunion:* 3/6. Ronnie encounters his old bully at a school reunion, while Vinnie accompanies Davey to a peace meeting with Joey Kittens. (S7) (S)(R)

11.45 **Peacemaker** 8/8. Superhero action comedy. (S3) (R)
12.55 AM **The Force: North East** (R)
1.55 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 6/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55pm Party Political Broadcast **7.00-7.30** River City **11.40** Situationships with Sophie and Christine **12.10am** Scotcast **12.40** FILM William Shakespeare's Romeo + Juliet (1996, 12, 110min) ★★★★ **2.30** Weather for the Week Ahead **2.35-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Spotlight **11.10** Waterloo Road Series finale **12.10am** FILM William Shakespeare's Romeo + Juliet: As Scotland. **2.00-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm The Crash Detectives New edition

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Stitched Up? Surgery in the Sun
WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions **2.45** The Finish Line **3.30** Unbeatable **4.15** Great British Menu: The Finals **5.15** Weatherman Walking **5.45-6.00** Flog It! **7.00-7.30pm** The One Show

ITV1

As main ITV1 except:
WALES
10.50pm Sharp End **11.50** Borderline **12.40am** Wales on TV **1.05-1.20am** Coast & Country

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno Aur **1.00** Sain Ffagan **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **8.55** Newyddion a'r Tywydd **9.00** Y Weithred **10.30-11.35pm** Yr Actor a'r Eicon

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The gang look at US presidents. **7.30** Featuring the most ruthless rulers of all time.
7.55 **The Catch Up**
8.00 **Top Gear** The team shop for second-hand convertibles.
9.00 **Our Girl** 2/5. The team are horrified to learn what has happened to Georgie. (S2)
10.00 **Film Club** New episodes 3/6. Evie is still reeling from the message she saw on Noa's phone. But when the two are left alone, something extraordinary happens. **10.30** 4/6. Evie throws herself headlong at life, but Suz and Josh worry it's too much, too soon. (S1)
■ Entire series on BBC iPlayer
11.00 **Twisted Metal** 3&4/10. (S1)
12.00 M'T FILM **Bones and All** Horror with Taylor Russell and Timothée Chalamet. (2022, 18, 125min) ★★★★
2.05 AM **Top Gear** As 8.00pm.
3.05 **Tommy: The Good. The Bad. The Fury**
3.35 **to 4.00** AM **My Mate's a Bad Date**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw take on a 1980 Jaguar XJ-S V12. **4.50** Fuzz and Tim try to secretly restore a Fiat X1/9.
5.50 **Escape to the Chateau** Dick and Angel decide to tackle the château exterior.
6.55 **The Dog House Australia** Greyhound Alinta, who had a tough start to life, hopes to melt Sarah and Mark's hearts.
7.55 **The Dog House** A family of three dogs are split up to increase their chances of finding permanent homes, but nervous Annie sticks close to her more confident sister Ruby.
9.00 **Home Greek Home** 2/6. With building works banned and builders doubling as speedboat drivers in the summer, Sara's build is under pressure with just five weeks till the Greek tourist season begins.
10.00 **24 Hours in A&E** A carpenter is rushed in after partially severing his hand with a power saw.
11.05 **24 Hours in A&E** A 13-year-old girl is rushed to St George's after being knocked off her bike.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** 4/6. Scottish baronial style.
7.30 **The Channel Tunnel: Life on the Inside** 2/4. Exploring why two tunnels are better than one.
8.00 **The Good Life** Tom and Barbara get creative.
8.30 **Yes, Prime Minister** The PM makes a public broadcast.
9.00 **Call My Bluff** With Tom Baker and Alan Coren.
9.30 **Face the Music** With Judith Jackson and Robin Ray.
10.00 NEW **Storyville: Mr Nobody Against Putin** How rural primary schools in Russia are becoming recruitment hubs for war.
11.30 **Blood and Gold: The Making of Spain with Simon Sebag Montefiore**
12.30 AM **How to Write a Mills & Boon: Timeshift**
1.30 **Fred Dibnah's Building of Britain**
2.00 **The Channel Tunnel: Life on the Inside**
2.30 **to 3.30** AM **Henry VIII: Patron or Plunderer?**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family** (S3)
12.00 NOON **The Big Bang Theory** 11-14/24. (S9)
1.55 PM **Brooklyn Nine-Nine**
2.55 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks**
7.30 **Hollyoaks at 30: Most Explosive Episodes** Jealous Joanne leaves Joe's plans up in the air.
8.00 **First Dates** A parliamentary assistant fears talking politics scares men away, while a former roadie is looking for someone to settle down with after surviving cancer.
9.00 **Married at First Sight UK** New edition As the cracks start to show for one couple, another pair make some much-needed progress.
10.40 **Open House: The Great Sex Experiment**
11.40 **First Dates**
12.45 AM **Married at First Sight**
2.20 **Gogglebox**
3.10 **Below Deck Sailing Yacht**
3.55 **Modern Family** (S8)
4.15 **The Big Bang Theory**
5.00 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 | 30 | 123 | 256

Tuesday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Frontline Crime UK** Documentary series.
10.30 **Caught Red Handed**
12.00 NOON **FBI** 2/22. (S1)
1.00 PM **The Rookie** 2/20. Talia forces Nolan to confront his moral instincts. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

10.00 **FBI: Most Wanted**

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Law & Order: Criminal Intent *Gemini:* 2/21. Two contact lens salesmen and a plastic surgeon are killed. (S3)

9 PM
9.00 Matlock *Pregame:* 13/19. An important class-action lawsuit leads the team to investigate a sorority. (S1)

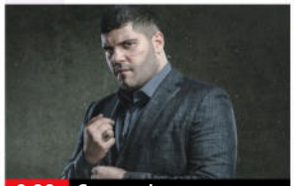
10 PM
10.00 FBI: Most Wanted New episode *Ars Moriendi:* 10/22. The agents hunt down killers competing in an online game. (S6)
11.00 **Law & Order: SVU** (S26)
12.00 M'T **The Equalizer** 10/10. (S4)
1.00 AM **Law & Order: Criminal Intent** 3/21. (S3)
2.00 **Doc** New episode 5/10. (S1)
3.00 **Fire Country** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From New Orleans.
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.15 PM **Game of Thrones** (S5)
1.20 **My Brilliant Friend** 3/8. (S2)
2.30 **Boardwalk Empire** (S4)
4.40 **Homicide: Life on the Street** 9/22. A mother and her 10-year-old twins are killed.
5.45 10/22. Pembleton and Bayliss disagree. (S5)
6.45 **Game of Thrones** 8/10. Tyrion's plans bear fruit. (S6)



9.00 **Gomorrah**

7.55 Game of Thrones *Battle of the B*******:* 9/10. As the Starks prepare to fight, Davos loses something dear, while Ramsay plays a game and Daenerys faces a choice. (S6)

9.00 Gomorrah 5/12. The seizure of a cocaine shipment threatens to throw the clans into war.

10.00 Gomorrah 6/12. Nicola goes after the spy who shopped them as he tries to regain boss Patrizia's confidence. Subtitled. (S4)
11.00 **The Sopranos** 10&11/13. (S4)
1.00 AM **The Last of Us** 4/7. Ellie and Dina find themselves in a battle between the Seraphites and a militia. (S2)
2.05 **Banshee** 10/10. (S1)
3.10 **Game of Thrones** 1/7. (S7)
4.15 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 17/20. (S8)
9.00 **Stargate Universe** (S2)
11.00 **SEAL Team** 14/16. (S4)
12.00 NOON **The Flash** 18/20. (S8)
1.00 PM **Hawaii Five-0** (S4)
3.00 **S.W.A.T.** 6/22. (S1)
4.00 **NCIS: New Orleans** 8/16. (S7)
5.00 **SEAL Team** 13/16. (S4)
6.00 **Stargate Universe** 19/20. The crew realise that the drones can pinpoint the stars *Destiny* is planning to draw power from, but Eli comes up with a risky solution. (S2)

9.45 **Romesh: Can't Knock...**

7.00 Stargate Universe *Gauntlet:* 20/20. Drones are discovered at every star leading to the edge of the galaxy. (S2)

8.05 Rob Beckett's Smart TV With Joel Dommett, Jason Fox, Nathaniel Curtis and Hermione Norris.

9.00 Never Mind the Buzzcocks New edition Wth Natasha Bedingfield, Sam Ryder and Five.
9.45 Romesh: Can't Knock the Hustle Series finale 4/4. Whether success is the key to happiness.
■ Entire series on Box Sets
10.45 Brassic *Skool Reunion:* 3/6. Ronnie encounters his old bully at a school reunion. (S7)
11.45 **Peacemaker** 8/8. (S2)
12.55 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **From** 8/10. (S1)
3.00 **S.W.A.T.** 6/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **The Big Bake**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Buying the View**
12.35 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

10.00 **Big Brother: Late & Live**

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a big cash prize.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 **Family Guy** 18/18. Lois books a couple's vacation.
11.35 14/18. Joe takes the guys on a road trip. (S13)
12.05 AM **American Dad!** (S15)
1.05 **Plebs** 8/9. (S5)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.35 **Classic Coronation Street**
9.05 **Wycliffe** 1/8. (S2)
10.10 **The Royal** *Price of Progress.*
11.10 **Heartbeat** Double bill.
1.20 PM **Classic Emmerdale**
2.20 **Classic Coronation Street**
3.30 **Downton Abbey** 1/9. (S3)
5.00 **Doc Martin** 4/8. Louisa and Martin have their first therapy session together. (S7)
6.00 **Heartbeat** *Who's Who?* Craddock investigates a suspicious road accident.

5.00 **Doc Martin**

7.00 Heartbeat *Gin a Body, Meet a Body:* Bellamy allows personal feelings to cloud his judgement in the case of a robbery.

8.00 Midsomer Murders *The Noble Art:* Local boxer John Kinsella's successful world title bid stirs up hidden passions among the residents of Midsomer Morchard. Guest stars Phil Daniels.

10.00 Midsomer Murders *Dark Autumn:* The killing of a postman rocks the town of Goodman's Land and sends Barnaby on the trail of a killer. Guest stars Robert Glenister.
11.55 **Wire in the Blood** 1/4. An old case is unexpectedly reopened by lawyers, catching Tony Hill off guard. (S4)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **My Kind of Town** 2/2. Ian Hamilton and his guide dog Major head to Peterhead.
8.00 **Scotland from the Sky** 2/3. James Crawford discovers how the Scottish landscape has influenced sport.
9.00 **Murder Trial: The Disappearance of Renee and Andrew MacRae** 1/2. The trial for the 1976 murders of a woman and her son.
10.00 2/2. A look at the testimony of Renee's best friend.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Scams and Scandals** A look at how faith and spirituality can be exploited by fraudsters.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S1)
11.15 **Girls** 7&8/10. (S6)
12.35 PM **The Office (US)**
1.35 **The Conners** (S2)
2.35 **The Office (US)** (S5)
3.35 **Will & Grace** (S4)
4.35 **Sex and the City** (S1)
5.50 **Will & Grace** (S4)
6.50 **The Office (US)** (S5)
7.50 **Sex and the City**
9.00 **FILM The Comeback Trail** Crime comedy starring Robert De Niro, Tommy Lee Jones and Morgan Freeman. Two movie producers who owe money to the Mob set up their star actor for an insurance scam. (2020, 12, 104min) ★★★
11.00 **And Just Like That...**
11.55 **Entourage** 1&2/8. (S1)
1.10 AM **Girls** 10&11/12. (S3)
2.20 **Veep** 8&9/10. (S4)
3.35 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Stories from the National Gallery**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Art's Wildest Movement: Mannerism**
9.00 **Art's Most Satanic** Series finale
10.00 **A Sudden Glimpse to Deeper Things**
11.45 **Mary Cassatt: Painting the Modern Woman**
1.00 AM **50 Years on Film: David Hockney**
2.00 **Portrait Artist of the Year** New edition
3.00 **Lily and Lolly: The Forgotten Yeats Sisters**
4.30 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** 1/26. (S4)
8.00 **Star Trek: Deep Space Nine** 5/26. (S5)
9.00 **FBI: Most Wanted** *Footsteps:* 2/13. (S5)
10.00 **FBI: International** *Touts:* 11/13. (S3)
11.00 **Grimm** 1/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of cabin crew members take part in the quiz.
3.00 **Who Wants to Be a Millionaire?** Quiz show.
4.00 **Tenable** A team of amateur dramatic enthusiasts take part.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Celebrity Wheel of Fortune** Graham Norton hosts as AJ Odudu, Gok Wan and Charlotte Church take part for charity.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Celebrity Wheel of Fortune** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 17&18/24. (S6)
12.00 NOON **Highway to Heaven** 20/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** 1/8. (S2)
6.10 **Rising Damp** 1/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S1)
7.20 **Home to Roost** 1/7. First episode of the comedy starring John Thaw and Reece Dinsdale. (S1)
8.20 **Dear John** 7/7. (S1)
9.00 **The New Avengers**
10.00 **The Avengers** (S5)
11.00 **Rising Damp** 1/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 7/7. (S1)
1.35 **The Fall and Rise of Reginald Perrin** (S1)
2.10 **Home to Roost** 1/7. (S1)
3.00 **Born and Bred** (S2)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.15 **The Saint**
7.15 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.25 **BattleBots**
12.35 PM **Kojak** Double bill.
2.45 **Magnum, PI**
4.50 **The Saint** *The Master Plan:* Simon Templar agrees to help a girl find her missing brother.
5.55 **American Pickers** The experts discover a vast junkyard in Maryland, where Frank offers big money for a 1939 Plymouth coupe.

9.00 Game of Death

6.55 **The Motorbike Show** Henry Cole visits the Isle of Man and drops in to Ace Cafe, a famous stop on the North Circular.
8.00 **World Superbike Highlights** Action from the 11th round of the season staged at Circuito do Estoril in Portugal.
9.00 FILM **Game of Death** Action thriller starring Wesley Snipes and Robert Davi. A CIA agent plays a dangerous game when he becomes an undercover bodyguard to an arms dealer. (2010, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Wrestling: AEW Collision**
1.05 AM **Hell's Kitchen** The chefs cook dishes with ingredients from different cities.
1.55 **The Saint** *The Time to Die:* Simon Templar becomes the target of a paid assassin.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 12/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 26/26. (S2)
2.00 **Warehouse 13** 7&8/13. (S3)
4.00 **Star Trek: The Next Generation** 12/22. (S2)
5.00 **Stargate Atlantis** 10/20. (S5)
6.00 **Star Trek: Enterprise** 4/26. The crew members explore an extraordinary unmanned space station. (S2)

8.00 Stargate Atlantis

7.00 **Star Trek: Deep Space Nine** *The Jem'Hadar:* 26/26. An alien woman on the run from a group of soldiers seeks help. (S2)
8.00 **Stargate Atlantis** *First Contact:* 10/20. The crew members encounter a mysterious alien race. (S5)
9.00 **Grimm** *Plumed Serpent:* 14/22. Nick searches for a dragon-like monster that has killed two people with its fiery breath.
10.00 **Grimm** *Island of Dreams:* 15/22. Nick investigates a theft and murder at a spice shop, while Adalind tries to seduce Hank. (S1)
11.00 **The Walking Dead: The Ones Who Live** 6/6. The CRM plan to eliminate survivor communities worldwide. (S1)
12.00 M'T **Chucky** 4/8. (S2)
1.00 AM **Warehouse 13** (S3)
3.00 **The Walking Dead: The Ones Who Live** 5/6. (S1)
4.00 **Chucky** 3/8. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 14/24. (S3)
11.00 **Hudson & Rex** 6/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 14/24. S3)
5.00 **Hudson & Rex** 6/16. The pharmacist at a retirement home is found dead. (S1)
6.00 **Father Brown** *The Company of Men:* The sleuthing priest helps out a friend at an exclusive gentlemen's club.

10.00 Father Brown

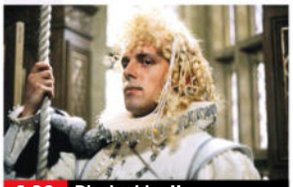
7.00 **Body of Proof** *Mob Mentality:* 4/13. The team try to identify the killer of a mobster's son. Guest stars Michael Nouri. (S3)
8.00 **Death in Paradise** *Your Number's Up:* 2/8. A game of bingo at a care home ends in murder. Guest stars Hayley Mills. (S13)
9.00 **Death in Paradise** *The Wrong Man:* 2/8. A zombie movie being filmed on the island ends in real-life horror. (S3)
10.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to a murder mystery. Guest stars Ted Robbins.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 6/16. Mozzie discovers clues to a treasure he is convinced was left by a spy ring. (S4)
12.55 AM **Death in Paradise** (S10)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.30 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder II**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Blackadder II**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Blackadder II**


6.20 Blackadder II

7.00 **Dad's Army** Mainwaring dreams he is Napoleon at the Battle of Waterloo.
7.40 **dinnerladies** The staff have a bet on Bren's chances with Tony, but the hapless cook's past catches up with her.
8.20 Twinkle and Stan spoil Petula's plans for a peaceful family Christmas.
9.10 **The Good Life** Tom builds a generator that runs on animal dung.
9.50 Tom is tempted to earn some extra money, but not to pay the bills or replenish his savings.
10.30 **Not Going Out** Lee pretends to be Tim in front of Kate's friend.
11.10 **Blackadder II** Edmund takes in a spirited young lad as his manservant – but he is not quite what he seems.
11.50 **Dad's Army** As 7.00pm.
12.30 AM **dinnerladies**
2.00 **The Good Life**
3.15 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **Special Ops: Crime Squad UK**
10.00 NEW SERIES **Aussie Road Train Truckers** Double bill of the documentary following Australian road train drivers.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** A visit the remains of the world's first poultry farm.
6.00 **Rick Stein's Road to Mexico** The chef heads to Mexico City, Puebla and Oaxaca.

11.00 8 Out of 10 Cats

7.00 **Would I Lie to You?** With guests Abby Cook Lucy Beaumont, Frankie Boyle and Mo Gilligan.
7.40 **Richard Osman's House of Games** With Shazia Mirza and Lucy Beaumont.
8.20 With Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire.
9.00 **Have I Got a Bit More News for You** Stephen Mangan hosts the satirical quiz, with guests Ross Noble and Ria Lina.
10.00 **QI XL** Guests Jeremy Clarkson, Danny Baker and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats** With Jordan Stephens, Desiree Burch, Ayda Field and Dane Baptiste.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Dave Gorman: Modern Life Is Goodish** Double bill.
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** From Romania.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Hotel Chocolat Unwrapped**
8.00 **The Great British Bake Off** New edition The first-ever Meringue Week.
9.20 **Grand Designs** The progress of a factory-built house in Sussex.
10.20 **Grand Designs**
11.20 **Taskmaster**
12.20 AM **Big Fat Quiz**
1.20 **Gogglebox**
2.20 **Worlds Apart**
3.25 **Travel Man: 48 Hours in Cyprus** With Mo Gilligan.
3.55 **to 4.50** AM **Miriam and Alan: Lost in Scotland and Beyond**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Parental Guidance Suggested:* 6/24. The team examine the murder of a US Navy commander's wife.
7.00 *The Searchers:* 7/24. The team look into a charity that preys on those looking for missing military personnel.
8.00 *Semper Fortis:* 8/24. The team investigate the cause of a hit-and-run incident in which a petty officer has been killed. (S12)
9.00 **Jesse Stone: Death in Paradise** Crime drama starring Tom Selleck. The murder of a teenage girl is investigated.
10.50 **Law & Order: Special Victims Unit** (S23&22)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A woman suffers an allergic reaction to nuts.
9.00 **Skin A&E** New edition Dr Natalia has her work cut out with 80 skintags.
10.00 **Trauma Room One**
11.00 **Emergency Call Out**
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
1.15 PM FILM **The Big Trail** Western drama starring John Wayne. (1930, b/w, U, 117min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The officers chase two separate runaways.
7.00 Officers go in pursuit of a drunk driver.
8.00 A driver who is four times over the limit.
9.00 **Motorway Cops: Catching Britain's Speeders** A truck driver admits he has been drinking in his cab.
10.00 **Frontline Police 24/7**
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **MacGyver** (S3)
1.00 AM **999: Criminals Caught on Camera**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: Veteran Street**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Previous winners Julie Goodwin and Nat Thaipun return.
8.20 **Simply Nigella** Nigella prepares her favourite dishes for sharing with family and friends.
9.00 **One Born Every Minute** A couple focus on their new adventure into parenthood.
10.00 A couple receive some worrying news about their unborn baby.
11.00 **Bad Girls Behind Bars**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Harry Wild** *Samurai Plague Doctor Kills for Kicks:* 2/8. A woman is desperate to find out how her husband died. (S1)
9.00 **Annika** 2/6. A body is discovered on a boat in the River Clyde. (S1)
10.05 **New Tricks**
11.25 **Spooks** 8/8. (S9)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.25 **Terry and June**
2.55 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: Born Without Trace: What Happened Next** New edition A man who was found as a baby in a public toilet near Molineux Stadium.
10.00 **Long Lost Family** An extraordinary search unveils one missing relative after another.
11.00 A woman looking for her only child.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room** Double bill of editions.
7.00 **The Chase Celebrity Special** Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold try to win money for charity.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory** Double bill.
10.00 **FILM Gung Ho!** Wartime action drama. (1943, b/w, PG, 88min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Unforgiven** Western drama. (1960, PG, 125min) ★★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S5)
8.00 **The Baron** 2/30. (S1)
9.00 **FILM Force of Execution** Gangster action thriller. (2013, 15, 95min) ★★
11.15 **FILM Shadow Wolves** Action drama. (2019, 15, 95min) ★★
1.20 AM **The Avengers**
2.20 **The Baron** 2/30. (S1)
3.20 **Cops Uncut** Double bill.
4.10 **Wild West Chronicles**
5.00 **to 6.00** AM **Air Rescue**
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Run to Me** Thriller. (2016, PG) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 19/24. (S2)
12.10 PM **FILM Morning Show Mysteries: Death by Design** (2019, PG) ★★
2.05 **FILM Flower Shop Mystery: Snipped in the Bud** (2016, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 20/24. (S2)
8.00 **Unforgettable** (S2)
9.00 **FILM Morning Show Mysteries: Murder Ever After** (2021, PG) ★★
10.55 **FILM Garage Sale Mystery** (2013) ★★★
12.50 AM **FILM Dead Lines** Thriller. (2010, PG) ★★
2.40 **FILM A Sister's Obsession** (2019, 15) ★★
4.15 **to 5.40** AM **FILM Fatal Flatline** (2020, PG) ★★
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas in Toyland** (2022, PG) ★★
10.00 **FILM A Song for Christmas** (2017) ★★
12.00 NOON **FILM Christmas at Graceland** (2018) ★★
1.55 **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
4.00 **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
6.05 **FILM Rocky Mountain Christmas** Drama. (2017, PG, 90min) ★
8.00 **FILM Once Upon a Holiday** Festive drama. (2015, PG, 85min) ★★
9.55 **FILM Christmas with a Prince** Romantic drama. (2018, PG, 90min) ★★
11.55 **FILM Christmas with a Prince: Becoming Royal** (2019, PG) ★★
1.50 AM **FILM A Starstruck Christmas** (2021) ★★
3.25 **to 4.50** AM **FILM Christmas Coincidence**
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie**
10.30 **Soap** 25/25. (S1)
11.00 **In Loving Memory** (S4)
11.30 **Doctor in the House**
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young Twice** 2/9. (S3)
1.00 **Mapp and Lucia** (S1)
3.00 **Bramwell** 3/8. (S2)
4.00 **The Fantastic Journey**
5.00 **A Sharp Intake of Breath** 4/6. (S2)
5.30 **In Loving Memory** (S4)
6.00 **Don't Drink the Water**
6.30 **Soap** 25/25. (S1)
7.00 **Fantasy Island** (S1)
8.00 **Bramwell** 3/8. (S2)
9.00 **Dark Skies** 10/20. (S1)
10.00 **The Fantastic Journey**
11.00 **Brass** 3/13. (S2)
11.30 **Stereo Underground**
12.30 AM **Mysterious Tales**
12.35 **FILM Woman on the Run** Drama. (1950, b/w, PG, 77min) ★★★
2.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig ventures to waters he hasn't fished in 17 years.
8.00 The work of Alaskan crab fisherman.
9.00 **Aussie Gold Hunters: Mine SOS** The team help an Indigenous mine.
10.00 Help for an up-and-coming prospector.
11.00 **Marooned with Ed Stafford** Documentary.
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Adam Richman Eats Football**
7.00 **Paul Hollywood: City Bakes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Tom Kerridge Barbecues**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin: Sweet**
3.00 **Paul Hollywood: City Bakes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge Barbecues**
7.00 **Great British Bake Off**
9.00 **Jamie's Great Britain**
10.00 **Jamie Oliver: Together**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/28. (S1)
9.00 **The Fall Guy** 3/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **Killer Wave** Drama.
2.40 PM **FILM Zulu Dawn** Action drama sequel. (1979, PG, 121min) ★
5.00 **Star Trek** 6/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 4/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Bone Collector** Crime thriller with Denzel Washington and Angelina Jolie. (1999, 15, 117min) ★★★
11.15 **FILM A Kiss Before Dying** Thriller starring Matt Dillon, Sean Young and Max von Sydow. (1991, 18, 90min) ★★
1.05 AM **FILM Bloodline** Psychological thriller with Seann William Scott. (2018, 18, 97min) ★★
3.00 **to 4.50** AM **FILM Await Further Instructions** Horror. (2018, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Alien Convergence** As 5.00pm.
8.00 **FILM The People That Time Forgot** Fantasy. (1977, U, 96min) ★★
10.00 **Andromeda** 21/22. (S2)
11.00 **FILM Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
1.00 PM **FILM Vendetta for the Saint** Mystery. (1968, PG, 94min) ★★★
3.00 **Andromeda** 21/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Alien Convergence** Thriller. (2017, 15, 90min) ★★
7.00 **Andromeda** 22/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM The Cold Light of Day** Action thriller starring Henry Cavill. (2012, 12, 89min) ★★
10.55 **FILM Aftermath** Drama. (2016, 15, 94min) ★★
1.00 **to 3.00** AM **FILM The Cold Light of Day**
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk & Disorderly**
7.35 **Auction Hunters**
8.00 **Flipping Bangers**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Flipping Bangers**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Container Wars**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Swamp People: Serpent Invasion**
11.00 **The Killer Interview with Piers Morgan**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Michael Portillo in Andalucia** From Malaga.
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Mega Volcano: Drain the Oceans**
7.00 **Nazi Megastructures** What is left of Hitler's sea-faring structures.
8.00 **Ben Fogle: New Lives in the Wild** Ben returns to New Zealand to catch up with the Long family.
9.00 **World War II: Secrets from Above** The story of the Battle of the Atlantic.
10.00 **Abandoned Engineering**
11.00 **Prisoner: Cell Block H**
1.00 AM **The Vanishings**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **No Demo Reno** Jennifer helps a family-of-five who have $70,000 to spend on a renovation.
10.00 **Bargain Block** New edition Keith and Evan transform a crumbling Detroit home with the charm of mid-century modern designs.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **1000-lb Sisters**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** A patient who lost confidence and motivation due to the growth on his neck.
9.00 **The Bad Foot Clinic**
10.00 **My Feet Are Killing Me** Dr Ebonie Vincent tries to save a man's toe.
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **My Feet Are Killing Me**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Last Man Standing**
9.00 **Everybody Loves Raymond** (S4)
11.00 **Spin City** (S2)
1.00 PM **Friends** (S2)
8.00 **Friends** 15/24. Ross and Rachel consummate their relationship.
8.30 16/24. Monica's parents discover she is dating their middle-aged friend. (S2)
9.00 **FILM Couples Retreat** Comedy starring Jon Favreau, Vince Vaughn and Jason Bateman. (2009, 15, 113min) ★★★
11.15 **Whose Line Is It Anyway? USA**
12.15 AM **Drunk History**
1.15 **South Park** (S21)
2.15 **Important Things with Demetri Martin**
2.45 **Nigel Ng: The Haiyaa Special** Stand-up show.
3.55 **Spin City** 5/24. (S2)
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** (S4)
7.00 **Spin City** (S2)
9.00 **Everybody Loves Raymond** 23/26. Debra and Ray vow to change their ways.
9.30 24/26. Robert begins taking Debra out swing dancing. (S3)
10.00 **Friends** (S1&2)
2.00 AM **Whose Line Is It Anyway? USA**
3.00 **Teachers** 3&4/20. (S2)
3.45 **The Alternative Comedy Experience**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S3)
12.00 NOON **911 Crisis Centre**
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **911 Crisis Centre**
4.00 **Caught on Dashcam**
5.00 **Air Ambulance ER**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** (S3)
8.00 **SEAL Team** 19&20/20. Double bill. (S3)
10.00 **The Rookie: Feds** *Out for Blood:* 12/22. (S1)
11.00 **The Force: North East**
12.00 M'T **The Russell Howard Hour**
2.00 AM **Duck Quacks Don't Echo** With Gabby Logan.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
8.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Love Triangles** Reality series.
1.00 PM **Catfish: The TV Show**
2.00 **Catfish: Catch of the Day**
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings**
9.00 **Dallas Cowboys Cheerleaders**
10.00 **Geordie Shore: Charlotte's Story**
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers**
12.00 NOON **Wheeler Dealers World Tour** A Ferrari 348.
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters**
5.00 **Moonshiners** An attempt to make an Appalachian brandy.
6.00 **Hoffman Family Gold** A routine mining decision leads to disaster when silt runoff threatens a creek.

9.00 Deadliest Catch

7.00 **Wheeler Dealers** Mike Brewer takes a gamble on a TVR Griffith, but Elvis Presley has to pick it apart before restoring it.

8.00 **Combat Dealers** Bruce Crompton and ex-Para Freddy head to Russia, finding some of Moscow's biggest military dealers.

9.00 **Deadliest Catch** New edition When the snow crab fishery reopens, Keith and Jake charge into a Siberian storm.

10.00 **Gold Divers** New edition Part one of two. The fleet risk their operations for one last payday as Nome Harbor freezes over.

11.00 **Gold Divers** Series finale Part two of two. The fleet seek one last big payday.
12.00 M'T **Blowing Up History** New discoveries surrounding the lost city of Jericho.
1.00 AM **Deadliest Catch**
2.00 **Gold Divers** As 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Louisiana Law**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** A look at a family-run airline in Alaska. **4.00** Luke flies dangerous chemicals to a remote village.
5.00 **Lone Star Law** An injured deer is found hiding in a shed.
6.00 **Dr Jeff: Rocky Mountain Vet** The team head to Romania to help with a street dog problem.

8.00 Guardians of the Glades

7.00 **Treehouse Masters** Pete Nelson shares some of his favourite series moments, including some previously lost footage.

8.00 **Guardians of the Glades** When the team find new colonies up north, they learn the snakes are adapting to cold weather.

9.00 **Alaska: The Last Frontier** Otto's safety is at risk as he tries to recover a stranded tractor before the ice road melts.

10.00 **Alaskan Bush People** The Browns rush to build livestock shelters as a life-threatening cold front reaches the mountain.

11.00 **Pit Bulls & Parolees** Tia rescues a dog that is in need of medical attention.
12.00 M'T **Crikey! It's the Irwins** A koala undergoes surgery.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S**
2.00 PM **Apocalypse: The Rise of Hitler** Double bill of editions.
4.00 **Top Guns: The Next Generation** Defensive dogfighting proves the toughest test yet for the students.
5.00 **Car S.O.S** An attempt to spruce up a 1970 Lotus Elan.
6.00 **Lost Treasures of Egypt** Archaeologists go on the hunt for Egypt's most mysterious Queen, Nefertiti.

10.00 WW2: Hell Under the Sea

7.00 **Air Crash Investigation** An investigation into why a plane crashes just short of the runway in San Andres, Colombia.

8.00 **World War II: Secrets from Above** A daring attack on the Nazi-occupied Netherlands by the Allied forces in 1944.

9.00 **Hitler's Last Stand** After most of his regiment is wiped out, a non-combat adjutant ends up becoming commander.

10.00 **NEW WW2: Hell Under the Sea** A look at some of the most intense naval battles of World War Two.

11.00 **Air Crash Investigation** The crash of a cargo flight. **12.00** M'T A crash in 2013.
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler**
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Full Custom Garage** New edition A wild creation.
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets Declassified**
1.00 PM **Bone Detectives: Britain's Buried Secrets**
2.00 **Rust Valley Restorers**
3.00 **Secrets of Great British Castles** Arundel Castle.
4.00 **Storage Hunters** Double bill.
5.00 **Canadian Pickers**
6.00 **American Pickers**

9.00 Witches of Essex

7.00 **Forged in Fire** Bladesmiths salvage steel from a rusty pick-up truck to recreate the exotic Javanese Kris.

8.00 **Bone Detectives: Britain's Buried Secrets** The remains of a young woman are found during routine roadworks.

9.00 **NEW SERIES Witches of Essex** The fates of women accused of witchcraft. *See feature, page 21.* ■ Entire series on Box Sets

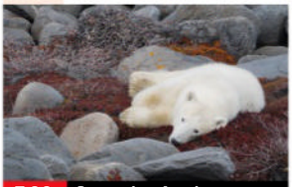
10.00 **The Witches of Salem** The hysteria that unfolded during the Salem witch trials, leading to the execution of 20 women.

11.00 **The Witches of Salem** How paranoia reached fever pitch as the demonic conspiracy terrorising Salem village grew. **12.00** M'T How the Salem witch trials found women guilty.
12.55 AM **The Witches of Salem**
1.50 **Witches of Essex**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** A Fiat Microcar.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**.
4.00 **Secret Nazi Bases** One of the largest Nazi bunkers ever constructed in France.
5.00 **Nazi Hunters** How Adolf Eichmann was tracked down.
6.00 **Antiques Roadshow** Items are valued at Broughton Castle in Oxfordshire.



7.00 Operation Arctic

7.00 **Operation Arctic** A Canadian town that for two months of every year is inundated by polar bears heading north.

8.00 **Flipping Bangers** Car enthusiasts Will and Gus get their hands on a potentially very valuable Volvo.

9.00 **Bangers & Cash: Restoring Classics** Derek points the team towards one of his favourite cars – a Daimler Double Six.

10.00 **Bangers & Cash** A 1970 Excalibur Roadstar, once owned by singer Roy Orbison, arrives at Thornton-le-Dale.

11.00 **Bangers & Cash** Derek travels to the Lancashire coast to pick up a rare 1972 Citroën SM, and Dave is on HQ duties. **12.00** M'T Derek picks up a Nissan Figaro and a sublime Ferrari 250 GT tribute car.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Operation Arctic**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Drive It** A 350cc Ducati bike.
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Find It, Fix It, Drive It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried: Classic Cars** Iconic vehicles are restored.
9.00 **Ant Anstead: Born Mechanic** New edition Restoring classic cars.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Shed and Buried: Classic Cars** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Vegas Dress** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **Road Rage** New edition
9.30 **Exposed: Naked Crimes** New edition
10.00 **Crime Scene Investigators**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Melisa Augustson.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A fire dispatcher is found dead in a house fire.
8.00 **Murder by the Sea** No one could suspect the lengths Susan Barber would go to.
9.00 **48 Hours** Police respond to a call at a home in Laredo, Texas.
10.00 **Body in the Water** New edition A woman allegedly drowns in a bath, but her husband's story doesn't add up.
11.00 **Snapped: Killer Couples** A look into the disappearance of a respected businessman.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Body in the Water**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Storm of Suspicion**
4.00 **48 Hours** A woman suddenly vanishes and is not reported missing for months.
5.00 **Medical Detectives** A professor helps detectives with the case a woman being shot in her own store. **5.30** A series of robberies in Florida leads to murder. **6.00** Detectives question dated forensic techniques used to secure an arrest. **6.30** Police detectives try to link two cases of alleged murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Britain's Most Evil Killers**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First Sight** Cheryl Moss.
1.00 AM **How I Caught...**
2.00 **Killer in My Village** New edition
3.00 **Murdered at First Sight**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Man Who Destroyed Oscar Wilde**
9.20 **WWII: Operation Barbarossa**
10.35 **Truth About Franco...**
11.50 **Mafia's Greatest Hits**
1.00 PM **The Man Who Destroyed Oscar Wilde**
2.20 **WWII: Operation Barbarossa**
3.35 **The Truth About Franco: Spain's Forgotten Dictatorship**
4.50 **Mafia's Greatest Hits**
6.00 **The Man Who Destroyed Oscar Wilde**
7.10 **WWII: Operation Barbarossa**
8.20 **The Truth About Franco: Spain's Forgotten Dictatorship**
9.35 **Once Upon a Time in Northern Ireland**
10.50 **WWII: Operation Barbarossa**
12.00 M'T **The Truth About Franco: Spain's...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Breath of Fire**
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Man Who Played with Fire**
11.00 **Superpowered: The DC Story**
12.00 NOON **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
2.10 PM **I Am Paul Walker**
4.00 **Discovering: Kate Winslet**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Man Who Played with Fire** 2/4. Documentary.
8.00 **David Frost Vs** The journalist's interviews with The Beatles.
9.00 **The Alabama Solution** Documentary about the prison system in Alabama.
11.30 **I Am Joe Frazier** A profile of the former boxing champion.
1.15 AM **FILM Ali & Cavett: The Tale of the Tapes** Muhammad Ali's appearances on *The Dick Cavett Show*. (2018, PG, 95min) ★★★
3.15 **Stasi FC** Documentary.
5.00 **to 6.00** AM **Discovering: Kate Winslet**

Sky Nature

145 113/114 189 354 369

6.00 AM **Gangs of Baboon Falls**
7.00 **Monkey Life** Double bill.
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wildest New Zealand**
10.00 **Living Beach** Fraser Island.
11.00 **Deep Dive North America**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Wildest New Zealand**
4.00 **Living Beach** Fraser Island.
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Galapagos** The unique species that live in the isolated habitat.
9.00 **Pride Rules** A look at lion prides.
10.00 **Waterworld Africa**
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive North America**
1.00 AM **Gangs of Baboon Falls**
2.00 **David Attenborough's Galapagos** As 8.00pm.
3.00 **Pride Rules** As 9.00pm.
4.00 **Dogs with Extraordinary Jobs**
5.00 **to 6.00** AM **Wildest New Zealand**

Sky History 2

163/168 143 186

6.00 AM **Secrets Declassified with David Duchovny**
7.00 **Myths & Monsters**
8.00 **The Proof Is Out There**
9.00 **World War Weird**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Secrets Declassified with David Duchovny**
5.00 **Myths & Monsters**
6.00 **The Proof Is Out There**
7.00 **World War Weird** The fate of the world's first tank. **8.00** A pilot who saved the crew of a B-17 bomber.
9.00 **The Nostradamus Effect** Hidden meanings behind Leonardo da Vinci's paintings. **10.00** The Egyptian prophecy of a comet hitting Earth in 2012.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Weird Britain** A UFO incident.
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder**
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Judge Rinder**
3.00 **Critical Evidence** Kyu Soo Kim.
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Somebody's Hiding Something**
9.00 **Look What You Made Me Do** New edition True crime.
10.00 **Accused: Did I Do It?**
11.00 **Lie Detector: Truth or Deception** Documentary.
12.00 M'T **Somebody's Hiding...**
1.00 AM **Look What You Made...**
2.00 **Secrets of Celebrity Sex Tapes** New edition Mimi Faust.
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **When Sharks Attack 360**
11.00 **The Hatcher Family Dairy**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **Close Encounters of the Wild Kind** A bear in a hot tub.
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Critter Fixers: Country Vets**
7.00 **Secrets of the Zoo: Leading Ladies** Compilation focusing on female zookeepers.
8.00 **National Parks: USA** A year in Yellowstone, the world's first national park. **9.00** Olympic National Park protects one million acres of diverse habitat.
10.00 **Lawless Island** A newcomer begins construction on his cabin.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** A bear sanctuary.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** Restored footage tells the story of Operation Sealion in a new light.
9.00 **Secrets Underground**
10.00 **How Do They Do It?** A look at ways to weave an authentic Turkish carpet, and practicalities behind the Niagara Falls. **10.30** A look at how seaweed is turned into sushi wrapping.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance** Four editions, including at: **3.00** The crews are called to an unconscious child in a park and a deaf woman with chest pains. **4.00** The paramedics reassure a frightened elderly patient with a dislocated hip.
5.00 **Secret Army** Triple bill. (S1)
8.30 **Secret Army** *Identity in Doubt:* 10/16. Members of Lifeline refuse to trust an airman, so he takes desperate measures to prove himself. **9.40** *A Question of Loyalty:* 11/16. Monique is attracted to a stranger, little suspecting he is a Gestapo officer. **10.50** *Hymn to Freedom:* 12/16. Yvette is asked to smuggle a Belgian sympathiser into England as a propaganda mission for the Allies, but Kessler has other ideas. (S1)
12.00 M'T **Secret Army** (S1)
4.20 **to 6.00** AM **Great British Railway Journeys**

+1hour 266 376

ID

154 141 166

8.00 AM **Married to Evil**
9.00 **Evil Online** Double bill.
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Valley of the Damned**
2.00 **The Perfect Murder**
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Murder Comes to Town**
7.00 **True Crime with Aphrodite Jones** The murder of a promising young lawyer. **8.00** The suspicious death of Texas minister Matt Baker's wife Kari in 2006, found with an apparent suicide note and an empty bottle of sleeping pills.
9.00 **Evil Lives Here: The Killer Speaks** A man's mother and brother seek answers after he kills his grandma.
10.00 **The Fall of Diddy** Triple bill.
12.30 AM **Signs of a Psychopath**
2.00 **True Crime with Aphrodite Jones** Double bill of editions.
4.00 **to 6.00** AM **Murder Comes to Town**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 1949 Cadillac.
8.00 **Motor Pickers** Double bill.
9.00 **Hell Roads** Dangerous highways.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear** Motoring series.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Fifth Gear** In the south of France, Vicki celebrates 60 years of the Ford Mustang.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried** Double bill.
12.00 M'T **Fifth Gear** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sneaks** (2025, PG) ★★
7.40 **Panda Plan** Action comedy. (2024, 15, 99min) ★★★
9.20 **Grow** As shown at 4.25pm.
11.10 **The Stranger in My Home**
12.50 PM **Presence** As 8.00pm.
2.20 **Bridget Jones: Mad About the Boy** Romantic comedy. (2024, 15, 125min) ★★★★
4.25 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★
6.15 **The Stranger in My Home** Drama. (2025, 15, 91min)

9.30 Wolf Man

8.00 Presence Steven Soderbergh's horror starring Lucy Liu. A family become convinced they are not alone after moving into their new home in the suburbs. (2024, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Wolf Man Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Wish You Were Here** Drama starring Isabelle Fuhrman, Mena Massoud and Jennifer Grey. (2025, 12, 99min) ★★★
12.55 AM **Love Hurts** Action comedy starring Ke Huy Quan. (2025, 15, 83min) ★★
2.25 **It Feeds** Horror with Shawn Ashmore and Ashley Greene. (2025, 15, 102min) ★★★
4.10 **to 6.00** AM **Grow** As 4.25pm.

Sky Cinema Hits

303 303 403 503 517

6.45 AM **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
8.25 **Total Recall** (2012, 12) ★★★
10.25 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
12.00 NOON **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
1.35 PM **Kung Fu Panda 3** Animation. (2016, PG) ★★★★
3.20 **The Holiday** Festive comedy. (2006, 12, 135min) ★★★
5.45 **Love Actually** Comedy. (2003, 15, 135min) ★★★

10.05 You, Me and Dupree

8.00 Crazy Rich Asians Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 You, Me and Dupree Comedy starring Owen Wilson. A couple invite a friend to live with them, but he turns out to be the housemate from hell. (2006, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Nutty Professor** Comedy with Eddie Murphy. (1996, 12, 95min) ★★★
1.45 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
3.35 **Sky Cinema Preview**
4.00 **to 6.15** AM **A League of Their Own** Comedy drama. (1992, PG, 124min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
9.15 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
11.55 **Joker: Folie à Deux** Musical. (2024, 15, 138min) ★★★★
2.15 PM **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★
4.15 **Exhibiting Forgiveness** Drama starring André Holland. (2024, 15, 117min) ★★★

6.15 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
8.00 **One Life** Fact-based drama starring Anthony Hopkins. (2023, 12, 105min) ★★★★
9.55 **Dear John** Romantic drama starring Channing Tatum and Amanda Seyfried. A US soldier and a South Carolina college student keep their romance alive through love letters. With David Andrews and Henry Thomas. (2010, 12, 108min) ★★

11.50 **Dreamgirls** Musical with Jamie Foxx and Beyoncé Knowles. (2006, 12, 130min) ★★★★
2.00 AM **The Brutalist** Epic drama. (2024, 18, 215min) ★★★★★
5.30 **to 8.00** AM **The Fisher King** Terry Gilliam's urban fable. (1991, 15, 137min) ★★★★★

Sky Cinema Science Fiction

311 311 411 511 525

6.15 AM **Friendship's Death** (1987)
7.35 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
9.05 **I.S.S** As shown at 3.25am.
10.50 **After Yang** As 12.20am.
12.35 PM **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
2.25 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
4.55 **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★

6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
8.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
10.05 **Godzilla** Thriller remake with Aaron Taylor-Johnson, Bryan Cranston and Ken Watanabe. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 118min) ★★★

12.20 AM **After Yang** Sci-fi drama. (2022, PG, 96min) ★★★★
2.05 **Friendship's Death** As 4.55pm.
3.25 **I.S.S** Sci-fi with Ariana DeBose. (2023, 15, 95min) ★★★
5.05 **Cinema List: Horror Villains**
5.20 **to 7.00** AM **Monolith** Thriller. (2022, 15, 90min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.00 AM **Cinema List: Clever Kids**
7.10 **The SpongeBob SquarePants Movie** (2004, U) ★★★★
8.50 **Yogi Bear** (2010, U) ★★★
10.25 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
1.15 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
3.25 **Hook** Fantasy adventure. (1991, U, 140min) ★★★
6.00 **The NeverEnding Story** Fantasy starring Barret Oliver. (1984, U, 94min) ★★★

9.40 **Oliver!**

7.40 **Peter Pan** Adventure starring Jeremy Sumpter. The Darling children leave their bedroom to fly to Neverland. (2003, PG, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Oliver!** Oscar-winning musical starring Mark Lester and Jack Wild. A runaway orphan learns the ways of the London underworld from a gang of urchin pickpockets and their boss. (1968, U, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **It Takes Two** Family comedy starring Kirstie Alley, Steve Guttenberg, Mary-Kate Olsen and Ashley Olsen. (1995, U, 97min) ★
1.55 **Paulie** Comedy starring Gena Rowlands and Tony Shalhoub. (1998, U, 92min) ★★★
3.35 **Bookworm** Adventure starring Elijah Wood, Nell Fisher and Vanessa Stacey. (2024, 12, 103min) ★★★★
5.25 **to 7.25** AM **Peter Pan** (2003)

Sky Cinema Action

307 307 407 507 521

7.15 AM **Black Hawk Down** War drama. (2001, 15, 144min) ★★★
9.45 **Chappie** Thriller. (2015, 15) ★★
11.50 **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
2.05 PM **Godzilla x Kong: The New Empire** Fantasy sequel. (2023, 12, 115min) ★★★
4.10 **The Scorpion King** Fantasy. (2002, 12, 91 min) ★★★
5.55 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel. (2008, 12) ★★★

10.05 Kingdom of the Crystal...

8.00 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure starring Harrison Ford. Indiana Jones tries to stop Soviet agents from seizing a legendary crystal skull with psychic powers. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
1.50 **Midnight Run** Comedy thriller. (1988, 18, 122min) ★★★★
4.00 **Long Gone Heroes** Thriller. (2024, 15, 101 min) ★★★
5.45 **to 7.25** AM **One Shot** Action thriller. (2021, 15 ,96min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **The Holdovers** Comedy drama. (2023, 15) ★★★★★
8.55 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
10.45 **Mr Deeds** (2002, 12) ★★★
12.35 PM **Pixels** Sci-fi comedy. (2015, 12, 105min) ★★
2.25 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
4.15 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
6.20 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★

6.20 Mean Girls

8.00 **Mean Girls** Musical remake of the 2004 cult teen comedy, starring Angourie Rice. A teenager is a hit with a school clique when she makes the mistake of falling for a boy. With Reneé Rapp and Auli'i Cravalho. (2023, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Longest Yard** Comedy. (2005, 12, 113min) ★★
1.55 AM **Dumb and Dumber To** Comedy sequel starring Jim Carrey. (2014, 15, 107min) ★★
4.00 **The Cinema List: SNL**
4.30 **to 6.25** AM **Scott Pilgrim vs. the World** Quirky comedy. (2010, 12, 112min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Sky Cinema Preview**
7.00 **Contraband** (2012, 15) ★★★
9.00 **Escape from Alcatraz** Drama. (1979, 15, 112min) ★★★★
11.00 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
1.00 PM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
3.40 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
6.00 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★

10.15 Jack Reacher

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney and Brad Pitt. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Jack Reacher** Action thriller with Tom Cruise. The former military cop uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
2.30 **Shaft** Crime thriller. (2000, 18, 99min) ★★★
4.20 **to 6.40** AM **K-19: The Widowmaker** War thriller. (2002, 12, 138min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **13 Rue Madeleine** Thriller. (1946, b/w, U, 95min) ★★★
12.55 PM **The Violent Men** Western. (1955, PG, 96min) ★★★
2.50 **Father Brown** Comedy drama. (1954, U, 91 min)
4.35 **A Christmas Carol** Adaptation of Charles Dickens's famous tale. (1984, U, 100min) ★★
6.40 **Ad Astra** Sci-fi drama starring Brad Pitt and Tommy Lee Jones. (2019, 12, 123min) ★★★★

9.00 A Man Called Otto

Ad Astra (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **A Man Called Otto** Comedy drama starring Tom Hanks. A man gives up on life following the loss of his wife, but when a young family move in nearby, it turns his world around. With Mariana Treviño and Rachel Keller. (2022, 15, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Nuns on the Run** Comedy starring Eric Idle and Robbie Coltrane as bank-robbers on the run who hide in a convent and pretend to be nuns. (1990, 15, 89min) ★★★
1.15 **to 3.45** AM **The Eyes of Tammy Faye** Fact-based drama starring Jessica Chastain and Andrew Garfield. (2021, 12, 128min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

7.20 AM **Presence** As 4.40am.
8.55 **AfrAId** As shown at 7.30pm.
10.35 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
12.15 PM **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★
1.55 **It Feeds** As shown at 12.50am.
3.50 **Gothika** Horror chiller starring Halle Berry and Penélope Cruz. (2003, 15, 98min) ★★★
5.45 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
7.30 **AfrAId** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
9.00 **Pet Sematary** Supernatural thriller starring Dale Midkiff and Fred Gwynne. A family move into a new house and discover a strange cemetery for pets that brings the dead back to life. (1989, 18, 103min) ★★
10.55 **Cuckoo** Horror starring Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
12.50 AM **It Feeds** Horror with Shawn Ashmore and Ashley Greene. (2025, 15, 102min) ★★★
2.35 **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★
4.40 **to 6.20** AM **Presence** Thriller. (2024, 15, 84min) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Shane** Classic Western. (1953, PG, 118min) ★★★★★
9.30 **The Bridge on the River Kwai** David Lean's classic war drama. (1957, PG, 161 min) ★★★★★
12.10 PM **Schindler's List** Drama. (1993, 15, 195min) ★★★★★
3.25 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
5.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
8.00 **Saving Private Ryan** Steven Spielberg's acclaimed World War Two drama starring Tom Hanks and Matt Damon. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★
10.50 **Dirty Harry** Thriller with Clint Eastwood and Harry Guardino. A maverick San Francisco cop pursues a psychotic sniper. (1971, 15, 103min) ★★★★★
12.40 AM **The Godfather Part II** Francis Ford Coppola's gangster sequel with Al Pacino, Robert De Niro and Robert Duvall. (1974, 18, 200min) ★★★★★
4.00 **to 6.05** AM **Blade Runner** Ridley Scott's futuristic thriller. (1982, 15, 130min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.25 AM **The Ogglies** Animation. (2021, PG, 85min) ★★★
9.05 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
10.50 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
12.45 PM **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
2.25 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
4.00 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
5.45 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
7.25 **Hotel Transylvania** Animation. (2012, U, 91 min) ★★★★
9.00 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
10.35 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel with the voice of Adam Sandler. (2018, U, 97min) ★★
12.25 AM **Extinct** Animated adventure. (2021, U, 84min) ★★★
1.55 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
3.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
5.00 **to 6.40** AM **Piece by Piece** Animation. (2024, PG) ★★★

Christmas 24

312 313 419

7.00 AM **Following Yonder Star** Drama. (2024, PG, 84min) ★★
9.00 **A Merry Scottish Christmas** Drama. (2023, PG, 90min) ★★
11.00 **Holiday Touchdown: A Chiefs Love Story** Festive drama. (2024, PG, 90min) ★★
1.00 PM **The Great Christmas Switch** Festive comedy starring Sarah Lind and Dillon Casey. (2021, PG, 84min) ★★
3.00 **A Christmas Cookie Catastrophe** Romantic comedy. (2022, PG, 90min) ★★
5.00 **Season's Greetings from Cherry Lane** Festive drama sequel. (2024, PG, 84min) ★★
7.00 **A Tale of Two Christmases** Comedy starring Katherine Barrell. (2022, PG, 84min) ★★
9.00 **Santa Tell Me** Romantic drama starring Erin Krakow and Daniel Lissing. (2024, PG, 84min) ★★
11.00 **A Magical Christmas Village** Fantasy. (2022, PG, 84min) ★★
1.00 AM **We Wish You a Married Christmas** Festive romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **A Holiday Spectacular** Comedy drama. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Westerner** 4/13. (S1)
6.30 **What's On TPTV with Noel**
6.40 **Inn for Trouble** Comedy. (1960, b/w, U, 90min) ★★
8.25 **Tunbridge Wells Ad Gazette**
8.30 **Out of Town** Documentary.
9.00 **Five Days** Crime drama. (1954, b/w, PG, 75min) ★★
10.30 **Look at Life** Documentary.
10.40 **Della** Thriller. (1965, PG) ★★
12.00 NOON **Dixon of Dock Green**
1.05 PM **The More the Merrier** Comedy. (1943, b/w, PG) ★★★
3.10 **Glencannon** Sitcom.
3.40 **Cash on Demand** Crime thriller. (1961, b/w, PG, 84min) ★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre** 29/41. (S4)
7.05 **Batman** 30/60. (S2)
7.35 **Dial 999** 33/39. (S1)
8.05 **The Mind of Mr JG Reeder**
9.10 **Wuthering Heights** Drama. (1998, 12, 113min) ★★
11.30 **Cellar Club with Caroline Munro**
11.35 **The Fly** (1958, PG) ★★★★
1.25 AM **Cellar Club with Caroline...**
1.30 **Deadly Instincts** Sci-fi horror. (1997, 18, 90min) ★★
3.20 **Cellar Club with Caroline Munro**
3.25 **The Second Woman** Thriller. (1951, b/w, PG, 91 min) ★★
5.15 **Look at Life** Documentary.
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 14 October

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis, plus extended interviews with headline-makers.
- 7.00 **Sky Sports Breakfast**
- 10.00 **LIVE ICC Women's World Cup New Zealand v Sri Lanka.** Coverage of the group match staged at R.Premadasa Stadium, Colombo. Co-hosts Sri Lanka are playing in their seventh World Cup having first appeared in their first tournament back in 1997. Their opponents today are playing in their 13th World Cup and have won the event once in their history back in 2000.
- 5.45 PM **The Premier League Show** A daily guide to the top flight.
- 7.00 **Sports Centre** A round-up of the sports news, with analysis and comments, plus extended interviews with headline makers.
- 10.00 **Sky Sports News** Featuring the latest highlights and interviews with the players and managers making the headlines.
- 10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
- 11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League 100 Club**
- 9.00 **Premier League Icons**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Gary Neville's Soccerbox** Double bill.
- 1.00 PM **Premier League Years** Moments of the 2019/20 season.
- 3.00 **PL Retro** A chance to see Fulham v Manchester United in 2007.
- 5.00 **The Premier League Show**
- 7.00 **Premier League Icons** A profile of former forward Carlos Tevez.
  7.30 A profile of Yaya Toure.
- 8.00 **Gary Neville's Soccerbox**
- 9.00 **MNF End of Season Awards 2024/25** The leading players and clubs of the season are honoured.
- 9.30 **Under the Skin: Nottingham Forest** An insight into the history of the East Midlands club.
- 10.00 **Premier League Icons** A profile of Duncan Ferguson.
- 10.30 **Lewis-Skelly & Nwaneri**
- 10.45 **Sticker Book** With John McGinn.
- 11.00 **Premier League Years**
- 1.00 AM **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
- 3.00 **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **EFL Cup** The 2019 final.
- 8.45 **EFL Greatest Games**
- 9.30 **Championship Season Review**
- 11.00 **Best Goals: EFL Cup 24/25**
- 11.30 **EFL Trophy** The 2024/25 final.
- 12.00 NOON **EFL League One Goals**
- 12.30 PM **EFL League Two Goals**
- 1.00 **WSL** Recent highlights.
- 2.00 **Best Moments from the Championship Play-Off Final**
- 2.30 **EFL Highlights** Championship.
- 3.00 **EFL League One Goals**
- 3.30 **EFL League Two Goals**
- 4.00 **WSL** Recent highlights.
- 5.00 **EFL Greatest Games**
- 6.00 **EFL Cup Highlights**
- 7.00 **EFL Highlights** Championship.
- 8.30 **WSL** Highlights from Chelsea v Tottenham Hotspur.
  9.00 Action from Liverpool v Manchester City held at Anfield.
- 9.30 **EFL Highlights** Championship.
- 10.00 **EFL League One Goals**
- 10.30 **EFL League Two Goals**
- 11.00 **EFL Greatest Games**
- 12.00 M'T **Retro League One**
- 2.00 AM **EFL Greatest Games**
- 4.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
- 4.30 **EFL Best Goals 2017/18**
- 5.00 **to 6.00** AM **Henrik Larsson: 20 Years On**

Sky Sports Cricket

405 405 514 504 422 442

- 6.00 AM **ICC Women's World Cup**
- 10.00 **LIVE ICC Women's World Cup New Zealand v Sri Lanka.** Coverage of the group match staged at R.Premadasa Stadium, Colombo. Co-hosts Sri Lanka are playing in their seventh World Cup having first appeared in their first tournament back in 1997. Their opponents today are playing in their 13th World Cup and have won the event once in their history back in 2000.
- 5.45 PM **ICC Women's World Cup 2017** England v India.
- 6.30 **ICC Women's World Cup** South Africa v Bangladesh.
  7.30 Highlights of India v Australia from Visakhapatnam.
- 8.30 **ICC Women's World Cup 2017** England v Australia in the group match at the County Ground.
- 9.00 **ICC Women's World Cup** New Zealand v Sri Lanka staged at R.Premadasa Stadium, Colombo.
  10.00 Action from South Africa v Bangladesh in Visakhapatnam.
  11.00 New Zealand v Sri Lanka from R.Premadasa Stadium.
- 12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

- 6.00 AM **The Open Zone**
- 6.30 **Best of the Open Zone 2024**
- 7.30 **Best of the Hero Masterclass**
- 8.00 **Best of the Shot Centre**
- 8.30 **The Open Zone** Women's Open.
- 9.00 **Golf** Recent action.
- 9.30 **DP World Tour Golf**
- 10.00 **PGA Tour Golf** Highlights.
- 11.00 **Legends Tour Golf**
- 12.00 NOON **Playing Lessons**
- 1.00 PM **Winter Tee Time Tips**
- 2.00 **LIVE Golf** Day two of the St Andrews Collegiate Championship staged at St Andrews in Fife.
- 5.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
- 5.30 **PGA Tour Champions**
- 6.30 **Golf** Recent action.
- 10.00 **DP World Tour Golf**
- 10.30 **PGA Tour Golf** Highlights.
- 11.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
- 12.00 M'T **Legends Tour Golf**
- 1.00 AM **Golf Academy**
- 2.00 **Best of the Open Zone**
- 5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
- 2.00 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open and WTA Ningbo Open.
- 9.30 **US Open Tennis** Singles finals.
- 10.00 **ATP Tennis** Shanghai Masters.
- 11.00 **WTA Tennis** Wuhan Open.
- 11.30 **WTA & ATP Tennis** Beijing Open.
- 1.30 AM **ATP Sizzle Reel 2024**
- 1.45 **WTA & ATP Tennis**
- 2.15 **Martina Navratilova: Unstoppable** An interview.
- 2.30 **WTA Tennis** Beijing Open final.
- 3.30 **to 6.00** AM **LIVE WTA Tennis** The third day of the WTA Osaka Open at Utsubo Tennis Center.

TNT Sports 1

410 413 521 408 430

- 6.00 AM **LIVE Test Cricket India v West Indies.** Coverage of the fifth and final day of the second and final Test in the series from Arun Jaitley Stadium in Delhi.
- 1.00 PM **MLB Highlights**
- 2.00 **The WRC Magazine**
- 2.30 **Superbike World Championship Highlights**
- 3.30 **Grit and Glory: Enduro Mountain Bike Racing**
- 4.00 **UEFA Champions League Magazine** News and updates.
- 4.30 **Fishing: On the Bank**
- 5.30 **The Gallagher PREM**
- 5.45 **Superbike Rewind**
- 6.00 **LIVE Cycling: Tour of Holland** Coverage of the prologue stage in The Hague.
- 8.30 **World E-Bike Series Review**
- 9.00 **Grit and Glory: Enduro Mountain Bike Racing**
- 9.30 **Superbike Rewind**
- 9.45 **Original Documentary**
- 10.45 **Training Day** MLB action.
- 11.00 **MLB Highlights**
- 12.00 M'T **MLB Lead Off** A look ahead.
- 12.30 AM **LIVE MLB** Coverage of the latest MLB Postseason fixture.
- 4.00 **MLB Closer** Match reviews.
- 4.30 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **The WRC Magazine**
- 6.30 **UEFA Champions League Magazine** News and updates.
- 7.00 **Premier League: Big Interview**
- 7.30 **Premier League Stories**
- 8.00 **Premier League** A replay of Aston Villa v Newcastle United.
  9.30 A chance to see Manchester City v Tottenham Hotspur.
  11.00 A replay of Chelsea v Fulham at Stamford Bridge.
  12.30 PM Another chance to see Arsenal v Nottingham Forest.
- 2.00 **Premier League** A chance to see Liverpool v Everton at Anfield.
  3.30 Another chance to see Brentford v Manchester United.
  5.00 A chance to see Leeds United v Tottenham Hotspur.
- 6.30 **Premier League Stories** All the latest news from the top flight.
- 7.00 **Premier League: Big Interview**
- 7.30 **UEFA Champions League Magazine** News and updates.
- 8.00 **Sign Up – Into Football**
- 8.45 **UEFA Champions League – Stories of the Finals** Chelsea v Bayern Munich in the 2012 final.
- 9.00 **The Muddy Roots of Football**
- 12.30 AM **UFC Main Event**
- 5.30 **to 6.00** AM **In My Blood**

Sky Sports NFL

412 410 517 507 426 446

- 6.00 AM **NFL Highlights**
- 10.00 **NFL Bitesize Highlights**
- 11.00 **NFL Highlights** Action from Atlanta Falcons v Buffalo Bills.
- 12.00 NOON **NFL Bitesize Highlights**
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Washington Commanders v Chicago Bears.
- 4.00 **NFL Bitesize Highlights**
- 5.00 **NFL Highlights** Action from New York Giants v Philadelphia Eagles.
- 6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
- 8.00 **NFL Highlights** Washington Commanders v Chicago Bears.
  9.00 Highlights from Atlanta Falcons v Buffalo Bills.
- 10.00 **NFL Bitesize Highlights** Action from two week six matches.
- 10.30 **NFL Bitesize Highlights** Atlanta Falcons v Buffalo Bills.
  10.45 Highlights of Washington Commanders v Chicago Bears.
- 11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
- 12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
- 1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Brussels Open, ATP Almaty Open, WTA Osaka Open and WTA Ningbo Open.
- 2.00 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open and WTA Ningbo Open.
- 6.50 **LIVE EFL Trophy Football Bradford City v Everton U21.** Coverage of the Group C match from the University of Bradford Stadium. The hosts are top of the group table thanks to a 2-1 victory over Grimsby Town in early September. Kick-off is at **7.30pm**.
- 9.00 **Sports Centre**
- 10.00 **Sky Sports News**
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 1.00 AM **LIVE NBA Milwaukee Bucks v Oklahoma City Thunder.** Coverage of the pre-season match from Fiserv Forum. Tip-off is at **1.00am**.
- 3.00 **Sky Sports News**
- 3.30 **to 6.00** AM **LIVE WTA Tennis** Coverage of the third day of the WTA Osaka Open staged at Utsubo Tennis Center in Japan.

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **PGA Tour Golf** Highlights.
- 8.00 **ICC Women's World Cup**
- 10.00 **ATP Tennis** Shanghai Masters.
- 11.00 **WTA Tennis** Wuhan Open final.
- 12.00 NOON **PGA Tour Golf**
- 1.00 PM **ICC Women's World Cup**
- 2.00 **PL Greatest Games**
- 3.00 **ATP Tennis** Shanghai Masters.
- 4.00 **WTA Tennis** Wuhan Open final.
- 5.00 **GB3 Championship Highlights**
- 6.00 **British GT Championship**
- 7.00 **ICC Women's World Cup**
- 8.00 **PGA Tour Golf** Highlights.
- 9.00 **ATP Tennis** Shanghai Masters.
- 10.00 **WTA Tennis** Wuhan Open final.
- 11.00 **World Darts Championship**
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **PDC Classics** Archive action.
- 3.00 **EFL Greatest Games**
- 4.00 **Best of the Open Zone 2018**
- 5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **MotoGP Classics**
- 9.00 **Superbike World Championship Highlights**
- 10.00 **Test Cricket Highlights**
- 2.00 PM **NWSL** Action from Orlando Pride v Portland Thorns.
  3.00 Highlights from Kansas City Current v NJ/NY Gotham FC.
- 4.00 **MotoGP Classics**
- 7.00 **Test Cricket Highlights** Action from India v West Indies staged at Arun Jaitley Stadium in Delhi.
- 8.00 **Marathons** Action from the Bank of America Chicago Marathon.
- 9.00 **Longines Global Champions Tour** The Grand Prix of Rome.
- 10.00 **FIM Speedway Grand Prix Highlights** Recent action.
- 11.00 **Superbike World Championship Highlights**
- 12.00 M'T **Test Cricket Highlights**
- 1.00 AM **UEFA Champions League Magazine** News and action.
- 1.30 **to 6.00** AM **UEFA Champions League – Classics**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Fishing: On the Bank**
- 7.00 **Snooker Xi'an Grand Prix**
- 9.00 **Autumn Nations Series**
- 9.45 **The Gallagher PREM – The Wrap Up** Week three matches.
- 10.00 **The Gallagher PREM**
- 2.00 PM **Snooker Xi'an Grand Prix** Action from the final at Qujiang Sports Complex in Xi'an, China.
- 4.00 **WNBA** Game five of the finals.
- 5.00 **MLB Highlights**
- 6.00 **UEFA Champions League Road to Glory** Liverpool 2005.
- 7.00 **The Gallagher PREM** Sale Sharks v Newcastle Red Bulls.
  8.00 Bristol Bears v Exeter Chiefs.
  9.00 Action from Northampton Saints v Leicester Tigers.
- 10.00 **The Gallagher PREM**
- 12.00 M'T **WNBA** Recent action.
- 1.00 AM **Grit and Glory: Enduro Mountain Bike Racing**
- 1.30 **World E-Bike Series Review**
- 2.00 **Men's Cycling** Highlights.
- 4.00 **to 6.00** AM **Formula E**

Premier Sports 1

419 551

- 6.00 AM **NHL Tonight**
- 8.00 **World Surf League**
- 9.00 **DTM Highlights** From Germany.
- 10.00 **Transworld Sport** Magazine.
- 11.00 **URC in 60** The third round.
- 12.00 NOON **LaLiga Match Highlights**
- 1.00 PM **Motorsport** Valentino Rossi.
- 1.30 **Argentine Primera Highlights**
- 2.00 **NHL on the Fly** The latest news.
- 3.00 **Mass Participation World**
- 4.00 **Sporting Greats**
- 4.30 **FIM Sidecarcross**
- 5.30 **Transworld Sport** Magazine.
- 6.30 **Top 14 Rugby Union Highlights**
- 7.00 **NASCAR Highlights**
- 8.00 **URC in 60** The third round.
- 9.00 **DTM Highlights** From Germany.
- 10.00 **Eredivisie Highlights**
- 11.00 **World Surf League**
- 12.00 M'T **NASCAR Highlights**
- 1.00 AM **NHL Tonight**
- 2.00 **LIVE NHL Ice Hockey Calgary Flames v Vegas Golden Knights.** Face-off is at **2.00am**.
- 5.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

- 6.00 AM **Top 14 Rugby Union**
- 8.00 **Top 14 Rugby Union**
- 10.00 **NHL Ice Hockey**
- 12.00 NOON **Bike World** Magazine.
- 12.30 PM **United Rugby Championship** Another chance to see Munster v Edinburgh.
- 2.30 **LaLiga** Sevilla v Barcelona.
- 4.30 **Football's Greatest**
- 5.00 **GP Confidential** F1 news.
- 5.30 **United Rugby Championship** A chance to see Ulster v Bulls.
- 7.30 **United Rugby Championship** A chance to see Leinster v Sharks.
- 9.30 **Bike World** Magazine.
- 10.00 **NHL Ice Hockey** Boston Bruins v Tampa Bay Lightning.
- 12.00 M'T **LIVE NHL Ice Hockey Toronto Maple Leafs v Nashville Predators.** The inter-conference match at Scotiabank Arena. Face-off is at **12.00m't**.
- 3.00 AM **NHL: This is Hockey**
- 3.30 **GP Confidential** F1 news.
- 4.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

407 407 516 506 424 444

- 6.00 AM **Formula 1** Highlights.
- 1.10 PM **Formula 1** Archive action.
- 8.00 **Formula 1** The 2016 United States Grand Prix from the Circuit of the Americas in Austin, Texas.
  9.00 The 2017 United States Grand Prix staged at the Circuit of the Americas in Austin, Texas.
  10.00 The 2018 United States Grand Prix from Austin in Texas.
  11.00 The 2019 United States Grand Prix, the 19th round of the season from Austin, Texas.
- 12.00 M'T **Formula 1** Highlights.
- 1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 15 October

Evening Planner

OnDemand

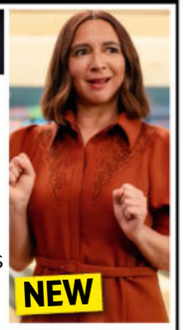
Murdaugh: Death in the Family
Available today
Jason Clarke and Patricia Arquette star in this drama based on the Murdaugh murders.

OnDemand

To Cook a Bear
Available today
A pastor and his son investigate a series of disappearances in this period drama set in Sweden.

OnDemand

Loot
Available today
Well-meaning Molly (Maya Rudolph) returns for a third season of the comedy. Has she bounced back from heartbreak?



OnDemand

Women's Champions League
Clubs in action in include Chelsea against Paris FC, while Barcelona travel to Roma (kick-offs 8pm).

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 The Celebrity Traitors		10.05 News; Local News	
	102 BBC2	7.00 Nigella: At My...	7.30 Jules and...	8.00 Tropic of Cancer with Simon Reeve		9.00 Fake or Fortune?		10.05 The Celebrity...	10.35 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Hack		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 Britain's Most Expensive Houses	
	105 5	7.00 Traffic Cops		8.00 Call the Bailiffs: Time to Pay Up		9.00 Coastguard SOS: Search & Rescue		10.00 Dead Man Walking: Inside Death Row	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Portrait Artist of the Year		9.00 Film: Crank			
ENTERTAINMENT	115 BBC3	7.05 Film: Ghostbusters: Afterlife				9.00 Comedy...	9.30 Stacey & Joe		10.30 Waterloo Road
	116 BBC4	7.00 Fred Dibnah's...	7.30 The Channel...	8.00 Archaeology: A Secret History		9.00 Thatcher: A Very British Revolution		10.00 The Falklands Play	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Perfect Pub Walks with Alexander...		10.00 Grand Designs...	10.35 Grand...
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks...	8.00 Married at First Sight UK		9.00 Gogglebox		10.00 Celebrity First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Doc		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.40 Game of Thrones				9.00 The White Lotus		10.10 True Detective	
	110 U&GOLD	7.00 Dad's Army	7.35 The Good Life					10.15 Not Going Out	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.50 Heartbeat		8.00 Midsomer Murders					
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Ice Road Truckers		9.00 Film: The Good, the Bad and the Ugly			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats Uncut	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Revival	
	109 U&ALIBI	7.00 Body of Proof		8.00 Shakespeare & Hathaway		9.00 Death in Paradise		10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Portrait Artist of the Year 2025		9.00 Landscape Artist of the Year National...		10.00 Art's Most Satanic	
	132 U&W	7.00 MasterChef Australia		8.00 The Secret World of Posh Pets		9.00 One Born Every Minute		10.00 Pete Wicks: For Dogs' Sake	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Wheeler Dealers World Tour		10.00 Bitchin' Rides: Road to the Ridler	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Killing Hitler		9.00 Nazi Death Camp: The Great Escape		10.00 Top Guns: The Next Generation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
	155 U&YESTERDAY	7.00 Russia with Simon Reeve		8.00 Train Truckers		9.00 Train Rescue Down Under		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Man Who Played with Fire		8.00 Ghislaine Maxwell: Epstein's Shadow					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Grow		8.00 Bridget Jones: Mad About the Boy				10.10 Presence	
	302 HALLOWEEN	7.05 Ma				9.00 Get Out			
	303 HITS	‹ 6.05 Sing		8.00 Wonka				10.00 Bob Marley: One Love	
	304 GREATS	‹ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION		7.15 The Lego Movie 2: The Second Part			9.10 Bon Voyage, Charlie Brown			10.35 Piece By...
	306 FAMILY	‹ 6.00 The Spiderwick...	7.40 The Flintstones			9.15 Ghostbusters: Frozen Empire			
	307 ACTION	‹ 5.55 Indiana Jones and the Kingdom of...		8.00 Saving Private Ryan					
	308 COMEDY	‹ 6.15 The Men Who Stare at Goats		8.00 Ace Ventura Pet Detective			9.40 Bad Teacher		
	309 THRILLER	‹ 5.50 Nightcrawler		8.00 Ocean's Thirteen				10.20 Shaft	
	310 DRAMA	‹ 6.10 The Bridges at Toko-Ri		8.00 Schindler's List					
	311 SCIENCE FICTION	‹ 5.40 Battleship		8.00 Riddick				10.10 Passengers	
	313 FILM4	‹ 6.55 Sleepless in Seattle				9.00 The Green Mile			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100 Club	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 PL 100 Club	10.00 PL Icons	10.30 PL Talking...
	403 FOOTBALL	7.00 EFL Highlights		8.00 EFL Goals		9.00 EFL Cup Highlights		10.00 EFL Highlights	
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 6.30 Sign Up...	7.30 Ultimate Pool			9.00 PL Stories	9.30 UEFA Magazine	10.00 Superbike World Championship...	
	411 TNT SPORTS 2	7.00 WRC Review				9.00 UFC			

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Intelligence officer Adam finds a shipping container full of stolen cars in Felixstowe. (S)
2.30 **Lost and Found in the Lakes** Lost graduation pictures. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** The experts restore a pair of boots. (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Celebrity Traitors

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **EastEnders** Ravi steps up for his family, Nigel accidentally offends, while Elaine gives Johnny food for thought. (S)(AD)

8.00 **The Repair Shop** New edition The team try to revive a working model of a Welsh coal mine, 1930s plans for the Humber Bridge and a tattered Victorian writing box owned by a trailblazing female journalist. (S)(AD)

9.00 **The Celebrity Traitors** New edition 3/9. After the first banishment sends shockwaves throughout the castle, the traitors don't wait long to commit their next murder. (S)(AD)
■ *The Celebrity Traitors: Uncloaked* follows on BBC2

10.05 **BBC News** (S)
10.35 **Local News** (S)
10.45 **Film Club** 3/6. Evie is still reeling from the message she saw on Noa's phone, but when the two are left alone, something extraordinary happens. (S1) (S)(R)(AD)
11.15 **Film Club** 4/6. Evie decides to throw herself headlong at life, but Suz and Josh worry that it's too much, too soon. (S1) (S)(R)(AD)
11.45 **FILM PREMIERE The Boogeyman** Horror starring Sophie Thatcher. A terrifying entity feeds on human suffering and gleefully stalks children while disbelieving parents' backs are turned. (S) (2023, 15, 95min) ★★★ *See review, page 26.*
1.20 AM **Weather for the Week Ahead**
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Sign Zone: Celebrity Antiques Road Trip** With actors Peter Gunn and Melanie Hill. (S)(R)
8.30 **Sign Zone: See Hear** New edition
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu: The Finals** The final banquet. (S)(R)
4.15 **Trawlermen: Hunting the Catch**
5.15 **Flog It!** From Culzean Castle. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Una Healy, Joanna Page, Emmanuel Sonubi and Jack P Shepherd. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara returns with the latest training room exclusives. (S)

10.05 The Celebrity Traitors: Uncloaked

7.00 **Nigella: At My Table** Nigella Lawson prepares a breakfast of fried bread and tomato hash. (S)(R)(AD)
7.30 **Jules and Greg's Wild Swim** New edition 3/5. Julie and Greg swim with seals off the coast of Lewis. (S)(AD)

8.00 **Tropic of Cancer with Simon Reeve** 2/6. Simon travels through Western Sahara, Mauritania, Algeria and Libya, trying kite surfing, meeting campaigners for indigenous people's rights, and visiting a minefield. (S)(R)(AD)

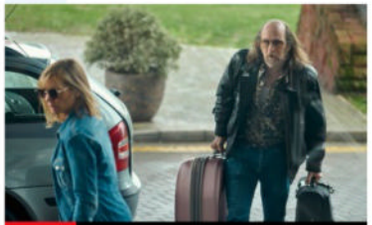
9.00 **Fake or Fortune?** Fiona Bruce and Philip Mould examine a charming little white flower picture, possibly by one of the most important abstract artists of the 20th century, Piet Mondrian. (S)(R)(AD)

10.00 **Natural World: Africa's Lion Kings** (S)(R)
10.05 **The Celebrity Traitors: Uncloaked** New edition Ed Gamble chats to murdered and banished players. (S)(AD)
10.35 **Newsnight** (S)
11.05 **Unspun World with John Simpson** The week's major global news stories. (S)
11.35 **Eva Longoria: Searching for Spain** Eva visits Madrid. (S)(R)(AD)
12.15 AM **Sign Zone: See Hear** (S)(SL)(R)
12.45 **Sign Zone: Stacey & Joe** (S)(R)
1.45 **Sign Zone: The Celebrity Traitors** Emotions run high. (S)(R)(AD)
2.45 **Sign Zone: The Celebrity Traitors: Uncloaked** (S)(R)(AD)
3.15 **Sign Zone: Global Eye** (S)(R)
3.45 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson hosts from the Newark Showground in Nottinghamshire, where finds include a collection of Clarice Cliff ceramics. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of family members answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 The Hack

7.30 **Emmerdale** Cain returns, but he is not in a good place. Robert is in a quandary, while Laurel makes an admission. (S)(AD)

8.00 **Coronation Street** Todd reveals a darker side when he suspects Theo may have strayed, Becky panics when Betsy posts a video of her to social media, and Abi accuses Kevin of sabotaging her chances at getting a job. (S)(AD)

9.00 **The Hack** New episode 4/7. DCS Dave Cook is dragged back into another reinvestigation of Daniel Morgan's murder after new intelligence comes to light. Stars Robert Carlyle. (S1) (S)(AD)
■ Entire series on ITVX

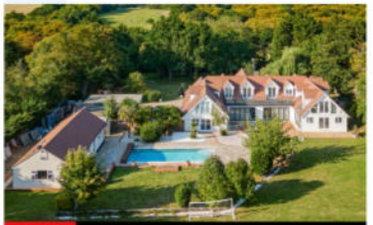
10.00 **ITV News** (S)
10.35 **Local News** (S)
10.50 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are based around logic and common sense. (S)(R)(AD)
11.40 **Gallagher PREM Unleashed** Action from the third round of fixtures, including Northampton Saints v Leicester Tigers. (S)(R)
12.05 AM **British Touring Car Championship Highlights** Action from Brands Hatch. (S)(R)
1.20 **Teleshopping**
3.00 **The Dry** (S2) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Neil visits a Spanish knifemaker who is keeping an artisan craft alive. (S)
5.00 **Four in a Bed** New edition Going off-grid at Dale2Swale Glamping in Richmond, North Yorkshire. (S)
5.30 **Come Dine with Me** Civil servant Lydia hosts the third night. (S)(R)
6.00 **A Place in the Sun** New edition A mother and daughter hunt for a holiday home in Manilva, Spain. (S)



10.00 Britain's Most Expensive Houses

7.00 **News** (S)

8.00 **Location, Location, Location** New edition A catch-up with first-time buyers Becky and Adam, who back in 2019 were looking for a family home in Essex, and Kinga and Dave, who were moving from London to Leeds in 2021. (S)

9.00 **Grand Designs** New edition Kevin McCloud follows the progress of Marcus and Abi, who are building a luxurious off-grid family home deep in 20-acre woodland in Pembrokeshire on a budget of just £100,000. (S)(AD)

10.00 **Britain's Most Expensive Houses** New edition Simon Pelling lists a £3million house that's been on the market for six months, and Ed Casson is selling the Old Rectory – the ancestral home of George Washington. (S)(AD)
11.05 **The Great British Bake Off** (S)(R)
12.20 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.00 **FILM PREMIERE Minimum** Indian-Belgian drama. Subtitled. (2024, 15, 105min) ★★★
3.45 **Come Dine with Me: The Professionals** South Wales. (S)(R)
4.35 **Jamie's One-Pan Wonders** (S)(R)
5.00 **Kirstie and Phil's Love It or List It**
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **The Hidden Guest** Thriller starring Aubrey Reynolds and Nick Puya. (S) (2024, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Married couple Clive and Bernie have a go at line dancing. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Pyrenees Adventure** 2/4. Michael's Pyrenean quest continues with the physical challenge of the French High Pyrenees. (S)(R)
6.55 **News** (S)

9.00 Coastguard SOS

7.00 **Traffic Cops** In Tadcaster, a member of the public calls in about a suspicious male changing registration plates on a high-powered Audi. (S)(R)
7.55 **News** (S)

8.00 **Call the Bailiffs: Time to Pay Up** Agents recover money from a cleaning business that owes money to an ex-employee after an employment tribunal ruled that she had been dismissed unfairly. (S)(R)(AD)

9.00 **Coastguard SOS: Search & Rescue** New edition In the Baltic Sea, a UK-registered vessel collides with a Danish-registered ship, capsizing it and leaving two crew members missing. (S)(AD)

10.00 **Dead Man Walking: Inside Death Row** Dan Walker embarks on a hard-hitting investigation to uncover the truth about capital punishment in the US, exploring the reality of life on death row. (S)(R)

11.30 **Wandsworth Prison: Out of Control** Documentary. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Jason Watkins & Lady Jane Grey: A Tower of London Special** (S)(R)
3.50 **Churchill** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S1) (S)(R)
11.00 **Deep Dive North America** (R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 7/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *The Colour Yellow:* Lisa investigates her family history. (S)(R)
5.30 *Postcards from the Wedge:* Bart plays his parents off against each other. (S)(R)
6.00 **The Office (US)** 5/28. On the night of Michael's third date with Holly, the company is burgled. (S)(R)
6.30 6/28. Michael helps Holly move house following her transfer to Nashua. (S5) (S)(R)

8.00 Portrait Artist of the Year

7.00 **The Simpsons** *Treehouse of Horror II:* Bart, Homer and Lisa suffer from nightmares. (S)(R)
7.30 *Treehouse of Horror XXI:* A mysterious fanged student woos Lisa. With Daniel Radcliffe. (S)(R)

8.00 **Portrait Artist of the Year** New edition Stephen Mangan invites nine artists to paint celebrity sitters James May, Billy Porter and Emma Barnett as Kathleen Soriano, Tai Shan Schierenberg and Kate Bryan judge the efforts.

9.00 FILM **Crank** Action thriller starring Jason Statham. A hitman learns that he has been poisoned by a chemical that will kill him unless he keeps his adrenaline levels at their maximum. With Amy Smart and Jose Pablo Cantillo. (S) (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.50 **An Idiot Abroad 3** 1/3. Ricky Gervais sends Karl Pilkington on another world tour, from Italy to China, this time accompanied by actor Warwick Davis. (S)(R)(AD)

11.45 **The Force: North East** (S)(R)
1.35 AM **Road Wars** (S)(R)
2.00 NEW SERIES **The Iris Affair** 1/8. Thriller with Tom Hollander and Niamh Algar. An enigmatic genius and a mysterious entrepreneur are pitted against each other. (S1) (S)(AD)
3.00 **S.W.A.T.** 7/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.45pm Debate Night (S)(R) **11.45** Scotcast (S)(R) **12.15am** Film Club (S)(R)(AD) **1.15** Weather for the Week Ahead (S) **1.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.45pm Nolan Live (S) **11.45** Film Club (S)(R)(AD) **12.50-1.20am** Have I Got News for You (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-8.00pm NEW Your Voice, Your Vote: Caerphilly (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.05pm Spotlight (S)(R) **11.35** Unspun World with John Simpson (S) **12.05-12.15am** Gardening Together with Diarmuid Gavin (S)(R)

WALES
Sky 968, Freesat 968
7.00pm The One Show (S) **7.30-8.00pm** EastEnders (S)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Byd o Liw: Cestyll **1.30** Byd o Liw: Cestyll **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gareth Jones: Nofio Adre **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.25** Darllediad Gwleidyddol **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Pobol y Cwm New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Golau: Dwr (AD) **10.00** Priodas Pum Mil **11.00-11.35pm** 3 Lle: Eleri Siôn

TV&Satellite week
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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 FILM **Ghostbusters: Afterlife** Supernatural comedy sequel starring Paul Rudd and Carrie Coon. (2021, 12, 124min) ★★★★
9.00 NEW SERIES **BBC New Comedy Awards** 1/6. A nationwide search to find the best new stand-up talent.
9.30 **Stacey & Joe** 6/6. Stacey heads off to Lake Como to launch a new beauty product.
10.30 **Waterloo Road** 7/8. Stella feels the weight of recent events when her daughter arrives at school. **11.30** 8/8. Agnes uncovers a secret that could blow a family's world apart. (S16)
12.30 AM FILM **William Shakespeare's Romeo + Juliet** Baz Luhrmann's romantic drama based on Shakespeare's famous play, starring Leonardo DiCaprio and Claire Danes. (1996, 12, 120min) ★★★★
2.20 **BBC New Comedy Awards**
2.50 **Laugh Lessons**
2.55 **to 4.00** AM **Film Club**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to restore a VW Wizard. **4.50** Tim and Fuzz take on a 1969 Jensen Interceptor.
5.50 **Escape to the Chateau** Dick and Angel start work on replacing the roof.
6.55 **The Dog House Australia** Amrita gets more trouble than she bargained for with Oreo the Jack Russell cross.
7.55 **The Dog House** A farmer is looking for a tractor cab companion and cocker spaniel Araf may well prove his ideal hound.
9.00 **Perfect Pub Walks with Alexander Armstrong** New edition 3/4. Lenny Henry joins the host in the Shropshire countryside.
10.00 **Grand Designs: Deconstructed** New edition Greg and Kevin discuss a project that defies convention and challenges many of the ideas around what our homes should be.
10.35 **Grand Designs Australia** New edition Husband and wife architects work on a multigenerational home.
11.55 **24 Hours in A&E**
2.00 AM **Perfect Pub Walks with Alexander Armstrong**
3.00 **to 4.00** AM **Emergency Helicopter Medics**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** 5/6. The construction of canals.
7.30 **The Channel Tunnel: Life on the Inside** 3/4. With the 25th anniversary under way, a mural is being painted at each end of the tunnel.
8.00 **Archaeology: A Secret History** 1/3. The history of archaeological breakthroughs.
9.00 **Thatcher: A Very British Revolution** 3/5. A look at how Margaret Thatcher's leadership was tested by the conflict in the Falklands.
10.00 **The Falklands Play** A production of Ian Curteis's controversial drama, starring Patricia Hodge.
11.30 **The Sky at Night**
12.00 M'T **How to Get Ahead at Renaissance Court**
1.00 AM **Fred Dibnah's Building of Britain**
1.30 **The Channel Tunnel: Life on the Inside**
2.00 **Archaeology: A Secret History** As 8.00pm.
3.00 **to 4.00** AM **Thatcher: A Very British Revolution**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.30 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 15-18/24. (S9)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.35 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks**
7.30 **Hollyoaks Unwrapped** New edition Kieron Richardson presents more behind-the-scenes features.
8.00 **Married at First Sight UK** New edition The couples take some time apart as the group splits in two for separate days out.
9.00 **Gogglebox** *The Outlaws, Family Fortunes* and *The Mating Game* are appraised.
10.00 **Celebrity First Dates** With Brad Simpson, Bernie Clifton, Keegan Hirst and Natasha Hamilton.
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Naked Attraction**
1.10 **Married at First Sight UK**
2.10 **Below Deck Sailing Yacht**
2.55 **The Simpsons**
3.25 **The Big Bang Theory**
4.40 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

primetime

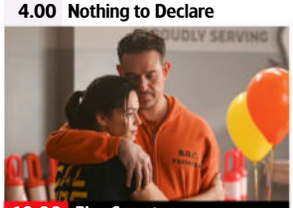
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 3/22. Special agents Maggie Bell and OA Zidan investigate the murders of 18 young women. (S1)
1.00 PM **The Rookie** 3/20. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 Fire Country

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Law & Order: Criminal Intent *But Not Forgotten:* 4/21. Goren and Eames investigate the case of a missing book-keeper. (S3)

9 PM
9.00 Doc New episode *He Ain't Heavy:* 5/10. Amy and Sonya try to help a teen in need of a bone-marrow transplant. (S1)

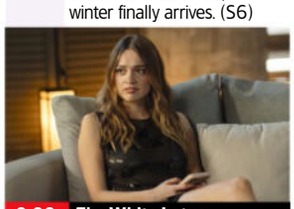
10 PM
10.00 Fire Country New episode *I'm the One Who Just Goes Away:* 12/20. (S3)
■ Entire series on Box Sets
11.00 Law & Order: SVU (S26)
12.00 M'T **Law & Order: Criminal Intent** 1/21. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **FBI** New episode 11/22. (S7)
3.00 **FBI: International** New episode 11/22. (S4)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From Tokyo.
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.10 PM **Game of Thrones** (S5)
1.20 **My Brilliant Friend** 4/8. (S2)
2.30 **Boardwalk Empire** (S4)
4.40 **Homicide: Life on the Street** 11 & 12/22. (S5)
6.40 **Game of Thrones** 10/10. As Cersei awaits judgement, Walder Frey and Jaime celebrate. Meanwhile, winter finally arrives. (S6)


9.00 The White Lotus

7.50 Game of Thrones *Dragonstone:* 1/7. Jon organises the North's defences, Daenerys comes home and Arya reminds the Freys that the North remembers. (S7)

9.00 The White Lotus *Killer Instincts:* 7/8. Belinda takes Zion to Chloe's party, and Saxon questions Timothy's behaviour. (S3)

10.10 True Detective *Hunters in the Dark:* 6/8. Wayne and Roland revisit discrepancies in the Purcell case. (S3)
11.20 **The Sopranos** 12/13. (S4)
12.25 AM **In Treatment**. (S1)
12.55 **Succession** 9/9. (S3)
2.05 NEW SERIES **The Iris Affair** 1/8. Thriller with Tom Hollander and Niamh Algar. (S1)
3.05 **Game of Thrones** (S7)
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 18/20. (S8)
9.00 **Stargate SG-1** (S1)
11.00 **SEAL Team** 15/16. (S4)
12.00 NOON **The Flash** 19/20. (S8)
1.00 PM **Hawaii Five-0** (S4)
3.00 **S.W.A.T.** 7/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 14/16. The members of Bravo are sent on a covert mission to infiltrate a Boko Haram camp. (S4)
6.00 **Stargate SG-1** 1/22. First of a two-part pilot episode of the sci-fi adventure series. (S1)

8.00 Agatha Raisin

7.00 Stargate SG-1 *Children of the Gods – Part Two:* 2/22. Colonel Jack O'Neill and the team search for Jackson's wife Sha're. (S1)

8.00 Agatha Raisin *The Wizard of Evesham – Parts One & Two:* 1 & 2/6. The sleuth's hairstylist becomes the centre of a maelstrom involving blackmail, conspiracy and murder. Stars Ashley Jensen. (S2)

10.00 Revival *Don't Tell Dad:* 1/10. Everyone who had died within a two-week period in a Wisconsin town is resurrected. (S1)
11.00 **An Idiot Abroad 3** 1/3. Karl embarks on another trip.
12.00 M'T **The Force: North East**
1.00 AM **Road Wars**
2.00 **Brassic** New episode 4/6. Curtis Plum revives his DJ persona for a dying man. (S7)
3.00 **S.W.A.T.** 7/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **The Big Bake**
8.40 **Billie and Greg**
10.10 **The Only Way Is Essex**
10.55 **Real Housewives of Potomac**
11.50 **Real Housewives of New...**
12.45 PM **Buying the View**
1.10 **Sam and Billie: Sister Act**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

11.35 Universal Basic Guys

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a big cash prize.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 **Family Guy** 17/30. (S4)
11.35 **Universal Basic Guys** Series finale 13/13. (S1)
12.05 AM **Family Guy** 15/18. (S13)
12.35 **American Dad!** (S15)
1.35 **Extraordinary** 5/8. (S2)
2.10 **Transaction** 5/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Doc Martin** 4/8. (S7)
10.10 **The Royal** *Keep on Running.*
11.10 **Heartbeat** Double bill.
1.20 PM **Classic Emmerdale**
2.20 **Classic Coronation Street**
3.30 **Downton Abbey** 2/9. Guest stars Shirley MacLaine. (S3)
4.40 **Doc Martin** 5/8. (S7)
5.45 **Heartbeat** *Killing Me Softly:* Forged bank notes lead to the discovery of a major crime operation in the village.

3.30 Downton Abbey

6.50 Heartbeat *Unchained Melody:* The Met help to target a local drug trafficker, and Mike finds his loyalties torn.

8.00 Midsomer Murders *Not in My Back Yard:* A planning dispute leads to murder after a woman suspects her neighbours are involved in a money-making development scam. Guest stars Hugo Speer.

10.00 Midsomer Murders *Death and Dreams:* A depressive gambler is found dead, an apparent victim of suicide, but Dr Jane Moore is adamant that he wouldn't have taken his own life.
11.55 **Wire in the Blood** 2/4. Tony investigates the violent murder of a prostitute. (S4)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** Anna Campbell Jones, Michael Angus and Kate Spiers are in the Highlands.
8.00 **This Farming Life** Emma and Ewan hatch a plan to breed peacocks.
9.00 **Debate Night** New edition Topical discussion on the big issues affecting Scotland and beyond.
10.00 **River City** New episode Caitlin is excited to have Drew home from rehab.
10.30 **Gary: Tank Commander** 5/6. Charlie gets engaged – and asks Gary to be best man. (S3)
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City**
11.15 **Girls** 9 & 10/10. (S6)
12.35 PM **The Office (US)**
1.35 **The Conners** (S2)
2.35 **The Office (US)** (S5)
3.35 **Will & Grace** (S4)
4.35 **Sex and the City**
5.50 **Will & Grace** (S4)
6.50 **The Office (US)** 5/28. The company is burgled.
7.20 6/28. Michael helps Holly move house following her transfer to Nashua in New Hampshire. (S5)
7.50 Sex and the City 2/18. Miranda learns to talk dirty with her lover.
8.25 3/18. The girls wonder whether all men are freaks. (S2)
9.00 **Larry David: Curb Your Enthusiasm** Spoof documentary following the *Seinfeld* writer.
10.05 **Curb Your Enthusiasm**
12.05 **to 5.00** AM **Curb Your Enthusiasm**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Darbar Festival**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **The Art of Architecture**
3.00 **Stories from the National Gallery**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Portrait Artist of the Year** New edition
9.00 **Landscape Artist of the Year: National Trust Favourites**
10.00 **Art's Most Satanic**
11.00 **Ghost of Richard Harris**
1.20 AM **Jacqueline du Pré: Genius and Tragedy**
3.10 **Sky Arts Book Club**
4.10 **I Hate Jane Austen By Giles Coren**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** 2/26. (S4)
8.00 **Portrait Artist of the Year** New edition With celebrity sitters James May, Billy Porter and Emma Barnett.
9.00 **The Rookie** (S6)
11.00 **Grimm** 2/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of amateur dramatic enthusiasts take part.
3.00 **Celebrity Wheel of Fortune** With guests AJ Odudu, Gok Wan and Charlotte Church.
4.00 **Tenable** Five colleagues who work for a charity take part in the quiz.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts the quiz show as more hopefuls take on all of the Chasers at once.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Beat the Chasers**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 19 & 20/24. (S6)
12.00 NOON **Highway to Heaven** 21/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S2)
6.10 **Rising Damp** 2/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
8.20 **Dear John** 1/7. (S2)
9.00 **Randall and Hopkirk (Deceased)** 3/26. Jeannie enlists the help of spiritualists. (S1)
10.00 **The Avengers** (S6)
11.00 **Rising Damp** 2/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 1/7. (S2)
1.35 **The Fall and Rise of Reginald Perrin** (S2)
2.10 **Home to Roost** (S1)
3.10 **Born and Bred** (S2)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football Rivalries**
6.15 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.25 **BattleBots**
12.30 PM **Kojak** Double bill.
2.40 **Magnum, PI**
4.50 **The Saint** *The House on Dragon's Rock:* Simon Templar finds a suspicious building in Wales which is being used as a research laboratory.
5.55 **American Pickers** Mike and Frank meet a quirky antiques dealer in New Orleans.

9.00 The Good,the Bad and...

7.00 **Gallagher PREM Unleashed** Action from the third round of fixtures, including Northampton Saints v Leicester Tigers.

8.00 **Ice Road Truckers** Drew gets stranded, Alex drives the new ice road, and TJ suffers from abdominal pain.

9.00 **FILM The Good, the Bad and the Ugly** Sergio Leone's classic Spaghetti Western set during the American Civil War, starring Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **FILM RoboCop 2** Sci-fi action thriller sequel starring Peter Weller. The law enforcer tackles corporate corruption and a designer drug dealer on the streets of future Detroit. (1990, 18, 114min) ★
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 13/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 1/26. (S3)
2.00 **Warehouse 13** 9&10/13. (S3)
4.00 **Star Trek: The Next Generation** 13/22. Picard's double turns up. (S2)
5.00 **Stargate Atlantis** 11/20. (S5)
6.00 **Star Trek: Enterprise** 5/26. Archer becomes depressed when his dog falls ill. (S2)

10.55 Lovecraft Country

7.00 **Star Trek: Deep Space Nine** *The Search – Part One:* 1/26. Sisko tries to avert an invasion by the feared Jem'Hadar. (S3)

8.00 **Stargate Atlantis** *The Lost Tribe:* 11/20. Sheppard races to rescue crew members from an ancient laboratory. (S5)

9.00 **Grimm** *The Thing with Feathers:* 16/22. Nick plans to propose to Juliette during a romantic weekend in the country.

10.00 **Grimm** *Love Sick:* 17/22. Nick is shocked to find Hank is dating Adalind, a monster he previously encountered. (S1)
10.55 **Lovecraft Country** 1/10. Horror drama series. (S1)
12.10 AM **Chucky** 5/8. Devon worries that Good Chucky cannot be trusted. (S2)
1.00 **Warehouse 13** 9&10/13. (S3)
3.00 **The Walking Dead: The Ones Who Live** 6/6. (S1)
4.00 **Chucky** 4/8. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 15/24. (S3)
11.00 **Hudson & Rex** 7/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** S16)
4.00 **The Mentalist** 15/24. (S3)
5.00 **Hudson & Rex** 7/16. Sarah finds herself in the middle of a hostage situation. (S1)
6.00 **Father Brown** *The Gardeners of Eden:* A celebrity florist brings glamour and murder to Kembleford. With Elaine Paige.

8.00 Shakespeare & Hathaway

7.00 **Body of Proof** *Eye for an Eye:* 5/13. Megan and Tommy investigate the murders of two recently released killers. (S3)

8.00 **Shakespeare & Hathaway: Private Investigators** New episode 4/10. (S5) ■ Entire series on Box Sets

9.00 **Death in Paradise** *I'll Never Let You Go:* 8/9. A man confesses to murder – but is unable to recall what happened. (S10)

10.00 **Father Brown** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at the local girls' borstal.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 7/16. Peter's latest prosecution is threatened when a conman is hired to sabotage the case. (S4)
12.55 AM **Death in Paradise** (S10)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.30 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder II**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Blackadder II**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Blackadder II**

7.00 Dad's Army

7.00 **Dad's Army** Corporal Jones buys black-market pigeons from Walker.
7.35 **The Good Life** Tom builds a generator that runs on animal dung. **8.20** Tom is tempted to earn some extra money – but not to pay the bills or replenish his savings.

9.00 **The Good Life** Barbara is left to harvest the crops on her own when Tom hurts his back. **9.35** Tom tries to market his garden produce, but finds it more difficult than he imagined.
10.15 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons.
10.55 **Blackadder II**
11.30 **Dad's Army**
12.05 AM **The Good Life**
1.20 **Not Going Out**
2.00 **Inside No 9**
2.30 **Toast of London**
2.55 **to 4.00** AM **Dad's Army**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **Special Ops: Crime Squad UK**
10.00 **Aussie Road Train Truckers** New editions Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** Dave Myers and Si King head to Bromsgrove to taste some jerk chicken.
6.00 **Rick Stein's Road to Mexico** The chef reaches Oaxaca, home to Mexico's national cheese Queso Oaxacana.

6.00 Road to Mexico

7.00 **Would I Lie to You?** With Charlie Brooker, Hannah Fry, Danny Jones and Shaparak Khorsandi.
7.40 **Richard Osman's House of Games** With Shazia Mirza and Joe Thomas. **8.20** WIth Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire.

9.00 **QI XL** Johnny Vegas, Rob Brydon, David Mitchell and Alan Davies try to answer Stephen Fry's questions on geometry.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Mishal Husain and Geoff Norcott.
11.00 **8 Out of 10 Cats** With Ant Middleton and Katherine Ryan.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You? The Unseen Bits**
1.10 **Would I Lie to You?**
1.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** From Romania.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Food Unwrapped**
7.45 **The Great British Bake Off** 7/10. The bakers face Meringue Week.
9.00 **FILM The Unbearable Weight of Massive Talent** Action comedy starring Nicolas Cage as himself. (2022, 15, 107min) ★★★★
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.05 **FILM A Knight's Tale** Medieval comedy with Heath Ledger. (2001, PG, 132min) ★★★
3.40 **24 Hours in A&E**
4.35 **to 5.00** AM **Mitchell and Webb Are Not Helping**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18–20/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Grounded:* 9/24. DiNozzo, Bishop and her husband Jake investigate a terrorist threat while they are stuck at an airport. **7.00** *House Rules:* 10/24. McGee and Abby hunt cyber-terrorists responsible for a city-wide internet outage. **8.00** *Check:* 11/24. The team investigate a series of crime scenes that appear to be copycats of previous cases. (S12)
9.00 **Criminal Minds** *300:* 1/15. The agents set out to save Reid and Garcia, who have been abducted. (S14)
10.00 **Law & Order: Special Victims Unit**
1.50 AM **Person of Interest**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Trauma Room One** New edition
10.00 **999: Critical Condition**
11.00 **Murder 360** Series finale A near-decade-long manhunt ends when a victim escapes, leading police to a serial killer.
12.00 M'T **Banged Up Abroad**
1.00 AM **Casualty 24/7: Every Second Counts**
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 **FILM The Hired Hand** Western drama. (1971, 12, 93min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A dog handler ends up in a tense stand-off. **7.00** Officers go in pursuit of a drunk driver. **8.00** Officers track down a high-powered Audi.
9.00 **Deadliest Weather: Caught on Camera**
10.00 **Seconds from Death: Caught on Camera**
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **MacGyver** (S3)
1.00 AM **Trouble on the Terraces: On Camera**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The chefs take on a personalised Mystery Box challenge.
8.00 **The Secret World of Posh Pets** Double bill.
9.00 **One Born Every Minute** A couple await the arrival of their third child.
10.00 **Pete Wicks: For Dogs' Sake** Pete returns to Basildon's Dogs Trust rehoming centre, facing a suitcase of abandoned pups on day one.
11.00 **Bad Girls Behind Bars** Double bill of editions.
1.00 AM **Interior Design Masters with Alan Carr**
2.05 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 **A Remarkable Place to Die** New episode *Public Displays of Affection – Part One:* 7/8. Anais tries to uncover the truth about her past. (S1) ■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 1/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.55 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Tim Medhurst goes on a spending spree that includes an arts and crafts letter box. **8.00** James Braxton and Irita Marriott cruise through Kent in search of antiques.
9.00 **The Great British Sewing Bee**
10.30 **Adam Richman Eats Britain** In Yorkshire.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
5.00 **The Bidding Room** Double bill of editions.
7.00 **The Chase Celebrity Special** With guests Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
10.20 **FILM Fort Ti** Western. (1953, U, 73min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Lawman** Western adventure. (1970, 15, 99min) ★
3.20 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S5)
8.00 **The Baron** 3/30. (S1)
9.00 **FILM Death Race** Sci-fi thriller remake starring Jason Statham. (2008, 15, 105min) ★★★
11.10 **FILM Lone Wolf McQuade** Action drama. (1983, 15, 107min) ★
1.30 AM **The Avengers** (S5)
2.30 **The Baron** 3/30. (S1)
3.30 **Cops Uncut**
3.55 **Wild West Chronicles**
4.55 **to 5.40** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Hidden Truth** Thriller. (2016, 12) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 20/24. (S2)
12.10 PM **FILM An Inheritance to Die For: A Teagarden Mystery** (2019, PG) ★★
2.05 **FILM An Aurora Teagarden Mystery: A Very Foul Play** Drama. (2019, PG, 85min) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 21/24. (S2)
8.00 **Unforgettable** (S2)
9.00 **Ruth Rendell Mysteries**
11.20 **FILM Fixer Upper Mysteries: Framed for Murder** (2017, PG) ★★
1.15 AM **FILM Secrets of a Gold Digger Killer**
2.55 **FILM Running Away** Thriller. (2017, PG) ★★
4.30 **to 5.50** AM **FILM Pretty Little Stalker**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Festival of Ice** Drama. (2017, PG, 90min) ★★
10.00 **FILM I'll Be Next Door For Christmas** Comedy. (2018, PG, 100min) ★★
12.00 NOON **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
2.00 PM **FILM Grounded for Christmas** (2019) ★★
4.00 **FILM A Joyous Christmas** Drama. (2017, U, 90min) ★★
5.55 **FILM Forever Christmas** Comedy. (2018, PG) ★★
8.00 **FILM A Starstruck Christmas** Drama. (2021, U, 105min) ★★
9.50 **FILM Deck the Heart** Drama. (2023, PG) ★★
11.50 **FILM Christmas with a Crown** (2020, PG) ★★
1.50 AM **FILM All I Want for Christmas** (2013) ★★
3.25 **to 5.00** AM **FILM Grounded for Christmas** As 2.00pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie**
10.30 **Bewitched** 1/36. (S1)
11.00 **In Loving Memory** (S4)
11.30 **Doctor in the House**
12.00 NOON **Carry On...**
12.30 PM **You're Only Young Twice** 3/9. (S3)
1.00 **Mapp and Lucia** (S1)
3.00 **Bramwell** 4/8. (S2)
4.00 **Born Free** 1/13. (S1)
5.00 **A Sharp Intake of Breath** 5/6. (S2)
5.30 **In Loving Memory** (S4)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** (S1)
8.00 **Bramwell** 4/8. (S2)
9.00 **Dark Skies** 11/20. (S1)
10.00 **Brass** 4/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **FILM Carnival of Souls** Horror. (1962, 15) ★★★
1.05 AM **Don't Drink the...**
1.35 **We Had One of Those**
1.45 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New editions Joe Harrington cleared a parcel in Phippsburg to construct a camp. **10.00** A rundown, tiny cabin is transformed into a customisable retreat.
11.00 **Marooned with Ed Stafford** The Andes in Argentine Patagonia.
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Jamie's Great Britain**
7.00 **Paul Hollywood: City Bakes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Tom Kerridge Barbecues** Double bill.
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin: Sweet**
3.00 **Paul Hollywood: City Bakes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge Barbecues** Double bill.
7.00 **Great British Bake Off**
9.00 **Hairy Bikers Go West**
10.00 **Hairy Bikers Go North**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/28. (S1)
9.00 **The Fall Guy** 4/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.00 PM **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
2.50 **FILM Sinbad and the Eye of the Tiger** Fantasy. (1977, U, 108min) ★★★
5.00 **Star Trek** 7/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 5/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Drive** Thriller with Ryan Gosling. (2011, 18, 100min) ★★★★★
11.00 **FILM London Heist** Gangster thriller. (2016, 15, 95min) ★★
12.55 AM **FILM We Still Kill the Old Way** Drama. (2014, 18, 94min) ★★
2.50 **to 4.50** AM **FILM Jiu Jitsu** (2020, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Gambler** As shown at 5.00pm.
8.00 **FILM Vendetta for the Saint** Crime mystery. (1968, PG, 94min) ★★★
10.00 **Andromeda** (S2)
11.00 **FILM Alien Convergence** Sci-fi action thriller. (2017, 15, 90min) ★★
1.00 PM **FILM Bigfoot** Monster movie. (2012, 12, 89min) ★★
3.00 **Andromeda** (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
7.00 **Andromeda** 1/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM Steel Sharks** Underwater adventure starring Gary Busey. (1996, 18, 91min) ★
11.00 **FILM Man Down** Drama starring Shia LaBeouf. (2015, 15, 90min) ★★
1.00 **to 3.00** AM **FILM Steel Sharks** As 9.00pm.

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Colwyn Bay.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Flipping Bangers**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Container Wars**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **UnXplained: Mysteries of the Universe**
11.00 **World's Most Unexplained** Double bill.
12.00 M'T **Mission Unexplained**
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Michael Portillo in Andalucia** In Cordoba.
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Egypt's Lost Wonders: Drain the Oceans**
7.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS.
8.00 **Ben Fogle: New Lives in the Wild** From Portugal.
9.00 **Michael Portillo's Sicily**
10.00 **Sardinia: Jewel of the Med** Exploring the island.
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane McDonald** Double bill.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Home Town Takeover** New edition The Napiers and the Marrs kick off the revitalisation of Fort Morgan, Colorado.
10.00 **Renovation Aloha** New edition Kamohai and Tristyn take on an ambitious project on Kalama Street.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **1000-lb Sisters**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Jenna is a bubbly teenager with a big bubble behind her ear.
9.00 **The Face Doctors** A surgeon pieces together Dean's shattered cheekbone.
10.00 **Body Bizarre**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **Body Bizarre**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Last Man Standing**
9.00 **Everybody Loves Raymond** 13-16/24. (S4)
11.00 **Spin City** 11-14/24. (S2)
1.00 PM **Friends** (S2)
7.00 **Friends** 21/24. Chandler and Ross face two bullies at Central Perk. **7.30** 22/24. Rachel has an eventful birthday. **8.00** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel's former fiancé gets married. (S2)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **8 Out of 10 Cats Uncut**
10.50 **Iain Stirling's Roast the Internet**
11.50 **Whose Line Is It Anyway? USA**
12.50 AM **South Park**
2.50 **Beavis and Butt-Head**
3.05 **Lee Evans: Live in Scotland** Stand-up.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 13-16/24. (S4)
7.00 **Spin City** 11/24. The Mayor's daughter starts to cause trouble. **7.30** 12/24. The Mayor jeopardises Christmas. **8.00** 13/24. A New Year's party gets out of control. **8.30** 14/24. (S2)
9.00 **South Park** (S11,8&9)
12.00 M'T **Beavis and Butt-Head** (S3&4)
2.00 AM **Whose Line Is It Anyway? USA**
3.00 **Teachers** 5&6/20. (S2)
3.45 **Drunk History**
4.30 **Out of Order: Best Bits**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **The Rookie: Feds** (S1)
11.00 **The Cleaning Lady** (S3)
12.00 NOON **911 Crisis Centre**
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **911 Crisis Centre**
4.00 **Caught on Dashcam**
5.00 **Air Ambulance ER**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** (S3)
8.00 **SEAL Team** 1 &2/16. Double bill. (S4)
10.00 **The Rookie: Feds** *The Remora:* 13/22. (S1)
11.00 **The Force: North East**
12.00 M'T **A League of Their Own** Double bill.
2.00 AM **Duck Quacks Don't Echo** With Bob Mortimer.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom UK: Next Generation**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: Scammed**
2.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!** Double bill.
6.00 **Catfish UK** Reality series.
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality series.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Disaster Date** New editions Nate's date cramps his style. **11.30** Morgan's date is a country bumpkin.
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge: Double Agents** Reality series.
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers World Tour**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard visits a magnificent country house in Scotland. **4.00** A motorbike museum with a unique history.
5.00 **Moonshiners** Tim and Howard invent a double-distilling device.
6.00 **Hoffman Family Gold** State inspectors make a visit.

10.00 Bitchin' Rides

7.00 **Wheeler Dealers** Mike gets his hands on an Astra GTE, and the boys are determined to make a profit from this project.

8.00 **Combat Dealers** Military equipment collector Bruce Crompton heads to a Martello Tower on the Channel Islands.

9.00 **Wheeler Dealers World Tour** New edition Mike Brewer and Marc 'Elvis' Priestley go global with motor transformations.

10.00 **Bitchin' Rides: Road to the Ridler** New edition The team see how difficult building a car out of aluminium by hand will be.

11.00 **How the Universe Works** New discoveries reveal the truth behind supernovas.
12.00 M'T **Blowing Up History**
1.00 AM **Wheeler Dealers World Tour** As shown at 9.00pm.
2.00 **Bitchin' Rides: Road to the Ridler** As 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Louisiana Law**
10.00 **Tanked** Backyard ponds.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** Femo and Ariel prepare an Eskimo feast. **4.00** Construction crews race to complete a hangar before the winter snow arrives.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** The doc helps out rescued animals after Hurricane Harvey.

8.00 Dog Detectives

7.00 **Treehouse Masters** Pete Nelson tackles a build for a couple searching for treehouse treasure, featuring a rope bridge.

8.00 **Dog Detectives** PC Gayles and his dog Thor are on the hunt for evidence to convict mobile phone thieves.

9.00 **Alaska: The Last Frontier** A chimney fire threatens to destroy Otto cabin, while Atz Lee and Jane go ice-fishing.

10.00 **Alaskan Bush People** The Wolfpack must problem solve to get the house back on track in time for the deep freeze.

11.00 **Pit Bulls & Parolees** Earl helps restore an abandoned rottweiler to health.
12.00 M'T **Crikey! It's the Irwins** The zoo welcomes two echidnas.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S**
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Inside Melbourne Airport** Australian Border Force new recruit Nelson makes a find.
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw travel to Lincoln to restore a Ford Cortina GT.
6.00 **Lost Treasures of Egypt** Archaeologists uncover a secret sanctuary of pharaoh Ramses the Great.

8.00 Killing Hitler

7.00 **Air Crash Investigation** The investigation into the crash of a plane that nosedived into a remote desert in Patagonia.

8.00 **Killing Hitler** New edition Resistance fighters in German-occupied nations risk all to assassinate Hitler.

9.00 **Nazi Death Camp: The Great Escape** Jewish former prisoners at a Polish death camp recall their escape in 1943.

10.00 **Top Guns: The Next Generation** Defensive dogfighting proves to be the toughest test yet.

11.00 **Air Crash Investigation**
12.00 M'T **Engineering Europe**
1.00 AM **Airport Security: Rome** Cocaine sewn into a shirt.
2.00 **To Catch a Smuggler**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Full Custom Garage** New edition Car builder Ian Roussel embraces a more conservative lifestyle.
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Five editions.
1.00 PM **Curse of Skinwalker Ranch** Documentary.
2.00 **Beyond Skinwalker Ranch**
3.00 **Killer Kings** Henry VIII.
4.00 **Storage Hunters** Double bill.
5.00 **Canadian Pickers**
6.00 **American Pickers**

5.00 Canadian Pickers

7.00 **Forged in Fire** Smiths battle it out to recreate the Greek Kopis in the hopes of becoming the next champion.

8.00 **Storage Wars** New edition Brandi changes her plans for a chance at a big win, and Ivy finds the silver lining.

9.00 **Curse of Skinwalker Ranch** New edition The team investigate a massive 'bubble' anomaly on the ranch.

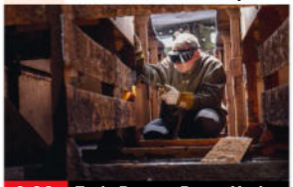
10.00 **Beyond Skinwalker Ranch** New edition Andy and Paul investigate the site of a 1965 UFO crash in Pennsylvania.

11.00 **Secrets in the Ice** The remains of three Inca children found in the Andes.
12.00 M'T **Evil Encounters** Satan and his worshippers haunt the woods of North Carolina.
12.55 AM **Storage Wars**
1.50 **Curse of Skinwalker Ranch**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** A stellar coin.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** A massive complex containing more than a thousand structures.
5.00 **Nazi Hunters** The hunt for John Demjanjuk and Klaus Barbie.
6.00 **Antiques Roadshow** Fiona Bruce presents from Bolsover Castle in Derbyshire.



9.00 Train Rescue Down Under

7.00 **Russia with Simon Reeve** The adventurer travels across the world's biggest country, from Kamchatka to Siberia.

8.00 **Train Truckers** The Royal Highland Fusilier, a Deltic diesel engine, must be hauled from Leicestershire to Cheshire.

9.00 **Train Rescue Down Under** New edition A 10-ton water tank gets cut off of a vintage engine in the Adelaide Hills.

10.00 **Bangers & Cash** Five iconic cars arrive in Thornton le Dale, including a 1967 Crayford Corsair and a 1966 Ford Zodiac.

11.00 **Bangers & Cash** Derek checks out an abandoned 1985 Renault 4 and MGB Roadster. **12.00** M'T Derek heads to Northumberland to collect a rare 1975 NSU RO 80.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Russia with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **The Yorkshire Auction House** Angus helps find a new home for a collection of motorbikes. **9.00** A widow needs help to clear her late husband's militaria. **10.00** Angus helps a widow find new homes for her paintings.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** A 24-year old is shot dead.
9.00 **Before They Kill Again**
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A man is found dead in an elderly woman's apartment.
8.00 **Murder by the Sea** Investigating the murder of Brian Bishop.
9.00 **48 Hours** Megan Parra's parents find her with a gunshot wound to her head.
10.00 **Murder: Point of Contact** New edition Cody Fisher was attending an event in Birmingham with friends when he was attacked and stabbed in the chest.
11.00 **Snapped: Killer Couples**
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder: Point of Contact** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Storm of Suspicion**
4.00 **48 Hours** Investigating the disappearance of six-year-old Etan Patz.
5.00 **Medical Detectives** A nurse discovers she is HIV positive with the help of forensic science, and also finds out her illness was not an accident. **5.30** A film plot gives investigators clues to the murder of a woman who was found dead in her air-conditioned bedroom. **6.00** A rare clue that helps detectives track down the killer of a girl. **6.30** A man is found shot dead in his home.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Killer in My Village** New edition
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First...**
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
9.35 **WWII: Operation Barbarossa**
10.40 **The Truth About Franco: Spain's Forgotten Dictatorship**
11.55 **Mafia's Greatest Hits**
1.00 PM **Full Steam Ahead**
2.20 **WWII: Operation Barbarossa**
3.30 **The Truth About Franco: Spain's Forgotten Dictatorship**
4.40 **Mafia's Greatest Hits**
5.50 **Full Steam Ahead**
7.10 **WWII: Operation Barbarossa**
8.20 **The Truth About Franco: Spain's Forgotten Dictatorship**
9.35 **Once Upon a Time in Northern Ireland**
10.50 **WWII: Operation Barbarossa**
12.00 M'T **The Truth About Franco: Spain's Forgotten Dictatorship**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Breath of Fire**
7.00 **Discovering: Jamie Foxx**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Man Who Played with Fire**
11.00 **Superpowered: The DC Story**
12.00 NOON **Adrienne**
2.00 PM **Fashion Reimagined**
4.00 **Discovering: Jamie Foxx**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Man Who Played with Fire** 3/4. Jan Stocklassa uncovers a surprising motive for Olof Palme's murder.
8.00 **Ghislaine Maxwell: Epstein's Shadow** 1/3. The complicated life of the former socialite.
9.00 2/3. Ghislaine meets and falls in love with Jeffrey Epstein.
10.00 3/3. Why the former socialite left Jeffrey Epstein.
11.00 FILM **Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★
1.00 AM **Be Water** Documentary.
3.00 **The Apollo** Documentary.
5.00 **to 6.00** AM **Discovering: Jamie Foxx**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Judge Rinder**
3.00 **Robbie Coltrane's Critical Evidence** Joe Kappen.
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Somebody's Hiding Something**
9.00 **Bodies in the Barrels**
10.00 **Secrets of Celebrity Sex Tapes** New edition Mimi Faust.
11.00 **Look What You Made Me Do**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Bodies in the Barrels**
2.00 **Murder by Medic**
3.00 **Secrets of Celebrity Sex Tapes**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
2.00 PM **999 Rescue Squad** The start of the new school term leads to a spate of stabbings.
3.00 The team join a massive search for a missing aeroplane pilot and passenger.
4.00 Treating the victim of a stabbing at a meat plant.
5.00 **Doctor Who** Five episodes.
7.50 **Doctor Who** *The Ambassadors of Death – Part One:* 12/25. The Doctor suspects something has gone terribly wrong in space.
8.25 *The Ambassadors of Death – Part Two:* 13/25. UNIT retrieve the returned Recovery 7.
9.00 *The Ambassadors of Death – Part Three:* 14/25. The Doctor realises the astronauts have been kidnapped.
9.35 *Spearhead from Space – Part Four:* 4/25. UNIT's investigation is blocked. (S7)
10.10 *Terror of the Autons – Part One:* 1/25. The Doctor encounters the Master. (S8)
10.40 PM **to 6.00** AM **Doctor Who**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Gangs of Baboon Falls**
7.00 **Monkey Life** Double bill.
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wildest New Zealand**
10.00 **Living Beach**
11.00 **Deep Dive North America**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Wildest New Zealand**
4.00 **Living Beach**
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Undiscovered Vistas**
9.00 **Arabian Seas** The sharks and rays that patrol Arabia's coral reefs for their prey.
10.00 **Waterworld Africa** An unusual colony of penguins.
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive North America**
1.00 AM **Gangs of Baboon Falls**
2.00 **Undiscovered Vistas**
3.00 **Arabian Seas** As 9.00pm.
4.00 **Dogs with Extraordinary Jobs**
5.00 **to 6.00** AM **Wildest New Zealand**

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Hatcher Family Dairy**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **Borneo's Secret Kingdom**
3.00 **Hostile Planet**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Critter Fixers: Country Vets**
7.00 NEW SERIES **Reptile Planet** Exploring 12,000 reptile species.
8.00 **Critter Fixers: Country Vets – Reptile Comp** New edition The docs take care of pets with scales and shells, while Taft the tortoise needs some hands-on help with a blockage.
9.00 **Deep Sea Killers: Into the Dark** Aquatic predators.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** A wild boar.
4.00 **to 5.00** AM **Africa's Deadliest**

ID

154 141 166

8.00 AM **Murder Comes to Town**
9.00 **Valley of the Damned**
10.00 **The Perfect Murder**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Faking It: Tears of a Crime**
3.00 **American Monster**
4.00 **Evil Lives Here** A look into the case of Tim and Alec Kreider.
5.00 **The Killer in My Family**
7.00 **Disappeared** The case of 36-year-old Air Force veteran Michael VanZandt, who vanished in March 2016.
8.00 The case of retired firefighter Michael Chambers, who vanished in March 2017.
9.00 **Cabin in the Woods** Strange crimes plague Jack Irwin's old cabin when he disappears.
10.00 **American Detective with Lt Joe Kenda** Two bar employees are murdered with a hammer.
11.00 **Before They Kill Again**
12.00 M'T **Real Time Crime**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Secrets Declassified with David Duchovny**
7.00 **Myths & Monsters**
8.00 **The Proof Is Out There**
9.00 **World War Weird**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Secrets Declassified with David Duchovny**
5.00 **Myths & Monsters**
6.00 **The Proof Is Out There**
7.00 **World War Weird** Science trials carried out by the Nazis.
8.00 A Nazi anti-gravity device.
9.00 **Lost Worlds** Underground pathways in Scotland.
10.00 **History's Crazy Rich Ancients** A look into how the rich keep their wealth safe and secure.
10.30 How, for some, acquiring stockpiles of gold was a passion.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Weird Britain** A UFO incident.
5.00 **to 6.00** AM **Combat Ships**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** Footage recounts Japan's attack on Pearl Harbor.
9.00 **Secrets Underground**
10.00 **How Do They Do It?** Examining how the street lamps of Venice are cast.
10.30 A look at how one of the fastest bikes in the world was created, and how pilots perform death-defying acrobatics.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 1934 Buick.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear** Ford Mustang.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Fifth Gear** Testing the Lamborghini Huracan Sterrato.
9.00 **Richard Hammond's Workshop** Richard gambles his money on a 1970 Mark II Jensen Interceptor.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

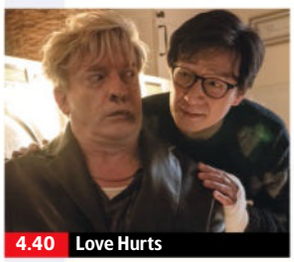
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Wish You Were Here** Drama. (2025, 12) ★★★
7.45 **The Stranger in My Home**
9.25 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
11.30 **Grow** As shown at 6.10pm.
1.20 PM **Code 3** Action comedy. (2025, 15, 104min) ★★★★
3.10 **Presence** As 10.10pm.
4.40 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
6.10 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★



4.40 Love Hurts

8.00 Bridget Jones: Mad About the Boy Romantic comedy starring Renée Zellweger, Chiwetel Ejiofor and Leo Woodall. Recently widowed Bridget enters the dating game again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

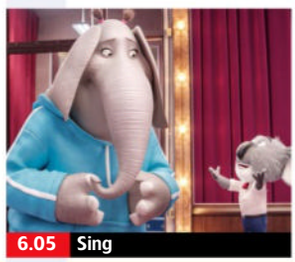
10.10 Presence Steven Soderbergh's horror starring Lucy Liu. A family become convinced they are not alone after moving into their new home in the suburbs. (2024, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Stranger in My Home** Drama. (2025, 15, 91 min)
1.20 AM **Wolf Man** Horror thriller starring Christopher Abbott. (2024, 15, 103min) ★★★
3.10 **Code 3** As shown at 1.20pm.
5.10 **to 7.00** AM **It Feeds** Horror. (2025, 15, 102min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
8.00 **Mr Deeds** (2002, 12) ★★★
9.40 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
11.15 **Wonka** As shown at 8.00pm.
1.15 PM **Hotel Transylvania** (2012)
2.50 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
4.25 **Hotel Transylvania 3: Summer Vacation** (2018) ★★
6.05 **Sing** Animated comedy. (2016, U, 108min) ★★★



6.05 Sing

8.00 Wonka Fantasy adventure starring Timothée Chalamet, Calah Lane, Olivia Colman and Hugh Grant. A young sweet-maker attempts to make his mark, despite the plans of three scheming entrepreneurs. (2023, PG, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bob Marley: One Love Biographical drama starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music. (2023, 12, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
2.05 AM **The Cinema List: SNL**
2.15 **King Kong** Fantasy adventure. (2005, 12, 187min) ★★★★
5.25 **to 7.15** AM **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★

Sky Cinema Drama

310 310 410 510 524

8.00 AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
10.10 **P.S. I Love You** Comedy drama. (2007, 12, 121 min) ★★★
12.20 PM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
2.25 **The Boy in the Striped Pyjamas** Drama starring Asa Butterfield and Vera Farmiga. (2008, 12, 94min) ★★★★
4.15 **One Life** Fact-based drama starring Anthony Hopkins. (2023, 12, 105min) ★★★★
6.10 **The Bridges at Toko-Ri** Korean War drama with William Holden. (1954, U, 99min) ★★★
8.00 **Schindler's List** Steven Spielberg's drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
1.30 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
4.20 **Sky Cinema Preview**
5.20 **to 7.25** AM **Rob Peace** Drama. (2024, 15, 120min) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.00 AM **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
9.10 **The Core** As shown at 2.30am.
11.35 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
1.40 PM **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
3.25 **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 118min) ★★★
5.40 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
8.00 **Riddick** Sci-fi thriller sequel starring Vin Diesel. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. (2013, 15, 122min) ★★★
10.10 **Passengers** Sci-fi drama starring Jennifer Lawrence. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
12.20 AM **The Invisible Man** Thriller starring Elisabeth Moss. (2020, 15, 124min) ★★★★
2.30 **The Core** Thriller starring Aaron Eckhart and Hilary Swank. (2002, 12, 135min) ★★★
5.00 **to 7.00** AM **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.25 AM **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
8.55 **It Takes Two** Family comedy. (1995, U, 97min) ★
10.40 **Paulie** (1998, U) ★★★
12.20 PM **The NeverEnding Story** Fantasy. (1984, U) ★★★
2.00 **Bookworm** Adventure. (2024, 12, 103min) ★★★★
3.50 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
6.00 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★

9.15 Ghostbusters: Frozen...

7.40 **The Flintstones** Comedy with John Goodman, Rick Moranis, Rosie O'Donnell and Elizabeth Perkins. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Ghostbusters: Frozen Empire** Supernatural comedy adventure sequel starring Paul Rudd and Carrie Coon. Three generations of the team join forces to stop a second ice age. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Goosebumps 2: Haunted Halloween** Comedy sequel starring Madison Iseman and Wendy McLendon-Covey. (2018, PG, 86min) ★★
12.55 AM **Pups United** Adventure with Matthew James Roberts. (2015, U, 89min) ★★★
2.30 **Finding Neverland** Period drama starring Johnny Depp. (2004, PG, 101min) ★★★★
4.20 **to 6.00** AM **The Spiderwick Chronicles** As 6.00pm.

Sky Cinema Action

307 307 407 507 521

7.25 AM **William Tell** As 12.50am.
9.40 **Superman IV: The Quest for Peace** Fantasy. (1987, PG) ★
11.25 **Superman Returns** Fantasy. (2006, 12, 154min) ★★★★
2.00 PM **Kong: Skull Island** Adventure. (2017, 12) ★★★★
4.00 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel. (2008, 12) ★★★
5.55 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★

10.50 Total Recall

8.00 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks, Matt Damon, Tom Sizemore and Edward Burns. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Total Recall** Sci-fi thriller remake with Colin Farrell. In a post-apocalyptic future Earth, a worker unlocks memories of his secret past as a super-spy. (2012, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★
3.05 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
4.55 **to 6.40** AM **White Elephant** Thriller starring Bruce Willis. (2022, 15, 100min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
8.05 **Twins** (1988, PG) ★★★
9.55 **Baywatch** Action comedy. (2017, 15, 121min) ★★
12.05 PM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
1.55 **Mean Girls** Musical comedy. (2023, 12, 112min) ★★★
4.00 **The Intern** (2015, 12) ★★★★
6.15 **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★★

9.40 Bad Teacher

8.00 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. With Courteney Cox. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. A gold-digging teacher will stop at nothing to find a rich husband. With Lucy Punch and Jason Segel. (2011, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Horrible Bosses** Comedy starring Jason Bateman. (2011, 15, 93min) ★★★
1.15 AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
2.55 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
4.45 **to 6.40** AM **Dumb and Dumber To** Comedy sequel. (2014, 15, 107min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
8.25 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
10.40 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
1.05 PM **Ocean's Twelve** Thriller sequel. (2004, 12) ★★★★
3.20 **K-19: The Widowmaker** Thriller starring Harrison Ford. (2002, 12, 138min) ★★★
5.50 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★

10.20 Shaft

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Shaft** Crime thriller starring Samuel L Jackson as a streetwise New York cop seeking to bring down the racist killer of a young black student. (2000, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Law Abiding Citizen** Thriller starring Jamie Foxx. (2009, 18, 109min) ★★
2.15 **Lawless** Prohibition-era crime drama starring Shia LaBeouf. (2012, 18, 111min) ★★★★
4.15 **to 6.00** AM **Ruthless** Action thriller with Dermot Mulroney. (2023, 15, 92min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Time Lock** Thriller. (1957, b/w, PG, 73min) ★★
12.30 PM **They Rode West** Western. (1954, U, 97min) ★★
2.15 **Fire Down Below** Drama. (1957, PG, 116min) ★★★
4.35 **Roman Holiday** Comedy. (1953, b/w, U, 118min) ★★★★★
6.55 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★

9.00 The Green Mile

Sleepless in Seattle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Green Mile** Supernatural prison drama based on the novella by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

12.45 **to 3.15** AM **The Last King of Scotland** Darkly comic thriller starring Forest Whitaker and James McAvoy. A young Scottish doctor in 1970s Uganda becomes dictator Idi Amin's personal physician but looks for a way out when he grasps the true nature of his murderous regime. (2006, 15, 123min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.20 AM **Zombieland: Double Tap**
8.10 **Ma** As shown at 7.05pm.
10.00 **The Front Room** As 5.15pm.
11.40 **Us** As shown at 10.55pm.
1.45 PM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
3.25 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
5.15 **The Front Room** Horror thriller. (2024, 15, 94min) ★★

7.05 **Ma** Horror starring Octavia Spencer and Juliette Lewis. (2019, 15, 99min) ★★★
9.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
10.55 **Us** Horror thriller starring Lupita Nyong'o, Winston Duke, Tim Heidecker and Elisabeth Moss. (2019, 15, 116min) ★★★★

1.05 AM **MaXXXine** Thriller starring Mia Goth and Kevin Bacon. (2024, 18, 110min) ★★★
2.55 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
4.40 **to 6.35** AM **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.05 AM **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
8.25 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
10.50 **Dirty Harry** Crime thriller. (1971, 15, 103min) ★★★★★
12.45 PM **Saving Private Ryan** Drama. (1998, 15, 169min) ★★★★★
3.35 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. (1991, PG, 138min) ★★

6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford and Karen Allen. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Kate Capshaw and Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Sean Connery and Harrison Ford. (1989, PG, 127min) ★★★★★

12.10 AM **The Godfather Part III** Francis Ford Coppola's gangster epic. (1990, 15, 162min) ★★★★
3.00 **Taxi Driver** Disturbing drama. (1976, 18, 110min) ★★★★★
4.55 **to 7.15** AM **Clear and Present Danger** Spy action thriller. (1994, 12, 141min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
7.35 **The Inseparables** Animation. (2023, U, 90min) ★★★
9.20 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
11.00 **Rugrats Go Wild** Animation. (2003, U, 81min) ★★★
12.35 PM **Cloudy with a Chance of Meatballs** (2009, U) ★★★★

2.15 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
4.00 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
5.40 **Madagascar** Animated comedy. (2005, U, 86min) ★★★★
7.15 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
9.10 **Bon Voyage, Charlie Brown** Animated family adventure. (1980, U, 70min) ★★
10.35 **Piece by Piece** Animation. (2024, PG, 105min) ★★★

12.20 AM **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
1.40 **Barnyard** Animated comedy. (2006, PG, 90min) ★
3.20 **Buffalo Kids** (2024, U) ★★★
4.50 **to 6.15** AM **Tom and Jerry Cowboy Up!** (2021, U) ★★★

Christmas 24

312 313 419

7.00 AM **A Christmas Contest** Comedy. (2021, PG, 88min) ★★
9.00 **Mystery on Mistletoe Lane** Thriller. (2023, PG, 90min) ★★
11.00 **Three Wiser Men and a Boy** Comedy. (2024, PG, 84min) ★★
1.00 PM **All I Need for Christmas** Drama. (2024, PG, 87min) ★★
3.00 **The Secret Gift of Christmas** Festive drama starring Meghan Ory. (2023, PG, 90min) ★★

5.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
7.00 **The Christmas Quest** Festive adventure with Lacey Chabert. (2024, PG, 90min) ★★
9.00 **Christmas Angel** Romantic comedy starring KC Clyde and Kari Hawker. A loner gets a job helping others anonymously during the run-up to Christmas. (2009, PG, 87min) ★★★
11.00 **Trivia at St Nick's** Festive comedy starring Tammin Sursok. (2024, PG, 84min) ★★

1.00 AM **Believe in Christmas** Romantic comedy with Meghan Ory. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **The Holiday Stocking** Festive fantasy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West**
7.00 **Down Among the Z Men** Comedy. (1952, U, 71min) ★★★
8.25 **WACC Car Rally Home Movie**
8.30 **Out of Town** Documentary.
9.00 **I Love Trouble** Crime drama. (1947, b/w, PG, 93min) ★★
10.55 **A Matter of Murder** Crime drama starring Maureen Riscoe. (1949, b/w, PG, 59min) ★★
12.00 NOON **Dixon of Dock Green**

1.05 PM **The Durant Affair** Drama. (1962, b/w, U, 73min) ★★
2.25 **The Brothers** 5/13. (S6)
3.30 **Ambush in Leopard Street** Drama. (1962, b/w, PG) ★★
4.40 **Hombre** Western starring Paul Newman. (1966, PG) ★★★
6.50 **Strange But True**
7.25 **Scotland Yard** 3/39. (S1)
8.00 **Van der Valk** 2/12. (S3)
9.05 **The Executioner** Spy thriller. (1970, PG, 110min) ★★
11.20 **Penny Gold** Murder mystery. (1974, PG, 90min) ★

1.05 AM **The Weak and the Wicked** Drama. (1953, b/w, PG, 84min) ★
2.50 **Operation Stogie** Comedy. (1959, b/w, U, 75min) ★★
4.00 **Variety Jubilee** Vintage musical. (1943, b/w, U, 89min) ★★
5.50 **to 6.00** AM **What's On TPTV with Noel**

WEDNESDAY Sport 15 October

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE ICC Women's World Cup England v Pakistan.** Coverage of the group match staged at R.Premadasa Stadium in Colombo. Pakistan are playing in their sixth World Cup and will be looking to improve on a record that has seen them finish no higher than fifth in their history. England won the first ever event back in 1973 and have since won the tournament on four occasions, with their last victory coming in England in 2017.
5.45 PM **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre** A round-up of the sports news, with analysis and comments, plus interviews.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
5.00 **to 6.30** AM **LIVE LPGA Tour Golf** Coverage of day one of the BMW Ladies Championship from Pine Beach Golf Links in Haenam-gun, South Korea. Australia's Hannah Green was victorious in this event last year.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** A look at the 2021/22 season.
3.00 **PL Retro** Liverpool v Blackburn Rovers from the 1994/95 season.
5.00 **The Premier League Show**
7.00 **Premier League Stories**
7.30 **Premier League 100 Club** Romelu Lukaku's best goals.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Stories** An interview with Duncan Ferguson.
9.30 **Premier League 100 Club** Wayne Rooney's top-flight goals.
10.00 **Premier League Icons**
10.30 **Premier League Talking Tactics: Andoni Iraola**
10.45 **Premier League Talking Tactics: Enzo Maresca**
11.00 **Premier League Years** A look back at the 2022/23 campaign.
1.00 AM **PL Retro** Liverpool v Chelsea from the 2013/14 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
8.00 **Celtic's Invincibles**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Chelsea v Tottenham Hotspur in 2008.
11.00 **SPFL** Goals from 2009 to 2011.
12.00 NOON **EFL Cup Highlights**
1.00 PM **EFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **WSL** Recent highlights.
4.30 **EFL Highlights** Championship.
5.00 **EFL Greatest Games**
6.00 **EFL Highlights** Championship.
8.00 **EFL League One Goals**
8.30 **EFL League Two Goals**
9.00 **EFL Cup Highlights** Highlights from Liverpool v Southampton.
9.30 Port Vale v Arsenal.
10.00 **EFL Highlights** Action from Millwall v West Bromwich Albion.
10.15 Highlights of Portsmouth v Middlesbrough at Fratton Park.
10.30 Preston v Charlton.
10.45 Action from Sheffield Wednesday v Coventry City.
11.00 **EFL Greatest Games**
12.00 M'T **Retro League One**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Best Goals**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup England v Pakistan.** Coverage of the group match staged at R.Premadasa Stadium, Colombo. Pakistan are playing in their sixth World Cup and will be looking to improve on a record that has seen them finish no higher than fifth in their history. England won the first ever event back in 1973 and have since won the tournament on four occasions, with their last victory coming in England in 2017.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** New Zealand v Sri Lanka in Colombo.
7.30 South Africa v Bangladesh.
8.30 **ICC Women's World Cup 2017** Highlights of England v Australia.
9.00 **ICC Women's World Cup** England v Pakistan from R. Premadasa Stadium, Colombo.
10.00 New Zealand v Sri Lanka from R.Premadasa Stadium.
11.00 England v Pakistan from R.Premadasa Stadium, Colombo.
12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **HotelPlanner Tour Golf**
6.30 **DP World Tour Golf**
7.00 **Ladies European Tour Golf**
8.00 **LPGA Tour Golf** Highlights.
2.00 PM **LIVE Golf** Coverage of the third and final day of the St Andrews Collegiate Championship staged at St Andrews in Fife.
5.00 **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **PGA Tour Champions**
7.00 **Golf** Recent highlights.
10.00 **Ladies European Tour Golf**
11.00 **Golf** Recent action.
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PGA Tour Champions**
1.00 AM **LPGA Tour Golf**
4.30 **Playing Lessons** Aaron Wise.
5.00 **to 6.30** AM **LIVE LPGA Tour Golf** Coverage of the opening day of the BMW Ladies Championship staged at Pine Beach Golf Links.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
2.00 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open and WTA Ningbo Open.
9.30 **WTA Tennis** Wuhan Open.
10.00 **ATP Tour This Week**
10.30 **ATP Tennis** Shanghai Masters.
11.30 **WTA Tennis** Wuhan Open final.
12.30 AM **ATP Tennis** Highlights.
1.30 **WTA Sizzle Reel 2024**
1.45 **ATP Tennis** The Miami Open.
2.15 **Bitesize Tennis** San Diego Open.
2.30 **ATP Tennis** Shanghai Masters.
3.30 **to 6.00** AM **LIVE WTA Tennis** Day four of the Osaka Open at Utsubo Tennis Center in Japan.

TNT Sports 1

410 413 521 408 430

6.00 AM **Fishing: On the Bank**
7.00 **Premier League Stories**
7.30 **Champions League Magazine**
8.00 **Sign Up – Into Football**
8.45 **What I Wore** John Barnes.
9.15 **Ally's Social Club**
9.45 **Training Day** From Brighton.
10.15 **Formula E Unplugged**
11.15 **Men's Cycling Pro Series**
12.15 PM **Ally's Social Club**
1.00 **Premier League Stories**
1.30 **World E-Bike Series Review**
2.00 **LIVE Cycling: Tour of Holland** The opening stage.
4.30 **UIM F1H2O World Championship Highlights**
5.00 **Fishing: On the Bank**
6.00 **TNT Sports Reload**
6.30 **Sign Up – Into Football**
7.15 **TNT Sports Meets**
7.30 **Ultimate Pool** The last 16.
9.00 **Premier League Stories**
9.30 **Champions League Magazine**
10.00 **Superbike World Championship**
11.00 **UIM F1H2O World C'ship**
11.30 **MLB Highlights** Baseball.
1.00 AM **LIVE MLB** Coverage of an MLB Postseason game.
4.15 **MLB Classic** From 1985.
4.45 **My Most Memorable Game**
5.15 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **NWSL** Recent action.
8.00 **The WRC Magazine**
8.30 **Test Cricket Highlights** The three-match series between New Zealand and England.
1.00 PM **MLB Highlights**
2.00 **Between the Lines** Rio Ferdinand speaks to Chelsea manager Enzo Maresca.
2.30 **AFL** Action from Geelong Cats v Brisbane Lions in the Grand Final.
4.00 **Training Day** Peter Crouch, Steve Sidwell and Wayne Bridge visit Greenfell Athletic FC.
4.15 **The Gallagher PREM – The Wrap Up** Week three fixtures.
4.30 **UEFA Champions League Road to Glory** A look back at Manchester United's 2007/08 Champions League success.
5.30 **Tom Daley: 1.6 Seconds**
7.00 **WRC Review** The latest action from the Central European Rally.
9.00 **UFC** A chance to see Charles Oliveira v Mateusz Gamrot.
12.00 M'T **WNBA** Game five of the finals.
1.00 AM **LIVE WNBA** Coverage from game six of the WNBA finals.
3.30 **UFC Fight Flashback**
4.00 **to 6.00** AM **Men's Cycling Pro Series**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
10.15 **Kansas City Chiefs: The Franchise** Behind the scenes.
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Action from New York Jets v Denver Broncos.
5.00 Highlights from Cleveland Browns v Minnesota Vikings.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **The Runway** Behind the scenes with the New York Jets.
8.45 **NFL Bitesize Highlights** Action from a week six match.
9.00 **NFL Highlights** Jacksonville Jaguars v Kansas City Chiefs.
10.00 **NFL Bitesize Highlights** Action from week six matches.
10.30 Highlights from Kansas City Chiefs v Detroit Lions.
10.45 Action from New York Giants v Philadelphia Eagles.
11.00 **NFL Fantasy** Expert analysis.
12.00 M'T **The Insiders** NFL news.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
2.00 PM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
7.35 **LIVE EFL Trophy Football Mansfield Town v Newcastle United U21.** Coverage of the Group F match from the One Call Stadium. Both teams lost their opening group fixtures in September so will be desperate to win their second group match here. Kick-off is at 7.45pm.
9.45 **EFL Greatest Games** Action from memorable EFL fixtures.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
3.30 **to 6.00** AM **LIVE WTA Tennis** Coverage of the fourth day's play of the WTA Osaka Open, a hard-court tournament staged at Utsubo Tennis Center in Japan.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **ATP Tennis** Shanghai Masters.
8.00 **WTA Tennis** Wuhan Open.
8.30 **DP World Tour Golf**
9.00 **ICC Women's World Cup**
10.00 **GB3 Championship Highlights**
11.00 **British GT Championship**
12.00 NOON **Formula 1**
1.00 PM **ICC Women's World Cup**
2.00 **PL Greatest Games**
3.00 **PGA Tour Golf** Highlights.
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **GB3 Championship Highlights**
5.30 **British GT Championship**
6.30 **ICC Women's World Cup**
8.30 **ATP Tennis** Shanghai Masters.
9.30 **WTA Tennis** Wuhan Open.
10.00 **PGA Tour Champions**
11.00 **DP World Tour Golf**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1** Archive action.
3.00 **EFL Greatest Games**
4.00 **Best of the Open Zone 2016**
5.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day one of the BMW Ladies Championship in South Korea.

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP Highlights**
9.45 **Superbike Rewind**
10.00 **Grit and Glory: Enduro Mountain Bike Racing**
10.30 **World E-Bike Series Review**
11.00 **NWSL** Recent action.
1.00 PM **Sign Up – Into Football**
1.45 **UEFA Champions League – Stories of the Finals**
2.00 **Superbike World Championship Highlights**
3.00 **MotoGP Classics**
6.00 **MotoGP Films**
6.45 **Superbike Rewind** Portugal.
7.00 **Test Cricket Highlights**
9.00 **Men's Cycling Pro Series**
11.00 **Playing for Our Future: Cycling**
11.15 **Superbike Rewind** Portugal.
11.30 **UEFA Champions League – Classics** Archive highlights.
1.00 AM **UEFA Champions League Road to Glory** Manchester Utd.
2.00 **Ultimate Pool** The last 16.
3.30 **The WRC Magazine**
4.00 **to 6.00** AM **NWSL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
3.00 PM **Serie A** AC Milan v Napoli.
4.00 Fiorentina v AS Roma.
5.00 Juventus v AC Milan.
6.00 **MLB Highlights** Baseball.
7.00 **Longines Global Champions Tour** The Grand Prix of Rome.
8.00 **World E-Bike Series Review**
8.30 **In My Blood** With Laura Woods and Bukayo Saka.
9.00 **Too Good to Go Down** The difficulty of the post-Matt Busby era at Manchester United.
10.45 **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
11.45 **The Gallagher PREM – The Wrap Up** Week three fixtures.
12.00 M'T **The Gallagher PREM** Sale Sharks v Newcastle Red Bulls.
1.00 AM Highlights from Bristol Bears v Exeter Chiefs.
2.00 **The Gallagher PREM**
5.00 **to 6.00** AM **Superbike World Championship Highlights**

Premier Sports 1

419 551

6.00 AM **Highlights**
8.00 **Transworld Sport** Magazine.
9.00 **NASCAR** South Point 400.
10.00 **Rugby Union Highlights**
11.30 **Motorsport Highlights**
1.00 PM **LaLiga Match Highlights**
2.00 **NHL on the Fly** The latest news.
3.00 **Sporting Greats**
3.30 **FIM Sidecarcross**
4.30 **Transworld Sport** Magazine.
5.30 **Top 14 Rugby Union Hlts**
6.00 **LaLiga Match Highlights**
6.20 **NHL Tonight** Best defensemen.
7.15 **LIVE Elite Ice Hockey League Glasgow Clan v Sheffield Steelers.** Face-off 7.30pm.
10.15 **NHL: This is Hockey**
10.40 **LaLiga Match Highlights**
11.00 **Women's Football Weekly**
11.30 **Transworld Sport** Magazine.
12.30 AM **NASCAR Highlights**
1.30 **NHL Tonight** Highlights.
2.30 **LIVE NHL Ice Hockey St Louis Blues v Chicago Blackhawks.**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union** Clermont Auvergne v Toulon.
8.00 Toulouse v Bordeaux.
10.00 **NHL Ice Hockey** Toronto Maple Leafs v Nashville Predators.
12.00 NOON **FastZone** Highlights show.
12.30 PM **Bike World** Magazine.
1.00 **United Rugby Championship** A replay of Cardiff v Connacht.
3.00 Ospreys v Zebre.
5.00 **FastZone** Motorsports highlights.
5.30 **LaLiga** Espanyol v Real Betis.
7.30 **United Rugby Championship** Glasgow Warriors v Dragons.
9.30 **NHL Ice Hockey** Toronto Maple Leafs v Nashville Predators.
11.30 **FastZone** Motorsports highlights.
12.00 M'T **LIVE NHL Ice Hockey Detroit Red Wings v Florida Panthers.** The Eastern Conference game at Little Caesars Arena. Face-off is at 12.00m't.
3.00 AM **NHL: This is Hockey**
3.30 **FastZone** Motorsports highlights.
4.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** The United States Grand Prix from 2018 to 2023.
11.00 **Formula 1** A chance to see the 2021 United States Grand Prix.
1.10 PM The 2022 United States Grand Prix from Austin, Texas.
3.35 **Formula 1** A chance to see the 2023 United States Grand Prix.
5.45 A chance to see the 2024 United States Grand Prix in Texas.
8.00 **Formula 1** Action from the United States Grand Prix between 2019 and 2024.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

16 October

Evening Planner

Drama

The Iris Affair

Sky Atlantic & Sky Showcase, 9pm

A genius (Niamh Algar) goes on the run through Europe after stealing a code from an entrepreneur (Tom Hollander).

Documentary

How I Made £1 Million in 90 Days

C4, 10pm

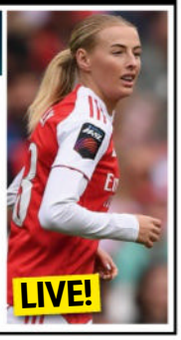
Film-maker and internet trickster Oobah Butler tries to become a millionaire.

OnDemand

Disney+

Women's Champions League

Tonight's games include Atletico Madrid v Man Utd (k-o 5.45pm) and Benfica v Arsenal (k-o 8pm).



OnDemand

NETFLIX

The Diplomat

Available today

The political thriller returns, with Kate (Keri Russell) reeling from the news that there is a new President.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 The Celebrity Traitors		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Highland Cops		9.00 Saving Lives at Sea in World War II		10.00 The Celebrity...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Long Lost Family		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Homes in the Wild		9.00 Taskmaster		10.00 How I Made £1 Million in 90 Days	
	105 5	7.00 The Taste Test Restaurant		8.00 Yorkshire Great and Small with Dan...		9.00 All Creatures Great and Small		10.00 A&E After Dark	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Strongman		9.00 The Iris Affair		10.00 Brassic	
ENTERTAINMENT	115 BBC3	7.00 Horrible...	7.30 The Hit List Celebrity Special	8.15 Alan Carr's Picture Slam		9.00 RuPaul's Drag Race UK		10.10 Dreaming Whilst Black	
	116 BBC4	7.05 Film: The Mirror Crack'd			8.45 Angela Lansbury at the NFT		9.30 Mercury Prize: Album of the Year		
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Great Estates from Above		10.00 Film: Red Sparrow	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 The Iris Affair		10.00 Sweetpea	
	110 U&GOLD	7.05 Dad's Army	7.40 The Good Life						10.15 Live at the Apollo
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.50 Heartbeat		8.00 Midsomer Murders					
	120 ITV4	‹ 6.55 Kojak		8.00 Ice Road Truckers		9.00 Film: Rambo: First Blood Part II			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jeff Dunham: I'm with Cupid		10.00 South Park	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Strongman		9.00 Strike Back: Silent War		10.00 Brassic	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Portrait Artist of the Year 2025		8.00 Classic Movies: The Story of The 39...		9.00 The Directors		10.00 Discovering: Basil Rathbone	
	132 U&W	7.00 MasterChef Australia		8.00 Pete Wicks: For Dogs' Sake		9.00 Louis Theroux: Miami Mega Jail			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Naked And Afraid Apocalypse			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Melbourne Airport		9.00 Ice Road Rescue		10.00 Life Below Zero: First Alaskans	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Iconic Combat Machines		9.00 Swamp Mysteries with Troy Landry		10.00 Strange Evidence	
	155 U&YESTERDAY	7.00 Russia with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Flipping Bangers		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Man Who Played with Fire		8.00 David Frost Vs		9.00 Film: Going Clear: Scientology and the Prison of Belief			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.40 Bridget Jones: Mad About the Boy		8.00 Presence			9.30 Wolf Man		
	302 HALLOWEEN	7.05 Cuckoo				9.00 Zombieland			10.40 I Don't...
	303 HITS	‹ 6.00 Jack Reacher: Never Go Back		8.00 The Da Vinci Code					10.30 Angels &...
	304 GREATS	‹ 6.00 Blade Runner		8.00 Men in Black			9.40 The Shining		
	305 ANIMATION	‹ 6.00 Kung Fu Panda 2	7.40 The Angry Birds Movie				9.30 The Angry Birds Movie 2		
	306 HARRY POTTER	‹ 6.45 Harry Potter and the Half-Blood Prince					9.20 Harry Potter and the Deathly Hallows: Part I		
	307 ACTION	‹ 5.10 Saving Private Ryan		8.00 Man of Steel					10.25 Rambo
	308 COMEDY	‹ 6.05 Pixels		8.00 School of Rock				10.00 Ace Ventura Pet Detective	
	309 THRILLER	‹ 6.20 Restless		8.00 Trap				10.00 Layer Cake	
	310 DRAMA	‹ 5.40 Dreamgirls		8.00 Mamma Mia!				10.00 Mamma Mia! Here We Go Again	
	311 SCIENCE FICTION	‹ 5.50 Passengers		8.00 Ghostbusters: Frozen Empire				10.00 Edge of Tomorrow	
	313 FILM4	‹ 6.45 Gemini Man				9.00 Bridge of Spies			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 EFL – Live: Huddersfield Town v Bolton Wanderers (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	10.30 Wunderkind...
	403 FOOTBALL	7.00 WSL	7.30 EFL – Live: Huddersfield Town v Bolton Wanderers (Kick-off 8.00)						10.30 EFL Goals
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	7.00 WNBA		8.00 MLB Highlights		9.00 MLB: Off the Bat	9.30 MLB Lead Off...	10.00 MLB – Live	
	411 TNT SPORTS 2		7.15 Formula E Flashback				9.15 MotoGP Films	10.00 MotoGP Highlights	

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Bike recovery specialist Bilal hunts down a stolen £2,500 e-bike. (S)
2.30 **Lost and Found in the Lakes** A missing motorbike. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** A Victorian movie machine. (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** Gina tries to distract herself, Oscar and Nigel join forces to see out a plan, while Johnny realises his mistake. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 12/14. The latest investment suggestions include a headwear brand that trades brollies for bonnets, food-and-drink hampers for every occasion and a mobile grave-tending service. (S)(AD)

9 PM

9.00 **The Celebrity Traitors** New edition 4/9. As the players fall deeper into the game, a new day brings new suspicions among the Faithful. (S)(AD)
■ *The Celebrity Traitors: Uncloaked* follows on BBC2

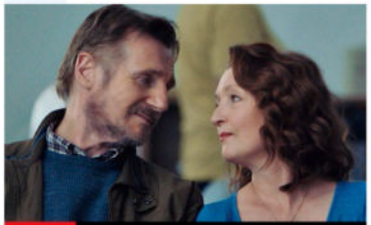
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate from Bishop's Stortford, Hertfordshire, inviting a panel of politicians and other guests to answer questions from an invited audience on subjects that have made the headlines in the past week. (S)
11.40 **Newscast** Light-hearted discussion of the week's political events. (S)
12.10 AM **The Weakest Link** Romesh Ranganathan hosts a celebrity battle of the nations special, featuring two contestants each from England, Wales, Scotland and Northern Ireland. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
8.30 **Sign Zone: See Hear** New edition
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Trawlermen: Hunting the Catch** The crew of *Golden Promise* face Force 6 winds. (S)(R)(AD)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** New edition With Una Healy, Joanna Page, Emmanuel Sonubi and Jack P Shepherd. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara serves up the latest backstage gossip. (S)



11.00 Ordinary Love

7.00 **Celebrity Antiques Road Trip** Actor and comedian Crissy Rock faces personality, presenter and good pal Scarlett Moffatt, assisted by antique experts Margie Cooper and Christina Trevanion. (S)(R)

8.00 **NEW SERIES Highland Cops** 1/7. Return of the documentary series. Sgt Katie Duncan responds to a knife assault in Fort William, while simultaneous police raids in Inverness target county lines drug gangs. (S)(AD)

9.00 **Saving Lives at Sea in World War II** In this special edition, Dermot O'Leary uncovers the story of the institution's heroic efforts in World War Two, to commemorate the 2024 bicentenary of the RNLI. (S)(R)

10.00 **The Celebrity Traitors: Uncloaked** New edition 4/9. Ed Gamble is joined by the latest banished and murdered players. (S)(AD)
10.30 **Newsnight** (S)

11.00 **FILM Ordinary Love** Drama with Lesley Manville and Liam Neeson. A couple attempt to navigate the world of serious illness. (S) (2019, 12, 85min) ★★★★
12.25 AM **Sign Zone: See Hear** (S)(SL)(R)
12.55 **Sign Zone: Dragons' Den** (S)(R)
1.55 **Sign Zone: How Are You? It's Alan (Partridge)** (S)(R)(AD)
2.25 **Sign Zone: Secrets of the Brain**
3.25 **Sign Zone: Cracking the Case – The Heist, the Hit and the Hunt**
3.55 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is in Preston with antiques dealers Alison Chapman, Tim Hogarth, Jan Keyne and Henry Nicholls. (S)(R)(AD)
3.00 **Tenable** A team of amateur dramatic enthusiasts answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7.30 **Emmerdale** Dylan and April are pushed into dangerous situations, while a suggestion from Joe brings more conflict, and Robert lies to Aaron. (S)(AD)

8.30 **Tonight: Price Rises – Cutting the Cost of Your Weekly Shop** New edition Reporter Kate Quilton investigates the double-digit percentage increase on some staple foods over the last year. (S)

9.00 **Long Lost Family** New edition The cases of a man searching for his older brother who was given up for adoption, and a woman looking for the three other children her birth mother had before she went missing. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)

11.15 **FILM The Living Daylights** James Bond adventure starring Timothy Dalton. Agent 007 discovers that there's more to a Russian general's defection than meets the eye. With Maryam D'Abo. (S)(AD) (1987, PG, 130min) ★★★
1.25 AM **Teleshopping**
3.00 **Genius Game** (S)(SL)(R)(AD)
4.05 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Louise and Paul's farmhouse transformation moves onto an exciting new stage. (S)
5.00 **Four in a Bed** New edition The final visit of the week is to Ashbourne Holidays, Derbyshire. (S)
5.30 **Come Dine with Me** Catering manager Garry plays host. (S)(R)
6.00 **A Place in the Sun** New edition A couple seek their very own characterful bolthole on Crete. (S)

9.00 Taskmaster

7.00 **News** (S)

8.00 **George Clarke's Homes in the Wild** New edition 3/6. The host visits Lord Howe Island, a Pacific gem off Australia's east coast, where residents thrive using its natural resources amid a close-knit community spirit. (S)(AD)

9.00 **Taskmaster** New edition 6/10. Greg Davies presides as Reece Shearsmith tries to build a ladder out of chopsticks, Maisie Adam hits a new low, and Sanjeev Bhaskar tries to crush an egg. (S)(AD)

10.00 **NEW How I Made £1 Million in 90 Days** Oobah Butler sets himself the challenge of becoming a millionaire, meeting a range of colourful entrepreneurs as he immerses himself in the world of big business. (S)(AD)

11.05 **8 Out of 10 Cats Does Countdown** With Guz Khan. (S)(R)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.00 **FILM Omen** Belgian-Congolese drama. (S) (2023, 15, 95min) ★★★
2.35 **FILM The Mustang** Drama. (S)(SL) (2019, 15, 95min) ★★★
4.10 **Come Dine with Me: The Professionals** East London. (S)(R)
5.00 **Kirstie and Phil's Love It or List It**
5.55 **to 6.35** AM **Countdown** (S)(R)

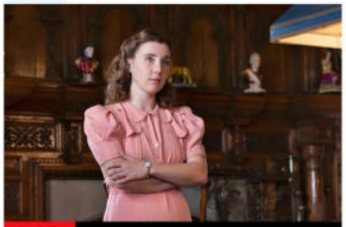
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **Mother Knows Worst** Thriller starring Lisa Rinna and Briana Skye. (S) (2024, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Clive and Bernie take in the sights of Argostoli, Cephalonia. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Pyrenees Adventure** 3/4. Michael visits a young couple from Luxembourg who left city life behind to become pig farmers. (S)(R)
6.55 **News** (S)



9.00 All Creatures Great and Small

7.00 **The Taste Test Restaurant** New edition Presenter Tom Read Wilson invites diners to sample posh foods from Britain's supermarkets and brands. (S)(AD)
7.55 **News** (S)

8.00 **Yorkshire Great and Small with Dan and Helen** New edition Helen Skelton and Dan Walker set off to explore the Holme Valley, uncovering sweeping views, hidden gems and a few surprises along the way. (S)

9.00 **All Creatures Great and Small** New episode *Jenny Wren:* 4/7. Helen is thrilled when Jenny gets some exciting news, and when Mrs Hall asks for time off, Siegfried starts to panic. (S6) (S)(AD)

10.00 **A&E After Dark** At Birmingham's Queen Elizabeth Hospital, police and paramedics bring in a man who is claiming he has been stabbed, but medics struggle to treat him as he is lashing out. (S)(R)(AD)

11.05 **Surgeons: A Matter of Life or Death** Documentary. (S)(R)
12.05 AM **Casualty 24/7: Every Second Counts** The entire department is full. (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Churchill** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S1) (S)(R)
11.00 **Deep Dive North America** (R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 8/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Chief of Hearts:* Homer strikes up a friendship with Chief Wiggum. (S)(R)
5.30 *The Squirt and the Whale:* Lisa befriends a beached whale she and Bart discover while out treasure hunting. (S)(R)
6.00 **The Office (US)** 7/28. The annual customer survey brings shocking news. (S)(R)
6.30 8/28. Michael is sent on a business trip to Canada, joined by Oscar and Andy. (S5) (S)(R)

8.00 Rob & Romesh vs Strongman

7.00 **The Simpsons** *Treehouse of Horror XXXIV:* Springfield suffers an outbreak of Homers. (S)(R)
7.30 *Treehouse of Horror XXXIII:* Marge is possessed by a monster, and Lisa goes on a killing spree. (S)(R)

8.00 **Rob & Romesh vs Strongman** The comedians enter the world of strongman competitions and head to Iceland to train with former champion Magnus Ver Magnusson. (S)(R)(AD)

9.00 NEW SERIES **The Iris Affair** 1/8. Thriller starring Tom Hollander and Niamh Algar. An enigmatic genius and a mysterious entrepreneur are pitted against each other. *See feature, page 6.* (S1) (S)(AD)
■ Continues tomorrow

10.00 **Brassic** New episode *The Wizard of E:* 4/6. Curtis Plum revives his DJ persona for a dying man, but the gang need to find his old hype man The Wizard of E, who vanished years previously. (S7) (AD)

11.00 **Never Mind the Buzzcocks** With Natasha Bedingfield, Sam Ryder and Five. (S)(R)(AD)
11.45 **A League of Their Own Road Trip: Southeast Asia** (S)(R)
12.45 AM **Curb Your Enthusiasm** 7&8/10. Double bill. (S5) (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 8/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City **12.10am** Scotcast **12.40** FILM PREMIERE The Boogeyman (2023, 15, 90min) ★★★ **2.10** Weather for the Week Ahead **2.15-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50** The Weakest Link **1.35-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
7.00pm The Great House Revival **7.50-8.00pm** Chronicles of the Sperrins
WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up **7.30-8.00pm** Nigella: At My Table

ITV1

As main ITV1 except:
ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm The Last Word
WALES
10.45-11.15pm Coast & Country
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Bwyd Epic Chris **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ironman Cymru **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le **9.45** Iaith ar Daith **10.45** Arfordir Cymru: Môn **11.15-11.45pm** GISDA: Drws I'r Digartre

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** A tribute to formidable nurse Florence Nightingale.
7.25 **The Catch Up**
7.30 **The Hit List Celebrity Special** With Lady Leshurr, Kiri Pritchard-McLean, Will Kirk, Shane Richie, Russell Watson and Shazia Mirza
8.15 **Alan Carr's Picture Slam** Image-based game show.
9.00 **RuPaul's Drag Race UK** New edition 4/10. The queens star in an *Absolutely Fabulous* acting challenge.
10.10 **Dreaming Whilst Black** New episodes 4/6. Kwabena tries to win Vanessa back.
10.35 5/6. Network executive Pippa makes a set visit on *Sin and Subterfuge*.
11.05 Series finale 6/6. Kwabena must ask Simon for a favour. (S2)
■ Entire series on BBC iPlayer
11.30 **BBC New Comedy Awards**
12.00 M'T **Film Club** 3&4/6. (S1)
1.05 AM **Kirkmoore**
1.25 **Dreaming Whilst Black**
2.50 **to 3.55** AM **RuPaul's Drag Race UK**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Natural World: Penguin Post Office** Gentoo penguins raising chicks in the Antarctic.
7.05 FILM **The Mirror Crack'd** Agatha Christie murder mystery starring Angela Lansbury and Elizabeth Taylor. Miss Marple investigates a murder on a film being shot in the English countryside. (1980, PG, 105min) ★★
8.45 **Angela Lansbury at the NFT** The actor talks to columnist Rex Reed.
9.30 NEW **Mercury Prize: Album of the Year** The annual music awards ceremony from Newcastle.
10.45 FILM **The Blues Brothers** Comedy with John Belushi and Dan Aykroyd. (1980, 15, 135min) ★★★★★
12.50 AM **How to Get Ahead at Renaissance Court**
1.50 **Angela Lansbury at the NFT** As shown at 8.45pm.
2.30 **to 3.30** AM **Blood and Gold: The Making of Spain with Simon Sebag Montefiore**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim and Fuzz get to work on a 1929 Rolls-Royce 'doctor's coupe'.
4.50 Tim and Fuzz restore a 1997 Peugeot 106 Rallye.
5.50 **Escape to the Chateau** Dick and Angel throw a garden party for Arthur and Dorothy's friends.
6.55 **The Dog House Australia** Dog walker Amy meets Chihuahua-cross Angel.
7.55 **The Dog House** Doting owners Yvonne and Graham seek a companion for their sausage dog Baxter.
9.00 **Great Estates from Above** New edition 2/4. Exploring the 10,000-acre Castle Howard Estate in Yorkshire as it races to complete a huge renovation ahead of its spring opening to the public.
10.00 FILM **Red Sparrow** Spy thriller starring Jennifer Lawrence and Joel Edgerton. A ballerina is recruited to a Russian intelligence service, where she is forced to use her body as a weapon. (2018, 15, 134min) ★★★
12.50 AM **24 Hours in A&E** A patient is brought in having broken his leg.
1.55 **24 Hours in A&E** A teenager who put his hand through glass is rushed in.
2.55 **to 4.00** AM **Emergency Helicopter Medics**

+1 hour 236/237 347 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.50 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
7.55 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 19-22/24. (S9)
1.55 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *The Good, the Sad and the Drugly:* Bart tries to win the affections of a girl at his school.
7.30 *Blazed and Confused:* The family attend a community festival.
8.00 **First Dates** A pair of divorcees go in search of a more successful match.
9.00 **Gogglebox** Appraisals of *Nadiya's Fast Flavours* and *Sitting on a Fortune.*
10.00 Opinions on *The Graham Norton Show* and *Mary Berry: Love to Cook.*
11.05 **Open House: The Great Sex Experiment**
12.10 AM **Celebrity First Dates**
1.15 **Gogglebox**
2.20 **Below Deck Sailing Yacht**
3.05 **Modern Family**
3.30 **The Simpsons**
3.55 **The Big Bang Theory**
4.40 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 4/22. The team must track down a sniper. (S1)
1.00 PM **The Rookie** 4/20. Nolan and Lopez track down an escaped criminal. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Law & Order: Criminal Intent *Pravda:* 5/21. A reporter's lover becomes the prime suspect in her murder. (S3)

9 PM

9.00 FBI New episode *Shelter:* 11/22. A gunman opens fire at a homeless shelter in Astoria. (S7)

10 PM

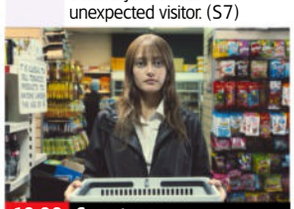
10.00 FBI: International New episode *Veritas Fidelis:* 11/22. A student is found dead at a prestigious university. (S4)
11.00 **Law & Order: Special Victims Unit** 7/22. (S26)
12.00 M'T **Law & Order: Criminal Intent** 2/21. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **Law & Order: SVU** (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From Venice.
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.15 PM **Game of Thrones** (S5)
1.20 **My Brilliant Friend** 5/8. (S2)
2.30 **Boardwalk Empire** (S4)
4.40 **Homicide: Life on the Street** 13/22. A shopkeeper is killed.
5.45 14/22. A wealthy woman is murdered. (S5)
6.45 **Game of Thrones** 2/7. Daenerys receives an unexpected visitor. (S7)


10.00 Sweetpea

7.50 Game of Thrones *The Queen's Justice:* 3/7. Jon and Daenerys finally meet, Cersei gains a ally, Sansa receives a visitor and Sam is confronted for his actions. (S7)

9.00 NEW SERIES The Iris Affair 1/8. Tense thriller starring Tom Hollander and Niamh Algar. *See feature, page 6.* (S1)

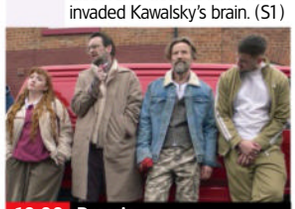
10.00 Sweetpea *Sorry for Your Loss:* 1/6. Rhiannon Lewis is living a mundane life – until everything turns upside down. (S1)
11.00 **The Last of Us** 5&6/7. (S2)
12.55 AM **Dexter: New Blood** 10/10. Dexter and Harrison try to live a normal life. (S1)
2.00 **Banshee** 1/10. Ana is taken to the DA for questioning. (S2)
3.00 **Game of Thrones** (S7)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 19/20. (S8)
9.00 **Stargate SG-1** (S1)
11.00 **SEAL Team** 16/16. (S4)
12.00 NOON **The Flash** 20/20. (S8)
1.00 PM **Hawaii Five-0** (S4)
3.00 **S.W.A.T.** 8/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 15/16. Bravo join forces with Alpha team in order to protect a crucial Nigerian pipeline. (S4)
6.00 **Stargate SG-1** 3/22. Doctors discover a Goa'uld larva has invaded Kawalsky's brain. (S1)


10.00 Brassic

7.00 Stargate SG-1 *Emancipation:* 4/22. Samantha finds herself battling for equality on the planet Simarka. (S1)

8.00 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

9.00 Strike Back: Silent War 2/10. Mac, Wyatt and Novin continue their hunt for the missing Russian jet. (S7)

10.00 Brassic New episode *The Wizard of E:* 4/6. Curtis Plum revives his DJ persona for a dying man. (S7)
11.00 **Never Mind the Buzzcocks** With Natasha Bedingfield, Sam Ryder and Five.
11.45 **A League of Their Own Road Trip: Southeast Asia**
12.50 AM **From** 9/10. (S1)
1.55 **Road Wars**
3.00 **S.W.A.T.** 8/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **The Big Bake**
8.40 **Sam and Billie: Sister Act**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Sam and Billie: Sister Act**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 Deal or No Deal Stephen Mulhern hosts as Becca takes on the Banker for the chance to win a life-changing cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based on logic and common sense.

9.00 Big Brother New edition Housemates live under 24-hour surveillance as they attempt to avoid eviction from the house.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 20/30. Stewie becomes a sports bookie. (S4)
11.35 16/18. Peter makes a group of female friends. (S13)
12.05 AM **American Dad!** (S15)
1.05 **Extraordinary** 6/8. (S2)
1.40 **Deal or No Deal**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Doc Martin** 5/8. (S7)
10.10 **The Royal**
11.10 **Heartbeat** Double bill.
1.20 PM **Classic Emmerdale**
2.20 **Classic Coronation Street**
3.30 **Downton Abbey** 3/9. (S3)
4.40 **Doc Martin** 6/8. Martin uncovers a health scare at James's birthday party. (S7)
5.45 **Heartbeat** *Truth Games:* Jackie represents a businessman accused of rape.

6.50 Heartbeat

6.50 Heartbeat *Consequences:* The constabulary are on guard as the village is plagued by a series of mysterious explosions.

8.00 Midsomer Murders *With Baited Breath:* Anglers and mud-runners clash at the village of Solomon Gorge with the bitterness leading to someone dying after being electrocuted.

10.00 Midsomer Murders *The Straw Woman:* Midsomer Parva plays host to the revival of a traditional pagan festival held to banish evil spirits.
11.55 **Wire in the Blood** 3/4. Hill investigates a series of deaths resembling the martyrdoms of Christian saints and realises they are being instigated by a shadowy figure. (S4)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: The Haggis Hunters** Following families competing in the World Haggis Championships in Perth.
8.00 **My Kind of Town** Ian Hamilton visits Girvan.
8.30 **Landward** New edition Dougie investigates the rise in livestock diseases caused by ticks.
9.00 **Highland Cops** 1/7. Sgt Katie Duncan responds to a knife assault in Fort William.
10.00 **Limmy's Show** 1/6. Falconhoof has a difficult caller to deal with. (S1)
10.30 **Burnistoun** 1/6. A motorist struggles with their satnav. (S3)
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Scot Squad**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.15 **Girls** 1&2/10. (S1)
12.35 PM **The Office (US)**
1.35 **The Conners** (S2)
2.35 **The Office (US)** (S5)
3.35 **Will & Grace** (S4)
4.35 **Sex and the City** (S2)
5.50 **Will & Grace** (S4)
6.50 **The Office (US)** (S5)
7.50 **Sex and the City** 4/18. Samantha dates a club owner.
8.25 5/18. The girls attend a funeral. (S2)
9.00 **Kevin Hart: Reality Check** Stand-up special.
10.15 **The Chair Company** 1/8. Comedy starring Tim Robinson. (S1)
10.55 **And Just Like That...** 11/12. Sitcom. (S3)
11.30 **Entourage** 3&4/8. (S1)
12.35 AM **Girls** (S3&4)
1.45 **Veep** (S4&5)
2.55 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Starry Night in Maastricht**
1.00 PM **Tales of the...**
2.00 **Landscape Artist of the Year: National Trust Favourites**
3.00 **Stories from Tate Britain** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Portrait Artist of the...**
8.00 **NEW SERIES Classic Movies: The Story of The 39 Steps**
9.00 **The Directors**
10.00 **Discovering**
11.00 **Ian Dury and the Blockheads: Hold on to Your Structure**
12.20 AM **Greatest Albums**
1.20 **Statues Redressed**
3.20 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** 3/26. (S4)
8.00 **Star Trek: Deep Space Nine** 6/26. (S5)
9.00 **Killer in My Village** The suspicious death of Sabrina Cooper.
10.00 **The Real Manhunter**
11.00 **Grimm** 3/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five charity colleagues take part.
3.00 **Beat the Chasers**
4.00 **Tenable for Soccer Aid** Five football teammates join forces to take on the Tenable tower.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Richard tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Joe and sister-in-law Jo are the first to take on the ladder.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Ant & Dec's Limitless Win**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 21&22/24. (S6)
12.00 NOON **Highway to Heaven** 22/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S2)
6.10 **Rising Damp** 3/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
8.20 **Dear John** 2/7. (S2)
9.00 **FILM Bless This House** Comedy spin-off starring Sidney James and Diana Coupland. (1972, U, 89min) ★★
11.00 **Rising Damp** 3/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H**
1.00 AM **Dear John** 2/7. (S2)
1.35 **The Fall and Rise of Reginald Perrin** (S2)
2.10 **Home to Roost** (S1)
3.00 **Born and Bred** (S2)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.15 **The Protectors**
6.45 **The Saint**
7.50 **Kojak** Double bill.
9.55 **Magnum, PI**
11.55 **BattleBots**
1.05 PM **Kojak** Double bill.
3.15 **Magnum, PI** Double bill.
5.20 **The Saint** *The Scales of Justice:* Templar investigates the suspicious deaths of five company directors.
6.25 **American Pickers** Mike and Frank visit the Alabama Museum of Wonder.

9.00 Rambo: First Blood Part II

6.55 **Kojak** *Queen of the Gypsies:* A gypsy fortune teller involved in a counterfeiting scam witnesses a bank robbery.

8.00 **Ice Road Truckers** The drivers decide to form a convoy so they can deliver vital supplies to the Diavik mine.

9.00 FILM **Rambo: First Blood Part II** Action drama sequel starring Sylvester Stallone. Vietnam veteran John Rambo returns to the jungles of South East Asia on a mission to rescue American PoWs. (1985, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 FILM **Live Free or Die Hard** Action thriller sequel starring Bruce Willis, Timothy Olyphant and Justin Long. (2007, 15, 128min) ★★★★
1.25 AM **BattleBots**
2.25 **Motorsport Mundial**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 14/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 2/26. (S3)
2.00 **Warehouse 13** 11 & 12/13. (S3)
4.00 **Star Trek: The Next Generation** 14/22. (S2)
5.00 **Stargate Atlantis** 12/20. (S5)
6.00 **Star Trek: Enterprise** 6/26. Mining colonists need Archer's help to defend themselves against hostile Klingons. (S2)

2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *The Search – Part Two:* 2/26. The Federation negotiate a peace treaty with the Dominion. (S3)

8.00 **Stargate Atlantis** *Outsiders:* 12/20. The team must persuade the population of a village to evacuate. (S5)

9.00 **Grimm** *Cat and Mouse:* 18/22. Nick and Hank investigate a string of murders. Guest stars Sebastian Roche.

10.00 **Grimm** *Leave It to Beavers:* 19/22. A creature is found drowned in wet cement. Guest stars David Zayas. (S1)
11.00 **Lovecraft Country** 2/10. Atticus grows suspicious of the hosts at Ardham Lodge. (S1)
12.00 M'T **Chucky** 6/8. Incarnate Lord goes on lockdown with the Chucky dolls inside. (S2)
1.00 AM **Warehouse 13** (S3)
2.55 **Lovecraft Country** 1/10. (S1)
4.10 **Chucky** 5/8. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 16/24. (S3)
11.00 **Hudson & Rex** 8/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 16/24. (S3)
5.00 **Hudson & Rex** 8/16. A reviled restaurateur's food truck explodes. (S1)
6.00 **Father Brown** *The Beast of Wedlock:* The priest investigates a missing person, a murder and a mythical wild cat.

5.00 Hudson & Rex

7.00 **Body of Proof** *Fallen Angel:* 6/13. Kate becomes suspicious that her new boyfriend may be involved in a murder. (S3)

8.00 **Death in Paradise** *Last Call to Honore:* 1/9. The team investigate when a simple kidnapping case ends in murder. (S11)

9.00 **Death in Paradise** *An Artistic Murder:* 3/8. Humphrey and the team investigate the shooting of Fidel's old friend. (S3)

10.00 **Father Brown** *The Dead of Night:* A supposed vampire strikes in the village. With guest star Josie Lawrence.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 8/16. Peter investigates a series of museum heists, and Neal receives a mysterious package. (S4)
12.55 AM **Death in Paradise** (S11)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.30 **Last of the Summer Wine**
9.50 **Hi-de-Hi!**
10.30 **Blackadder II**
11.10 **Last of the Summer Wine**
12.30 PM **Don't Wait Up**
1.10 **The Green Green Grass**
1.50 **Dad's Army**
2.25 **Blackadder II**
3.10 **Last of the Summer Wine**
4.25 **Don't Wait Up**
5.05 **The Green Green Grass**
5.45 **Hi-de-Hi!**
6.25 **Blackadder II**

5.05 The Green Green Grass

7.05 **Dad's Army** Mainwaring camps the platoon in the middle of a firing range.
7.40 **The Good Life** Barbara must harvest the couple's crops on her own when Tom hurts his back.
8.20 Tom finds it difficult when he tries to market his garden produce.

9.00 **The Good Life** Tom's philosophy of life gains him two eager disciples.
9.40 Tom and Barbara enjoy celebrity status when a journalist writes a story about their life.
10.15 **Live at the Apollo** With Frankie Boyle, Simon Evans and Aisling Bea.

11.20 **Mrs Brown's Boys** Agnes goes on a diet after her family's comments about her weight.
12.00 M'T **Blackadder II**
12.40 AM **Dad's Army**
1.20 **The Good Life**
2.30 **The Cleaner**
3.15 **to 4.00** AM **Dad's Army**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **Special Ops: Crime Squad UK**
10.00 **Aussie Road Train Truckers** New editions Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King embark on a culinary journey around Asia, beginning in Hong Kong.
6.00 **Rick Stein's Road to Mexico** Rick's journey concludes as he visits the Yucatan Peninsula.

5.00 The Hairy Bikers' Asian...

7.00 **Would I Lie to You?** With Bridget Christie, Jack Carroll, Gabby Logan and Big Zuu.
7.40 **Richard Osman's House of Games** With Joe Thomas and Jake Wood.
8.20 With Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire.

9.00 **QI XL** Guests Matt Lucas, Lucy Porter and Ross Noble join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with guest panellists Rylan and Robert Peston.
11.00 **Will & Ralf Should Know Better** The duo discover their inner drag divas.
12.00 M'T **Two Pints of Lager and a Packet of Crisps**
1.20 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** In Transylvania.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It** From Larne.
7.00 **Great British Train Journeys from Above**
8.00 **Location, Location, Location** Catching-up with house-hunters in Essex and Leeds.
9.00 **The Great British Bake Off** Meringue Week.
10.20 **24 Hours in A&E** Three pedestrians are brought in to Queen's following a roadside accident.
11.20 **Celebrity Gogglebox**
12.25 AM **Hunted**
2.30 **Social Media Monsters**
3.30 **Educating Yorkshire**
4.25 **to 4.55** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 21–23/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Enemy Within:* 12/24. The kidnapping of a social worker in Syria is linked to a US citizen.
7.00 *We Build, We Fight:* 13/24. The team investigate when a gay lieutenant is murdered.
8.00 *Cadence:* 14/24. DiNozzo investigates a murder at a military academy. (S12)
9.00 **Blue Bloods** *Common Ground:* 7/22. A case turns personal for Danny when he works to protect a nurse.
10.00 *Pick Your Poison:* 8/22. Eddie arrests an acquaintance. (S8)
11.00 **Law & Order: Special Victims Unit** (S23&22)
2.45 AM **Law & Order: Criminal Intent** (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **Casualty 24/7: Every Second Counts**
8.00 **GPs: Behind Closed Doors** New edition Dr Libby Pearson investigates a patient's troubling bowel changes.
9.00 FILM **Wind River** Crime drama starring Jeremy Renner. (2017, 15, 103min) ★★★★
11.10 **Motorway: Hell on the Highway** Double bill.
1.05 AM **GPs: Behind Closed Doors** Medical series.
2.10 **Casualty 24/7: Every Second Counts**
3.00 **Police Interceptors**
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Traffic Cops**
12.00 NOON **Police Interceptors**
2.00 PM FILM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops: Under Attack** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A car with suspected cloned number plates is stopped.
9.00 NEW SERIES **Trucking Heavy** Documentary series following the work of Allelys.
10.00 **Outback Truckers**
11.00 **Police: Night Shift 999**
12.00 M'T **MacGyver** (S3)
1.00 AM **Criminals: Caught on Camera**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **DIY SOS: Celebrating 20 Years** A look back at the show's history.
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The hopefuls have two hours to create a spectacular 'one bite' wonder.
8.00 **Pete Wicks: For Dogs' Sake** Pete returns to Basildon's Dogs Trust rehoming centre.
9.00 **Louis Theroux: Miami Mega Jail** Double bill.
11.00 **One Born Every Minute** Double bill.
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **Soldier, Soldier**
8.10 **Doctors**
9.25 **Classic Holby City**
10.25 **Classic Casualty**
11.30 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Marple** *Nemesis:* The sleuth receives a cryptic letter from a recently deceased acquaintance asking her to conduct a mysterious investigation.
10.00 **New Tricks** *Dockers:* Brian's erratic behaviour hinders an investigation.
11.20 **Spooks** 2/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.50 **to 4.00** AM **Harry Wild**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Norfolk.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 NEW SERIES **Celebrity Help! My House Is Haunted** Music star Gary Numan and his family moved into a 12-bedroom castle – only to encounter ghostly apparitions.
10.00 **My Haunted Hometown** New edition Lingering energies of past events that manifest as paranormal activity.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
5.00 **The Bidding Room** Double bill of editions.
7.00 **The Chase Celebrity Special** Geoff Hurst, Hayley Tamaddon, Rob Beckett and Gaby Roslin compete for charity.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory**
9.30 FILM **The Way West** Western adventure. (1967, PG, 122min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM FILM **7th Cavalry** Western. (1956, U) ★★★
2.50 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S5)
8.00 **The Baron** 4/30. (S1)
9.00 FILM **November Man** Spy thriller starring Pierce Brosnan. (2014, 15, 108min) ★★★
11.20 FILM **Firewalker** Action adventure. (1986, 15, 104min) ★
1.45 AM **The Avengers** (S5)
2.45 **The Baron** 4/30. (S1)
3.40 **Cops Uncut**
4.15 **Wild West Chronicles**
5.05 **to 5.50** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM FILM **Nelly Knows: A Fatal Engagement** Mystery. (2024, PG) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 21/24. (S2)
12.10 PM **Hailey Dean Mysteries** Crime drama.
2.05 FILM **Garage Sale Mysteries: Pandora Box Murders** (2018, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 22/24. (S2)
8.00 **Unforgettable** (S2)
9.00 FILM **The Truth About Charlie** (2002, 12) ★
11.20 FILM **An Inheritance to Die For: A Teagarden Mystery** (2019, PG) ★★
1.15 AM FILM **Stolen in Her Sleep** (2021, PG) ★★
2.55 FILM **Killer Ending** Thriller. (2018, 12) ★★
4.20 **to 5.50** AM FILM **Next Stop Murder** (2010) ★★

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM FILM **A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
10.05 FILM **Christmas in Paris** Drama. (2019, PG) ★★
12.00 NOON FILM **The Christmas Getaway** Drama. (2017, PG) ★★
2.00 PM FILM **The Mistletoe Promise** (2016, U) ★★
4.05 FILM **A Gingerbread Romance** (2018) ★★
6.00 FILM **Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
8.00 FILM **Homemade Christmas** Drama. (2020, PG, 85min) ★★
9.55 FILM **Jingle Around the Clock** Romantic drama. (2018, U, 90min) ★★
11.50 FILM **Dancing Through Christmas** Drama. (2021, PG, 90min) ★★
1.55 AM FILM **A Perfect Christmas** (2016, U) ★★
3.25 **to 4.50** AM FILM **The Mistletoe Promise**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Bewitched** 2/36. (S1)
11.00 **In Loving Memory** (S4)
11.30 **Doctor in the House**
12.00 NOON **Carry On Laughing** 2/6. (S1)
12.30 PM **You're Only Young Twice** 4/9. (S3)
1.00 **Mapp and Lucia** (S2)
3.00 **Bramwell** 5/8. (S2)
4.00 **Born Free** 2/13. (S1)
5.00 **A Sharp Intake of Breath** 6/6. (S2)
5.30 **In Loving Memory** (S4)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** 2/11. (S1)
8.00 **Bramwell** 5/8. (S2)
9.00 **Dark Skies** 12/20. (S1)
10.00 **Brass** 5/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 FILM **Creature from Black Lake** (1976, PG) ★
1.20 AM **Don't Drink the...**
1.50 **We Had One of Those**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Expedition X** A deadly monster is said to lurk in the swamplands near New Orleans.
10.00 **Expedition Unknown** Investigating the lost colony of Roanoke.
11.00 **Marooned with Ed Stafford** Philippines.
12.00 M'T **Naked and Afraid: Alone** Ky struggles in the Amazon rainforest.
1.00 AM **Extinct or Alive**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers Go West** North Wales.
7.00 **Paul Hollywood: City...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals...**
10.00 **Tom Kerridge...**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin's Favourite Feasts**
3.00 **Paul Hollywood: City Bakes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge Barbecues** Double bill.
7.00 **Great British Bake Off**
9.00 **Ravneet Gill's Chop House** New editions
10.00 **James Martin's Brittany**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 24/28. (S1)
9.00 **The Fall Guy** 5/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
12.50 PM FILM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
2.25 FILM **Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★★
5.00 **Star Trek** 8/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 6/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 FILM PREMIERE **Hitmen** Action thriller. (2023, 15, 109min) ★★
11.15 FILM **Born to Raise Hell** Action thriller. (2010, 18, 92min) ★★
1.10 AM FILM **The Enforcer** Thriller. (2022, 18) ★★
3.00 **to 4.50** AM FILM **Jeepers Creepers** Horror. (2001, 15) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Coward of the County** As 5.00pm.
8.00 FILM **Bigfoot** Adventure. (2012, 12, 89min) ★★
10.00 **Andromeda** 1/22. (S3)
11.00 FILM **The Gambler** Musical drama. (1980, PG, 95min) ★★★
1.00 PM FILM **Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★★
3.00 **Andromeda** 1/22. (S3)
4.00 **Six Million Dollar Man**
5.00 FILM **Coward of the County** Drama. (1981, PG, 104min) ★★
7.00 **Andromeda** 2/22. (S3)
8.00 **Six Million Dollar Man**
9.00 FILM **Fortress** Thriller starring Bruce Willis and Jesse Metcalfe. (2021, 15, 99min) ★★
11.00 FILM **American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
1.00 **to 3.00** AM FILM **Fortress** As 9.00pm.

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Matlock.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **Encounter: UFO**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFOs: Lost Evidence** Documentary.
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Michael Portillo in Andalucia** From Huelva.
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **Wales' Most Scenic Railway Journeys**
6.00 **Mystery of MH370: Drain the Oceans**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** From Co Mayo.
9.00 **Meghan vs Kate: The Meeting That Changed the Monarchy**
10.30 **Around the World by Train with Tony Robinson** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane...**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **My Dream Derelict Home in the Sun**
10.00 **The Flipping El Moussas** New edition Heather takes on a house design all by herself, but trouble soon bubbles up when the contractor wants to rid the property of its negative energy.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **1000-lb Sisters**
2.00 PM **Return to Amish: Mary** Reality series.
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **24 Hour Baby Hospital** A mother-of-four finds out that her baby requires a transfusion while still in the womb. **10.00** A couple prepare for the arrival of twins.
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **24 Hour Baby Hospital**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Last Man Standing**
9.00 **Everybody Loves Raymond** (S4)
11.00 **Spin City** (S2)
1.00 PM **Friends** (S2&3)
8.00 **Friends** 7/25. Monica buys a bed from Janice's husband – but the wrong one is delivered. **8.30** 8/25. Phoebe convinces herself she is a walking jinx. (S3)
9.00 **Jeff Dunham: I'm with Cupid** Valentine's Day-themed special.
10.00 NEW SERIES **South Park** Animation. (S28)
10.30 **South Park** (S11&22)
1.30 AM **Mike Judge's Beavis and Butt-Head**
2.00 **8 Out of 10 Cats Uncut**
2.50 **Beavis and Butt-Head**
3.05 **Jeff Dunham: I'm with Cupid** As 9.00pm.
3.50 **Important Things with Demetri Martin**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous:**
11.00 **Friends** 17-20/24. (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 17-20/24. (S4)
7.00 **Spin City** 15-18/24. (S2)
9.00 **Everybody Loves Raymond** 25/26. Robert and Amy get back together. **9.30** 26/26. Debra and Ray reminisce. (S3)
10.00 **Friends** (S2&1)
2.00 AM **Key & Peele**
3.00 **The Alternative Comedy Experience**
3.45 **Jayde Adams at the Comedy Store**
4.05 **Ed Gamble at the Comedy Store**
4.30 **Comedy Game Night**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady**
12.00 NOON **911 Crisis Centre**
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **911 Crisis Centre**
4.00 **Air Ambulance ER**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady**
8.00 **SEAL Team** 3&4/16. Double bill. (S4)
10.00 **The Rookie: Feds** *The Offer:* 14/22. (S1)
11.00 **The Force: North East**
12.00 M'T **The Russell Howard Xmas Hour**
1.00 AM **A League of Their Own** With Ollie Watkins.
2.00 **Duck Quacks Don't Echo** With Kate Humble.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom UK: Next Generation**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality series.
9.00 **Rich Kids Go Skint**
10.00 **Black Ink Crew New York** Featuring artists at a Harlem tattoo shop.
11.00 **The Challenge** New edition The Stake a Claim twist creates paranoia in the house.
12.30 AM **Love & Hip Hop: Atlanta** New edition Scrappy's show becomes a royal affair.
1.30 **The Challenge: Double Agents** Reality series.
2.45 **Ink Master**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers World Tour**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Items at a 400-year-old school. **4.00** Drew Pritchard visits a medieval castle in Cumbria.
5.00 **Moonshiners** Tickle launches his legalisation campaign.
6.00 **Hoffman Family Gold** Andy and Chambo's frustrations finally reach breaking point.

9.00 Naked & Afraid: Apocalypse

7.00 Wheeler Dealers The boys fix up a BMW 335i estate with the styling and performance usually expected from an M3.

8.00 Combat Dealers Bruce Crompton meet up with dealers whose objects tell the story of Italy's role in World War Two.

9.00 Naked and Afraid Apocalypse New edition Wes scavenges materials to take on his croc nemesis, a survivalist scores the challenge's first big kill, and the wasteland forces two more to bow out.

11.00 **How the Universe Works** The importance of black holes within the universe.
12.00 M'T **Blowing Up History** Evidence reveals why the Pantheon was built.
1.00 AM **Naked and Afraid Apocalypse** As 9.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Bad Dog!**
10.00 **Tanked**
11.00 **Animal Cops Houston**
12.00 NOON **Animal Cops Philadelphia** Documentary.
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska**
5.00 **Lone Star Law** Gerry investigates a situation involving stray bullets.
6.00 **Dr Jeff: Rocky Mountain Vet** A pitbull fights for his life after being bitten by a rattlesnake.

7.00 Treehouse Masters

7.00 Treehouse Masters Pete Nelson takes a tour of America to visit spectacular treehouses.

8.00 Alaska: Surviving the Last Frontier The groups leave their cabins to board the plane that will return them to civilisation.

9.00 Alaska: The Last Frontier Otto and Eivin prepare the barge to undertake its greatest mission yet – transporting wild buffalo.

10.00 Alaskan Bush People Bear stays in the woods overnight after learning some life-changing news.

11.00 **Pit Bulls & Parolees** Tia and Sugar rescue a stray dog.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Treehouse Masters**
3.00 **Animal Cops Houston**
4.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
12.00 NOON **Ice Road Rescue**
2.00 PM **The Battle for Britain: Drain the Oceans**
3.00 **Nazi Megastructures: Battle Ready** The stories of Goebbels and Himmler.
4.00 **Killing Hitler** Documentary.
5.00 **Car S.O.S** Fuzz and Tim try to restore a 1938 MG TA.
6.00 **Lost Treasures of Egypt** Archaeologists go on the hunt for clues to explain the abandoning of the pyramids.

8.00 Inside Melbourne Airport

7.00 Air Crash Investigation Investigators discover a fatal flaw after a helicopter crashes off the coast of Newfoundland.

8.00 Inside Melbourne Airport New edition A380 Turnaround Coordinator Diana orchestrates cargo and baggage services.

9.00 Ice Road Rescue New edition Thord and Bjoern team up to save a truck and trailer that crashed hard into a ditch.

10.00 Life Below Zero: First Alaskans Indigenous peoples of Alaska battle extreme temperatures and a harsh landscape.

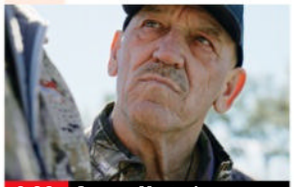
11.00 **Air Crash Investigation**
1.00 AM **Airport Security: Rome** Border Police stop a father and son with fake passports.
2.00 **To Catch a Smuggler**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Full Custom Garage** New edition A film car build.
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets Declassified with David Duchovny**
1.00 PM **Iconic Combat Machines**
2.00 **Swamp Mysteries with Troy Landry** As shown at 9.00pm.
3.00 **Killer Kings** Caligula.
4.00 **Storage Hunters**
5.00 **Canadian Pickers**
6.00 **American Pickers**



9.00 Swamp Mysteries

7.00 Forged in Fire 1/2. Seven losing competitors return to the forge for a shot at redemption and a second chance at glory.

8.00 Iconic Combat Machines New edition Focusing on icons of the Royal Navy – the *Belfast* and the *Harrier*.

9.00 Swamp Mysteries with Troy Landry New edition Troy investigates the disappearance of rodents from the Louisiana marsh.

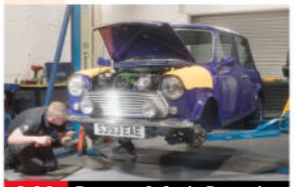
10.00 Strange Evidence When a terrifying tower of fire is caught on camera, eyewitnesses fear an alien invasion.

11.00 **Secrets in the Ice** The mummified remains of a man in a pinstripe business suit.
12.00 M'T **Evil Encounters**
12.55 AM **Secrets Declassified with David Duchovny**
1.50 **Swamp Mysteries with Troy Landry** As shown at 9.00pm.
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** A secret weapons program that could have ended badly for the Allies.
5.00 **Nazi Hunters** Hermann Goering's capture by the Allies.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Walmer Castle, Kent.



8.00 Bangers & Cash: Restoring

7.00 Russia with Simon Reeve Simon witnesses a commemoration of World War Two in Irkutsk.

8.00 Bangers & Cash: Restoring Classics New edition The team send their Paul Smith Mini for designer tailoring.

9.00 Flipping Bangers Will and Gus lay their hands on a potentially very valuable Volvo.

10.00 Bangers & Cash Dave goes to Wales to bag a Ford Sierra Cosworth, a sought-after car in the bidding market.

11.00 **Bangers & Cash** Derek takes to the skies for his first ever helicopter flight. **12.00** M'T Dave finds himself drawn to a Fiat Uno 45 with 36,000 miles on the clock.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Russia with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Salvage Hunters** Drew takes Viki to three treasure hunting grounds. **9.00** New edition As a hat factory shuts, Serkan rescues industrial relics.
10.00 **Salvage Hunters: The Restorers** Furniture restorer Steve Norman saves a valuable table.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** The case of Anthony Richardson.
8.00 **Murder on CCTV**
9.00 **Signs of a Psychopath** New editions Double bill.
10.00 **Your Worst Nightmare**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** When a shop owner is brutally murdered, detectives question his ex-wife.
8.00 **Murder by the Sea** The crimes of Jason Mitchell.
9.00 **48 Hours** Intruders enter the home of wealthy jewellers Ted and Corey Shaughnessy in Austin, Texas.
10.00 **Bloodline Detectives** New edition DNA and genealogy reveal serial killer Jerry McFadden murdered Anna Hlavka in a 1979 Portland case.
11.00 **Snapped: Killer Couples** A beloved Oklahoma father is found dead.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Bloodline Detectives**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Etan Patz.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Storm of Suspicion**
4.00 **48 Hours** Witnesses of a murder speak out for the first time on TV.
5.00 **Medical Detectives** Sonic technology helps unravel a murder case. **5.30** A man's motives for killing an intruder who allegedly murdered his wife are questioned. **6.00** A man accused of shooting his wife maintains his innocence. **6.30** Firefighters suspect a mass suicide after finding a family dead in a burned-out home, but forensic evidence suggests a murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** Garry Malone.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Catching the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First Sight** Jonelle Matthews.
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
9.35 **Battle on the Frontline: Maginot vs Siegfried**
10.50 **The Truth About Franco: Spain's Forgotten Dictatorship**
11.55 **Mafia's Greatest Hits**
1.00 PM **Full Steam Ahead**
2.20 **Battle on the Frontline: Maginot vs Siegfried**
3.35 **The Truth About Franco: Spain's Forgotten Dictatorship**
4.50 **Mafia's Greatest Hits**
5.55 **Full Steam Ahead**
7.15 **Battle on the Frontline: Maginot vs Siegfried**
8.25 **The Truth About Franco: Spain's Forgotten Dictatorship**
9.35 **Once Upon a Time in Northern Ireland**
10.50 **Battle on the Frontline: Maginot vs Siegfried**
12.00 M'T **The Truth About Franco: Spain's Forgotten Dictatorship**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Breath of Fire**
7.10 **Discovering: Ryan Gosling**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Man Who Played with Fire**
11.00 **Superpowered: The DC Story**
12.00 NOON **Yacht Rock: A Dockumentary**
2.00 PM **I Am Joe Frazier**
3.45 **My Icon: Duke McKenzie**
4.00 **Discovering: Ryan Gosling**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Man Who Played with Fire**
8.00 **David Frost Vs** The journalist's interviews with Muhammad Ali.
9.00 **FILM Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15) ★★★★
11.20 **McLaren** The life of Bruce McLaren, who founded the McLaren motor racing team.
1.10 AM **FILM Searching for Sugar Man** Music documentary. (2012, 12, 86min) ★★★★
2.50 **Great Photo, Lovely Life: Facing a Family's Secret**
5.00 **to 6.00** AM **Discovering: Ryan Gosling**

Sky Nature

145 113/114 189 354 369

6.00 AM **Gangs of Baboon Falls**
7.00 **Monkey Life** Double bill.
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wildest New Zealand**
10.00 **Wildlife ER** Documentary.
11.00 **Deep Dive North America**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Wildest New Zealand**
4.00 **Wildlife ER** Documentary.
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive Australia** The cool southern-coast waters.
9.00 **Great Parks of Africa** Addo Elephant National Park.
10.00 **Waterworld Africa** Waterholes during the dry season.
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive North America**
1.00 AM **Gangs of Baboon Falls**
2.00 **Deep Dive Australia**
3.00 **Great Parks of Africa**
4.00 **Dogs with Extraordinary Jobs**
5.00 **to 6.00** AM **Wildest New Zealand**

Sky History 2

163/168 143 186

6.00 AM **Secrets Declassified with David Duchovny**
7.00 **Myths & Monsters**
8.00 **The Proof Is Out There**
9.00 **World War Weird**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Secrets Declassified with David Duchovny**
5.00 **Myths & Monsters**
6.00 **The Proof Is Out There**
7.00 **World War Weird** The story of Herman Goering's brother. **8.00** A daring plan devised by the inmates of a Death Camp.
9.00 **Ancient Impossible** Documentary examining the factories of yesteryear. **10.00** How the ancient world created incredible power tools and machinery.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Weird Britain** Jurassic Coast.
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder**
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding Something** True-crime.
2.00 **Judge Rinder** Real-life cases.
3.00 **Robbie Coltrane's Critical Evidence** Dennis Smalley.
4.00 **Murdertown** Documentary.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Somebody's Hiding Something**
9.00 **The First 48** New edition
10.00 **City Confidential** New edition
11.00 **Homicide Hunter**
12.00 M'T **Somebody's Hiding Something** True-crime.
1.00 AM **The First 48**
2.00 **City Confidential**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Hatcher Family Dairy**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **Climbing Redwood Giants: Life in the Sky**
3.00 **Hostile Planet: Africa**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Critter Fixers: Country Vets**
7.00 **Secrets of the Zoo: Small But Mighty** Featuring some of the zoo's smallest residents.
8.00 **My Lion Family** An insight into the life of Kevin Richardson. **9.00** Following two lions as they are integrated into a new pride.
10.00 **Rocky Mountain Railroad** A 15,000-ton grain train travels through ice-encrusted tunnels.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** A wolverine.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** A look into the story of the Battle of Midway.
9.00 **Secrets Underground** Rob Nelson heads to Lake Michigan to investigate a Bermuda Triangle-like phenomenon.
10.00 **How Do They Do It?** How waste is collected in Venice. **10.30** Examining how rosebuds are turned into Turkish delight.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Expedition with Steve Backshall** Six editions.
3.00 PM **Expedition with Steve Backshall** Steve and his team of explorers head to Greenland. **4.00** Steve leads a team into Yucatán, Mexico, on the trail of the ancient Maya.
5.00 **TOTP: 1997** Five editions.
8.20 **TOTP: 1998** With Lighthouse Family, Steps, Janet Jackson, Space, All Saints, Warren G featuring Sissel and Vanilla.
9.00 **TOTP: 1997** Featuring Errol Brown, Ocean Colour Scene, Hanson, Pulp, Conner Reeves, Metallica, All Saints and Aqua.
9.40 **TOTP: 1997** Four editions.
12.20 AM **TOTP: 1998** As 8.20pm.
1.00 **TOTP: 1997** Five editions.
4.00 **TOTP: 1998** As 8.20pm.
4.30 **Great British Railway Journeys** Michael Portillo goes from Gainsborough to Ely.
4.55 **Great British Railway Journeys Goes to Ireland**
5.20 **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
9.00 **Faking It: Tears of a Crime**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Swamp Murders**
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Web of Lies** The disappearance of a young woman.
6.00 **Where Murder Lies**
7.00 **American Detective with Lt Joe Kenda** The abduction and murder of a school teacher. **8.00** A mother is killed steps from a vacant summer home.
9.00 **The Murder Tapes** The case of Byron Edwards, who was found stabbed in his home.
10.00 **Cabin in the Woods** A young woman cosies up with her new boyfriend at his remote cabin.
11.00 **Home Alone** Documentary.
12.00 M'T **Hostage 911** Double bill.
2.00 AM **Web of Lies**
3.00 **Where Murder Lies**
4.00 **to 6.00** AM **American Detective with Lt Joe Kenda**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A Ford Ranger.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear** Motoring series.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** Rory and Vicki test the Bentley Bentayga.
9.00 **Richard Hammond's Workshop** Richard finds a classic Mini that needs restoring.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
9.15 **Grow** As shown at 3.50pm.
11.10 **The Stranger in My Home**
12.50 PM **Presence** As 8.00pm.
2.20 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
3.50 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★
5.40 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★

5.40 Bridget Jones: Mad...

8.00 Presence Steven Soderbergh's horror starring Lucy Liu. A family become convinced they are not alone after moving into their new home in the suburbs. (2024, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Wolf Man Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Novocaine** Action comedy starring Jack Quaid, Amber Midthunder and Ray Nicholson. (2024, 15, 80min) ★★★
1.10 AM **The Stranger in My Home** Drama starring Sophia Bush. (2025, 15, 91min)
2.50 **It Feeds** Horror with Shawn Ashmore and Ashley Greene. (2025, 15, 102min) ★★★
4.35 **to 6.25** AM **Grow** As 3.50pm.

Sky Cinema Hits

303 303 403 503 517

7.15 AM **Congo** (1995, 12) ★★★
9.10 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
11.20 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
1.20 PM **Man of Steel** Adventure. (2013, 12, 143min) ★★★
3.45 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
6.00 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★

8.00 The Da Vinci Code

8.00 The Da Vinci Code Conspiracy thriller starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Angels & Demons Mystery thriller starring Tom Hanks. A Harvard professor must solve a series of cryptic riddles to prevent a bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Inferno** Thriller with Tom Hanks. (2016, 12, 121min) ★★★
3.00 **The Cinema List: SNL**
3.10 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Anatomy of a Murder** Drama starring James Stewart. (1959, b/w, 12, 160min) ★★★★★
10.10 **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
1.25 PM **Ferrari** Sports drama. (2023, 15, 130min) ★★★
3.40 **Dear John** Romantic drama. (2010, 12, 108min) ★★
5.40 **Dreamgirls** Musical with Jamie Foxx. (2006, 12, 130min) ★★★★

8.00 Mamma Mia! Musical starring Meryl Streep, Pierce Brosnan and Colin Firth. A bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding. (2008, PG, 108min) ★★★★
10.00 Mamma Mia! Here We Go Again Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★

12.05 AM **The Holiday** Romantic comedy drama starring Cameron Diaz and Kate Winslet. (2006, 12, 135min) ★★★
2.35 **The Good Half** Comedy drama. (2023, 15, 96min) ★★★
4.15 **to 6.25** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.00 AM **Concrete Utopia** (2023)
9.25 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
11.50 **Simulant** Thriller with Robbie Amell. (2023, 15, 95min) ★★★
1.40 PM **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
3.40 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
5.50 **Passengers** Sci-fi action drama. (2016, 12, 116min) ★★★

8.00 Ghostbusters: Frozen Empire Supernatural comedy adventure sequel starring Paul Rudd, Carrie Coon and Finn Wolfhard. Three generations of the team join forces to stop a second ice age. (2023, 12, 115min) ★★★
10.00 Edge of Tomorrow Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★

12.10 AM **Concrete Utopia** South Korean disaster drama starring Lee Byung-hun. Subtitled. (2023, 15, 130min) ★★★★
2.30 **Hollow Man** Sci-fi thriller with Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★
4.25 **to 6.15** AM **Simulant** (2023)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

6.00 AM **Harry Potter and the Philosopher's Stone** (2001)
8.35 **Harry Potter and the Chamber of Secrets** (2002)
11.20 **Harry Potter and the Prisoner of Azkaban** (2004) ★★★★★
1.45 PM **Harry Potter and the Goblet of Fire** (2005) ★★★
4.25 **Harry Potter and the Order of the Phoenix** (2007) ★★★★
6.45 **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★

6.45 ...the Half-Blood Prince

Harry Potter and the Half-Blood Prince (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry, Hermione and Ron put their friendship to the test as they seek to defeat Voldemort. (2010, 12, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure starring Daniel Radcliffe. (2011, 12, 130min) ★★★★★
2.05 AM **Harry Potter and the Philosopher's Stone** Fantasy starring Daniel Radcliffe. (2001, PG, 152min) ★★★★
4.40 **to 7.30** AM **Harry Potter and the Chamber of Secrets** Fantasy with Daniel Radcliffe. (2002, PG, 161min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.40 AM **The Cinema List: Jurassic One Shot** Action thriller. (2021, 15, 96min) ★★
8.50 **R.I.P.D** Fantasy comedy. (2013, 12, 96min) ★★★
10.35 **Terminator Salvation** Thriller sequel. (2009, 12) ★★★
12.40 PM **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
3.05 **Madame Web** Adventure. (2024, 12, 116min) ★★★
5.10 **Saving Private Ryan** War epic. (1998, 15, 169min) ★★★★★

5.10 Saving Private Ryan

8.00 **Man of Steel** Adventure exploring the origins of Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

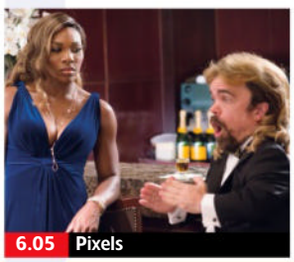
10.25 **Rambo** Action drama sequel starring Sylvester Stallone. John Rambo takes on the Burmese army to rescue a captive group of missionaries. (2008, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Congo** Jungle adventure. (1995, 12, 108min) ★★★
1.50 AM **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★
3.30 **Money Train** Action comedy. (1995, 18, 110min) ★★
5.25 **to 7.00** AM **King of Killers** Thriller. (2023, 15, 92min) ★

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
8.35 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
10.40 **The Longest Yard** Comedy remake. (2005, 12, 113min) ★★
12.35 PM **Nutty Professor II: The Klumps** (2000, 12) ★★★
2.25 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.15 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
6.05 **Pixels** Comedy. (2015, 12) ★★



6.05 Pixels

8.00 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
1.30 AM **The Terminal** Steven Spielberg's comedy drama. (2004, 12, 129min) ★★★★
3.40 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
5.55 **to 7.50** AM **Beverly Hills Cop II** Action comedy sequel. (1987, 15, 99min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
8.10 **Gloria** (1980, 15) ★★★★
10.15 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
11.45 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
1.50 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
4.00 **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
6.20 **Restless** Thriller. (2024, 15) ★★

6.20 Restless

8.00 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Lawless** Crime drama. (2012, 18, 111min) ★★★★
2.05 AM **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
4.05 **Head Count** Crime thriller. (2023, 15, 77min) ★★★
5.35 **to 7.35** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Saraband for Dead Lovers** Romantic drama. (1948, U, 92min) ★★★
12.55 PM **Storm Over the Nile** Adventure. (1955, U) ★★★
3.05 **The Wackiest Ship in the Army** World War Two comedy. (1960, U, 95min) ★★★
5.05 **Hangman's Knot** Western. (1953, PG, 81min) ★★
6.45 **Gemini Man** Action drama. (2019, 12, 117min) ★★

9.00 Bridge of Spies

Gemini Man (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bridge of Spies** Steven Spielberg's fact-based Cold War drama starring Tom Hanks and Mark Rylance. A lawyer is hired to defend a Soviet spy, an assignment that leads to a prisoner exchange. With Amy Ryan. (2015, 12, 142min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Mean Streets** Martin Scorsese's gritty urban drama about four young men struggling to survive in New York's Little Italy. Stars Robert De Niro and Harvey Keitel. (1973, 15, 110min) ★★★★★
2.05 **to 3.55** AM **The Double** Thriller with Jesse Eisenberg and Mia Wasikowska. (2013, 15, 91min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.35 AM **The Damned** As 3.30pm.
8.15 **Cuckoo** As shown at 7.05pm.
10.10 **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
11.50 **Night Swim** As 3.55am.
1.40 PM **I Don't Understand You**
3.30 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
5.10 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★

7.05 **Cuckoo** Horror starring Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
9.00 **Zombieland** Horror comedy starring Woody Harrelson, Jesse Eisenberg and Emma Stone. In a US overrun with flesh-eating zombies, a timid survivor joins forces with a tough zombie-killer and a pair of feisty sisters. (2009, 15, 84min) ★★★★
10.40 **I Don't Understand You** Comedy horror starring Nick Kroll. (2024, 15, 97min) ★★★

12.20 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
2.15 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
3.55 **Night Swim** Bryce McGuire's horror. (2024, 15, 98min) ★★
5.35 **to 7.15** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.15 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
9.25 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. (1991, PG, 138min) ★★
11.50 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
1.50 PM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

3.50 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★
6.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
8.00 **Men in Black** Sci-fi action comedy with Tommy Lee Jones. (1997, PG, 94min) ★★★★
9.40 **The Shining** Stanley Kubrick's adaptation of the Stephen King novel, starring Jack Nicholson. (1980, 15, 119min) ★★★★★

12.05 AM **Friday the 13th Part II** Horror sequel. (1981, 18) ★★
1.35 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
3.15 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
5.00 **to 6.45** AM **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Curious George** Animation. (2006, U, 87min) ★★★★
7.45 **Transformers One** Animation. (2024, PG, 104min) ★★★★
9.35 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
11.05 **Shark Tale** (2004, U) ★★★★
12.45 PM **Fireheart** Animation. (2022, U, 92min) ★★★
2.25 **Madagascar** Animated comedy. (2005, U, 86min) ★★★★

4.00 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
6.00 **Kung Fu Panda 2** Animated sequel. (2011, PG, 90min) ★★★★
7.40 **The Angry Birds Movie** Animated family adventure. (2016, U, 97min) ★★★
9.30 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
11.15 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
12.50 AM **Over the Hedge** Animation. (2006, U, 83min) ★★★★

2.20 **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
3.55 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
5.35 **to 7.20** AM **The Road to El Dorado** Animated adventure. (2000, U, 89min) ★★★

Christmas 24

312 313 419

7.00 AM **The Great Christmas Switch** Comedy drama. (2021, PG, 84min) ★★
9.00 **Making Spirits Bright** Festive drama. (2021, PG, 84min) ★★
11.00 **Season's Greetings from Cherry Lane** Festive drama sequel. (2024, PG, 84min) ★★
1.00 PM **Our Holiday Story** Festive drama starring Nikki Deloach. (2024, PG, 84min) ★★

3.00 **A Royal Christmas Holiday** Drama. (2023, PG, 89min) ★★
5.00 **A Magical Christmas Village** Fantasy. (2022, PG, 84min) ★★
7.00 **We Wish You a Married Christmas** Festive romantic comedy starring Marisol Nichols. (2022, PG, 84min) ★★
9.00 **A Holiday Spectacular** Comedy drama starring Ginna Claire Mason and Ann-Margret. (2022, PG, 90min) ★★
11.00 **A Christmas for the Ages** Drama. (2023, PG, 85min) ★★

1.00 AM **A Christmas Contest** Comedy with Candace Cameron Bure. (2021, PG, 88min) ★★
3.00 **to 5.00** AM **Christmas in Notting Hill** Romantic drama. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 4/20. (S1)
6.30 **Tiger by the Tail** (1955, PG) ★★
8.10 **Look at Life** Documentary.
8.30 **Out of Town**
9.00 **On the Fiddle** War comedy. (1961, b/w, PG, 97min) ★★
11.00 **Dick Powell's Zane Grey Theatre** Drama.
12.00 NOON **Dixon of Dock Green**
1.05 PM **Walk a Crooked Mile** Drama. (1948, b/w, PG, 91min) ★★

2.55 **Sign of the Times: 1946**
3.00 **Crown Court**
4.30 **Look at Life** Documentary.
4.45 **The Snows of Kilimanjaro** Drama. (1952, PG, 117min) ★★★
7.00 **For the Love of Ada** 2/7. (S2)
7.30 **The Cheaters** 20/27. (S2)
8.00 **The Vise** 17/26. (S3)
8.30 **That's My Boy** 2/6. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **The Best of the Adventurers**
11.35 **Across the Bridge** Drama. (1957, b/w, PG, 103min) ★★★

1.40 AM **The Man From Yesterday** Thriller starring John Stuart. (1949, b/w, PG, 68min) ★★
3.00 **The Story of Shirley Yorke** Drama. (1948, b/w, PG) ★★
4.50 **to 6.00** AM **Up with the Lark** World War Two comedy. (1943, b/w, U, 83min) ★★

THURSDAY Sport 16 October

Thursday

Sky Sports Main Event

401 401 511 501 419 439

- 6.30 AM LIVE **DP World Tour Golf** The first day of the DP World India Championship at Delhi Golf Club.
- 12.30 PM LIVE **ICC Women's World Cup Australia v Bangladesh.** Coverage of the group match from Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium in Visakhapatnam, as Australia play their fifth game of the group stages.
- 5.45 **The Premier League Show**
- 7.00 **Sports Centre**
- 7.30 LIVE **EFL Huddersfield Town v Bolton Wanderers.** Coverage of the League One match staged at the Accu Stadium. The visitors have won the last two meetings between the two teams including a 1-0 victory in this fixture last season. Kick-off is at **8.00pm**.
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 12.00 M'T **to 5.30** AM LIVE **NFL Cincinnati Bengals v Pittsburgh Steelers.** The week seven match at Paycor Stadium. The Steelers have won four of the past five meetings between the two teams but did lose the last fixture between the sides in January 2024. Kick-off **1.15am**.

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League 100 Club**
- 9.00 **Premier League Icons**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Gary Neville's Soccerbox**
- 1.00 PM **Premier League Years** A look at the 2023/24 season.
- 3.00 **PL Retro** Chelsea v Wigan Athletic in the 2009/10 season.
- 5.00 **The Premier League Show** A daily guide to the top flight.
- 7.00 **The Big Interview** Featuring a star of the past or present.
- 7.30 **Premier League Stories** An interview with former Everton striker Duncan Ferguson.
- 8.00 **Gary Neville's Soccerbox** The presenter talks to Alan Shearer. **8.30** With Teddy Sheringham.
- 9.00 **The Big Interview**
- 9.30 **Premier League Stories**
- 10.00 **Premier League Icons** A profile of former forward Paolo Di Canio.
- 10.30 **Florian Wirtz's Story**
- 11.00 **Premier League Years** A look back at the 1992/93 season.
- 1.00 AM **PL Retro** Sheffield United v Wigan Athletic from 2007.
- 3.00 **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **Championship Retro**
- 8.45 **EFL Greatest Games**
- 10.00 **EFL Cup Highlights**
- 11.00 **Best Scottish Premiership Goals 2021/22**
- 11.30 **Best Scottish Premiership Goals 2014/15** Archive action.
- 12.00 NOON **EFL Highlights**
- 1.00 PM **EFL League One Goals**
- 1.30 **EFL League Two Goals**
- 2.00 **EFL Highlights** Championship.
- 3.00 **EFL Cup Highlights**
- 4.00 **EFL Highlights** Championship.
- 6.00 **WSL** Highlights from Chelsea v Tottenham Hotspur.
- 6.30 **Bundesliga Weekly**
- 7.00 **WSL** Liverpool v Manchester City.
- 7.30 LIVE **EFL Huddersfield Town v Bolton Wanderers.** Coverage of the League One match from the Accu Stadium, as the two former Premier League sides go head to head. Kick-off is at **8.00pm**.
- 10.30 **EFL League One Goals**
- 11.00 **EFL League Two Goals**
- 11.30 **EFL Greatest Games**
- 12.00 M'T **Celtic's Invincibles** Celtic's unbeaten 2016/17 campaign.
- 1.00 AM **SPFL** The 2009/10 season.
- 1.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 514 504 422 442

- 6.00 AM **ICC Women's World Cup**
- 10.00 LIVE **ICC Women's World Cup Australia v Bangladesh.** Coverage of the group match from Dr. Y.S. Rajasekhara Reddy ACA-VDCA Cricket Stadium, Visakhapatnam, as the defending champions Australia play their fifth game of the group stages. Australia have won three of the last five World Cups since 2005 and are searching for their eighth title overall, while Bangladesh are playing in their second World Cup.
- 5.45 PM **ICC Women's World Cup 2017** England v India.
- 6.30 **ICC Women's World Cup** Action from England v Pakistan at R.Premadasa Stadium, Colombo. **7.30** New Zealand v Sri Lanka at R.Premadasa Stadium, Colombo.
- 8.30 **ICC Women's World Cup 2017** Action from the group match between England and Australia at the County Ground in Bristol.
- 9.00 **ICC Women's World Cup** Australia v Bangladesh. **10.00** England v Pakistan. **11.00** Australia v Bangladesh.
- 12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

- 6.30 AM LIVE **DP World Tour Golf** The first day of the DP World India Championship at Delhi Golf Club.
- 12.30 PM **LPGA Tour Golf**
- 3.30 **DP World Tour Golf**
- 9.30 **LPGA Tour Golf** The first day of the BMW Ladies Championship.
- 12.30 AM **HotelPlanner Tour Golf**
- 1.00 **DP World Tour Golf**
- 1.30 **Golf** Amateur Team Championship.
- 2.00 **How the 1999 Ryder Cup Was Won** From Massachusetts.
- 4.30 **Mark Roe's Short Game School**
- 5.00 **to 6.00** AM LIVE **LPGA Tour Golf** Day two of the BMW Ladies Championship staged at Pine Beach Golf Links in South Korea.

Sky Sports Tennis

408 408 537 520 425 445

- 6.00 AM LIVE **WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
- 2.00 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours, including the ATP Brussels Open.
- 9.30 **WTA Tennis** Wuhan Open.
- 10.30 **ATP Tennis** Highlights.
- 1.30 AM **Mirra Andreeva Podcast**
- 1.45 **WTA & ATP Tennis** Madrid Open.
- 2.15 **Bitesize Tennis** Halle Open.
- 2.30 **WTA Tennis** Wuhan Open final.
- 3.30 **to 6.00** AM LIVE **WTA Tennis** Day five of the WTA Osaka Open at Utsubo Tennis Center in Japan.

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Fishing: On the Bank**
- 7.00 **TNT Sports Reload**
- 7.30 **UEFA Champions League – Classics** Archive action.
- 8.30 **UEFA Champions League Road to Glory** Chelsea.
- 9.30 **Superbike World Championship Highlights**
- 10.30 **TNT Sports Reload**
- 10.45 **Reframe the Game**
- 11.00 **Men's Cycling Pro Series**
- 1.00 PM LIVE **Cycling: Tour of Holland** Coverage of the second stage, a 15km individual time trial around Etten-Leur.
- 3.30 **Sign Up – Into Football**
- 4.15 **Training Day** From Everton.
- 4.30 **Ally's Social Club**
- 5.00 **MLB Highlights**
- 6.00 **Premier League: Big Interview**
- 6.30 **Premier League Stories** The news from the top flight.
- 7.00 **WNBA** Game six of the finals.
- 8.00 **MLB Highlights**
- 9.00 **MLB: Off the Bat**
- 9.30 **MLB Lead Off** Match previews.
- 10.00 LIVE **MLB** Coverage of the latest MLB Postseason fixture.
- 1.30 AM **MLB Closer** Highlights.
- 2.00 **to 6.00** AM **UEFA Champions League – Classics**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **Premier League Review**
- 1.00 PM LIVE **World Rally Championship** Coverage of special stage one of the Central European Rally, the 12th round of the season in Germany and Czechia.
- 3.00 **WRC: More Than Machine**
- 5.00 LIVE **World Rally Championship** Coverage of special stage two of the Central European Rally, the 12th round of the season staged in Germany and Czechia.
- 7.15 **Formula E Flashback**
- 9.15 **MotoGP Films** A closer look at the title-defining races of 2024.
- 10.00 **MotoGP Highlights**
- 11.00 LIVE **MotoGP** Coverage of the Grand Prix of Australia MotoGP, Moto2 and Moto3 first free practice sessions ahead of the 19th round of the season staged at Phillip Island Grand Prix Circuit.
- 1.45 AM **MotoGP Rewind**
- 3.15 **to 6.15** AM LIVE **MotoGP** Coverage of the Grand Prix of Australia MotoGP, Moto2 and Moto3 first practice sessions ahead of the 19th round of the season at Phillip Island Grand Prix Circuit.

Sky Sports NFL

412 410 517 507 426 446

- 6.00 AM **NFL Highlights**
- 10.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
- 10.45 **NFL Bitesize Highlights**
- 11.00 **NFL Highlights** Recent action.
- 12.00 NOON **The Runway**
- 12.45 PM **NFL Bitesize Highlights**
- 1.00 **Good Morning Football**
- 3.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
- 3.45 **NFL Bitesize Highlights**
- 4.00 **NFL Highlights** Recent action.
- 6.00 **NBC's Pro-Football Talk**
- 8.00 **NFL Gameday** A review of the latest games from the NFL season.
- 8.45 **NFL Bitesize Highlights**
- 9.00 **NFL Highlights** Buffalo Bills v New England Patriots.
- 10.00 **NFL Fantasy** Expert analysis.
- 11.00 **NFL Bitesize Highlights**
- 11.15 **NFL Gameday**
- 12.00 M'T LIVE **NFL Cincinnati Bengals v Pittsburgh Steelers.** Coverage of the week seven match staged at Paycor Stadium. The Steelers have won four of the past five meetings between the two teams but did lose the last fixture between the sides in January 2024. Kick-off **1.15am**.
- 5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

- 6.00 AM LIVE **WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
- 2.00 PM LIVE **WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
- 9.30 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
- 10.00 **Sky Sports News** A round-up of the sports news, featuring interviews with the players and managers making the headlines.
- 10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
- 11.00 **Sky Sports News**
- 12.30 AM **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
- 3.15 **EFL Greatest Games** Action from Brentford v Fulham.
- 3.30 **to 6.00** AM LIVE **WTA Tennis** Day five of the WTA Osaka Open, a hard-court tournament from Utsubo Tennis Center in Japan.

Sky Sports Mix

416 412 510 429 449

- 6.00 AM LIVE **LPGA Tour Golf** Coverage of day one of the BMW Ladies Championship from Pine Beach Golf Links in South Korea.
- 8.00 **Super League Highlights**
- 9.00 **ICC Women's World Cup**
- 10.00 **PGA Tour Champions**
- 11.00 **PGA Tour Golf** Highlights.
- 12.00 NOON LIVE **Reyes Cup Pool** The first day of the competition between Team Asia and Team Europe in the Mosconi Cup format at Ninoy Aquino Stadium, Manila.
- 4.30 PM **NRLW** Grand Final action.
- 4.45 **NRL** Highlights of the Grand Final.
- 5.00 **ICC Women's World Cup**
- 6.00 **HotelPlanner Tour Golf**
- 6.30 **Super League** Grand Final.
- 10.00 **HotelPlanner Tour Golf**
- 10.30 **ATP Tennis** Shanghai Masters.
- 11.30 **WTA Tennis** Wuhan Open.
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **PDC Classics** Archive action.
- 3.00 **EFL Greatest Games**
- 4.00 **Best of the Open Zone 2017**
- 5.00 **to 6.00** AM LIVE **LPGA Tour Golf** The second day of the BMW Ladies Championship from Pine Beach Golf Links in South Korea.

TNT Sports 3

413 415 523 410 432

- 6.00 AM **MotoGP Classics**
- 8.00 **MotoGP Highlights**
- 9.00 **MotoGP Films** Pedro Acosta.
- 9.30 **World E-Bike Series Review**
- 10.00 **NWSL** Recent action.
- 12.00 NOON **Fishing: On the Bank**
- 1.00 PM **UIM F1H2O World Championship Highlights**
- 1.30 **Enduro Mountain Bike Racing**
- 2.00 **Superbike World Championship Highlights**
- 3.00 **MotoGP Classics**
- 5.00 **MotoGP Highlights**
- 6.00 **MotoGP Films** Archive action.
- 6.45 **Superbike Rewind**
- 7.00 **Ultimate Pool** The last 16.
- 8.30 **Enduro Mountain Bike Racing**
- 9.00 **Men's Cycling Pro Series**
- 10.00 **Super Villans** Aston Villa.
- 11.30 **Fishing: On the Bank**
- 12.30 AM **Between the Lines**
- 1.00 LIVE **MLB** Coverage of the latest MLB Postseason fixture.
- 4.15 **Training Day** MLB action.
- 4.30 **to 6.00** AM **MLB Highlights**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Ultimate Pool** The last 16.
- 7.30 **The WRC Magazine**
- 8.00 **Isuzu UTE A-League**
- 1.00 PM **MLB Highlights**
- 2.00 **UEFA Champions League Magazine** News and action.
- 2.30 **Test Cricket Highlights** The best action from the first Test between New Zealand and England. **4.30** The second Test between New Zealand and Sri Lanka. **6.30** Action from the second Test between India and West Indies.
- 8.30 **UTMB World Series Highlights** Action from the latest event in Wildstrubel, Switzerland.
- 9.30 **UFC** A chance to see Charles Oliveira v Mateusz Gamrot.
- 12.30 AM **Meatball Molly** The story of UFC star Molly McCann.
- 1.45 **UFC Main Event** Archive action.
- 4.45 **Formula E Flashback**
- 5.15 **Between the Lines**
- 5.30 **to 6.00** AM **UEFA Champions League Magazine**

Premier Sports 1

419 551

- 6.00 AM **DTM Highlights**
- 7.00 **Transworld Sport** Magazine.
- 8.00 **NASCAR Highlights**
- 9.00 **Rugby Union Highlights**
- 10.30 **FIM Sidecarcross**
- 11.30 **Euro Le Mans Highlights**
- 12.30 PM **Motorsport** Valentino Rossi.
- 1.00 **Transworld Sport** Magazine.
- 2.00 **NHL on the Fly** The latest news.
- 3.00 **Scottish Rally Championship**
- 3.30 **Top 14 Rugby Union Highlights**
- 4.00 **NASCAR Highlights**
- 4.55 **URC in 60** Third round of fixtures.
- 5.55 LIVE **Swedish Hockey League Malmo v Rogle.**
- 8.30 **Football Highlights**
- 9.30 **Top 14 Rugby Union Highlights**
- 10.00 **Transworld Sport** Magazine.
- 11.00 **NASCAR Highlights**
- 12.00 M'T **NHL Tonight**
- 1.00 AM LIVE **NHL Ice Hockey Dallas Stars v Vancouver Canucks.** Face-off **1.00am**.
- 4.00 **Sporting Greats**
- 5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 552

- 6.00 AM **NASCAR Xfinity Series** Action from Las Vegas Speedway.
- 9.00 **Bike World** Magazine.
- 9.30 **FastZone** Motorsports highlights.
- 10.00 **GP Confidential**
- 10.30 **United Rugby Championship** A replay of Cardiff v Connacht.
- 12.30 PM **NHL Ice Hockey** Detroit Red Wings v Florida Panthers.
- 2.30 **Bike World** Magazine.
- 3.00 **LaLiga** Athletic Bilbao v Mallorca.
- 5.00 **GP Confidential** All the latest Formula One news.
- 5.30 **United Rugby Championship** A chance to see Benetton v Lions.
- 7.30 **United Rugby Championship** A replay of Scarlets v Stormers.
- 9.30 **FastZone** Motorsports highlights.
- 10.00 **NHL Ice Hockey** Detroit Red Wings v Florida Panthers.
- 12.00 M'T **Bike World** Magazine.
- 12.30 AM **GP Confidential** All the latest Formula One news.
- 1.00 **Top 14 Rugby Union**
- 5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

- 6.00 AM **Formula 1** Highlights.
- 11.00 **F1 Academy: Weekend Wrapped** Action from round six.
- 11.30 **Formula 1** The 2022, 2023 and 2024 United States Grand Prix.
- 6.25 PM **F1 Explained**
- 6.30 **F1 Academy** Round six action.
- 7.00 **Formula 1** Singapore Grand Prix.
- 8.00 **F1 Drivers Press Conference**
- 8.45 **F1 Explainer: Flexi-Wings**
- 8.50 **Pierre Gasly Plays Football**
- 9.00 **Formula 1** Action from the 2024 United States Grand Prix.
- 10.00 **F1 Explainer: Flexi-Wings**
- 10.05 **Isack Hadjar IV**
- 10.15 **F1 Drivers Press Conference**
- 11.00 **Formula 1** United States GP.
- 1.00 AM **F1 Academy** Round six.
- 1.30 **F1 Explained: Cadillac**
- 1.35 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

17 October

Evening Planner

Thriller

Black Bag

Sky Premiere, 8.05am, 12.55pm & 8pm,
A British intelligence officer (Michael Fassbender) investigates his wife (Cate Blanchett) as a suspected traitor.

OnDemand

NETFLIX

The Twits

Available today

Animated adaptation of the classic Roald Dahl story, featuring the voices of Johnny Vegas and Margo Martindale.

OnDemand

tv+

Mr. Scorsese

Available today

Five-part docuseries exploring the career of the Academy Award-winning director Martin Scorsese.

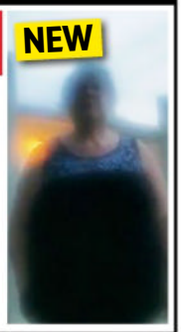
OnDemand

NETFLIX

The Perfect Neighbor

Available today

This documentary about the shooting of Ajike Owens, just yards from her Florida home, is sobering viewing.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Policing... †	8.00 DIY SOS		9.00 Have I Got...	9.30 How Are You?...	10.00 News; Local News	10.40 Graham...
	102 BBC2	7.00 Monty Don's Spanish Gardens		8.00 Gardeners' World		9.00 Agatha Christie: Lucy Worsley on the...		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Borderline		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 The Last Leg	
	105 5	7.00 Britain's Poshest Designer Outlet...		8.00 Susan Calman's Grand Day Out		9.00 Britain's Most Scenic Counties: Cheshire		10.00 Fawlty Towers: A Very British Comedy	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 The Iris Affair			
ENTERTAINMENT	115 BBC3	7.10 Wallace &...		7.40 Film: Wallace & Gromit: The Curse of the Were-Rabbit		9.00 Film Club		10.00 Film: Escape Room	
	116 BBC4	7.00 TOTP: 1998		7.50 TOTP: 1979	8.30 TOTP: 1986	9.00 Country Queens at the BBC		10.00 Coolidge and Kristofferson: Sounds...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother: Live Eviction		10.15 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 The Wall: The Orchard		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Monster Hunter			
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Law & Order: Criminal Intent		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 The Iris Affair			
	110 U&GOLD	7.00 Only Fools and Horses		7.40 The Good Life				10.15 Live at the Apollo	
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.50 Heartbeat		8.00 Midsomer Murders					
	120 ITV4	‹ 6.55 The Chase Celebrity Special		8.00 Ice Road Truckers		9.00 Film: The Dead Pool			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Iain Stirling's Roast the Internet	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Film: End of Days			
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 An Idiot Abroad 3		10.00 The 00s: Cinema's Greatest Decade	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Dolly Parton: Song by Song		9.00 Opry Live		10.00 The Eagles: Live from the LA Forum	
	132 U&W	7.00 MasterChef Australia		8.10 Inside the Ambulance		9.10 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Deadliest Catch		9.00 Expedition Unknown		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 River of No Return		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Inside Melbourne Airport	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Egypt's Unexplained Files		9.00 Ancient Aliens		10.00 Ancient Aliens Special Presentation	
	155 U&YESTERDAY	7.00 Russia with Simon Reeve		8.00 One Foot in the Grave				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 David Frost Vs		8.00 An American Bombing: The Road to April 19th				10.00 The Essex Murders: Who Killed...	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Bridget Jones: Mad About the Boy		8.00 Black Bag			9.40 Novocaine		
	302 HALLOWEEN		7.20 47 Metres Down			9.00 A Quiet Place			10.35 A Quiet...
	303 HITS	‹ 5.00 The Godfather		8.00 The Godfather Part II					
	304 GREATS	‹ 5.35 The Shining		8.00 Friday the 13th Part II			9.30 Friday the 13th Part III		
	305 ANIMATION	‹ 5.40 The Angry...	7.30 Migration			9.10 The Wild Thornberrys Movie			
	306 HARRY POTTER	‹ 5.35 Harry Potter and the Deathly Hallows...		8.05 Harry Potter and the Deathly Hallows: Part II				10.25 Fantastic Beasts...	
	307 ACTION	‹ 5.35 Man of Steel		8.00 Wonder Woman				10.25 Twister	
	308 COMEDY	‹ 5.55 Superbad		8.00 The Nutty Professor			9.40 Nutty Professor II: The Klumps		
	309 THRILLER	‹ 6.05 Layer Cake		8.00 The Accountant				10.15 Black Bag	
	310 DRAMA	‹ 6.00 Bob Marley: One Love		8.00 Lost in Translation			9.55 Dallas Buyers Club		
	311 SCIENCE FICTION	‹ 5.55 Total Recall		8.00 2012					
	313 FILM4	‹ 6.55 Turner & Hooch				9.00 Anna			
SPORT	401 MAIN EVENT	‹ 6.00 Formula 1 – Live		8.00 EFL – Live: Middlesbrough v Ipswich Town (Kick-off 8.00)					10.30 Formula 1 – Live
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 PL Stories	9.00 PL Preview	9.30 Big Interview	10.00 PL Icons	10.30 Sticker Book
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Middlesbrough v Ipswich Town (Kick-off 8.00)						10.30 WSL
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Gloucester Rugby v Bristol Bears (Kick-off 7.45)						10.00 The Gallagher PREM	
	411 TNT SPORTS 2	‹ 6.30 V8 Supercars Highlights			8.30 UEFA Magazine	9.00 UEFA Europa League & Conference...		10.00 MotoGP	10.30 MotoGP – Live

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *Stage Fright:* 9/12. Life imitates art when an amateur dramatics performer dies on stage. (S2) (S)(R)(AD)
2.45 **Escape to the Country** From the Welsh Borders. (S)(R)(AD)
3.45 **The Repair Shop** Experts restore a suit of armour, a typewriter and a pane of stained glass. (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 How Are You? It's Alan...

7.00 **The One Show** Clara Amfo and JB Gill present the topical show. (S)
7.30 **Policing Paradise** Officers search for lawbreakers in an ecological nature reserve and the coastguard conduct scuba-diving exercises. (S)(R)

8.00 **DIY SOS** New edition 3/4. Family members seek urgent help to transform their home into a safe haven that will give a brain-damaged eight-year-old boy the chance to thrive and keep them all together. (S)(AD)

9.00 **Have I Got News for You** New edition 3/10. Alexander Armstrong hosts the quiz. (S)
9.30 **How Are You? It's Alan (Partridge)** New episode 3/6. Alan contemplates whether solitude is healthy. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition Rock legend Bruce Springsteen and *The Bear* star Jeremy Allen White, who plays Bruce in *Springsteen: Deliver Me from Nowhere* drop in for a chat. Also joining the host are Jennifer Lawrence and Tessa Thompson. Plus, music from Florence + the Machine. (S)
11.30 **RuPaul's Drag Race UK** 4/10. The queens star in an *Absolutely Fabulous* acting challenge. (S)(R)
12.35 AM **FILM The Blair Witch Project** Documentary-style chiller starring Heather Donahue. (S) (1999, 15, 80min) ★★★★
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **A to Z of TV Gardening** (S)(R)
7.30 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
8.30 **Sign Zone: See Hear** New edition
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Trawlermen: Hunting the Catch** The crew of *Karen of Ladram* hunt hake off Cornwall. (S)(R)(AD)
5.15 **Flog It!** In Wolverhampton. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Una Healy, Joanna Page, Emmanuel Sonubi and Jack P Shepherd. (S)
6.30 **Strictly: It Takes Two** New edition Behind-the-scenes action. (S)

8.00 Gardeners' World

7.00 **Monty Don's Spanish Gardens** 1/3. The presenter visits spectacular gardens in the central region of Spain, from its historic imperial palaces to modern designs adapted to climate change. (S)(R)(AD)

8.00 **Gardeners' World** New edition Monty Don sows iris bulbs to create a dazzling spring display and plants elephant garlic for next year's kitchen, while Carol Klein reveals some new seasonal planting combinations. (S)

9.00 **Agatha Christie: Lucy Worsley on the Mystery Queen** 1/3. The historian explores Agatha Christie's haunted, unconventional early life to discover the origins of her talent for murder. (S)(R)(AD)

10.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob set off in a punt to fish for perch on a weir pool on the River Thames. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Highland Cops** 1/7. Sgt Katie Duncan responds to a knife assault in Fort William, while police raids in Inverness target county lines drug gangs. (S)(R)(AD)
12.00 M'T **Sign Zone: See Hear** (S)(R)
12.30 AM **Sign Zone: Rob Brydon's Honky Tonk Road Trip** (S)(R)(AD)
1.30 **Sign Zone: Riot Women** (S)(R)
2.30 **Sign Zone: DIY SOS** (S)(R)(AD)
3.30 **Sign Zone: Cracking the Case – The Predator Behind the Camera**
4.00 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is in Wolverhampton with antiques dealers Karen Dalmeny, James Layte, Mark Stevens and Fay Rutter. (S)(R)(AD)
3.00 **Tenable** A team of five solicitors take on the Tenable Tower in the hope of winning £125,000. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Dawn tells Joe her history, April faces a terrifying future, while Nicola and Laurel come to a realisation. (S)(AD)

8.00 **Coronation Street** DI Costello wields his power over Betsy after she is arrested, Bethany's first day at the salon doesn't go to plan, Tracy comes up with a plan to get Cassie out of her hair, and Bernie's blood boils over Naomi. (S)(AD)

9.00 **Borderline** New episode *Traffik – Part One:* 3/6. Regan and Boyd investigate an abandoned fuel tanker on the border where they find the driver shot dead and two migrants hidden inside. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **NEW SERIES Champions: Full Gallop** 1/6. Return of the documentary series following the drama on and off the racetrack, beginning with Cheltenham's November Meeting. (S)(AD)
■ Entire series on ITVX
11.40 **Romesh Ranganathan's Parents' Evening** Comedy game show, with Gabby Logan, Pete Wicks and Krishnan Guru-Murthy. (S)(R)
12.30 AM **Teleshopping**
3.00 **The Undercover Police Scandal: Love and Lies Exposed** (S)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Judi Love's Culinary Cruise** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S8) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With Marcus Samuelsson. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** Series finale In Spain, Ben and Susana's plans for their upper village move 'upper' gear. (S)
5.00 **Four in a Bed** New edition The B&Bers meet for the last time. (S)
5.30 **Come Dine with Me** Fishmonger Bernadette hosts night five. (S)(R)
6.00 **A Place in the Sun** New edition A mother and daughter seek a holiday home in Valencia. (S)

10.00 The Last Leg

7.00 **News** (S)

8.00 **The Great British Bake Off: An Extra Slice** New edition Tom Davis, Amy Gledhill and Scarlette Douglas join Jo Brand and Tom Allen to review Meringue Week. Plus, a chat with the latest baker to leave the contest. (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV this week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **NEW SERIES The Last Leg** Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests Frank Skinner and Stevie Martin for a comic review of the significant moments from the past seven days. (S)
11.05 **Greg Davies: Firing Cheeseballs at a Dog** Stand-up show. (S)(R)
12.20 AM **FILM Attack the Block** Sci-fi comedy starring John Boyega, Jodie Whittaker and Nick Frost. (S)(AD) (2011, 15, 90min) ★★★★
1.50 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
2.40 **Come Dine with Me** (S)(R)(AD)
5.00 **Find It, Fix It, Flog It** (S)(R)
5.20 **to 6.15** AM **Kirstie and Phil's Love It or List It** (S)(SL)(R)(AD)

+1 hour 204/208 | 304 | 15 | 121 | 252

7 PM
8 PM
9 PM
10 PM

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **A Sprinkle of Deceit** Mystery starring Alison Sweeney and Victor Webster. (S) (2024, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Clive and Bernie celebrate their 49th wedding anniversary on the Greek island of Corfu. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Pyrenees Adventure** 4/4. Michael retraces the route his father used to flee Spain in 1939. (S)(R)
6.55 **News** (S)

4.00 The Cruise: Fun-Loving...

7.00 **Britain's Poshest Designer Outlet: Inside Bicester Village** Fashion experts uncover the secrets of Bicester Village's success. (S)(R)
7.55 **News** (S)

8.00 **Susan Calman's Grand Day Out** New edition Susan visits Cornwall, on the trail of romantic hero Ross Poldark. She begins in the peaceful market town of Helston. (S)

9.00 NEW SERIES **Britain's Most Scenic Counties: Cheshire** 1/4. The residents of Cheshire showcase the county's landscapes and charms, including a horse sanctuary near Chester. (S)

10.00 **Fawlty Towers: A Very British Comedy** Controversies surrounding the comedy created by John Cleese and Connie Booth, examining its sometimes uncomfortable place in the modern world. (S)(R)

11.30 **Piers Morgan Uncensored** New edition Highlights from the presenter's YouTube show. (S)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Friends** (S4) (S)(R)(AD)
3.45 **Kate Humble's Coastal Britain** Kate visits Holyhead Island in north-west Wales. (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.20 **to 5.25** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S1) (S)(R)
11.00 **Deep Dive North America** (R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 9/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *The Bob Next Door:* A new neighbour moves in next door and proves popular with everyone. (S)(R)
5.30 *Judge Me Tender:* Moe is approached to join the *American Idol* judging panel. (S)(R)
6.00 **The Office (US)** 9/28. Michael frames Toby after discovering he is back in the office. (S)(R)
6.30 10/28. Andy and Angela visit Schrute Farms. (S5) (S)(R)

6.00 The Office (US)

7.00 **The Simpsons** *Treehouse of Horror XXXIII:* Marge becomes possessed by a monster, and Lisa goes on a killing spree. (S)(R)
7.30 *Treehouse of Horror IX:* Bart and Lisa get trapped inside a cartoon. (S)(R)

8.00 **A League of Their Own** Romesh Ranganathan hosts the comedy quiz, with team captains Jamie Redknapp and Jill Scott and regular panellist Micah Richards joined by Tyson Fury, Maya Jama and Rob Beckett. (S)(R)(AD)

9.00 **The Iris Affair** New episode 2/8. Iris blackmails Teo to botch the police investigation and help her flee, but he is given no choice but to betray her location, forcing her to make a death-defying escape. (S)(AD)

10.00 **The Iris Affair** New episode 3/8. Joy is taken captive by Baptiste, while Iris contacts conspiracy theorist Alfie and asks him to meet her in Rome to help her with the next phase of her plan. (S1) (S)(AD)

11.00 **The Iris Affair** New episode 4/8. After being stripped of everything she's built, Iris escapes the island and contacts Alfie. (S1) (S)(AD)
12.00 M'T **Sex and the City** (S)(R)
1.10 AM **The Force: North East** (R)
2.05 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 9/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **Road Wars** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.30** A View from the Terrace (S)(R) **12.15am** RuPaul's Drag Race UK (S)(R) **1.20** FILM The Blair Witch Project (S) (1999, 15, 80min) ★★★★ **2.40** Weather for the Week Ahead (S) **2.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm NEW SERIES North Coast Riders (S) **9.00-10.00** NEW SERIES Leonard and Hungry Paul (S) **10.40** Have I Got News for You New edition (S) **11.10** The Graham Norton Show New episode (S) **12.00m't** How Are You? It's Alan (Partridge) New episode (S)(AD) **12.30am** RuPaul's Drag Race UK (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bwyd Epic Chris (AD) **12.30** Heno **1.00** Rhys Patchell: Japan a'r Gic Olaf **1.30** Codi Hwyl (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Windrush: Rhwng Dau Fyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwyd Epic Chris (AD) **6.30** Bwyd Epic Chris (AD) **7.00** Newyddion a'r Tywydd **7.30** LIVE Clwb Rygbi **9.50** GISDA: Drws I'r Digartre New edition (AD) **10.15** GISDA: Drws I'r Digartre Series finale (AD) **10.45-11.50pm** Ty Ffit

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Jobless** One-off comedy.
7.10 **Wallace & Gromit: A Matter of Loaf and Death** Animation. The duo open their own bakery.
7.35 **The Catch Up**
7.40 FILM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure featuring the voices of Peter Sallis, Ralph Fiennes and Helena Bonham Carter. (2005, U, 85min) ★★★★★
9.00 **Film Club** 3/6. Evie is still reeling from the message she saw on Noa's phone. **9.30** 4/6. Evie throws herself headlong at life. (S1)
10.00 FILM **Escape Room** Psychological thriller starring Deborah Ann Woll. (2019, 15, 99min) ★★★
11.35 FILM **Escape Room: Tournament of Champions** Horror sequel. (2021, 15, 88min) ★★
12.55 AM **RuPaul's Drag Race UK**
2.05 **My Mate's a Bad Date**
2.30 **to 3.55** AM **Dreaming Whilst Black**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a 1972 Renault Alpine A110. **4.50** Tim and Fuzz work on a 1978 Bedford HA ice-cream van in Manchester.
5.50 **Escape to the Chateau** Angel comes up with a plan to create a mezzanine.
6.55 **The Dog House Australia** Housemates Greg and Allan meet a Staffie called Betty.
7.55 **The Dog House** Trini from London contends with sassy fluffball Balloo.
9.00 **The Wall: The Orchard** New episode 3/8. Céline finds out that Veronique had a confessor at the Abbey, while Alex learns that the monks sold the orchard to Marie-Therese Jolicoeur for a pittance in the 1950s. Subtitled. (S3)
10.00 **24 Hours in A&E** A cyclist is rushed to St George's after being hit by a car.
11.05 **24 Hours in A&E** A man comes in having severed three of his fingers with an electric saw.
12.10 AM **999: On the Front Line** Police find a man in the street suffering from a suspected drug overdose.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring Ace of Base, Lucid, Brandy & Monica and Baby Bumps. **7.20** Music by Apollo 440, Hinda Hicks, Will Smith and Sash! featuring Tina Cousins.
7.50 **TOTP: 1979** Music by The Dooleys, The Headboys, Chic, Dr Hook and Viola Wills.
8.30 **TOTP: 1986** Performances by Pet Shop Boys, Nick Berry and Status Quo.
9.00 **Country Queens at the BBC** Country performances by female artists, featuring Bobbie Gentry, Taylor Swift and Emmylou Harris.
10.00 **Coolidge and Kristofferson: Sounds Like Friday** Rita Coolidge and Kris Kristofferson host an evening of song.
10.45 **Tammy** With Richard Harding and Johnny McEvoy.
11.10 **Country Music by Ken Burns** 3&4/9. Documentary.
12.55 AM **Sisters in Country: Dolly, Linda and Emmylou**
1.55 **TOTP: 1998** Double bill.
2.50 **TOTP: 1979** As 7.50pm.
3.25 **to 3.55** AM **TOTP: 1986**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** (S9&10)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons** Double bill of the animated comedy.
7.00 **The Simpsons** *Father Knows Worst:* Homer suffers the consequences of trying to copy a fire-eater. **7.30** *Covercraft:* Homer decides to form a band.
8.00 **First Dates** An aspiring Paralympian goes on a date with a former footballer.
9.00 FILM **Monster Hunter** Fantasy starring Milla Jovovich. Cpt Artemis and her soldiers are transported to a new world, and engage in a battle for survival against enormous enemies. (2020, 12, 103min) ★★★
11.00 **Naked Attraction**
12.00 M'T **Naked Attraction's Best Naughty Bits**
1.05 AM **Gogglebox**
2.05 **Below Deck Sailing Yacht**
2.55 **The Simpsons**
3.25 **Modern Family**
4.20 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 | 306 | 30 | 123 | 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 5/22. (S1)
1.00 PM **The Rookie** 5/20. The training officers and the rookies are pitted against each other in a competition. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

10.00 **Law & Order: SVU**

7 PM
7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM
8.00 **Caught on Dashcam** Fly-on-the-dashboard documentary showcasing outrageous road disasters.

9 PM
9.00 **Law & Order: Criminal Intent** *Stray:* 6/21. Goren and Bishop attempt to track down a latter-day Bonnie and Clyde. (S3)

10 PM
10.00 **Law & Order: Special Victims Unit** *Cornered:* 8/22. Carisi tries to protect two women taken hostage. (S26)
11.00 **Law & Order: Special Victims Unit** 9/22. (S26)
12.00 M'T **Law & Order: Criminal Intent** 3/21. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **Law & Order: SVU** (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.15 PM **Game of Thrones** (S5)
1.20 **My Brilliant Friend** 6/8. (S2)
2.30 **Boardwalk Empire** (S4)
4.40 **Homicide: Life on the Street** 15/22. A police officer is found shot dead.
5.45 16/22. Brodie searches for a murder suspect. (S5)
6.45 **Game of Thrones** 4/7. Daenerys launches an attack on the Lannister army. (S7)

9.00 **The Iris Affair**

7.50 **Game of Thrones** *Eastwatch:* 5/7. Daenerys demands loyalty from the surviving Lannister soldiers, while Jon heeds Bran's warning about white walkers. (S7)

9.00 **The Iris Affair** New episode 2/8. Iris blackmails Teo to botch the police investigation and help her flee.

10.00 **The Iris Affair** New episode 3/8. Iris contacts conspiracy theorist Alfie and asks him to meet her in Rome. (S1)
11.00 **The Iris Affair** New episode 4/8. Thriller with Tom Hollander and Niamh Algar. (S1)
12.00 M'T **Task** 6/7. (S1)
1.15 AM **The Sopranos** 13/13. (S4)
2.45 **Gomorrah** 5&6/12. (S4)
4.40 **In Treatment** (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 20/20. (S8)
9.00 **Stargate SG-1** (S1)
11.00 **SEAL Team** 1/14. (S5)
12.00 NOON **The Flash** 1/13. (S9)
1.00 PM **Hawaii Five-0** (S4)
3.00 **S.W.A.T.** 9/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 16/16. Bravo take a devastating hit that will change the team forever. (S4)
6.00 **Stargate SG-1** 5/22. Members of the team begin to undergo startling transformations. (S1)

5.00 **SEAL Team**

7.00 **Stargate SG-1** *The First Commandment:* 6/22. O'Neill and the team are assigned to investigate SG-9's disappearance. (S1)

8.00 **A League of Their Own** Romesh Ranganathan hosts the comedy quiz, with Tyson Fury, Maya Jama and Rob Beckett.

9.00 **An Idiot Abroad 3** 1/3. Karl Pilkington goes on another world trip – this time accompanied by actor Warwick Davis.

10.00 **The 00s: Cinema's Greatest Decade** Alex Zane examines the merits of films from the 2000s.
11.00 **Romesh: Can't Knock the Hustle** 4/4. Romesh Ranganathan questions if success is the key to happiness.
12.00 M'T **The Force: North East** Double bill of the series.
2.00 AM **Road Wars**
3.00 **S.W.A.T.** 9/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 AM **The Big Bake**
8.40 **Sam and Billie: Sister Act**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Sam and Billie: Sister Act**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

11.05 **American Dad!**

7.00 **Deal or No Deal** Stephen Mulhern hosts as Craig takes on the Banker for the chance to win a life-changing cash prize.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 **Big Brother Live Eviction** New edition The most unpopular housemates face a public vote.

10.15 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **American Dad!** New episode 3/22. Animated comedy. (S20)
11.35 **Family Guy** (S4&10)
12.35 AM **American Dad!** (S15)
1.05 **Plebs** 7&8/9. (S5)
2.05 **Totally Bonkers Guinness World Records**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Doc Martin** 6/8. (S7)
10.10 **The Royal** *Absent Friends.*
11.10 **Heartbeat** Double bill.
1.20 PM **Classic Emmerdale**
2.20 **Classic Coronation Street**
3.30 **Downton Abbey** 4/9. (S3)
4.40 **Doc Martin** 7/8. A new art teacher wants to try out some rather alternative ideas. (S7)
5.45 **Heartbeat** *The Buxton Defence:* The arrival of a chess champion causes a crisis.

11.55 **Wire in the Blood**

6.50 **Heartbeat** *Still Water:* An investigation into a cattle auctioneer puts Mike and his wife at loggerheads.

8.00 **Midsomer Murders** *Bantling Boy:* Barnaby investigates the death of a racehorse trainer and suspects a family's troubled history holds the key to the mystery – until a second killing makes him think again.

10.00 **Midsomer Murders** *Left for Dead:* The murder of a couple in Dunstan awakens memories of a fatal road accident.
11.55 **Wire in the Blood** 4/4. Hill's judgement is called into question when DNA evidence comes to light suggesting he may have unwittingly helped secure the conviction of an innocent man. (S4)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship Football** Dunfermline Athletic v Raith Rovers: All the action from the Championship match at KDM Group East End Park. Kick-off is at 7.45.
10.00 **Still Game** *Ring:* 4/6. Tight-fisted Tam prepares to make an honest woman of Frances. (S4)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a sideways look at Scottish football.
11.15 **Breaking the News** New edition Des Clarke hosts the topical comedy quiz, with Susie McCabe, Amanda Dwyer and Liam Withnail.
11.45 PM **to 12.00** M'T **Growing Up Scottish** Reflecting on family life.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.15 **Girls** 3&4/10. (S1)
12.35 PM **The Office (US)**
1.35 **The Conners** (S2)
2.35 **The Office (US)** (S5)
3.35 **Will & Grace** (S4)
4.35 **Sex and the City** (S2)
5.50 **Will & Grace** (S4)
6.50 **The Office (US)** (S5)
7.50 **Sex and the City** 6/18. Charlotte decides to dump her boyfriend.
8.25 7/18. Carrie starts calling on Big more frequently. (S2)
9.00 **Tom Davis: Underdog** Stand-up performance.
10.15 **And Just Like That...** *Party of One:* 12/12. Miranda hosts Thanksgiving. (S3)
10.55 **Entourage** 5&6/8. (S1)
11.55 **Girls** 2&3/10. (S4)
1.00 AM **Veep** 2&3/10. (S5)
2.15 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
8.00 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: King's Ball**
1.00 PM **Tales of the...**
2.00 **Robert Burns: No Holds Bard**
3.00 **Stories from Tate Britain** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Dolly Parton: Song by Song** Double bill.
9.00 **Opry Live** New edition
10.00 **The Eagles: Live from the LA Forum**
12.55 AM **Pink Floyd: Pompeii**
2.35 **The Thousand and One Musical Lives of Fleetwood Mac**
3.50 **Classic Albums**
5.05 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** *Suddenly Human:* 4/26. (S4)
8.00 **Star Trek: Deep Space Nine** *Let He Who Is Without Sin:* 7/26. (S5)
9.00 **Forensics: Catching the Killer** Investigating the murder of eight-year-old Sarah Payne.
11.00 **Grimm** 4/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable for Soccer Aid** Five football teammates join forces to take on the Tenable tower.
3.00 **Ant & Dec's Limitless Win** Joe and sister-in-law Jo take on the Limitless Ladder.
4.00 **Tenable** Five family members take part.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Alex tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 23&24/24. (S6)
12.00 NOON **Highway to Heaven** 23/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S2)
6.10 **Rising Damp** 4/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
8.20 **Dear John** 3/7. (S2)
9.00 FILM **Patriot Games** Action thriller starring Harrison Ford. (1992, 15, 116min) ★★★
11.30 **Rising Damp** 4/7. (S1)
12.00 M'T **Man About the House** 6/6. (S5)
12.30 AM **M*A*S*H** (S2)
1.30 **Dear John** 3/7. (S2)
2.05 **The Fall and Rise of Reginald Perrin** (S2)
2.35 **Home to Roost** (S1)
3.05 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

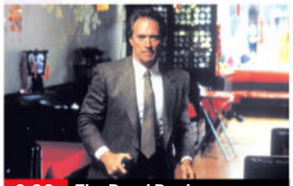
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **The Protectors**
6.45 **The Saint**
7.50 **Kojak** Double bill.
9.55 **Magnum, PI**
12.00 NOON **BattleBots**
1.05 PM **Kojak** Double bill.
3.10 **Magnum, PI** Double bill.
5.20 **The Saint** *The People Importers:* Templar investigates a people smuggling ring.
6.20 **American Pickers** After buying a pottery collection, the duo find out whether their gamble has paid off.


9.00 The Dead Pool

6.55 **The Chase Celebrity Special** Cherry Healey, Dallas Campbell, Ria Hebden and Robert Peston work as a team.

8.00 **Ice Road Truckers** An unprecedented 17-truck convoy that includes the largest load of the season crosses the ice.

9.00 **FILM The Dead Pool** Thriller starring Clint Eastwood. 'Dirty Harry' investigates a series of celebrity murders, while making sure he's not the next famous victim. (1988, 18, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring Jon Moxley and Claudio Castagnoli.

12.55 AM **Dark Side of the Ring**
1.45 **BattleBots**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 15/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 3/26. (S3)
2.00 **Warehouse 13** (S3&4)
4.00 **Star Trek: The Next Generation** 15/22. (S2)
5.00 **Stargate Atlantis** 13/20. (S5)
6.00 **Star Trek: Enterprise** 7/26. Archer leaves Trip in charge of the *Enterprise* when he is assigned a secret mission. (S2)

10.50 The Lawnmower Man

7.00 **Star Trek: Deep Space Nine** *The House of Quark:* 3/26. Quark claims he killed a Klingon, but his boast backfires. (S3)

8.00 **Stargate Atlantis** *Inquisition:* 13/20. Woolsey's legal expertise is tested when the crew are put on trial. (S5)

9.00 **FILM End of Days** Horror thriller starring Arnold Schwarzenegger, Gabriel Byrne and Robin Tunney. An ex-cop protects a vulnerable young woman from the Devil himself. (1999, 18, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **FILM The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan, Jeff Fahey and Jenny Wright. (1992, 15, 105 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **Warehouse 13** (S3&4)
3.00 **Lovecraft Country** 2/10. (S1)
4.00 **Chucky** 6/8. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 17/24. (S3)
11.00 **Hudson & Rex** 9/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 17/24. (S3)
5.00 **Hudson & Rex** 9/16. Charlie investigates the host of a local morning show after her husband is found dead. (S1)
6.00 **Father Brown** *The Hidden Man:* The priest's friendship with Flambeau is tested to its limits.

4.00 The Mentalist

7.00 **Body of Proof** *Doubting Tommy:* 8/13. Tommy is accused of killing a witness in a recent murder case. (S3)

8.00 **Death in Paradise** *A Double Bogey:* 2/9. The arrival of a brother to a family-run golf club culminates in murder. (S11)

9.00 **Death in Paradise** *Ye of Little Faith:* 4/8. The team are called to a hotel where a flight attendant has been poisoned. (S3)

10.00 **Father Brown** *The Scars of War:* Sullivan asks for Father Brown's help when Mrs Devine's son Eddie is framed for murder.

11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 9/16. Neal investigates insider trading on Wall Street. (S4)
12.55 AM **Death in Paradise** As shown at 9.00pm.
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder II**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Blackadder II**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Blackadder II**

10.15 Live at the Apollo

7.00 **Only Fools and Horses** Rodney tires of being Del Boy's dogsbody.
7.40 **The Good Life** Tom's philosophy of life gains him two eager disciples.
8.20 Tom and Barbara enjoy celebrity status when a journalist writes a story about their life.

9.00 **The Good Life** Tom sets out to catch the thief responsible for stealing leeks from his garden.
9.35 Tom and Barbara's difficulties are for once dwarfed by those of Jerry.

10.15 **Live at the Apollo** With Jon Richardson, Nathan Caton and Sara Pascoe.

11.20 **Blackadder II**
12.00 M'T **Neil & Martin's Bon Voyage** The duo go on a road trip through France.
1.00 AM **The Good Life**
2.15 **The Cleaner**
2.45 **Inside No 9**
3.15 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Aussie Road Train Truckers** New editions Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King head to Thailand.
6.00 **Rick Stein: From Venice to Istanbul** The chef takes a gastronomic road trip through the former Byzantine Empire.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** With Wilfred Webster, Romesh Ranganathan, Jessica Hynes and Gina Yashere.
7.40 **Richard Osman's House of Games** With Shazia Mirza and Joe Thomas.
8.20 With Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire.

9.00 **QI XL** Sheila Hancock, Jimmy Carr and Jeremy Clarkson join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Bill Bailey hosts the satirical quiz, with guest panellists Fin Taylor and Dawn Butler.

11.00 **8 Out of 10 Cats**
11.50 **Mock the Week**
12.30 AM **Would I Lie to You? At Christmas** With Richard Osman, Tom Courtenay, Sara Pascoe and Chris Kamara.
1.10 **Would I Lie to You?**
1.50 **to 4.00** AM **I'll Get This**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** From France.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It** Double bill.
8.00 **George Clarke's Homes in the Wild** The host visits Lord Howe Island, a tiny Pacific gem off Australia's east coast.
9.00 **24 Hours in A&E** Three pedestrians are brought in to Queen's following a roadside accident.
10.00 **Social Media Monsters**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.05 **Worlds Apart**
2.10 **Taskmaster**
3.10 **Location, Location, Location** Property show.
4.10 **to 4.55** AM **Food Unwrapped**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S11 & 12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Cabin Fever:* 15/24. Fornell struggles to deal with recent events.
7.00 *Blast from the Past:* 16/24. A murder victim is found to be using an alias from Gibbs' past.
8.00 *The Artful Dodger:* 17/24. A forged rare painting is connected to the murder of a US Navy lieutenant. (S12)
9.00 **Person of Interest** *Endgame:* 8/23. Finch receives 38 numbers from the Machine.
10.00 *The Crossing:* 9/23. Reese and Carter drag a wounded Alonzo Quinn away from the gunfight. (S3)
11.00 **Law & Order: Special Victims Unit** (S23)
2.45 AM **Wild Cards** (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Paramedics rush in a man whose car collided head-on with a bin lorry.
9.00 **A&E After Dark** The night-time challenges facing NHS staff working in A&E departments.
10.00 **Ambulance: Code Red**
11.00 **Trauma Room One**
12.00 M'T **Skin A&E**
1.00 AM **Banged Up Abroad**
2.00 **Bargain-Loving Brits in the Sun** From Huelva.
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.30 **Trucking Hell**
10.30 **Traffic Cops: Under Attack** Documentary.
11.30 **Police Interceptors**
1.30 PM **FILM Operation Daybreak** War drama with Timothy Bottoms. (1975, 15, 104 min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A runaway driver escapes the car while still on the move.
7.00 Officers pursue an off-road motorbike.
8.00 Officers chase a car trying to escape the wrong way on the M62.
9.00 **FILM Red Dawn** Action adventure starring Charlie Sheen. (1984, 15, 113 min) ★
11.20 **Police: Night Shift 999**
12.20 AM **MacGyver** (S3)
1.20 **999: Criminals Caught on Camera**
2.10 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The Top Four compete for a chance to win $10,000 in travel vouchers.
8.10 **Inside the Ambulance** Paramedics help a woman who has taken an overdose of paracetamol.
9.10 **999 Rescue Squad** A teenager is found with multiple stab wounds.
10.10 The team come to the aid of a lorry driver trapped behind his twisted steering wheel.
11.10 **Absolutely Fabulous**
1.10 AM **Interior Design Masters with Alan Carr**
2.25 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **Sister Boniface Mysteries** New episode *Killer Heels:* 4/8. The owner of a shoe factory is found murdered. (S4)
■ Entire series on U
10.00 **New Tricks** *Old Dogs.*
11.20 **Spooks** 3/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.55 **to 4.00** AM **A Remarkable Place to Die**

+1 hr 243 316 60 260

7 PM
8 PM
9 PM
10 PM

FRIDAY Entertainment

Friday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** The Isle of Man.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** James Braxton and Irita Marriott search for items in Wiltshire and Dorset. **8.00** James and Irita head to the final auction.
9.00 **Yorkshire Air 999** The crew fly to an 11-year-old boy badly injured in a car crash. Plus, a walker suffers a serious fall on one of Yorkshire's highest peaks.
10.00 **Helicopter ER**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
5.00 **The Bidding Room** A mid-century egg chair. **6.00** A fairground game and a 1920s music box.
7.00 **The Chase Celebrity Special** Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball compete for charity.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory**
10.00 **FILM Denver & Rio Grande** Western. (1952, U, 89min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM They Came to Cordura** Western. (1959, PG, 123min) ★★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S5)
8.00 **The Baron** 5/30. (S1)
9.00 **FILM Missing in Action 2** Adventure prequel starring Chuck Norris. (1985, 18, 91 min) ★★
11.00 **FILM Breakout** Thriller starring Brendan Fraser. (2013, 15, 85min) ★
1.00 AM **The Avengers** (S5)
2.00 **The Baron** 5/30. (S1)
3.10 **Cops Uncut** Double bill.
4.10 **Wild West Chronicles**
5.00 **to 5.50** AM **Air Rescue**
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Picture Perfect Lies** (2021, PG) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 22/24. (S2)
12.10 PM **FILM Flower Shop Mystery: Snipped in the Bud** (2016, PG) ★★
2.05 **FILM The Gourmet Detective: Death Al Dente** (2015, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 23/24. (S2)
8.00 **Unforgettable** (S2)
9.00 **FILM Flower Shop Mystery: Dearly Depotted** (2016) ★★
10.55 **FILM An Aurora Teagarden Mystery: A Very Foul Play** (2019)
12.50 AM **FILM Did I Kill My Mother?** (2018, 12) ★★
2.35 **FILM Kidnapped: 48 Hours of Terror** (2010)
4.20 **to 5.50** AM **FILM Nanny Beware** (2023)
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Christmas to Cherish** Comedy. (2019, U, 100min) ★★
10.00 **FILM A Christmas Break** Drama. (2020, PG) ★★
12.00 NOON **FILM Switched for Christmas** Drama. (2017, PG, 90min) ★★
2.00 PM **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
4.05 **FILM Double Christmas** Comedy. (2019, U) ★★
6.00 **FILM Christmas Confessions** Romance. (2015, PG, 98min) ★★
8.00 **FILM Hope at Christmas** Drama. (2018, PG) ★★
9.55 **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
11.50 **FILM Twinkle All the Way** (2019, PG) ★★
1.45 AM **FILM Crashing Through the Snow** Drama. (2021, PG) ★★
3.25 **to 4.50** AM **FILM Hats Off to Christmas!**
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Bewitched** 3/36. (S1)
11.00 **In Loving Memory** (S4)
11.30 **Doctor in the House**
12.00 NOON **Carry On Laughing** 3/6. (S1)
12.30 PM **You're Only Young Twice** 5/9. (S3)
1.00 **Mapp and Lucia** (S2)
3.00 **Bramwell** 6/8. (S2)
4.00 **Born Free** 3/13. (S1)
5.00 **A Sharp Intake of Breath** 1/3. (S3)
5.30 **In Loving Memory** (S4)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** 3/11. (S1)
8.00 **Bramwell** 6/8. (S2)
9.00 **Dark Skies** 13/20. (S1)
10.00 **Brass** 6/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **FILM God Told Me To** Thriller. (1976, 15) ★★★
1.20 AM **Don't Drink the...**
1.50 **We Had One of Those**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig pursues invasive Russian king crab in Norway.
9.00 **Wheeler Dealers: Dream Car** Mike takes a big gamble to secure a classic Fiesta RS Turbo. **10.00** The guys try to find a classic Nissan Patrol for surfer Kerry.
11.00 **Marooned with Ed Stafford** From the western fjords of Norway.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **James Martin's Brittany** Double bill.
7.00 **Paul Hollywood: City...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals...**
10.00 **Tom Kerridge...**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin's Favourite Feasts**
3.00 **Paul Hollywood: City Bakes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge Barbecues** Double bill.
7.00 **Great British Bake Off**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **Rick Stein's Food Heroes**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 25/28. (S1)
9.00 **The Fall Guy** 6/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
1.00 PM **FILM The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
2.55 **FILM The Lost World** Fantasy adventure. (1960, PG, 98min) ★★
5.00 **Star Trek** 9/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 7/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Rambo: Last Blood** Thriller sequel. (2019, 18, 89min) ★★
10.50 **FILM Bullet to the Head** Action thriller. (2012, 15, 89min) ★★★
12.40 AM **FILM Deepwater Horizon** Drama. (2016, 12, 105min) ★★★★
2.45 **to 4.50** AM **FILM An Eye for an Eye** Thriller. (1981, 15, 106min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Dragonquest**
8.00 **FILM Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★★
10.00 **Andromeda** 2/22. (S3)
11.00 **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
1.00 PM **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster thriller. (2014, PG, 120min) ★
3.00 **Andromeda** 2/22. (S3)
4.00 **Six Million Dollar Man**
5.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
7.00 **Andromeda** 3/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM The Negotiator** Action thriller. (1998, 15, 140min) ★★★★
11.40 **FILM Q & A** Sidney Lumet's thriller. (1990, 18, 132min) ★★★★
2.25 **to 3.00** AM **The Twilight Zone**
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Stockport.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Strange Evidence**
10.00 **What on Earth?**
11.00 **The UnXplained: Mysteries of the Universe** Documentary.
12.00 M'T **Paranormal Survivor**
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **Wales' Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Michael Portillo in Andalucia** From Cádiz.
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Nazi Secrets Revealed: Drain the Oceans**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** From Utah.
9.00 **Taggart** *Killer:* First episode of the crime drama. A murderer is on the loose, and one by one the bodies of young women are being found strangled across Glasgow.
11.45 **Prisoner: Cell Block H**
1.45 AM **Cruising with Jane McDonald** Double bill.
3.55 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **My Lottery Dream Home** Helping a woman who received an inheritance find a condo in South Beach, Florida. **9.30** A search for a home in Florida for a lottery winner's family.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **1000-lb Sisters**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **My 600lb Life** For Larry, a second weight loss surgery would mean another chance at a recording career.
11.00 **My Extreme Excess Skin** Sal fears he will never become a dad with all his extra skin.
12.00 M'T **Sex Sent Me to the ER** Aromatherapy.
1.00 AM **Extreme Cheapskates**
2.00 **My 600lb Life**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** (S4)
11.00 **Spin City** 19-22/24. (S2)
1.00 PM **Friends** (S3)
7.00 **Friends** 13-16/25. (S3)
9.00 **Michael McIntyre's Big Show** With Kerry Godliman and Alan Carr.
10.00 **Iain Stirling's Roast the Internet** With Maisie Adam, Vogue Williams and Kiell Smith-Bynoe.
11.00 **8 Out of 10 Cats**
11.50 **South Park** (S28)
12.20 AM **Mike Judge's Beavis and Butt-Head** New episode (S3)
12.50 **FILM EDtv** Satirical comedy with Matthew McConaughey. (1999, 12, 123min) ★★★★
3.10 **Whose Line Is It Anyway? USA**
3.30 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** 19-22/24. (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** (S4)
7.00 **Spin City** Four episodes, including at: **8.30** 22/24. Mike wrestles with an emotional dilemma. (S2)
9.00 **Everybody Loves Raymond** (S4)
10.00 **Friends** (S2)
12.00 M'T **Lee Evans Live: The Different Planet Tour**
1.30 AM **Lee Evans: Live in Scotland** Stand-up.
3.00 **Drunk History**
3.45 **The Alternative Comedy Experience**
4.30 **Comedy Game Night**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
12.00 NOON **911 Crisis Centre**
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **911 Crisis Centre**
4.00 **Air Ambulance ER**
5.00 **Motorway Patrol**
7.00 **Bondi Rescue**
8.00 **SEAL Team** *The Carrot or the Stick:* 5/16. The team search for Ray. **9.00** *Horror Has a Face:* 6/16. Ensign Davis tracks Ray's location to a shipping container. (S4)
10.00 **The Rookie: Feds**
12.00 M'T **The Force: North East** Documentary.
1.00 AM **A League of Their Own** With Big Zuu.
2.00 **Duck Quacks Don't Echo** Series highlights.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom UK: Next Generation**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Brody and Kaitlynn decide to visit a fertility specialist.
9.00 **MTV Cribs** Rick Ross shows off his home. **9.30** Matt James and Tyler Cameron show off their apartment.
10.00 **Skin A&E**
11.00 **Lindsay Lohan's Beach Club** Reality series.
12.00 M'T **Behind the Music**
1.00 AM **The Challenge: Double Agents**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers World Tour**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters**
4.00 **Alaska: Homestead Rescue** The Raneys reflect on life-changing rescues.
5.00 **Moonshiners** The Memphis expansion hits a snag.
6.00 **Hoffman Family Gold** Todd promises a gold bonus to all miners who finish the season.

9.00 Expedition Unknown

7.00 Wheeler Dealers Mike finds a rare Land Rover Series 1 that becomes a complicated and expensive restoration.

8.00 Deadliest Catch Keith and Jake charge north into a Siberian storm, while Sig gambles on an unproven partner.

9.00 Expedition Unknown New edition Josh braves the swamps of South Carolina to find the lost treasure of Anne Bonny.

10.00 Expedition X New edition Josh and Heather look into paranormal claims at Ireland's infamous Spike Island prison.

11.00 **How the Universe Works** New discoveries reveal the secrets of nebulas.
12.00 M'T **Blowing Up History** Investigating the ancient Roman city of Hierapolis.
1.00 AM **Expedition Unknown**
2.00 **Expedition X** As 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Fish or Die**
10.00 **Tanked** With Dwight Howard.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** A special canine delivery for Iditarod champion Lance Mackey. **4.00** Fierce winds cause chaos on Halloween.
5.00 **Lone Star Law** Game Warden Benge returns after an injury.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy treats a wounded cat.

8.00 River of No Return

7.00 Treehouse Masters Pete Nelson takes on his biggest ever treehouse, which will be made up of three separate levels.

8.00 River of No Return A jetboat captain is forced to spring into action as a rafter topples into the murky waters of the river.

9.00 Alaska: The Last Frontier Tensions flare when Otto and Jane head to Kodiak Island to rescue a herd of wild buffalo.

10.00 Alaskan Bush People The Browns prepare for a medieval-themed birthday celebration for Baby Eli.

11.00 **Pit Bulls & Parolees** The threat of flooding prompts Tia to make an evacuation plan for her and the dogs.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **River of No Return**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Engineering Europe**
9.00 **Air Crash Investigation**
12.00 NOON **Mystery of MH370: Drain the Oceans**
1.00 PM **Destruction Decoded**
2.00 **Nazi Megastructures**
3.00 **Hitler's Secret Underground Factory** Documentary.
4.00 **Rise and Fall of the Mayas** Experts explore evidence of a Maya resurgence.
5.00 **Car S.O.S** A Porsche 911.
6.00 **Lost Treasures of Egypt** Archaeologists working in Egypt's Valley of the Kings.

4.00 Rise and Fall of the Mayas

7.00 Air Crash Investigation The disappearance of a turboprop commuter plane approaching an airport in Indonesia.

8.00 Air Crash Investigation The investigation into a US military jet that crashed in Croatia in 1996.

9.00 Air Crash Investigation Investigators risk their own lives to look into a Boeing 727's near-fatal nosedive over Michigan.

10.00 Inside Melbourne Airport A380 Turnaround Coordinator, Diana, orchestrates cargo and ground operations.

11.00 **Top Guns: The Next Generation** Documentary.
12.00 M'T **Ice Road Rescue**
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler**
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Full Custom Garage** New edition Ian Roussel takes on an old but precious project.
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets Declassified with David Duchovny**
1.00 PM **Ancient Aliens**
2.00 **Egypt's Unexplained Files**
3.00 **Killer Kings** King John.
4.00 **Storage Hunters**
5.00 **Canadian Pickers**
6.00 **American Pickers**

10.00 Ancient Aliens Special...

7.00 Forged in Fire 2/2. The Road to Redemption contest continues, with four smiths remaining.

8.00 Egypt's Unexplained Files Experts investigate whether colossal volcanoes toppled an ancient dynasty.

9.00 Ancient Aliens New edition Numerous depictions of mysterious figures that appear to be half-human and half-bird.

10.00 Ancient Aliens Special Presentation New edition Ruins, statues and carvings that appear to share connections.

12.00 M'T **Evil Encounters** Exploring tales of vengeful spirits who seek justice against those who wronged them.
12.55 AM **Secrets Declassified with David Duchovny** The gadgets relied upon by spies.
1.50 **Ancient Aliens** As 9.00pm.
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** Allied forces stumble across a sprawling complex in France.
5.00 **Nazi Hunters** The capture of Heinrich Himmler.
6.00 **Antiques Roadshow** The team return to Plas Newydd on the Isle of Anglesey.

7.00 Russia with Simon Reeve

7.00 Russia with Simon Reeve Simon travels from Crimea to St Petersburg, where he joins fighters at a martial arts club.

8.00 One Foot in the Grave Victor tempts fate by agreeing to look after Patrick and Pippa's house. **8.40** Victor and Margaret get stuck in a bank holiday traffic jam. **9.20** Victor resolves to remove an evil curse that strikes the household.

10.00 Bangers & Cash Dave collects a 1926 Dodge bus, and Derek gets his hands on a rare Vauxhall Victor VX 90 police car.

11.00 **Bangers & Cash** Paul hits the road to collect an old ambulance that served its time as a holiday camper. **12.00** M'T Dave extracts a 1984 Manta GTE from a barn.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Russia with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** Restoring a trophy won in a 1949 ballroom dancing competition.
8.00 **Shed and Buried** Henry Cole and Sam Lovegrove examine Japanese bikes in Hampshire. **8.30** Henry and Sam find some rare Minis.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Pearl Black.
8.00 **Murder on CCTV**
9.00 **A Killer Among Friends** New edition
10.00 **Devil in Suburbia**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Jimmy Savile** Documentary.
1.00 AM **Gary Glitter: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A voice from beyond the grave helps investigators solve a crime after a Sunday school teacher loses two husbands in a row.
8.00 **Murder by the Sea** The murder of Roger and Josie Hartland.
9.00 **48 Hours** Cayley Mandadi arrives at a hospital naked, bruised and unconscious.
10.00 **Murder in Mind** The story of how Lori Isenberg poisoned her husband, but told authorities he drowned.
11.00 **Snapped: Killer Couples**
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder in Mind**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Storm of Suspicion** A shocking tip sends detectives on a search in brutal temperatures. **3.00** A man goes missing from a beach community in New York.
4.00 **48 Hours** A lawyer shoots his wife from the backseat of a car.
5.00 **Medical Detectives** The murder of a gay couple. **5.30** A dog helps solve a murder case. **6.00** The murder of a TV producer. **6.30** The story of a woman thought to have accidentally shot herself in the head.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Murder Uncut**
10.00 **Mommy Dead and Dearest: The Story of Dee Dee** Documentary.
11.40 **Murdered at First Sight**
12.45 AM **How I Caught the...**
1.50 **Killer in My Village**
2.55 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
9.20 **Nazi Ratlines in Franco's Madrid**
10.40 **The Truth About Franco: Spain's Forgotten Dictatorship**
11.55 **Mafia's Greatest Hits**
1.00 PM **Full Steam Ahead**
2.15 **Nazi Ratlines in Franco's Madrid**
3.35 **The Truth About Franco: Spain's Forgotten Dictatorship**
4.40 **Mafia's Greatest Hits**
5.50 **Full Steam Ahead**
7.05 **Nazi Ratlines in Franco's Madrid**
8.20 **The Truth About Franco: Spain's Forgotten Dictatorship**
9.30 **Once Upon a Time in Northern Ireland**
10.45 **Nazi Ratlines in Franco's Madrid**
12.00 M'T **The Truth About Franco: Spain's Forgotten Dictatorship**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Breath of Fire**
7.00 **Discovering: John Mills**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **All That Breathes**
12.00 NOON **FILM Bobby** The life and career of Bobby Moore. (2016, PG, 95min) ★★★★
2.00 PM **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
4.00 **Discovering: John Mills**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **David Frost Vs** The journalist's interviews with Richard Nixon.
8.00 **An American Bombing: The Road to April 19th** Exploring the surge in homegrown political violence in the US.
10.00 **The Essex Murders: Who Killed Goldfinger?** 2/3. Investigating the unsolved 2015 murder of John Palmer.
11.00 **The Alabama Solution**
1.30 AM **Everton: Howard's Way**
3.30 **The Lawman**
5.00 **to 6.00** AM **Discovering: John Mills**

Sky Nature

145 113/114 189 354 369

6.00 AM **Gangs of Baboon Falls**
7.00 **Monkey Life** Double bill.
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wildest New Zealand**
10.00 **Wildlife ER**
11.00 **Deep Dive North America**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Wildest New Zealand**
4.00 **Wildlife ER**
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **My Wild Cats** Observing five unique feline species making a comeback in the wild.
9.00 **Pride Rules** A look at lion prides.
10.00 **Waterworld Africa** A cove on the coast of South Africa.
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive North America**
1.00 AM **Gangs of Baboon Falls**
2.00 **My Wild Cats** As 8.00pm.
3.00 **Pride Rules** As 9.00pm.
4.00 **Dogs with Extraordinary Jobs**
5.00 **to 6.00** AM **Wildest New Zealand**

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo**
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **Hitler's Secret Bomb**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain: WWII Special** The hunt for artefacts.
4.00 **Mysteries Unearthed with Danny Trejo** The world's most significant discoveries.
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **Hitler's Secret Bomb** The race to develop the first atomic bomb.
9.00 **Evidence of the Unexplained** UFO sightings, abductions and other bizarre occurrences.
10.00 **Life After People** The world's lakes are laced with acid.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain: WWII Special** The hunt for artefacts.
4.00 **Weird Britain** Loch Ness.
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Judge Rinder** Real-life cases.
3.00 **Robbie Coltrane's Critical Evidence** Suzanne Pilley.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Somebody's Hiding Something**
9.00 **Court Cam** New editions Double bill of the series.
10.00 **My Strange Arrest**
11.00 **Cold Case UK**
12.00 M'T **Somebody's Hiding Something** True-crime.
1.00 AM **Court Cam** Four editions.
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men**
11.00 **The Wild Life of Dr Ole**
12.00 NOON **Snakes in the City**
1.00 PM **Yukon Vet**
2.00 **Cougar Country**
3.00 **Hostile Planet: Masters of the Freeze** Documentary.
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Critter Fixers: Country Vets**
7.00 **Secrets of the Zoo: Tampa Rescue Squad**
8.00 **Africa's Deadliest** Animals that infiltrate their rivals' territory.
9.00 **The Flood: Africa's Okavango** The wildlife of the Okavango Delta, at the heart of Southern Africa's largest desert.
10.00 **Lawless Island** The villagers build new homesteads.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Treating a mustang.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** Colourised footage retells the story of the Battle of Stalingrad, one of the bloodiest of World War Two.
9.00 **Secrets Underground**
10.00 **How Do They Do It?** How the world's finest canvases are created and how tofu is made. **10.30** An insight into how people care for bees.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Indian Ocean with Simon Reeve** Double bill of editions.
11.00 **Operation Arctic**
1.00 PM **Indian Ocean with Simon Reeve** The adventurer travels from Sri Lanka to Bangladesh. **2.00** The adventurer travels from Indonesia to Australia.
3.00 **Operation Arctic** Following the lives of polar bears. **4.00** Scientists monitoring the melting of glaciers.
5.00 **The Two Ronnies** Triple bill.
7.30 **The Two Ronnies** Vintage comedy from Messrs Barker and Corbett, with music by Clodagh Rodgers. **8.10** Songs and sketches, with guests Pan's People. **9.00** Featuring the Job Interview and the Soho Cinema. **9.50** Vintage comedy, including Tearful Party Guest.
10.40 **The Two Ronnies** Triple bill.
3.15 AM **Great British Railway Journeys Goes to Ireland**
3.40 **Great British Railway Journeys**
4.55 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Where Murder Lies**
9.00 **Swamp Murders**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Evil Stepmothers**
7.00 **Murder in the Heartland** A murder case is launched after police find burnt remains in an abandoned mining pit in the town of Hibbing, Minnesota. **8.00** The murders of a loving mother, her young daughter, and her daughter's friend.
9.00 **On the Case with Paula Zahn** Police must analyse a long, emotional and rage-filled call.
10.00 **Portals to Hell** A potentially haunted prison in Philadelphia.
11.00 **Haunted Towns**
12.00 M'T **The Dead Files** Double bill.
2.00 AM **Evil Stepmothers**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 1996 Impala.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear** Rory and Vicki test the Bentley Bentayga and Ferrari Purosangue.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Fifth Gear** Testing the new Tesla Model 3 and the Jeep Avenger.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Fifth Gear** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **Panda Plan** Comedy. (2024, 15, 99min) ★★★
8.05 **PREMIERE Black Bag**
9.40 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
11.05 **Grow** As shown at 4.05pm.
12.55 PM **Black Bag** As 8.00pm.
2.30 **The Stranger in My Home**
4.05 **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★
5.55 **Bridget Jones: Mad About the Boy** Romantic comedy. (2024, 15, 125min) ★★★★

8.00 Black Bag

8.00 PREMIERE Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Presence** Horror thriller. (2024, 15, 84min) ★★★★
1.05 AM **The Stranger in My Home** Drama starring Sophia Bush. (2025, 15, 91min)
2.45 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
4.35 **to 6.35** AM **Code 3** Action comedy starring Rainn Wilson. (2025, 15, 104min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.10 AM **One Life** Biopic. (2023, 12, 105min) ★★★★
8.15 **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★
11.30 **Saving Private Ryan** Steven Spielberg's epic war drama. (1998, 15, 169min) ★★★★★
2.20 PM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.00 **The Godfather** Gangster epic. (1971, 15, 167min) ★★★★★

5.00 The Godfather

8.00 The Godfather Part II Francis Ford Coppola's gangster epic sequel starring Al Pacino and Robert De Niro. Having escaped to the United States after his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (1974, 18, 200min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 The Godfather Part III Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino. (1990, 15, 162min) ★★★★
2.20 AM **The Green Hornet** Fantasy action comedy starring Seth Rogen and Jay Chou. (2011, 12, 118min) ★★★
4.25 **to 6.40** AM **The Invisible Man** Thriller starring Elisabeth Moss and Harriet Dyer. (2020, 15, 124min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.25 AM **Sky Cinema Preview**
6.50 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
9.40 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
11.40 **P.S. I Love You** Romantic comedy drama starring Hilary Swank. (2007, 12, 121min) ★★★
1.55 PM **Mamma Mia!** Musical with Meryl Streep and Colin Firth. (2008, PG, 108min) ★★★★
3.55 **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
6.00 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
8.00 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
9.55 **Dallas Buyers Club** Fact-based drama starring Matthew McConaughey and Jared Leto. (2013, 15, 114min) ★★★★
11.55 **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
1.35 AM **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
5.00 **Sky Cinema Preview**
5.35 **to 7.45** AM **Elizabeth: The Golden Age** (2007, 12) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

6.15 AM **If You Were the Last** Sci-fi comedy with Anthony Mackie. (2023, 15, 92min) ★★★★
8.00 **Ghostbusters: Frozen Empire** Comedy adventure sequel. (2023, 12, 115min) ★★★
10.00 **Timestalker** As 2.45am.
11.40 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
1.45 PM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
3.45 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
5.55 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
8.00 **2012** Epic disaster movie starring John Cusack, Chiwetel Ejiofor and Amanda Peet. (2009, 12, 158min) ★★★
10.45 **28 Days Later...** Horror thriller starring Cillian Murphy and Naomie Harris. A small group of people struggle to survive when a deadly virus devastates the UK. (2002, 18, 113min) ★★★★
12.45 AM **Restore Point** Sci-fi thriller starring Andrea Mohylová. (2023, 15, 115min) ★★★★
2.45 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
4.20 **Sky Cinema Preview**
5.10 **to 7.20** AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.30 AM **Harry Potter and the Prisoner of Azkaban** Fantasy. (2004, PG, 142min) ★★★★★
10.00 **Harry Potter and the Goblet of Fire** (2005, 12) ★★★
12.40 PM **Harry Potter and the Order of the Phoenix** Fantasy. (2007, 12) ★★★★
3.00 **Harry Potter and the Half-Blood Prince** (2009)
5.35 **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12, 146min) ★★★★

10.25 Fantastic Beasts and...

8.05 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry, Hermione and Ron race to find the last remaining fragments of Voldemort's soul in order to defeat him. With Ralph Fiennes. (2011, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Fantastic Beasts and Where to Find Them** Fantasy prequel starring Eddie Redmayne. (2016, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure sequel. (2018, 12, 134min) ★★★★
3.05 **Fantastic Beasts: The Secrets of Dumbledore** Fantasy adventure sequel. (2022, 12, 142min) ★★★
5.35 **to 7.55** AM **Fantastic Beasts and Where to Find Them**

Sky Cinema Action

307 307 407 507 521

7.00 AM **White Elephant** Thriller. (2022, 15, 100min) ★★★
8.35 **The Killer** As 2.10am.
10.45 **Madame Web** Adventure. (2024, 12, 116min) ★★★
12.45 PM **The Patriot** Period drama. (2000, 15, 167min) ★★★
3.30 **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 118min) ★★★
5.35 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★

5.35 Man of Steel

8.00 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With David Thewlis and Connie Nielsen. (2017, 12, 121 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

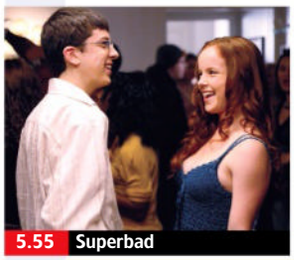
10.25 **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **King of Killers** Action thriller starring Alain Moussi. (2023, 15, 92min) ★
2.10 **The Killer** Crime thriller. (2024, 15, 125min) ★★★★
4.30 **to 6.30** AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.50 AM **The Blues Brothers** Cult comedy starring John Belushi. (1980, 15, 135min) ★★★★★
10.10 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
12.10 PM **Parenthood** Comedy. (1989, 15, 124min) ★★★★
2.20 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
4.20 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
5.55 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★



5.55 Superbad

8.00 **The Nutty Professor** Comedy starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett Smith. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy and Janet Jackson. An overweight college professor decides to rid himself of his alter ego. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Crazy Rich Asians** Comedy starring Constance Wu. (2018, 12, 120min) ★★★★
1.45 AM **David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★
3.25 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
5.15 **to 7.00** AM **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15, 104min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **Mob Cops** (2024, 15) ★
9.10 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
11.00 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★
12.50 PM **Kill** Crime thriller. (2023, 15, 94min) ★★★
2.35 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
4.25 PREMIERE **Black Bag** (2024)
6.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

8.00 The Accountant

8.00 **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons, Jon Bernthal and John Lithgow. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 PREMIERE **Black Bag** Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
1.45 AM **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
3.55 **to 6.05** AM **Lawless** Prohibition-era crime drama. (2012, 18, 111min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Kind Hearts and Coronets** Ealing Studios comedy. (1949, b/w, U, 106min) ★★★★★
1.10 PM **San Demetrio London** World War Two drama. (1943, b/w, PG, 105min) ★★★★
3.15 **Man in the Saddle** Western. (1951, PG, 87min) ★★★
5.00 **The Iron Petticoat** Comedy. (1956, U, 96min) ★★★
6.55 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★

11.20 The Black Phone

Turner & Hooch (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Anna** Action thriller starring Sasha Luss and Helen Mirren. A young Russian woman reluctantly accepts an offer from the KGB, and soon becomes one of the world's most feared killers. With Luke Evans and Cillian Murphy. (2019, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **The Black Phone** Horror starring Mason Thames and Ethan Hawke. In 1970s North Denver, detectives attempt to catch a masked predator nicknamed The Grabber. (2022, 15, 103min) ★★★
1.25 **to 3.20** AM **Berberian Sound Studio** Psychological thriller starring Toby Jones. (2012, 15, 92min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

7.15 AM **Dark Skies** As 3.55pm.
9.05 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
10.45 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
12.15 PM **Friday the 13th Part III** Horror sequel. (1982, 18) ★
2.00 **Psycho** Horror chiller remake. (1998, 15, 100min) ★
3.55 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
5.35 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
7.20 **47 Metres Down** Horror with Mandy Moore and Claire Holt. (2017, 15, 89min) ★★★
9.00 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
10.35 **A Quiet Place: Day One** Horror prequel with Lupita Nyong'o. A cancer patient tries to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
12.20 AM **It** Horror starring Bill Skarsgård and Sophia Lillis. (2017, 15, 135min) ★★★★
2.35 **Event Horizon** Sci-fi horror thriller starring Sam Neill. (1997, 18, 96min) ★★★
4.25 **to 6.10** AM **Ma** Horror thriller. (2019, 15, 99min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.45 AM **Rashomon** Japanese drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
8.15 **Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★
10.15 **Friendship's Death** Sci-fi thriller. (1987, 15, 78min) ★★★
11.45 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
2.10 PM **Johnny Mnemonic** Thriller. (1995, 15, 98min) ★★
3.50 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
5.35 **The Shining** Horror chiller. (1980, 15, 119min) ★★★★★
8.00 **Friday the 13th Part II** Horror sequel starring Amy Steel. (1981, 18, 87min) ★★
9.30 **Friday the 13th Part III** Stalk 'n' slash horror sequel starring Richard Brooker and Dana Kimmell. (1982, 18, 95min) ★
11.10 **Bram Stoker's Dracula** Francis Ford Coppola's horror. (1992, 18, 123min) ★★★
1.20 AM **The Bridge on the River Kwai** David Lean's Oscar-winning World War Two drama. (1957, PG, 161 min) ★★★★★
4.10 **The Cinema List: Thriller**
4.40 **to 6.55** AM **True Grit** Vintage Western starring John Wayne. (1969, PG, 128min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **The Swan Princess** Animation. (1994, U) ★★★
9.00 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
10.35 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
12.35 PM **Sneaks** Animated comedy. (2025, PG, 92min) ★★
2.20 **Hotel Transylvania 3: Summer Vacation** As shown at 12.30am.
4.00 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
5.40 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
7.30 **Migration** Animated comedy. (2023, U, 83min) ★★★
9.10 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
10.50 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
12.30 AM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
2.20 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.00 **Barnyard** (2006, PG) ★
5.40 **to 7.20** AM **Hotel Transylvania** Animation. (2012, U) ★★★★

Christmas 24

312 313 419

7.00 AM **All I Need for Christmas** Drama. (2024, PG, 87min) ★★
9.00 **Christmas in Maple Hills** Drama. (2023, PG, 90min) ★★
11.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **The Christmas Quest** Adventure with Lacey Chabert. (2024, PG, 90min) ★★
3.00 **Christmas by Candlelight** Comedy. (2023, PG, 90min) ★★
5.00 **Trivia at St Nick's** Festive comedy. (2024, PG, 84min) ★★
7.00 **Believe in Christmas** Romantic comedy starring Meghan Ory. (2024, PG, 90min) ★★
9.00 **The Christmas Bookshop** Drama with Melissa Melottey and Chris Connell. A structured Christmas expert and a laid-back bookstore owner clash, but their rivalry blossoms into romance. (2024, PG, 90min) ★★
11.00 **The Holiday Stocking** Festive fantasy. (2022, PG, 84min) ★★
1.00 AM **Three Wiser Men and a Boy** Comedy with Paul Campbell. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Making Spirits Bright** Festive romantic drama. (2021, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman**
6.30 **Jivin' & Jammin'**
6.50 **Paul Temple's Triumph** Drama. (1950, b/w, U, 81min) ★★
8.30 **Out of Town** Documentary.
9.00 **A Woman's Temptation** Drama. (1959, b/w, U, 60min) ★★
10.15 **Landfall** (1949, b/w, U) ★★★
12.00 NOON **Dixon of Dock Green**
1.05 PM **A Cry from the Streets** Drama. (1958, b/w, U) ★★★
3.00 **Jassy** Period melodrama. (1947, PG, 102min) ★★
5.00 **The Woman in Question** Offbeat murder mystery. (1949, b/w, PG, 88min) ★★★
6.50 **Look at Life** Documentary.
7.00 **Millions Like Us** War drama. (1943, b/w, U, 103min) ★★★★
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 9/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Living Dead at Manchester Morgue** Horror. (1974, 18, 95min) ★★
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Boris Karloff: The Man Behind the Monster**
2.10 **The Lost Moment** Drama. (1948, b/w, PG, 89min) ★★
3.55 **Frozen Alive** Sci-fi thriller. (1964, b/w, PG, 64min) ★★
5.30 **to 6.00** AM **Honey West**

FRIDAY Sport 17 October

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE LPGA Tour Golf** Coverage of day two of the BMW Ladies Championship from Pine Beach Golf Links in South Korea.
7.30 **LIVE DP World Tour Golf** The second day of the DP World India Championship at Delhi Golf Club.
12.30 PM **LIVE ICC Women's World Cup South Africa v Sri Lanka.** The group match staged at R.Premadasa Stadium, Colombo.
5.30 **Premier League Friday**
6.00 **LIVE Formula 1** Coverage of the United States Grand Prix opening practice session from Circuit of the Americas in Austin, Texas.
8.00 **LIVE EFL Middlesbrough v Ipswich Town.** Coverage of the Championship clash from the Riverside Stadium. Kick-off **8pm**.
10.30 **LIVE Formula 1** Coverage of the United States Grand Prix sprint qualifying session from Circuit of the Americas in Austin, Texas. Start-time **10.30pm**.
12.00 M'T **Sky Sports News**
5.00 **to 8.00** AM **LIVE LPGA Tour Golf** Day three of the BMW Ladies Championship from Pine Beach Golf Links in South Korea.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday** A guide to the top flight.
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show** Insight and tips.
8.30 **Premier League Stories** An interview with former Everton striker Duncan Ferguson.
9.00 **Premier League Preview** A look ahead to the weekend of matches, with analysis of the key talking points and the major news.
9.30 **The Big Interview** An interview with a Premier League star.
10.00 **Premier League Icons** A profile of Ole Gunnar Solskjær.
10.30 **Sticker Book** With Brentford manager Keith Andrews.
10.45 Chelsea's Reece James.
11.00 **Premier League Years** A look back at the 1994/95 season.
1.00 AM **PL Retro** Birmingham City v Aston Villa from 2002.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Best Scottish Premiership Goals 2022/23** Archive action.
11.30 **Best Scottish Premiership Goals 2023/24**
12.00 NOON **Best Moments from the Championship Play-Off Final**
12.30 PM **WSL** Recent action.
1.30 **EFL Highlights**
2.30 **EFL Cup Highlights**
4.30 **WSL** Recent action.
5.30 **EFL Highlights**
6.30 **EFL Cup Highlights**
7.00 **EFL Highlights** Championship.
7.30 **LIVE EFL Middlesbrough v Ipswich Town.** Coverage of the Championship match at Riverside Stadium. The hosts have a good record against their opponents in the last 10 years having once lost one of the previous nine meetings. Kick-off **8.00pm**.
10.30 **WSL** Chelsea v Tottenham Hotspur.
11.00 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2020 final.
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup South Africa v Sri Lanka.** Coverage of the group match staged at R.Premadasa Stadium, Colombo. South Africa are playing in their eighth World Cup and will be looking to reach this year's final after losing in the semi-finals on the last two occasions. Co-hosts Sri Lanka are playing in their seventh tournament and have only made it as far as the quarter-finals, something they did in their first appearance back in 1997.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** Australia v Bangladesh.
7.30 The group match between England and Pakistan from R. Premadasa Stadium, Colombo.
8.30 **ICC Women's World Cup 2017** Highlights of England v Australia.
9.00 **ICC Women's World Cup** Action from South Africa v Sri Lanka.
10.00 Australia v Bangladesh.
11.00 South Africa v Sri Lanka at R.Premadasa Stadium, Colombo.
12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** The second day of the BMW Ladies Championship in South Korea.
7.30 **LIVE DP World Tour Golf** The second day of the DP World India Championship at Delhi Golf Club.
12.30 PM **LPGA Tour Golf**
3.30 **DP World Tour Golf**
8.30 **LPGA Tour Golf** Highlights.
11.30 **PGA Tour Champions**
12.30 AM **Golf** Recent action.
1.00 **How the 2006 Ryder Cup Was Won** From the K Club.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day three of the BMW Ladies Championship from South Korea.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Featuring the ATP Brussels Open, ATP Almaty Open, WTA Osaka Open and WTA Ningbo Open.
5.00 PM **WTA Tennis** Wuhan Open.
5.30 **LIVE WTA & ATP Tennis** Further coverage from the Tours.
9.30 **ATP Tennis** Shanghai Masters.
10.30 **ATP Tour This Week**
11.00 **WTA& ATP Tennis** Beijing Open.
1.30 AM **ATP Tour This Week**
2.00 **WTA & ATP Tennis**
2.30 **Bitesize Tennis** Vienna Open.
2.45 **ATP Tennis** Recent finals.
4.00 **to 6.00** AM **LIVE WTA Tennis** Coverage of the semi-finals on day six of the WTA Osaka Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **Test Cricket Highlights**
8.00 **Isuzu UTE A-League**
9.00 **LIVE Isuzu UTE A-League Adelaide United v Sydney FC.** Coverage from Coopers Stadium in Adelaide. Kick-off **9.00am**.
11.00 **LIVE Isuzu UTE A-League Brisbane Roar v Macarthur FC.**
1.00 PM **LIVE Cycling: Tour of Holland** Coverage of stage three.
3.30 **Inside Serie A**
4.00 **TNT Sports Reload**
4.15 **LIVE World Rally Championship** Coverage of special stages seven and eight of the Central European Rally.
6.30 **Premier League Preview**
7.00 **LIVE The Gallagher PREM Gloucester v Bristol Bears.** Coverage from Kingsholm Stadium. Kick-off is at **7.45pm**.
10.00 **The Gallagher PREM**
11.45 **Premier League Preview**
12.15 AM **Training Day**
12.30 **MLB Lead Off** A look ahead.
1.00 **LIVE MLB** MLB Postseason.
4.30 **MLB Closer** Match previews.
5.00 **MLB: Off the Bat**
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 2

411 414 522 409 431

6.15 AM **Men's Cycling Pro Series**
7.15 **Fishing: On the Bank**
8.15 **MotoGP Rewind**
8.30 **Superbike World Championship**
9.30 **LIVE Superbike World Championship** From Spain.
10.30 **Superbike Rewind**
12.00 NOON **MotoGP** From Australia.
12.30 PM **LIVE Women's Circuit Racing World Championship** From Circuito de Jerez in Spain.
1.00 **LIVE Superbike World Championship** From Spain.
4.00 **What I Wore** Glenn Hoddle.
4.30 **Premier League Stories**
5.00 **The Fantasy Show**
5.30 **Premier League: Big Interview**
6.00 **Inside Serie A**
6.30 **V8 Supercars Highlights**
8.30 **UEFA Champions League**
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **MotoGP** Grand Prix of Australia.
10.30 **LIVE MotoGP** Coverage from Grand Prix of Australia practice and qualifying sessions.
4.45 AM **LIVE MotoGP** The Grand Prix of Australia MotoGP sprint race at Phillip Island Grand Prix Circuit. Start-time **5.00am**.
5.45 **to 6.00** AM **MotoGP Rewind**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Gameday** Match reviews.
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Gameday**
12.45 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Gameday** Match reviews.
3.45 **NFL Bitesize Highlights** Action from Cincinnati Bengals v Pittsburgh Steelers.
4.00 **NFL Highlights** A week six game.
5.00 Action from Cincinnati Bengals v Pittsburgh Steelers.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the league.
8.00 **49 Hours** Behind the scenes.
8.15 **NFL Bitesize Highlights** Action from week six matches.
9.00 **NFL Highlights** Cincinnati Bengals v Pittsburgh Steelers.
10.00 **NFL Gameday** A review of the latest games from the NFL season.
10.45 **NFL Bitesize Highlights** Kansas City Chiefs v Detroit Lions.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Almaty Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
7.00 **LIVE NPC Rugby** Coverage of the first semi-final.
8.55 **British and Irish Lions Tour** Chiefs v British & Irish Lions.
9.00 **LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the ATP Brussels Open, ATP Stockholm Open, WTA Osaka Open and WTA Ningbo Open.
5.00 PM **Premier League Friday**
5.30 **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Brussels Open, ATP Almaty Open, WTA Osaka Open and WTA Ningbo Open.
9.30 **Sports Centre**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **EFL Cup Retro** Liverpool v Cardiff City in the 2012 final.
3.45 **Championship Retro**
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **LIVE LPGA Tour Golf** The second day of the BMW Ladies Championship in South Korea.
8.00 **Women's Super League**
9.00 **ICC Women's World Cup**
10.00 **Charles Schwab Cup Preview**
11.00 **ICC Women's World Cup**
12.00 NOON **LIVE Reyes Cup Pool** The second day of the competition between Team Asia and Team Europe in the Mosconi Cup format.
4.30 PM **Super League Highlights**
4.45 **Women's Super League**
5.00 **ATP Tennis** Shanghai Masters.
6.00 **ICC Women's World Cup**
8.00 **PGA Tour Champions**
9.00 **Charles Schwab Cup Preview**
10.00 **GB3 Championship Highlights**
11.00 **British GT Championship**
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **LIVE Pacific Championship Rugby League Papua New Guinea v Cook Islands.** Kick-off **4.00am**.

TNT Sports 3

413 415 523 410 432

6.00 AM **Highlights**
7.15 **LIVE World Rally Championship** Central European Rally, round 12 of the season.
9.15 **WRC: More Than Machine**
10.15 **LIVE World Rally Championship** The 12th round.
11.15 **WRC: More Than Machine**
12.00 NOON **UTMB World Series**
1.00 PM **TNT Sports Reload**
1.15 **LIVE World Rally Championship** The 12th round.
2.45 **WRC Review** Archive action.
3.45 **TNT Sports Reload**
4.00 **MotoGP** Grand Prix of Australia.
4.30 **MLB Highlights**
6.00 **WNBA** Game six of the finals.
7.00 **Football** Highlights and features.
8.30 **MLB Highlights**
10.00 **LIVE MLB** MLB Postseason.
1.15 AM **LIVE WNBA** Coverage of game seven of the WNBA finals.
3.30 **World Rally Championship**
4.00 **to 6.00** AM **LIVE T100 Triathlon World Tour**

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool** The last 16.
7.30 **World E-Bike Series Review**
8.00 **True Grit** Speedway insight.
9.00 **LIVE AFLW Port Adelaide Power v Hawthorn Hawks.** Coverage of the game at Alberton Oval. Bounce-up is at **9.15am**.
11.15 **LIVE AFLW West Coast Eagles v Geelong Cats.** Coverage of the match staged at Sullivan Logistics Stadium. Bounce-up **11.15am**.
1.15 PM **MLB Highlights**
2.15 **Test Cricket Highlights**
8.45 **The Fantasy Show**
9.15 **Men's Cycling Pro Series**
10.15 **World Rally Championship**
10.45 **TNT Sports Reload**
11.00 **Test Cricket Highlights**
1.00 AM **The Gallagher PREM**
2.00 **T100 Triathlon World Tour**
3.00 **LIVE AFLW Melbourne Demons v Sydney Swans.** From Casey Fields. Bounce-up **3.05am**.
5.00 **to 6.00** AM **UEFA Europa League & Conference League**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Eredivisie Highlights**
8.00 **URC in 60** Third round action.
9.00 **Top 14 Rugby Union Highlights**
9.30 **Swedish Hockey League**
11.30 **Argentine Primera Highlights**
12.00 NOON **NASCAR Highlights**
1.00 PM **URC in 60** The third round.
2.00 **NHL** Highlights and features.
4.00 **Top 14 Rugby Union Highlights**
4.30 **Scottish Rally Championship**
5.00 **NASCAR Highlights**
6.00 **LaLiga Match Highlights**
6.15 **URC in 60** Third round action.
7.15 **LIVE United Rugby Championship Connacht v Bulls.** Kick-off **7.45pm**.
10.30 **Sporting Countdowns**
11.30 **Top 14 Rugby Union Highlights**
12.00 M'T **World Surf League**
1.00 AM **NHL Specials**
2.00 **to 6.00** AM **LIVE NHL Ice Hockey Utah Hockey Club v San Jose Sharks.** Coverage from Delta Center. Face-off **2.00am**.

Premier Sports 2

420 552

6.00 AM **LaLiga** Sevilla v Barcelona.
8.00 **United Rugby Championship** A chance to see Ulster v Bulls.
10.00 **Top 14 Rugby Union** A replay of Clermont Auvergne v Toulon.
12.00 NOON A chance to see Toulouse v Bordeaux Begles.
2.00 PM **NHL Ice Hockey** Dallas Stars v Vancouver Canucks.
4.00 **FastZone** Motorsports highlights.
4.30 **Temples of Sport**
5.00 **United Rugby Championship** A replay of Munster v Edinburgh.
7.00 **LIVE United Rugby Championship Edinburgh v Benetton.** Coverage of the match staged at DAM Health Stadium. Kick-off **7.45pm**.
10.30 **Temples of Sport**
11.30 **LaLiga** Real Oviedo v Espanyol.
1.30 AM **United Rugby Championship** Another chance to see Edinburgh v Benetton.
3.30 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Willy T. Ribbs**
7.00 **F1 Drivers Press Conference**
7.45 **Formula 1** Highlights.
10.15 **F1 Academy** Round six action.
10.45 **F1 Drivers Press Conference**
11.25 **F1 Explained: Cadillac**
11.30 **Formula 1** The US Grand Prix.
12.00 NOON **F1 Classic Races**
1.30 **F1 Drivers Press Conference**
2.15 **Formula 1** Highlights.
4.45 **F1 Drivers Press Conference**
5.25 **F1 Explained: Cadillac**
5.30 **Formula 1** The US Grand Prix.
6.00 **LIVE Formula 1** United States Grand Prix first practice session.
8.00 **F1 Features**
8.30 **F1 Press Conference**
9.00 **Formula 1** Singapore Grand Prix.
10.00 **LIVE Formula 1** United States Grand Prix sprint qualifying.
12.00 M'T **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Stage Stars

Weekdays, 5.30pm, CBBC & BBC iPlayer

We're invited back to Tring Park School for the Performing Acts for another access-all-areas look at what life is like for the young performers chasing their dreams of a career on the stage.

Cameras follow the pupils at the boarding school as they combine their academic studies with dance, acting and singing - the determination of the students is admirable to see.

But the journey isn't a smooth one - the disappointment when an injured young star is forced to give up her *Starlight Express* contract is palpable through the screen, which makes the show all the more watchable.

NETFLIX The Twits

Available from Friday, Netflix

Roald Dahl's tale of the disgusting, lazy couple has been brought up to date for a Generation Z audience. Directed by Phil Johnston (*Ralph Breaks the Internet*), the nasty Mr and Mrs Twit in this incarnation are the owners of a dodgy amusement park. When this leads to a rise in fame in their town, two brave orphans take it upon themselves to save the city. Dahl's tricks including 'wormy spaghetti' still make an appearance, making this a hilarious film for all *Twits* fans, old and new.

More great shows to watch this week...

Vampirina: Teenage Vampire NEW

From Wednesday, Disney+

Musical comedy series following the adventures of a young vampire after she leaves her Transylvania home to go to a US performing arts school.

Jamie Johnson FC NEW

Wed & Thu, 6pm, CBBC & BBC iPlayer

The football drama is back for a third series, with Hawx and Foxborough now sharing an academy. What could possibly go wrong?

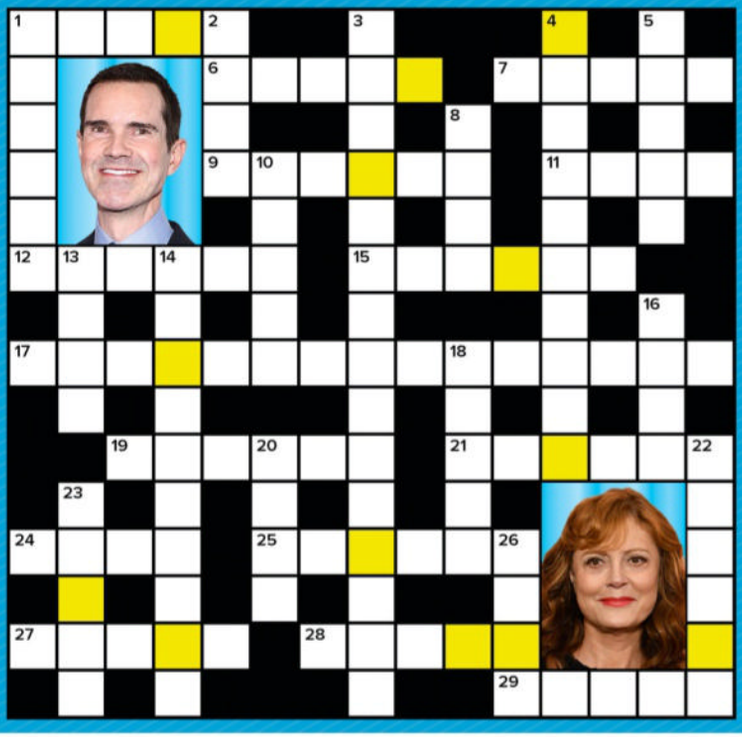
Jane's Animal Adventures

Available now, Apple TV+

Dr Jane Goodall, the world's leading expert on chimpanzees who died earlier this month, features in this wildlife adventure series.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a British actor (6,7). Answers at the bottom of the page – no cheating!



ACROSS

1 Burt Lancaster film from 1983, directed by Bill Forsyth, ----- *Hero* (5)
6 2008 historical drama, *The* ----- *Boleyn Girl* (5)
7 See picture clue: US actor, ----- Sarandon (5)
9 Marvel TV series, *Agents of* ------ (6) (inits)
11 Former BBC show, *Ready Steady* ---- (4)
12 English title of BBC4 French thriller (6)
15 Winner of Australia's *The X Factor* in 2016, ------ Firebrace (6)
17 1967 gangster movie, *The* -- ------ --- --- *Massacre* (2,10,3)
19 US actor born in 1965, ------ Shields (6)
21 Song from 1978 musical film *Grease*, *Look at Me, I'm* ------ *Dee* (6)
24 1930s star, ---- Harlow (4)
25 Sue Townsend's diarist, ------ Mole (6)
27 Starred in 2018 movie *Aquaman*, ----- Heard (5)
28 US singer/songwriter, Taylor ----- (5)
29 ----- Frost, actor and fashion designer (5)

DOWN

1 *Music and* ------, 2007 musical romcom with Drew Barrymore (6)
2 *Family Guy* mum (4)
3 1984 TV drama about the British Raj, *The* ----- -- --- ----- (5,2,3,5)
4 Terry Gilliam film from 1989, *The Adventures of Baron* ---------- (10)
5 ----- Egerton, star of 2019's *Rocketman* (5)
8 *Hairspray* character played in the 1988 film by Divine, ---- Turnblad (4)
10 ----- Berry, star of 2022 sci-fi movie *Moonfall* (5)
13 US actor, Brad ---- (4)
14 Cartoon bird pursued by Wile E. Coyote (10)
16 See picture clue: British comedian, Jimmy ---- (4)
18 Sarah Sutton's *Doctor Who* companion (5)
20 *Eggheads* regular, ---- Bjortomt (4)
22 *The Royle Family* star/co-writer, Caroline ------ (6)
23 Francesca Rochester in *Judge John Deed*, ----- Redgrave (5)
26 Mike Leigh TV play from 1976, ---- *in May* (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, NETFLIX, APPLE TV+.

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Recycle

CROSSWORD SOLUTION

ACROSS: 1 Local, 6 Other, 7 Susan, 9 Shield, 11 Cook, 12 Spiral, 15 Isaiah, 17 St Valentine's Day, 19 Brooke, 21 Sandra, 24 Jean, 25 Adrian, 27 Amber, 28 Swift, 29 Sadie.
DOWN: 1 Lyrics, 2 Lois, 3 Jewel in the Crown, 4 Munchausen, 5 Taron, 8 Edna, 10 Halle, 13 Pitt, 14 Roadrunner, 16 Carr, 18 Nyssa, 20 Olav, 22 Aherne, 23 Jemma, 26 Nuts.

Coming soon

Kelly Reilly as Jackie Ellis

Under Salt Marsh

Kelly Reilly and Rafe Spall star in a dark crime thriller

FIRST LOOK

Here's an early look at Sky Atlantic's upcoming twisty Welsh-set drama *Under Salt Marsh*, which follows the ripple effect of a sinister cold case.

The six-part series, set in the fictional close-knit community of Morfa Halen and airing next year, centres on ex-detective Jackie Ellis (Kelly Reilly), who now works as a teacher. As a cataclysmic storm approaches the town, she finds the body of one of her young pupils, who seems to have drowned. But the discovery stirs up memories from three years ago of the disappearance of her niece, Nessa (Amara Atwal), which shattered Jackie's career and family.

When Jackie reluctantly collaborates with her former police partner, Detective Eric Bull (Rafe Spall), as he returns to the town to investigate, they face a race against time to unearth the truth.

ATMOSPHERIC

Sir Jonathan Pryce, Naomi Yang, Brian Gleeson, Kimberley Nixon and Harry Lawtey also appear.

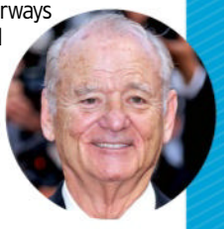
'*Under Salt Marsh* is a crime thriller set in a community deeply connected to its environment, and interwoven with the heartache, fears, dreams and secrets of its people,' says the show's writer and creator Claire Oakley. 'At the heart of it all is Jackie, a character who embodies the wildness of the place we're depicting. She's free-spirited, compassionate, and determined, with a steely resolve that makes her truly of the land.'

Rafe Spall as Detective Eric Bull

WHAT'S NEXT FOR...

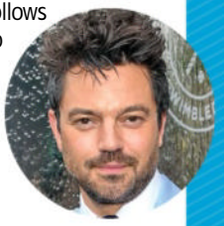
Bill Murray

In BBC2's six-part series **Off Course**, the Hollywood star will head for some of the finest golf fairways in Northern Ireland and the Republic of Ireland with his family, celebrity friends and golfing pal Tom Coyne.



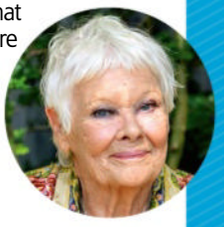
Dominic Cooper

The actor will team up with Romola Garai to star in ITV1's six-part drama **Adultery**, which follows Tom and Beth, who begin an affair that could tear apart their families. Shelley Conn and Matthew McNulty also appear.



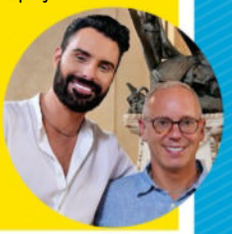
Dame Judi Dench

C4's documentary **Shakespeare, My Family and Me**, will see the actor share the impact that William Shakespeare has had on her career as she investigates whether one of her ancestors met the playwright.



Coming Back

After exploring Italy and India, Rylan Clark and Rob Rinder will showcase the culture, philosophy and civilization of ancient and modern Greece in BBC2's three-part travelogue **Rob and Rylan's Greek Odyssey**.



Next week

On sale Tuesday 14 October

Harlan Coben's Lazarus

Bill Nighy and Sam Claflin headline Prime Video's drama.

A House of Dynamite

Netflix's thriller, featuring Idris Elba, follows the fallout when a missile is launched at the USA.

The Hand That Rocks the Cradle

A Disney+ remake of the chiller about a terrifying nanny.

Stiller & Meara: Nothing is Lost

Apple TV+ profiles US comics Anne Meara and Jerry Stiller.

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